

Every Reader Will Find
Cynthia Grey's Column
An Interesting Miscellany

FOR THE WOMAN OF TODAY

Follow the Horoscope.
Daily Pattern Service.
Women at Work and Play.

THE VOGUE OF TUNICS



The tunic is becoming more and more exaggerated every day. If we may judge from the fashions news we have from Paris, and the things we see about the fashionable quarters of New York, here is a frock sketched from one worn at a fashionable afternoon tea last week, made from gray duvetyne, the tunic plain at the top, not wired, of course, but cut to flare at the lower edge. A Persian girle, cream net jabot, patent leather button boots and a hat of velvet completed the attire.

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letters can be answered privately.]

RECIPE FOR "FLUMMERY."

Dear Miss Grey: Have you an old Southern recipe for a dessert called "Flummary"? It is rather a tedious process if I remember rightly, but I should like to get the recipe.

Ans.—Perhaps this is the recipe. It is as you say, rather complicated, but sounds delicious.

SOUTHERNER.
Flummary.—Make a sponge cake with four eggs beaten separately, one cup sugar, one cup flour one teaspoon baking powder, flavor as wished and bake in two layers. Place in a deep bowl and between the layers sprinkle thickly with can nuts, citron and candied cherries (chopped fine). Make a custard of two eggs, one and one-half pints of milk, two tablespoons sugar. While hot pour over cake. When cool whip half a pint cream, pour over the top and garnish with cherries.

KEEPING SILVER.

Dear Miss Grey: Is there anything that will keep silver from tarnishing when packed away?

Ans.—Not unless packed in an airtight place. The next best thing is to wrap it in tissue paper; then in cotton flannel and if possible, place in covered boxes.

LITTLE TOO FRIENDLY.

Dear Miss Grey: If a stranger picks up one's packages in the street where they have fallen, what should one do if he persists in asking a short distance and carries the packages? I am eighteen and this happened to me the other day. I have met this man several times and he continues to bow. A friend says that I have no right to acknowledge the man.

Ans.—It would have been better for you to take the packages from the man and thank him for his courtesy and not allow him to accompany you. As you have no idea what or who he is, it would be better to get by him and your eyes in some other direction until you can find out whether you wish to recognize him.

A FEBRUARY PARTY.
Dear Miss Grey: Will you please tell me what to serve at a party in February? I do not want to fix up a table. Would it be proper where there will be about fifteen couples to serve in sitting-room, all seated, and have everything on a plate for each one?

Ans.—You may serve very easily as you suggest. Have oyster or cream

Songs We Used to Whistle and Sing

Oh! Dem Golden Slippers!
Oh, my golden slippers am laid away,
Kase I don't 'spect to wear 'em 'till my weddin' day.
An' my long tail'd coat, dat I loved so well,
I will wear up in de chariot in de morn;
An' my long white robe, dat I bought last June,
I'm gwine to git changed kase it fits too soon.
An' de ole gray horse dat I used to drive,
I will hitch up to de chariot in de morn.

CHORUS:
Oh, dem golden slippers! Oh, dem golden slippers!
Golden slippers I'm gwine to wear, be-
kase dey look so neat;
Oh, dem golden slippers! Oh, dem golden slippers!
Golden slippers I's gwine to wear, to
walk de golden street.

Oh, my ole banjo hangs on de wall,
Kase it ain't been tuned since way last fall.
But de danks all say we hab a good time,
When we ride up in de chariot in de morn;
Dar's ole brudder Ben and sister Luce,
Dey will telegraph de news to uncle Bacco Juice.

What a great camp-meetin' dar will be
dat day,
When we ride up in de chariot in de morn.

CHORUS:
So, it's good-bye children, I will have to go,
Whar de rain don't fall or de wind don't blow,
An' yer Uster coats, why, yer will not need,
When yer ride up in de chariot in de morn.
But yer golden slippers must be nice and clean,
An' yer age must be just sweet sixteen,
An' yer white kid gloves yer will have to wear,
When yer ride up in de chariot in de morn.

