

HOUSEHOLD.

'Dem Waves Will Roll Away.'

Oh, de chillen stood down by de sho'—
 Dat's what the Good Book say—
 Dey cried, we can't go on no mo';
 But the waves done roll away.
 Travellin' and singin',
 Travellin' day by day:
 Dem chillen weep
 'Case he water's deep,
 But de waves done roll away.

De trouble come a-pilin' high;
 An' de sky is cold an' gray,
 But I's holdin' on, 'case by and by
 Dem waves will roll away.
 Travellin' and singin',
 Travellin' day by day:
 Trouble's strong,
 But it won't be long
 Till the waves done roll away.
 —Washington 'Star.'

Sweet Tempered Women.

'A woman who is truly amiable, meek, and sweet-tempered, rarely has any cause for resentment,' says a well-known doctor. 'If she is a strong woman with her amiability, both men and women have so much respect for her that they would do her no wrong. The woman who governs her temper is the woman who wins in this life. As a rule, she makes the best match. She is certainly the most successful woman in business and society, and where is the person who will deny that she is the best wife, mother, and friend?' Experience teaches one that the average woman with a naturally irritable temper cultivates it, encourages it, fosters it. This is as true of those in high life as it is of the women in low life. Indeed, very rich and idle women generally luxuriate in their tempers. Perhaps they wouldn't if they knew that anger curdles the blood, hinders circulations, and consequently makes the complexion bad and dulls the eyes. It also weakens a woman's wits, making her less attractive physically and mentally. Bad temper does not destroy the mind, but it renders one unable to work mentally.—'Glad Tidings.'

Hints on Conversation.

Avoid an apologetic mood; it is always weakening to character.
 Never let your eye wander over the room while your friend is talking to you.
 Study the person with whom you are conversing, and lead up to subjects with which he is familiar.
 Never talk about yourself, and if you see the conversation drifting that way get it out of a personal rut at once.
 The secret of successful conversation is contained in the faculty of being able to make the other person talk.
 Remember that conversation is an art. It takes time, thought and experience to develop the faculty of conversing properly.
 Do not let conversation drift into any subject. Begin the attack with something definite, and force your partner to show his own powers.
 If you find yourself doing all the talking, you may depend upon it the other person is managing you. If you make the other person talk, you are master of the situation.
 Do not talk about the weather, or your illnesses, or the maladies of your friends; society is a place for the interchange of only bright and pleasant thoughts—leaves the 'grinds' at home.
 It is not at all necessary that you should do all the talking. Do not fly at your partner and drown him out with words. Show an interest in what he is saying, and then he will continue to hold the field.
 The secret of a good conversationalist is always to be a rapt and attentive listener. No matter what foolishness your partner is talking always listen, for it is the good listener who captivates and conquers.
 Conversation, in its final essence, consists of the element of charm. What charm is, it is extremely hard to define. But if we bend our minds to the task of being charming, we shall most probably succeed in the end.

If you find that your partner is making for a disagreeable subject, and you wish to head him off, bring your will to bear upon his, and project into his brain some other topic, or lead the way by a series of forcible suggestions to another train of thought.

Society demands of those who enter it that they shall bring something positive and definite to the social gathering. Try to carry some special cargo into the port. Do not always sail into conversation with nothing in the hold of your ship, or with only ballast there.

Do not become monosyllabic in your talk and say 'yes' or 'no.' This stops the spirit of conversation, and represses expression. The interrogation mark and not the exclamation mark is the instrument by which the ore-bed of conversation is most successfully worked.

It is surprising how little effort is required to carry on a successful conversation when the other party is willing to do the talking. Balzac says in his story of Eugenie Grandet, that he carried on his great business activities by the judicious use of the four following expressions: 'Indeed!'; 'Perhaps so'; 'I cannot tell!'; 'We will see.'—'The Delineator.'

Selected Recipes.

Soft Gingerbread.—The ingredients for soft gingerbread are three cups of flour, half a cup of milk, half cup of butter or lard, one and a half cups of New Orleans molasses, one teaspoonful of soda, two eggs, one tablespoonful of ginger. Beat the yolks of the eggs and the lard together. Then add the milk, soda and molasses. Add the ginger and flour. Beat the whites to a stiff froth, add them carefully. Bake in a moderate oven for three-quarters of an hour.

Stewed Lamb Chops.—Take one pound of lamb chops, one ounce of butter, half-pint of water, dessertspoonful of flour, mint, gravy coloring, pepper and salt to taste. Melt butter in the saucepan, and fry the chops in it until they are nicely browned; add the water, pepper, and salt, and a few sprays of mint. Let them simmer for three-quarters of an hour. Blend the flour in a little water, and add the gravy coloring; then let it boil slowly for five minutes. Place the chops on a dish, and pour the gravy over them. Garnish with green peas when in season.

Cold Caramel Pudding.—Put two ounces of loaf sugar into a small saucepan with two tablespoonfuls of cold water. Boil quickly without a lid on the pan and do not stir.

When the syrup becomes a nice brownish color pour it quickly round the inside of a plain dry mould. This will at once harden. Pour half a pint of milk on to two beaten eggs and flavor with vanilla. Put this custard into the coated tin, cover with greased paper and steam very gently till the custard is firm to touch. Turn out when cold, and the melted sugar will form a nice sauce.—Washington 'Star.'

An inexpensive meat dish.—Just now, when meat is high, housewives may welcome this dish which can be made quite inexpensively. Take round steak, which, though tough is nutritious, or any other part which is too tough to be palatable, and run it through a meat

chopper. Season, and pat it out into a flat cake in the centre of a baking pan. Pare potatoes and slice lengthwise about an inch thick. Put these in the pan over and about the meat. Season with salt and pepper and bake in a quick oven, turning the potatoes when half done so as to have them brown on both sides. It takes about half an hour, more or less, according to the thickness of your meat cake.—Exchange.

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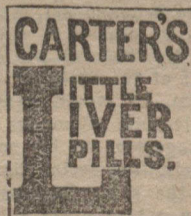
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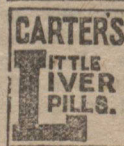
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