A PAGE OF GENERAL INTEREST TO WOMEN READERS

Sunlight Soap has a high standard of purity which is backed by a $5,000 guarantee. If a soap has no standard there is no reason why it should always be of uniform quality, always contain the best materials or be anything like as good as the soap *with* a standard.

142

SUNLIGHT SOAP

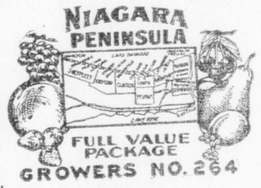
5 cents

Sunlight Soap

FRUIT BULLETIN

Housewives will do well to put down a large quantity of Canadian Elberta peaches, which are now at their best.

You should see your grocer at once, and put down an extra supply of Niagara Peninsula-Grown Fruits. Fruit is good food and is healthful. Ask your grocer for the Niagara-Grown kind. Look for this label on the basket.



London Advertiser COOK-BOOK

Recipes Supplied By Cynthia Grey's Readers.

RELIABLE BREAD RECIPES.

"Help-On-a-Bit" sends bread recipe for "Bride of Two Months," stating she has had good results: Boil 4 large potatoes, mash in water boiled in, and while boiling pour it over 2 tablespoonfuls of flour; add 2 tablespoonfuls each of salt and granulated sugar; to this add 1 pint boiling water and 2 quarts of cold; dissolve 2 cakes of Royal yeast in lukewarm water, and mix with above; let this mixture remain in a warm place for about eighteen hours; then remove to a cool place and keep till required.

To make 3-hour bread with above use 1 quart of the liquid for 2 ordinary sized loaves; set on stove and stir with hand till about blood heat (98 degrees), add a tablespoon each of salt, brown sugar and butter. Mix into a soft dough (having previously warmed the flour), let rise for 30 minutes, then knead and when light enough again, mold into loaves, put in pan and allow to rise, then bake in moderate oven. This mixture keeps good for more than a week, and is most handy, as you can make a loaf when you like.

Prudence.

Maple Cream Candy.—Two cups of brown sugar, ½ cup good sour cream. Boil until it will form a ball when dropped into cold water. Take off the stove and stir and then pour into buttered dish. This makes a good icing for cake.

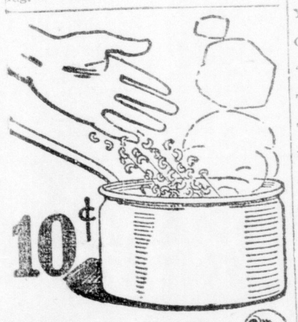
Sent by R. J.

Tomato Butter.—Ten pounds ripe tomatoes (1 small basket), 4 large apples(cooked and mashed), 1 quart vinegar, 3 cups brown sugar, 1 teaspoonful cayenne papper (small), 1 teaspoon ground cinnamon (or whole tied in a bag), 1 teaspoon cloves, small ½ cup salt. Boil 3 or 4 hours or until thick; stir often; put sugar in the last ½ hour.

"Oh So Lonesome."

Meat Relish.—Two quarts ripe cucumbers, 5 quarts cabbage, 1 dozen small onions, 1 dozen medium green cucumbers, 2 dozen green tomatoes, 6 green peppers. Chop fine; sprinkle with 1 cup of salt over night.

Dressing for Above.—One gallon vinegar, 7 cups sugar, ½-pound mustard, 2 cups flour, ½ ounce turmeric. Cook dressing, and when it has boiled put in the chopped vegetables and let boil 3 minutes. This quantity makes 14 quarts, and will keep without sealing.



So Handy To Use

CATELLI'S READY CUT MILK MACARONI

Not better than our regular Milk Macaroni—simply more convenient to use. Cut in handy sizes—ready to be dropped in the boiling water.

Write for free copy of *"The Girl at Catelli's"*—giving over 100 recipes for cooking macaroni.

24

The C. H. Catelli Co. Limited, Montreal.

VERSE--New and Old

["English Genevieve"] ....