THE HOROSCOPE

SATURDAY, FEB. 21, 1914.

As one 'gainst five,
Good with bad doth strive.

This is rather an unfavorable day, for five planets are in adverse aspect, while Mercury alone exercises a friendly influence.

It is a favorable time for dealing with commission men and with merchants.

Editors, publishers and newspaper men of every rank are under a lucky omen, which bodes well for their success. The stars are read as indicating radical changes in leading periodicals and daily journals. The sway is conducive to unobstructed business and to the attainment of wide personal recognition for a few men.

Architects are assured of encouraging conditions. The spring will bring extraordinary opportunities to a few men and a woman may gain fame by means of plans for a lecture building, which may belong to a world's fair.

The signs are good for those who are on the lecture platform and to the public more effective than usual, while this configuration exists.

Women are assured of disappointing and thwarting conditions. While Venus is not strongly evil in this day's reign it is well to be cautious and guarded in all business and social relations.

Neptune is in a place that bodes ill for hospitals, prisons and other public institutions. Unusual care in administering anaesthetics is enjoined by those who study the stars.

The signs are inimical to new friendships and business relations. Do not enter into partnerships under this aspect.

Attractions to mysterious and undesirable persons are believed to be common. Children born on this day are likely to see many vicissitudes in life. They will require constant training in piety and patience as they will meet numerous obstacles in business and social progress.

Return is adverse to all old persons when in this day's position, according to astrology. Danger from falls and severe accidents is probable.

Panama has the prognostication of sensational happenings, which will interest the world. The service of the United States in this day's position, according to astrology. Danger from falls and severe accidents is probable.

Persons whose birthdate it may have a year of stress in business matters. Women are warned to guard their health. Children born on this day are likely to see many vicissitudes in life. They will require constant training in piety and patience as they will meet numerous obstacles in business and social progress.

Girls should be exacting when they choose a husband. The influences are, on the whole, not fortunate for these subjects of Pisces, who have both Neptunes and

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Mutton Pie.
Six medium-sized potatoes.
Six medium chops.
One medium-sized onion.
Pare and slice the potatoes. Season chops with pepper and salt and place alternate layers of the potatoes and chops in a dish. Sprinkle with chopped onions, and half cupful cold water, cover with a biscuit crust and bake thirty minutes in a hot oven.

Spaghetti.
Break half a pound of spaghetti into small pieces, put them into a saucepan of boiling salted water and cook for five minutes. Then drain and cool. Bring one point of stock to the boiling point, then add the spaghetti and cook until quite tender. It will take about 25 minutes. Cut half a pound of bacon into small pieces, then fry them for a few minutes. Now add the spaghetti, four tablespoonsful of butter, and seasoning of salt, pepper and grated nutmeg. Simmer for 10 minutes. Turn out on a hot dish. Serve at once.

Dried Peas With Rice.
Wash one cupful of dried peas, cover them with cold water and soak them for 12 hours; then put them into a saucepan with three pints of water; add one teaspoonful of salt, one chopped onion and simmer until the peas are quite tender. Drain and mix with half a pound of well-boiled rice. Add four teaspoonfuls of butter, one cupful of strained tomato sauce and salt and pepper to taste. Bake for 10 minutes. Garnish with two hard-cooked eggs and fried onion rings.

When boiling cabbages try placing a small vessel of vinegar on the back of the stove. The odor of the cabbages will not be so unpleasant.

When preparing chicken or turkey for roasting, try rubbing the inside with a piece of lemon. It will whiten the flesh and make it more tender.

Sheets that are wearing out should have their selvage sides sewn together, then they should be cut down the middle and have the new sides hemmed.

FINE DEMONSTRATION OF FIRST AID WORK BY ST. JOHN'S MEN.

Chester Avenue Mother's Club Witness Interesting and Instructive Demonstration.

