

call (514) 283-2152 in Montreal; (819) 994-3500 in Ottawa-Hull; (416) 973-3251 in Toronto; or (604) 586-2500 in Vancouver.

Passport applications are available at passport offices, post office outlets and Canadian diplomatic and consular missions abroad. Allow at least three weeks for delivery of your new passport.

If your passport is due to expire within six months of your arrival in another country, check with that country's embassy or consulate in Canada for its rules and restrictions regarding passport validity and expiration. Some countries will not let you enter if your passport is due to expire within six months.

Before you leave on your trip, be sure to complete the "In case of accident or death notify" section in your passport. This will help us quickly notify your family or friends if an emergency arises.

Make a photocopy of your passport's identification page and keep it separate from the original when you travel. For added security, leave a photocopy with a friend or relative at home. These simple steps may speed the replacement process if you lose your passport.

If your passport is lost or stolen while you are travelling, contact the nearest Canadian mission immediately for a replacement after reporting the loss or theft to the local police. Make sure you get a copy of the police report or the report number. Before a new passport can be issued, you must complete an application form, produce documentary evidence of your Canadian citizenship (e.g., a birth or citizenship certificate), provide a copy of the police report or report number, present new photographs and pay the required fee.

We also recommend that you carry a birth or citizenship certificate confirming your identity in addition to your Canadian passport.

Travel to the United States and Mexico

Always carry your Canadian passport, citizenship certificate or birth certificate when you are travelling to the United States or Mexico. A driver's licence is not valid proof of citizenship.

For detailed information about travel to the United States or Mexico, refer to the DPAIT booklets *Crossing the 49th* and *México: ¿Qué pasa?* (for details on how to order these publications, see "For More Information").

ARE YOU AT RISK?



Planning a trip?

Don't forget about your health! Hepatitis, Cholera, Typhoid and other diseases are out there. You can't prepare for contaminated food or water, or unexpected medical or dental procedures. What you can prepare for are vaccine preventable diseases that are spread by these conditions. Visit either a travel clinic or your doctor and **get immunized** before you leave for paradise. To find your nearest travel clinic, visit www.immunizecanada.com

Avoid The Risk. Get Protected.

Vaccine Preventable Hepatitis

Among immunizable diseases, Hepatitis is responsible for the greatest level of illness and death among travellers. Every year, more than 1.3 million Canadians visit developing countries, where they may be at risk of contracting Hepatitis.

If you are travelling to high-risk areas, either for business or pleasure, you need to be aware of the simple steps you should take to prevent being infected.

You are at risk if you:

- travel to countries outside Australia, Canada, Western Europe, Japan, New Zealand and the United States where water purification and sewage treatment is not as good as at home (see maps);
- visit popular vacation destinations, such as Mexico and the Caribbean, even if you stay in first-class resorts;
- engage in sexual activities when abroad;
- undergo medical or dental procedures as a result of an accident in countries where Hepatitis B is common (this includes tattooing and acupuncture).

Hepatitis is preventable

A vaccine called Twinrix® can prevent both Hepatitis A and Hepatitis B. Three doses protect against both viruses, and that means fewer injections, added convenience and cost-savings.

Don't let **Viral Hepatitis ruin your trip**. Talk to your doctor or a travel clinic to find out more information about protecting yourself from Hepatitis while travelling.