Two little heads lay side by side,
Four little feet the bedclothes hide,
Two pairs of eyes in slumber now closed,
Dreaming, what dreaming nobody knows.
Two little sunbeams sent to our home,
God's greatest gifts are they,
Pure as the rosebud now they lay,
Sweetly they're dreaming the bright hours away.

Chorus.

Dreaming, dreaming,
Childhood's bright hours they dream away;
Dreaming, dreaming,
Childhood's bright hours they dream away.

How many hearts are sad today,
In dreams alone their loved ones play;
Silent the footsteps once held so dear,
Hush't their light prattle, none left to cheer;
Gone from the fireside, now sad and alone,
No more it seems like home;
Bright little eyes now closed are they,
No more they're dreaming the bright hours away.

We all have sorrow in this life,
For it is full of sin and strife;
Glad are the hearts we thankfully raise,
As dear little children brighten our days,
Seeming so happy in their light glee,
God grant here they may be,
And as they help us on our way,
Still they are dreaming the bright hours away.

THE BLACK SHEEP.

[Republished by Request.]

In a little village, not so very far away,
There dwelt a rich and aged man, his hairs were few and grey.
He had three sons, his only ones—now Jack and Tom were sly,
And Ted was honest as could be, and would not tell a lie.
The two they planned to ruin Ted, within the old man's eye;
Their poison soon began its way, till Ted was much despised.
One day the old man said, "Begone, you're heartless to the core."
These were the words that Ted replied as he stood beside the door:

Chorus—

"Don't be angry with me, dad, don't turn me from your door,
I know that I've been wayward; I've repented o'er and o'er;
Give me just another chance, and put me to the test,
And you'll find the black sheep loves his dad far better than the rest."

Year by year sped quickly, and the father, now grown old,
Called both Jack and Tom to him, and gave them all his gold.
"I only want this little room, a place at your fireside."
Then, Jack, returning home, brought with him a bride,
The wife began to hate the father more and more each day,
Until the three declared this old man's in the way;
They then agreed to send him to a poorhouse that was near,
When like a flash the black sheep's words came ringing in his ear.

Chorus—

A wagon drives up to the door, it is the poorhouse van;
The brothers point toward their dad, and said, "That is your man."
A manly form then did appear, and pushes through the crowd.
"Here, stop, you brutes, this cannot be allowed.
You took the old man's property and all that he could save,
You even sold the little lot containing his wife's grave;
For I'm his son, and not your kin, until the judgment day."
The old man grasps his son, the crowd then hear him say:

Chorus—

"Don't be angry wit. me, lad. I've turned you from my door;
I know that I've been foolish, I've repented o'er and o'er;
Give me just another chance and put me to the test,
For I've found the black sheep loves his dad, far better than the rest."

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

"Soldier's Wife's" Worries.

Dear Miss Grey,—I see where "Mike in Cobweb" is asking for coupons. I am inclosing a few for her, but I don't ask anything in return. I have some Sweetheart coupons, also some Surprise coupons, if anyone would like them.

Now a word regarding the soldiers' wives and farmers' wives. I am a soldier's wife, with seven little children, and a baby boy 4 months old, and it takes me all my time planning how to spend this precious money that they all hate to see us get. I don't have any to waste, nor yet have time to find out whether any of the rest waste theirs; it is their own business, and if those that have so much to say about we soldiers' wives would stop and think of what we have to put up with, they perhaps would say less. They seem to forget that our husbands are fighting for their freedom as well as ours, and our soldiers are earning all we get, and will earn it mighty dearly perhaps before this cruel war is over. I have a brother and a nephew now in the trenches, and a number of cousins, both across the ocean and here, in the army. My husband is at Camp Borden, and it fairly turns me faint when I think of him having to go overseas. There is no one but those who have dear ones there that knows what we have to think of, and I think the soldiers and their wives, too, need all the kindness they get. I only wish I could do more for the brave soldiers and their wives. May I, please, come again? I will sign myself,

WORRIED SOLDIER'S WIFE.

Ans.—The countless number of our women readers, who have seen their loved ones depart, will know just what you are experiencing. May you have the strength and courage needful, to "carry you through." Have sent the coupons to "Mike," as requested.

Three-Hour Bread.

