TO ALL WOMEN WHO ARE ILL

This Woman Recommends Lydia E. Pinkham's Vegetable Compound—Her Personal Experience.

McLean, Neb.—"I want to recommend Lydia E. Pinkham's Vegetable Compound to all women who suffer from any functional disturbance, as it has done me more good than all the doctor's medicine. Since taking it I have a fine healthy baby girl and have gained in health and strength. My husband and I both praise your medicine to all suffering women."—Mrs. JOHN KOPPELMANN, R. No. 1, McLean, Nebraska.

This famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, has been restoring women of America to health for more than forty years and it will well pay any woman who suffers from displacements, inflammation, ulceration, irregularities, backache, headache, nervousness or "the blues" to give this successful remedy a trial.

For special suggestions in regard to your ailment write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its long experience is at your service.

Guide-Advocate

Watford, Ont.

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HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.

WATFORD, FEBRUARY 22, 1918

German Railway Trains

The joys of railroad travel in Germany are portrayed in a sarcastic letter published by the Munich Neueste Nachrichten, in which the writer wonders how people can complain of the lack of heat in railway cars when they know how important it is not to scorch their costly boots upon hot pipes. He thinks it a great advantage to travel in a car with broken windows, owing to need of fresh air when so many of the passengers are smoking beech leaves and hops. What does it matter, he adds, if the floor is dirty, since it is clean in comparison with the swamps of Flanders.

The absence of foot mats, he points out, is a welcome evidence of official economy. People complain, he says, that the trains are late twenty minutes, or an hour, or an hour and a half. This is folly, for they never before knew the unspeakable joy they feel when they do at last arrive. Again, people complain that the trains are slow, although often in the past they pined for the good old days of the stage coach. Now those times have returned; passengers can get out and walk when their feet are cold and get in again when they are warm.

The Merchants Corner

Advertising is an investment—not an expense—and should be treated as such. Because it has been the habit of some merchants to look upon it as an expense, a wrong view has been gained. Perhaps the misconception arose from the fact that in bookkeeping it has been the habit to charge advertising to expense. Advertising produces new business—it swells the volume of business and profit—therefore it is an investment. Only the man who looks upon advertising as an expense, who is afraid of it, prejudiced against it, loses money in advertising. The man who treats advertising as an investment and gives it the attention an investment requires—knows that every dollar rightly invested in this direction yields compound interest—and more.

Shoot all Male Inhabitants

It is always interesting to hear the other side, to see and obverse of the medallion of Mars. The following extract is taken from the diary of Private Fischer, Eighth Bavarian regiment of infantry, Thirty-third reserve division,

"A shell burst near the Eleventh company and wounded seven men, three very severely," he writes. "At five o'clock we were ordered by the officers in command of the regiment to shoot all the male inhabitants of Nomeny, because the population was foolishly attempting to stay the advance of the German troops by force of arms. We broke into the houses, and seized all who resisted, in order to execute them according to martial law. The houses which had not been already destroyed by the French artillery and our own were set on fire by us, so that nearly the whole town was reduced to ashes. It is a terrible sight when helpless women and children, utterly destitute, are herded together and driven into France."

Less Creed and More Religion

War is breaking down the barriers of creed. Men get close together out there in France. They have a simple faith that takes hold of the real essentials and overcomes religious prejudice. We are told that a German prisoner lay dying in a British base hospital and, being a Lutheran, sought consolation from a Protestant army chaplain to make his passing easier. The chaplain did not know German and the wounded prisoner could not understand English. Near by a French chaplain, a Catholic priest, was ministering to one of his own creed. He came from the lost provinces and spoke the language of the enemy as well as his own. Softly he turn- to the bedside of the dying prisoner, and, kneeling beside it, translated into his tongue the words of comfort spoken by the Protestant colleague.

In the face of this can not those of us who remain at home cultivate a tolerant viewpoint and follow the example of the boys at the front?—Stratford Beacon.

