That's what the Doctor told him "Fruit-a-tives Cured Him

CHESTERVILLE, ONT., Jan. 25th 1911 "For over twenty years, I have been troubled with Kidney Disease, and the doctors told me they could do me no good, and that I would be a sufferer for the rest of my life.
I doctored with different medical

men and tried many advertised remedies, but none of them suited my case. Nearly a year ago, I tried "Fruit-a-tives". I have been using this fruit medicine nearly all the time since, and am glad to say that I am cured.

I give "Fruit-a-tives" the credit
of doing what the doctors said was

I am now seventy-six years old, and in first class health" In all the world, there is no other remedy that has cured so many cases of so-called "incurable" kidney disease, as "Fruit a time".

"Fruit-a-tives".
Thisfamous fruit medicine acts directly on the kidneys—healing and strength-ening them—and ridding the system of the waste matter that poisons the blood. 50c. a box, 6 for \$2.50, trial size, 25c. At dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

Maritime Provinces

(Letter written by Reginald A. Longley, of Paradise, for prize contest in Montreal Herald and Weekly Star, winning first prize of \$50.)

Sir.-In recent years our statesmen have spent no small amount of monsults. Today we have the foundations of a great nation laid in the wilderness reigned supreme.

however, without the Maritime Procertainly ours! (Canada's, as a nation).

ECONOMIC AND GEOGRAPHICAL ADVANTAGES.

As grand and ar varied as are the Canada, they in no way surpass those of our provinces down by the sea. In fact these provinces are, in many respects, the most prominent as well as the most promising part

of the Dominion today.

Still another great advantage that provinces and create home enter- famed Annapolis Valley. The scamist not be overlooked is the ease prise.

ilar advantage over our American

Upon what does the great strength and importance of Great Britain depend? Can we not trace it all to her great wealth in coal and iron and her excellent harbors? Give any country these three things and the future of that country is assured. Can we not catch a glimpse, then, of the grand future which awaits our Maritime Provinces? For in addition to the three essential things above menharbors, we likewise have an abundance of wood, both hard and soft, building purposes, railway cars, forniture, farming implements, and various other manufactures.

NEEDS OF THE PROVINCES

What we need in these provinces is more careful attention to, and more things: fisheries, mines, forests, poultry, grain, public roads and live

Progress and prosperity, like other thrngs, follow the lines of least re-Progress Competition sistance. For this reason we should give more time and attention to our public roads, especially in Nova Scofarm lands throughout the entire province would be enhanced,

over and above what we now ra- tablish new industries at home? those provinces where but recently ceive. All our streams and rivers | Conversely, as soon as we do this, tage. should again team with fish as they i. e., establish home injustries and vinces; neither would it be complete from any sawmill, later to sink and our young people will return. Look law should be enforced so strictly re-

out of business. field for study and activity. To begin with, they should be managel, as far as within our power lies, by advantages and resources of Western the French and German methods. tenths of these were entirely unnecessary and might easily have been quarter century. prevented), should be reforested.

IMPROVED FORESTRY METHODS.

MASTER

To put our forests on an equal foot- enchanting. tured goods upon the markets of the ing with those of France and Ger- None of our rivers are large, than defray all expanses.

A forest will respond to proper care and the returns and benefits resultreally surprising. When we consider that the forests of the United States will be practically exhausted by 1930, is it not high time that we begin to bestir ourselves in this matter and to handle our forests with prudence? What a chance we tioned, viz, coal, iron and excellent have to supply the great republic to the south of is with lumber and paper (not pulpwood)! Why consupplying excellent material for tinue to sleep, as it were, and thus fail to grasp such opportunities as these? Let us be up and doing; there is a work for every hand to do.

ENCOURAGE MANUFACTURERS. mistake of exporting our raw materskilful management of the following then buying them right back as man- when there is such a grand dening Onions, per lb........ ternational boundary.