Dear Miss Grey,—I saw in the paper where "A Bride of Two Months" would like an easy bread recipe. Well here it is: The yeast for three-hour bread: One quart potatoes, 1 cup flour, 1 Royal yeast cake dissolved in a little warm water, ½ cup sugar, ¼ cup salt; boil the potatoes, strain and mash, Mix the flour, sugar and salt, scald with the potato water. Add the potatoes and 4 quarts of water. Allow this to cool, and then put in the dissolved yeast cake. Let stand 24 hours before using.

Three-Hour Bread—Take 5 cups of the yeast, and warm slightly. Work in enough flour to make stiff. Stand in a warm place to rise. Knead twice before putting in the tins. The rest of the yeast can be left until another baking.

Would like to know if "A Bride of Two Months" meets with success or not.

Have you any writers from here, Miss Grey? Good-bye, MUGGINS.

Ans.—"B. of T. M." will be grateful to you. Yes, a number of correspondents come from your district. Mats have been mailed you.

Has Overall Pattern.

Dear Miss Grey,—If you will send me the address of the parties—one wanting a pattern of man's overalls, the other "Caleb's Courtship"—I will gladly help both. Haven't time today to copy piece, as it is real long, and it takes a little time to cut pattern and write instructions for making.

MOTHER OF FOUR.

Ans.—"Country Twig," you asked for overall pattern. Please send address. A copy of "Caleb's Courtship" has been supplied for "Patriotic," so you need not bother to copy it. No velvet mats are left, but I'm sending some others in your envelope.

Dahlias Did Not Bloom.

Dear Miss Grey,—I have copied the words of "Black Sheep" for "Brown Eyes." Could you please send it to her? I would like to get a crochet yoke pattern from her. I will send stamp for the same to be sent to me. I will also send a few gum wrappers and some Sweetheart coupons for the lady who was going to get a kitchen cabinet. We have got several nice things with the coupons and soap wrappers. I cut out all the songs and recipes, and would often send them, but sometimes I am too slow. I feel very sorry for the soldiers' wives, and think people should be real friendly towards them. The battalion songs are very nice. The children sing them now.

Miss Grey, can you or the readers, tell me if their dahlias bloomed good this year? Mine were not very good. Do you think the bulbs will be all right. These cold nights makes a person think of taking the plants in the house. Has the 149th and 186th gone overseas yet?

Where is "Coal-Box," "Twenty-One," and a lot of the writers?

Miss Grey, what do you say when your pen don't act nice? What do you think about my writing? I will sign, PRUDENCE.

Ans.—Your song and envelope have been sent to "Brown Eyes." I can let you have the flowered flags next time you write. Have laid them aside for you. Dahlias were not a success this year; the buds formed, but dropped off without coming to maturity. A gardener friend tells me that it was owing to the weather rather than any defect in the bulb, and that they should be all right for next year if taken up as usual.

You write very clearly, I think. Best not to tell folks what I—at least—think, under such circumstances! Re your foot-note, do not recollect having met the lady in question; I like it very well. Not a bit annoyed at your asking!

He Doesn't Smoke.

Dear Miss Grey,—Just a card to thank "In the Dust" for her offer of tobacco, but I do not smoke. I, too, think that the girls in The London Advertiser office are the best ever.

TWENTY-ONE.

P.S.—I am 22 now!

Ans.—"In the Dust," please note "T.-O.'s" message, and business office lassies pat yourselves on the back. May you live to see ever so many more birthdays, soldier friend! To the Mail-Box though you'll always be just "Twenty-One."

Quilts for the Needy.

Dear Miss Grey,—I see where "Pansy" wishes me to have some quilt patches. I am sending my address and stamps for same, the pieces I do not keep for my use, but pass along in quilts for the needy. I enjoy piecing them. Am inclosing yoke pattern for "Pansy." Thanking her for her kindness. I also sent my thanks and good wishes to "Wynne," but the W.-P. basket found them. ANTIANNE.

Ans.—No, "Auntianne," the W.-P. B. didn't! Your letter of thanks to "Wynne" appeared in issue of August 26th, for I just looked. Your envelope with inclosure has been sent to "Pansy." Making quilts for needy ones is surely a blessed task.