Harnessing the Winds and Tides

This is a splendid field of scientific research. I notice in the contemporary review that a machine has been invented by a Californian by which the force of the tide is converted into electrical energy. If the waves be harnessed by man, why not the winds? I think this quite practicable and immense quantities of force might be stored away for use after a storm. Just think what a waste of force there was during the recent blizzard. Enough, if only fractionally harnessed, to supply us with all the necessary force for the next thousand years? Who is the man of science who will come forward?

State of Ohio, City of Toledo,
Lucas County. ss.

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE. FRANK J. CHENEY

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1886. A. W. GLEASON,
(Seal) Notary Public.

Hall's Catarrh Cure is taken internally and acts through the Blood on the Mucous Surfaces of the System. Send for testimonials, free.

F. J. CHENEY & Co., Toledo, O.
Sold by all druggists, 75c.
Hall's Family Pills for constipation.

Carrying Water for Soldiers

One of the jobs of soldiers during a hot battle which requires more than ordinary courage is carrying water from the rear to the men in the front line trenches. Water is consequently served to the men, whose throats become parched by fumes of bursting shells. The tide of battle sometimes depends upon the water carriers. Innumerable obstacles must be overcome by the soldiers assigned to this task. Whenever possible they walk through the communicating trenches, but often they are compelled to go into the open, stumbling over the fallen comrades, floundering through mud and shell craters and running through the enemy's barrage fire as well as their own.

Fish in Ontario.

Ontario Government fresh-water fish will continue to be supplied during the winter months, although the volume may slightly decrease. Plans have been formulated for winter fishing operations on Lakes Nipissing, Nipigon, and Simcoe, and other waters will be taken over for Government control if necessary. In fishing through the ice gill nets on a rope extending through two holes are employed. As the net is drawn in the fish are taken off, and the net is returned with the rope through the other hole.

If supplies cannot be increased, and a smaller volume of fish during the winter cannot be avoided, the Ontario Government has plans under way for operations on a much larger scale in the spring. It may be expected that the Government scheme will but reach its normal state next summer. It is proposed that fishing operations shall be conducted on an increased scale in the inland waters, and that the Government shall take over control of Canadian fishing on international waters.

The Government fish is cut open and gutted, while the head is left on in some cases. All Government fish which weigh more than eight pounds have their heads off. Evidence of the quality of the fish shipments appears in the recent receipt of a 26-pound trout from the inland lakes. This weight was taken after the fish had been gutted and its head removed.

The Canadian food controller states that an energetic campaign to popularize fish is contemplated. The present plan embraces only the Province of Quebec and extensive advertising will be done with the idea of materially increasing the consumption of fish. Should the campaign prove effective in this province, it is probable that it will be enlarged to take in the other provinces of the Dominion.

Spruce Beer.

The fishermen of Newfoundland, Labrador, and the Gulf of St. Lawrence drink large quantities of spruce beer; it is considered an admirable corrective of their diet, which consists principally of fat pork and salt fish. The process of making it is simple. A few black spruce-branches are chopped into small pieces and put into a pot containing six or eight gallons of water and boiled for several hours. The liquor is then strained and put into a cask that will contain eighteen gallons. Molasses is added in the proportion of one gallon to eighteen gallons; a pint of the grounds of the last brewing and a few hops, if at hand, are also put in, and the cask, filled up with cold water, is left to ferment. In twenty-four hours it becomes fit for use.

Dying Soldier Cast Vote.

A Paris cable to The Mail and Empire, Toronto, tells two anecdotes of the voting in France.

A pathetic incident was the casting of a vote by a dying man at a base hospital. He was unable to use his hands, but retained a clear intellect, and gave instructions as follows:

"Please mark it so that these fellows (referring to the Opposition) will get a black eye." Shortly afterward he expired.