An interesting session of the Chester Avenue Mothers' Club was held Thursday evening in the kindergarten rooms of the new school, when members of St. John's Ambulance Corps were present and gave a practical demonstration of first aid work. A large number of Chester Avenue members were present, and also a number of visitors from other clubs. All listened with keen interest as the St. John's men demonstrated how to bandage a fractured leg or arm or how to make an improvised stretcher and tourniquet, the right method of bandaging for a scalded foot or wounded scalp, how to resuscitate a drowning person, and so on.

Several members from the Empress Avenue Mothers' Club were present, and had arranged a pleasing program of musical numbers, including solos by Mr. Charles Griffith, Mrs. McBride, instrumentalists by Miss Marjorie Alford and Master Harold Pudney, and a recitation by Miss Milne. Very hearty votes of thanks were extended to the St. John's men and also to those taking part in the program.

It was announced by Mrs. McLean, the president, that the next meeting would take the form of a debate with the club from the Victoria School, the subject being "Resolved, That country life is the better place for the child." On March 17 the Chester Avenue Club will visit Victoria School and the latter will pay a return visit on March 19, the debate to form the program for both evenings.

The ladies of the Chester Avenue Mothers' Club are arranging to give a concert, "Old-time meeting of the Ladies' Aid at Mohawk Crossroads," on March 12, the proceeds to be in aid of furnishings for the new school.

TAKE GOOD CARE OF FAMILY CLOCK

Clocks are so sensitive to care that the woman who can afford to do so gladly relegates their winding and oiling to a man who makes that sort of work his business. He visits her house at stated intervals—whenever the clocks need winding—and guarantees to keep them in order. If such a man is employed, then the care of the clocks must be left entirely in one person's hands. It ruins clocks if they are constantly tinkered with, and it is much easier for one person than for two persons to keep track of them.

Be careful about winding clocks. Wind them always at the same time, and never wind them too tight. Find out just how many full turns of the key it takes to wind the clock to the proper point, and always stop with that number of turns.

A clock maker says that the hands of the clock should never be turned backward. If it is necessary to set the clock, push the hands forward, as there are some very delicate screws that if the backward pushing is likely to disturb.

If the clock, strikes, always wait, when setting the clock, with the hand just after each hour for the clock to strike for that hour and wait at the half hours, too. If the clock strikes every thirty minutes.

Don't let the clock run down. Wind it regularly every twelve or twenty-four or thirty-six hours, or seven days or every stated time when it needs winding.

Don't tinker with a clock's mechanism yourself. This mechanism is highly organized and delicate, and it requires the knowledge of an expert to readjust it properly.

A clock should never be moved from one position. If it does not go when it is first placed, probably it is placed unevenly. An unevenness of a fraction of an inch may cause a clock to vary several minutes from the right time each day or may cause it to stop even surface. So start it in a good position and leave it there as long as possible.

If a clock stops, and it is not run down, and the hands are tight, or the even surface, send for a clock maker. It may need oiling, but oiling is something which only an expert should be allowed to do. It may need cleaning, and this, too, should be done by an expert.

If you are not drinking "SALADA" Tea, why not try it? A postal card will bring you by mail a free sample lead packet. Have you known if you once try it, you will not be satisfied with the ordinary teas you are drinking. State on the postal card if you drink Black, Mixed or Green Tea, and the price you usually pay. Address "Salada," Toronto.

KOMOKA WOMEN'S INSTITUTE.
The winter meeting of the Komoka Women's and Farmers' Institute will be held in Komoka Hall, Wednesday, Feb. 25th at 1:30 p. m.

Mrs. E. B. McTurk, of Lucan, will address the ladies (upstairs) on Child Training and the Home.

Roll call answered by suggestions on same subject.

All ladies are cordially invited to attend.

A union meeting will be held in the evening at 8 p. m.

Addresses will be given by Mrs. E. B. McTurk and Mrs. F. H. Silcox. Other talent has also been provided.

Everybody welcome.

Exactness in little duties is a wonderful source of cheerfulness.—Faber.

Bad Blood
Is a poisonous and dangerous thing. It affects every organ and function and brings about that low condition that predisposes to most diseases and ailments.

HOOD'S SARRAPARILLA corrects it, and makes pure blood.