A Soldier's Plan.

Dear Miss Grey,—I was reading "Very Lonesome One's" letter, and I thought I would write you of a plan I had often thought of since I felt my wife and five small children, and a job I had been trying nearly five years to secure, and had only had it a few months. Of course I am from the country, and so is my wife. This is my scheme: I would propose the soldiers' wives save as much as possible this winter, and in the spring some land be procured, in an accessible place and give them a chance to grow something towards feeding themselves and family. I know there would be lots of them laugh at the idea, but there are soldiers' wives who, I believe, would welcome the chance, and it would not only help to ease the lonesomeness, but would help to provide them with the proper kind of living, and maybe leave an occasional dime for "extras," which some "patriotic" people seem to frown on so much. Please give your opinion. ANOTHER LONESOME ONE.

Ans.—Pleased to have you write giving your opinion. Where the woman desired to do so, and knew anything about "small farming" or rather gardening, there is no reason why she could not make a success of it. One difficulty would be to procure the land in what you term an "accessible" place. If the Government could set aside land for the purpose, it might seem more feasible. A woman could scarcely save enough in the winter to rent (let alone purchase), a piece of land, seed, and necessary tools. Or what is your idea as to this? I should like to hear from you further in this regard. Best of fortune to you.

A Mother's Request.

Dear Miss Grey,—I am sending in 15 Comfort Soap coupons; could you please send me enough of velvet mats for a cushion, four of the yachting club flags and two or three of the large white flags with the portrait on. Please send me more if you can spare them. MOTHER.

Ans.—Dear "Mother," the velvet mats and the large flags were "gobbled up" before I came to your letter; I can let you have the yachting club flags though, and shall keep your envelope a while to see if others come in.

Who Can Advise?

Dear Miss Grey,—Can you or any of your readers tell me how I can clean a dark green silk crepe de chine dress at home?

Thanking you, I am, your respectfully, DARKY.

Ans.—I'm not qualified to advise, personally, but a friend of mine very successfully cleaned a dark green taffeta suit last year by washing it in gasoline. Crepe might do equally as well. Could you experiment on a patch of the goods?

Co-Operation Helps.

Dear Miss Grey,—Will send seven coupons for "A Young Stepmother," and hope she gets her cabinet. What do you think of my writing? It is 36 years since I left school; was only in the third reader.

If I can help any one, will call again. I remain, ISABELLA.

Ans.—With all this co-operation of the pageites, "Y. S.'s" cabinet seems an assured thing. Considering what chance you've had, you need not be ashamed of your writing. I get many letters not so easily read.

Who Can Explain?

Dear Miss Grey,—Could you or any of the readers explain the reason of the indifference or lack of patriotic zeal, on the part of the people? Are they afraid to appear enthusiastic for fear of being asked to enlist? Surely the ladies need not fear that. I attended a recruiting meeting a few weeks ago; a large audience was present. The recruiting officers requested the audience to join in singing the chorus of "We'll Never Let the Old Flag Fall." I am sure you would have been amazed, and then indignant. I believe six would have numbered all those who would sing.

Last night a squad of the Scottish Borderers were out on parade, and it was a reproach to the city the indifference that was shown to the laddies in khaki; never a cheer, not even an interested glance.

Wee, McGregor, Sandy, Roderick, where were ye? If not in the ranks, could ye not have cheered the bonnie laddies? If we cannot go overseas we can at least show our appreciation of those who do by giving them a cheer.

"Twenty-One," would you please send me your address, and when the 142nd has their next leave I will send you a box of eats, in care of the 142nd Shake hands, as I am related to "G. W." BONNIE DUNDEE.

Ans.—I wonder though, "Bonnie," if it is altogether lack of enthusiasm that prevents people cheering? Personally, I never can, because there's always something in my throat that won't let me, and I imagine others feel the same way. Somehow one seems to have a vision of the same brave fellows, not in spick-and-span uniforms, and marching in orderly array, but with the mire of the trenches upon them, and the horrors of the battle all around. That's what I cannot help but see, "Bonnie,"—do you wonder I can't cheer?