On the ludicrous side there was the instance of a well known cavalry unit. They got into a tight corner in the recent fighting and were battling against heavy odds, when the first message to reach them was the instructions from the polling officer.

Japan's Colonial Policy.

Korea is the largest of Japan's colonies, and since its acquirement the same policy of assimilation has been pursued that has worked so well in Formosa. It is a colonial policy wholly original with the Japanese, and the chief publicists of the Empire thinks it much superior to French and British methods. In Korea natives have been appointed to important posts of honor, schools have been erected and competent teachers supplied. Sanitation has been introduced into all the cities; street railways have been laid down in Seoul and modern hotels have been built in the large cities. Loyalty is thus assured.

Pa's Weakness.

Little Nell—You've got a good papa, Willie. Willie—Pa ain't so bad, but I wish he wasn't so much in love with mamma. Why, he believes everything she says about me.

Got Monotonous.

"Why don't you call your hotel the Breakers any more?"

"Aw, everybody had to crack an alleged joke as he paid his bill."—Louisville Courier-Journal.

Being alone when one's belief is firm is not being alone.—Auerbach.

THE BEAUTY OF A CLEAR SKIN.—The condition of the liver regulates the condition of the blood. A disordered liver causes impurities in the blood and these show themselves in blemishes on the skin. Parmelee's Vegetable Pills in acting upon the liver act upon the blood and a clear, healthy skin will follow intelligent use of this standard medicine. Ladies, who will fully appreciate this prime quality of these pills, can use them with the certainty that the effect will be most gratifying. m

FREE!

Address a postcard to us *now* and receive by return mail a copy of our new illustrated 80-page catalogue of Garden, Flower and Field Seeds, Root Seeds, Grains, Bulbs, Small Fruits, Garden Tools, Etc.

SPECIAL—We will also send you free a package (value 15c) of our choice

Butterfly Flower

This is one of the airiest and daintiest flowers imaginable, especially adapted to bordering beds of taller flowers and those of a heavier growth. The seeds germinate quickly and come into bloom in a few weeks from sowing. The florescence is such as to completely obscure the foliage, making the plant a veritable pyramid of the most delicate and charming bloom. The Butterfly Flower make admirable pot plants for the house in late winter and early spring. For this purpose sow in the autumn.

Send for Catalogue and learn of other valuable premiums 19

DOMINION SEEDS LIMITED, LONDON CANADA. Formerly DARCH & HUNTER SEED CO. LIMITED

CONTRACTS TALKS---

THIS is not the month for building, but it is the time to get ready.—Come into our office and let's talk it over. We have been in the lumber business for a great number of years and we are thoroughly conversant with every line of it. We have laid up a large stock of lumber and shingles these have advanced in price this last month; we will give our customers the benefit of this good buy.

Our Aim---

IS to supply the public with builders, supplies cheaper, and to give better service than can be had, in any other place in the West. See our wheelbarrows with solid oak frame and handles.

G. CHAMBERS ESTATE

NOTHING BUT THE BEST

IN HOUSE FURNISHINGS we aim to keep the latest and most popular goods in our line. Everything for the Parlor, Bedroom, Dining Room or Kitchen. We are not after Big Profits but aim to supply goods of Elegance, Durability and Good Value. Let us show you our stock. Any article manufactured obtained on short notice.

Agents for MASON & RISCH PIANOS, GRAMAPHONES, STRING INSTRUMENTS, SHEET MUSIC, EDISON RECORDS, &c., AND ALL KINDS OF REPAIRS. NEW AND SECOND HAND SEWING MACHINES AND ALL SUPPLIES.

OUR PRICES ARE RIGHT, AS LOW AS IS CONSISTENT WITH RELIABLE GOODS

HARPER BROS.

PHONE 31.

FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

INTERNATIONAL STOCK FOOD

FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL

AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL

ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Chopping and Rolling Done While You Wait

PHONE 39

Be Loyal To Your Own Community

Guide-Advocate Want Ads. Get Quick Results