

Relative Endemicity Rates

Hepatitis A



■ High ■ Intermediate ■ Low

Relative Endemicity Rates

Hepatitis B



■ High ■ Intermediate ■ Low

Travel to the United States and Mexico

Always carry your Canadian passport, citizenship certificate or birth certificate when you are travelling to the United States or Mexico. A driver's licence is not a valid proof of citizenship.

For detailed information about travel to these countries, refer to the booklets *Crossing the 49th* and *Mexico: ¿Qué pasa?*, published by the Department of Foreign Affairs and International Trade.

Travel in Europe

Austria, Belgium, Denmark, Finland, France, Germany, Greece, Iceland, Italy, Luxembourg, the Netherlands, Norway, Portugal, Spain and Sweden participate in the Schengen Convention, which has abolished internal border controls between these countries (except in special cases). However, customs and immigration controls remain in force when you are travelling to one of the above countries from Canada or any other country that does not participate in the Schengen Convention.

You should ensure that authorities stamp your passport when you enter the Schengen area and that you fulfil all registration formalities in *every* country visited. When travelling from one Schengen country to another, always carry your passport with you. Visitors should also make sure they do not extend their stay beyond the allowed period of time.

If you would like information about the entry and registration requirements of Schengen countries, please contact their embassies or consulates in Canada *before* your departure.

Charter Flights

Before you book a charter flight, check the credentials of both the travel agency and the charter company with either the Better Business Bureau or a local consumer advisory organization.

Dual Nationality

To avoid unpleasant surprises, find out whether you, your spouse or any other family member is a citizen of another country. If you have a second nationality, you should always travel using your