Re the lack of enthusiasm in singing, that is too bad. Hope that recruiting meeting wasn't held in London!

I have "T.-O.'s" camp address, but not so sure of his home one; maybe he'll send it.

She Sympathizes.

Dear Miss Grey,—My heart goes out with sympathy to the soldiers' wives, so do not like to see so many slapping at them. We all have our trials, but I think they have a double supply. I would like to have the velvet mats you have accumulated at your desk. (I see by today's paper). What do you think of them? Am sending two Gillett's lye coupons for "A. B. I. O. U." If any of the Mail-Boxites have any Robin Hood oat coupons, I would like to get some, and will send songs or anything I have in exchange for them. I am sending the song asked for by "Brown Eyes," entitled, "The Black Sheep." Please criticize writing. I will sign, SLOCUM.

Ans.—Sorry, "Slocum," but the mats had been disposed of. There was just a rush for them. But as odd ones reach me from time to time, I'll keep your envelope in hopes of getting some for you before long. Your writing is excellent—no room for me to criticize!

A Bride's Problems.

"Two Future Brides."—1. Send these friends a letter of thanks and a piece of bride cake. 2. It is correct to address the cake and the outside envelope of the announcement to Mrs. Brown, although you do not know her. The inside envelope may bear the names, "Mr. and Mrs. Brown." Had the gift arrived with the man's card only, of course you would have sent acknowledgment to him alone. 3. Fold the announcement and place in the smaller envelope; do not seal, but slip the flap underneath; on the envelope write the name of the person or persons for whom it is intended, "Mrs. Annie Brown," or "Mr. and Mrs. T. Jones" or "The Misses Jones." Place in the outer envelope and write full address. In the case of a family or husband and wife, the outer envelope always bears the name of the matron of the household. 4. Jellied Chicken—Boil the fowl until the meat will drop from the bones. Remove meat, and cut it fine; replace in the kettle with the gravy, add seasoning to suit; slice a hard-boiled egg in the bottom of a dish, pour the chicken over it, hot, place a weight upon it, and set in a cool place. When cool it will come out in a loaf.

All Have Big Feet.

Dear Miss Grey,—Was wondering if anyone could supply me with a piece called "The Butcher Boy." It starts out—

"In Jersey City there did dwell
A butcher boy I loved so well," etc.

Say, Joshua, I'll be "gosh-dinged" if I didn't swaller a dictionary once and I hain't got it all out of my system yet. But it's coming out by degrees. Your recipes sounded very unique. I sure would have liked to try that one with the grasshopper's eggs, but to tell the truth I belong to such a big-footed family that there isn't a grasshopper around the place, let alone an egg. Now let me help you out with a dainty inexpensive little repast: Seat your guests, then serve each with a brick buttered on both sides, a glass of water and a tooth-pick. Caution—Be sure and make your exit immediately after serving, else you might be the recipient of a brick in the head. If you have any more toothsome recipes, why bring 'em along as laughter aids digestion and you sure need lots of it with pine knots. Best wishes to the Mail-Box, I am,

JOB'S YOUNGEST SISTER.

Ans.—The coupons you inclose for "A. B. I. O. U." will be sent her. Are you, too, possessed with the virtue that characterized your eldest brother?

Father and Brother.

Dear Miss Grey,—I saw in your page a request from "Brown Eyes" for an old song, which I am inclosing. I find all the letters very interesting, especially those of the soldiers' wives, as both my father and brother are soldiers.

PERSIS.

Ans.—The song has been placed in "Brown Eyes'" envelope. Am sure you'll be especially interested in "Alceste's letter, since you both have sent your "nearest and dearest" to answer the King's call.

Day by Day.