This exodus of our young men will en to farming or gurdening. tia. By so doing, the value of our continue just as long as we allow Fertilizer and canned goods are our raw materials to be exported, other items which needlessly drain and are satisfied to import so many our provinces annually of many thou-Our fisheries are a source of great things needlessly, i. e., when it sands of dollars. We are in need of wealth, but their value could be eas- would be so much to our advantage a fertilizer plant of sufficient capacity ily doubled, or even trebled, were to make them for ourselves. Why to meet our demands in full, for ferthey handled by Scottish methods. continue to pursue such a short- thizer is something we must continue Beans, per lb Think of the millions of dollars this sighted policy when we have the men, to use in eyer increasing quantities. Butter choice dairy, per lb alone would bring to our provinces money and ability necessary to es- Several more canning factories could Butter packed, per lb

once did; but they never will as long can give employment to an ever-inas sawdust is allowed to float away creasing number of men, many of prevent the fish from breeding. The at the great armies of honest, yet unemployed men and women in Great garding this matter that every own- Britain, the United States, and other er of a sawmill would be compelled countries. If these same propie felt to catch all the sawdust or to go sure they could earn an honest living in these Maritime Provinces, Our forests afford another great many thousands of them would be thus being able to supply an abund- the high cost of living. ance of lator and employment, we A large part of what has been said Rarsnips, per pk...... Again, the places where forest fires can not only check emigration from regarding poultry is true likewis: Pork, fresh, per lb..... have wrought such havor (and nine our provinces, but can more than with reference to sheep. We have

THE TOURIST BUSINESS.

Greater precautions should be taken itime Provinces are surpassed by few Brunswick should raise more horses, ture has been so bountiful with her regarding forest fires, and improved countries in the world. This busi- thus following the example of P. E. Think what this would mean to us gifts, and in so many respects, as methods of lumbering should be in- ness, however, is merely in its in- Island which exports them by the in the development of our resources in Nova Scotia, New Brunswick and troduced. Two other great evils that family as yet. A railway on top of carload; and, moreover, we should be Prince Edward Island? Among our should be checked are the selling of the North Mountain (which is re-able to at least supply our local mineral wealth (especially in coal wood for about eight dollars a cord, wonderful advertisement for Nova however, we must raise more grain, and iron), extensive forests, unsur- when it would be worth about forty Scotia, both for tourists and for thereby importing less feed that we and commercial centres of the world. passed fisheries, deep rich soil, excel- dollars to us just by being made permanent settlers. It would be a- do at present.

employment to many men in the six hundred feet above the wordery from this road would be simily

world, and ot a minimum cost. Again many would be no easy task; but it reversi of them are of sufficient vilwould not be an expensive undertax- ume and velocity to supply an abud- the Digby Courier, while the quotations great markets of Errope than are the ing, as the broken, ercoxed and fal- ance of power for lighting and in Annapolis County are furnished by western provinces, and enjoy a sim- ler trees, when sold as cordwood, manufacturing purposes. But by ar one of Bridgetown's representative merpulpwood and lumber, would more the greatest source of power is in chants. The contrast between the prices the Bay of Fundy, where their charge readers just as quickly as will an orchard, of level is from forty to sixty fet. Here we have as much power and ing from this care and attention are probably more than may be gelerated at Niagara Falls. A grand country naver was built up ince harness these Fundy tiles. The power so obtained could be used in our mines, ship yards, factories. homes and forests.

Every year we send large amounts of money to the United States, chiefly from our cities and larger towns, for early fruits and vegstables Ali Cabbage, per doz...... this money could be kept in cicula- Celery, per doz tion among ourselves by having our Cider, (sweet) per gal early markets supplied with o'n own Eggs, fresh, per doz In the past we have made the great fruits and vegetables grown in green Fowl, per lb...... houses. Why is it we find so | very | Ham and Bacon, per lb ials (chiefly to the United States) and few such houses in our prolinces Lamb, per lb ufactured goods. This, of course, for business in this line? This ex- Potatoes, per bus...... so starved our home industries that ceptional demand for the products of Parsnips, per pk...... large numbers of our finest young the farm, especially in Nova Scotia, Pork, fresh, per lb...... men, the pride and hope of our is made the larger by the thousands provinces, were compelled to seek em- of people engaged in our fisheries, Turnips, per bbl...... ployment to the south of the In- mines and lumber woods, and whose attention, therefore, cannot be giv-

also be operated to splendid advan- Beets, (table) per bus....