Dear Miss Grey,—Out of sympathy for "Young Mother," I write these few words. Like her, I have bidden Godspeed to my dear husband, that he can do his part in this great war, and I am alone at home with three little sons to love and care for. The blank is overwhelming at times, but I find one of the greatest comforts is "being busy," never to have spare time in which to think and fret, even if it comes to emptying a drawer out on the floor for the occupation it gives in putting it straight again. In taking one day at a time, faithfully fulfilling its duties, being cheerful (if possible), and leaving the rest to God. This little thought helps me greatly. Human life compared with eternity is a short space if during life one can do a single self-sacrificing, worthy deed that will live forever and be remembered in the Better Life later on. So if we brave mothers try to do our little duties faithfully, we should not feel so sad, for a big recompense is coming. In spite of what this war means to me personally, I do not regret the step taken. It seems the ridding of the world of Hun culture ought to be the proud determination of every man. Faithfully yours, ALCESTE.

Ans. — Your message to "Young Mother," dear friend, may give courage to many women situated as you both are. I came across two little quotations of Phillips Brooks yesterday, and it seemed to me you may like them:

"We rejoice in life because it seems to be carrying us somewhere; because its darkness seems to be rolling on towards light, and even its pain to be moving onward to a hidden joy;" and "No man or woman of the humblest sort can be really strong, gentle, pure, and good without the world being better for it, without somebody being helped and comforted by the very existence of that goodness."

You are quite clever at "versifying" I think, Alceste. I especially liked your "Easter Hymn." You're going to write us again, I hope.

"Tommy Atkins' Thanks.

Dear Miss Grey and Everybody,—Did you think I was never going to thank you all for all those lovely coupons, flags and clippings? Please everyone help yourself to the thanks you all deserve.

Hope you all enjoyed the fair. I listened to all the reports brought home and enjoyed it as much as anyone, I think. I would liked to have been there military day, though. As ever, TOMMY ATKINS.

Ans.—Your letter for "Wynne" was sent on, "Tommy," and as a line from her the day before you wrote said she was writing you, no doubt you have her address by now. The velvet mats were all gone, but if more come in I shall remember you, "Tommy."

Will Send Music.

Dear Miss Grey—Some time ago I noticed that "One of your many Scotch readers" wanted words and music of "The Highlandman's Toast." I always enjoy reading the Mail-Box, but had never helped in any way, so began to copy the music. We had a lot of company for a couple of weeks, and someone sent in the words before I had it ready to send. If "Scotch Reader" has not the music will gladly send it to you for her, or will send it direct, if she or he will send the necessary address.

Will inclose nine Sweetheart coupons for a "Young Stepmother;" think it is she who wants them; 22 Sunkist orange wrappers to be used as you see fit, also copy of "Black Sheep" for "Brown Eyes." Will she send me one of the yoke patterns? Have a number of crochet, tatting and embroidery patterns I will exchange with anyone. Would like to understand about the "tumbler basket" sent for "Win." Is it done in crochet. A number of years ago I made a work-box in crochet, which is still in use. Has neither wire nor lining of any kind to give firmness. Will give directions for making if requested. MIRA.

Ans.—"Scotty," please let me know if you'd like the music. "Brown Eyes," a copy of "Black Sheep" was also sent by "Prudence," but I hope you'll send a yoke design for "Mira."

The basket sent in by "Lazy Daisy" is in crochet. Wonder if "L. D." would send instructions, and I could print them? Velvet mats were all gone, "Mira." Shall keep your envelope in case any come in, and also for "Brown Eyes'" yoke.

Daily Bible Question Club

By Rev. T. S. Linscott, D. D.
(All Rights Reserved.)

The six daily studies for this week constitute the International S. S. Lesson for next Sunday. Read the Bible Story on which this study is based, as you ponder the following questions:

"A Plot That Failed." Acts xxiii.

Golden Text—They shall fight against thee; but they shall not prevail against thee: for I am with thee, saith Jehovah, to deliver thee. (Jer., i., 19).

1. Verses 2 and 2—What was it in Paul's opening statement which caused the high priest to have him slapped in the mouth?

2. When Christians in these days humbly confess that by the power of the Holy Spirit, they are enabled to constantly live well pleasing to God, why is their testimony generally so unpopular?

3. How is it possible, and why is it the duty and privilege of all Christians, all the time, to live, "with a good conscience toward God"?

ADVERTISER PATTERNS

A NEW AND COMFORTABLE UNDER GARMENT.