How few people there are in dur provinces who realize that keeping poultry is such a profitable business! Just note the prices we have to pay for eggs, and the demand for dressed | Celery, per doz fowls is never supplied locally. What | Cider, (sweet) per gal farmer, then, in our fair provinces Eggs fresh, per doz should ever talk about hard times Fowl, per lb when he fails so completely to grasp | Ham and Bacon, per lb ... his opportunities in this respect, and Lamb, per lb..... veloping our natural resources, and thus help to solve the problem of Onions, per lb.......

double our population in the next grazing lands, ideal for this purpose, Turnips, per bbl..... and yet have failed to make use of them. Let us mend our ways and thus improve our circumstances. As a country for tourists, the Mar- Farmers of Nova Scotia and New

lent schools and colleges, and a peo- into paper. This would also give bout eighty miles long and about Doubtless one of our greatest our Maritime Provinces will mainopment of our fruit lands, which at present are confined largely to the valley between the North and South regarding our natural resources and excelled; but many other districts in idle dreamers, but men with ability Nova Scotia, as well as the valleys and determination to make their ducing immense quantities of similar fruits and of an equally good by Michael Angelo out of a rude quality and flavor. Already our ex- block of marble which concealed port of apples alone is about 1,500 - him. 0.0 barrels, and yet this industry is but little beyond its infancy when but little beyond its infancy when the case only too often in the past. compared with its possibilities, for, Let us rouse ourselves as a people, as yet, large areas of land, equally and move forward to the fulfilment of well adapted to the raising of fruit, our grandest possibilities and highest aspirations. This is no idle dream. are only in pasture. These lands It is possible of execution. We also grow gooseberries, currants, can do it! Let us prove our manstrawberries, raspberries and other hood equal to our obligations. small fruits to perfection. By following a system of intensive farming these lands could sustain a much greater population than at

HOME INDUSTRIES NEEDED

Why not have centres of enterprise like Sydney and Amherst scattered all over our provinces? But this will never be as long as we are satisfied not to manufacture our own boots and shoes, cotton and woollen goods, furniture, cutlery, hardware, farming implements and many other things, all of which we possess unsurpassed facilities for manufacturing at home. Our splendid opportunities for ship-building should also

be utilized and developed. In our provinces are many excel-lent opportunities for immigrants to secure good homes on very reasonable terms. In order to direct more immigration to our shores and to provide homes for many people who otherwise would go west, these op-portunities should be placed byfore the British public, and the results would be advantageous to all parties would be advantageous concerned. By so doing, we could thousands to our easily add many thousa population in the next ten years.

Market Quotations

The Digby market quotations published herewith are furnished by the Digby County Farmers Association to the great tides of the head-water of will be of interest to many of our

DIGBY COUNTY

Beets, (table) per bus.... Beef, fresh roast, per lb.... steak, per lb..... corned, per 1b Carrots. (table) per bus Chickens, per lb..... .60 to 1.00 .80 Pork, by carcass, per 1b.

ANNAPOLIS COUNTY

RETAIL .12 to .15 Beef, fresh roast, per 1b... steak, per lb..... .16 to .17 corned, per lb..... Carrots, (table) per bus08 Cranberries, per qt..15 to .17 .25 .12 to .16

Pork, by carcass, per lb.... Beef, "

special advantages are splendid har-timber limits to American syndi- markably level) from Windsor or markets with pork, beef, lamb and at Halifax is indeed far-reaching in bors, an unexcelled climate, great cates and the exportation of pulp- Kingsport to Port Wade would be a mutton. To do this to advantage, its results. The day is not far dis-Neither is the day far distant when

> the sea, engaged in our fisheries and commerce. Sufficient has been said, I think, their development. What these provinces now need more than anything else is Empire builders; not material here from which to obtain them, even as the Angel was bewn

R. A. LONGLEY.

HIS BLADDER WAS TERRIBLY INFLAMED

GIN PILLS Brought Relief

Larder Lake, Ont., March 26th. "I had been suffering for some time with my Kidneys and Urine. I was constantly passing water, which was very scanty, sometimes as many as thirty times a day. Each time the pain was something awful, and no rest at

I heard of your GIN PILLS and I heard of your GIN PILLS and decided to give them a trial at once. I sent my chum 60 miles to get them and I am pleased to inform you that in less than six hours, I felt relief.

In two days, the pain had left me entirely. I took about half a box and today I feel as well as ever and my kidneys are acting quite natural again."

SID CASTLEMAN.

GIN PILLS soothe the irritated bladder—heal the sick, weak, painful kidneys—andstrengthen both these vital organs. Money back if they fail.

50c. a box, 6 for \$2.50. Sample free if you write National Drug and Chemical Co., of Canada, Limited, Toronto.