1635—Ladies' combination Corset Cover and Drawers.

This model combines several practical points, and insures comfort and ease. The drawers are cut with yoke and flounce sections. The corset cover has full body portions joined by shoulder straps, which may be replaced by ribbon. Lawn, nainsook, batiste, crepe, dimity or silk are suitable materials, with lace or embroidery for trimming.

The pattern is cut in 6 sizes: 34, 36, 38, 40, 42 and 44 inches bust measure. It requires 3 yards of 36-inch material for a medium size.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

ADVERTISER PATTERN DEPT.

Please send above-mentioned pattern, as per directions given below, to:

Name .....

Town .....

Province .....

Age (if child's or misses' pattern) ....

Measurement: Bust..... Waist.....

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure you need only mark 32, 34 or whatever it may be. When in waist measure, 22, 24, 25 or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from date of application.

NEW SUITINGS and DRESS FABRICS

For Fall and Winter

Despite the abnormal conditions of the woolen market we are showing good values in a well-assorted stock of popular materials.

Fine Wool Suitings

A goodly range of Fine Wool Suitings, the finest tailoring qualities, in quiet, dressy stripes and plaids of dark, rich colorings. Many of these handsome suitings are in exclusive suit lengths. All at reasonable prices.

Fine Rich Broadcloths that are much in vogue this season, in copen, grey and purple, 54 inches wide. At ..... $2.75 yard

A finer quality in navy, black and Java brown, 54 inches wide, at ..... $3.50 yard

Suiting Serges that are favored for almost every kind of a garment, particularly for tailored suits, in the following qualities:

50 and 54 inch Serges, in a fine quality, in navy, brown, grey and black. At $1.75 yard
54-inch Serge in a good weight cloth, in navy, green, brown and black. Price $2.00 yard
Fine Men's-Finished Serges, 58 inches wide, in black only. At ..... $3.00 yard
A finer quality in navy only. At ..... $3.75 yard

Gabardines, Poplins and Armures in big demand for fancy and tailored suits, in navy, copen, black, green and brown, wide widths. At .....$1.50, $2.00 and $2.25 per yard

Fine Dress Fabrics

Cord de Chines, in silk and wool mixtures, of medium weight, in rose, wine, green, grey, brown and black, 42 inches wide. At..... $2.50 yard

Fine Wool San Toys, 38 inches wide, in wine, navy, green, dark and mid brown. At ..... $1.25 yard

A Bargain in Black Silk

36-inch Black Duchesse Paillette, a firm, even weave, with a rich, lustrous finish; regular $1.50 yard. Specially priced at ..... $1.18 yard

GRAY'S LIMITED.

AGENTS FOR THE LADIES' HOME JOURNAL PATTERNS

140 DUNDAS STREET.
Phones 115, 116.

GRAY'S LIMITED.

ALL leading grocers sell— Rideau Hall Coffee

A choice dustless coffee, sold only in sealed tins — 45c per pound; smaller tins 25c.

Gorman, Eckert & Co., Ltd., London and Winnipeg

33

KEEPS CHILDREN WELL MAKES THEM ROBUST

Here is Good Advice for the Head of Every Family.

Rapid growth, work at home and in the schoolroom, are sure to tax the strength of every child, and often prove the beginning of a chain of weakness that lasts through life.

Give your sons and daughters a fighting chance! Give them good home surroundings, firm hands with education—but above all else do everything possible to insure for them perfect health in years to come.

In no way can you destroy weakness and build up health so surely as with Ferrozone. It's the concentrated nourishment in Ferrozone that enables it to do so much good. It contains the very elements that are needful in building up bone and sinew, in vitalizing and strengthening the blood. The appetite Ferrozone brings will gladden any parent's heart, and when color, spirits, vim and energy increase day by day then you know what grand work Ferrozone is doing. Because it makes and keeps you healthy, because it is pleasant, harmless and sure to do enormous good—you and your children should use Ferrozone every day. Sold by all dealers in 50c boxes, six for $2.50, or direct by mail from the Catarrhozone Company, Kingston, Ont.

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