Butter Wrappers

Best German Parchment

An increasing number of customers among our farmer constituency are giving us their orders for printed butter wrappers.

If you make good butter you will profit if the purchaser recognizes your J.M. Owen K.C. Daniel Owen L.L.B. .15 to .16 package by the imprint on 70 the wrapper.

Send us a Trial Order

Printed Butter Wrappers

.12 to .16 500 sheets, 2 lb. size

.65 500 sheets, I lb. size 2.00

Unprinted Parchment

250 sheets, 2 lb. size 1.00 1.50 1000 300 sheets, I lb. size

800 T " " 1.25

THE MONITOR PRESS.

BRIDGETOWN, N. S.

MISSES Dearness & Phalen

wish to announce to their customers that they have removed their

Millinery Establishment

to the

PRIMROSE BLOCK,

the store lately vacated by Mrs. Brooks, where they will be pleased to serve the general public.

45 Years Old and the Last Year the Best of the 45.

The same enterprise, earnestness, ability and devotion to students interests which have given this college its present standing, will be continof New Brunswick, are capable of pro- dreams come true, and we have the ued and every effort made to be joved.

Next Term will begin Thursday, January 2nd. Send for Catalogue.



S. KERR. Principal

Horace Greeley's Funeral. The day Horace Greeley was buried at Greenwood cemetery, Nov. 29, 1872, stores were closed and houses along the route were draped in black. Flags on the shipping, in the harbor, were at half mast, and bells tolled from 1 to 8 o'clock. Two hundred and fifty car-riages, containing the president of the United States, senators and other friends, were in the procession. It was one of the most notable funerals ever held in New York city.

About one tree in each twenty plant-

Put your small pieces of soap in a little bag and toss it in the wash boilthe undissolved pieces will still be in the bag for the next washday, instead of on the linen, where they are sure to make scorch places when ironed.

The ancient home of Spain's Moorish rings, the Albambra at Granada, built in 1273, is falling to ruin. Eight of its magnificent towers were destroyed by the French many generations ago.

Professional Cards

O. S. MILLER BARRISTER,

Real Estate Agent. etc. SHAFNER BUILDING.

BRIDGETOWN, N. S. Prompt and satisfactory attention given to the collection of claims, and other professional business.

OWEN & OWEN BARRISTERS AT LAW

Annapolis Royal Office Over Bank of Nova Scotla Office in Middleton open Thursdays. Office in Bear River open Saturdays. Money to loan on Real Estate Security

CHAS. R. CHIPMAN, LL. B. BARRISTER SOLICITOR

COMMISSIONER ETC.

Shafner Building, = Bridgetown AGENT FOR CALEDONIAN IN-SURANCE CO.. Insure your buildings in the largest and

strongest company. MONEY TO LOAN Telephone 52.

Roscoe & Roscoe Money to Loan on first-class real

estate security. W. E. ROSCOE, K. C., D. C. L. BARRY, W. ROSCOE, LL.B.

Barristers, Solicitors, Notaries and Insurance Agents

BRIDGETOWN, N. S. Offices in Royal Bank Building

C. F. Armstrong PROVINCIAL LAND SURVEYOR

Transit Work, Levelling, Draughting,

MIDDLETON. -N. S. PHONE - 79-21

Dr. F. S. Anderson

PAINLESS EXTRACTION By Gas and Local Anesthesia Crown and Bridge Work a specialty Office: Queen Street, Bridgetown. Hours: 8 to 5.

Leslie R. Fairn ARCHITECT

Aylesford N. S.

A. A. Dechman, M.D., C.M OFFICE AND RESIDENCE Oueen St., Bridgetown Opposite J. W. Beckwith's Store

> Phone 64 NIGHT CALL, & LONG RINGS

UNDERTAKING We do undertaking in all its

branches Hearse sent to any part of the J. H. HICKS & SONS Queen St, Bridgetown, Telephone 4

H. B. HICKS: Manage



mestic help could be saved by simply inserting a " Help Wanted" ad. in our Classifier Columns. Our paper is read by the desirable:class, and goes into hundreds of homes that get no other.

Minard's Liniment Cures Garget in

MOFRAAN SMOKING TOBACCO Words of Wisdom from the old smoker: After many years experience, I vote for "Master Workman Smoking Tobacco

This world-famous Brand

can now be obtained for 15c.

a cut at all the best Stores.