MINNESOTA COLLEGE GIRLS LEARN TO KEEP HOUSE

Seniors to Receive Instruction in the Art of Home Economics.

Practical experience in housekeeping for the college girl under the supervision of a member of the home economics faculty is to be given at the University of Minnesota. College of Agriculture. The plan, as proposed and worked out by Miss Josephine T. Berry, head of the department of home economics, will give eighteen seniors an opportunity to do housekeeping, make pies, cake and bread, wash dishes, and figure out menus, tidy up the house, and in general perform the round of duties that the ordinary housekeeper would have to perform. The girls will receive three credits towards their diplomas for the work, the same number that they would receive for completing satisfactorily the semester's work on any regular subject.

First Experiment of the Kind.
The experiment, which, according to members of the home economics faculty, will be the first of its kind to be tried in the United States, will be conducted in the house of the Phi Upsilon Omicron sorority. The girls will pay all the expenses they incur during the time they are in charge.

When the work of the twelve girls and a teacher who will supervise the work, will move into it. Six

girls will live as boarders for six weeks. In the meantime the other six will be busy with pots and pans and brooms and mops. They will do all the work, Miss Berry said, though it may be permissible for them to buy their bread, if they choose to do so, as their time will be limited because they will have to attend the regular classes. The housekeeping burden will consist in six girls doing the work for thirteen. Each girl will take turns at managing the house for a week.

Each Has Opportunity.
At the end of six weeks, the six guests will become housekeepers and the six housekeepers will become guests. In the same manner at the end of the second six weeks' period another set of the girls will take charge of the work. In this way during the semester of eighteen weeks, eighteen girls will have had six weeks' experience at actual housekeeping and each girl will have had an opportunity to run the house for a week. There will always be twelve girls living at the house besides the teacher, who will supervise the experiment. Another feature of the work will be weekly conferences to discuss the problems of running the house.

Shoe Styles for Spring Wear

Buckle Largely Used on Slippers—Cloth Uppers and Shiny Vamps.

The woman who does not or cannot afford an extensively trimmed and beaded slipper should purchase for herself the plainest and simplest kid or satin slipper and then indulge herself in a buckle of some sort, the kind and quality depending entirely on the amount she wishes to spend. Elaborate buckles of rhinestones come high, but there are small steel cut buckles to wear with cloth dresses and kid buckles and kid buckles to be bought separately the shade of the slipper.

Bows and rosettes are being almost entirely supplanted by the buckle, except in the case of the tango slipper, where the crossed straps end in a bow some three inches above the slipper top. The silver buckle is not expensive and goes well with almost any costume.

Dull and Patent Kid.
Dull kid, while it never is as stylish or modish as patent leather, can always be worn by the woman who is conservative and who desires to have the comfort that patent leather never wholly affords.

The cloth upper and the patent leather vamp is as modish as it is serviceable. If a woman purchases several of the same kinds of shoes it is a pleasing variation for her to have the cloth upper corresponding in shade with the dress or suit she wears. Plain buttons are subject to the same criticism as the buckle, and also the vamps without tips, though this last is more or less a matter of personal opinion, and there are many women who always insist on having the tipped vamp.

That the heel is showing a decided tendency toward moderating and getting away from the exaggerated high Louis XV. heel. With the reducing of the heel came apparently the introduction of many different colors of the uppers of the shoes, especially the shoe for dressy affairs. Grays and tans are particularly attractive, and so are the darker shades of red. The smartness of all these colors is greatly added to when one insists on the tops fastened with black buttons. The same shade button as the upper is not so modish nor so striking.

The Woman On the Farm

The woman on the average farm has a hard job of the best. Loyal and true as the helpmate of her oftentimes unappreciative husband, and self-sacrificing as the mother of her children, she drudges faithfully along year in and year out. Little occurs to vary the dull monotony of her life. Holidays and trips are not for her. In the house she goes without utensils and conveniences that would lift a load from her daily work in order that there may be money to buy a plow or add to the barn. She stands back if new clothes have to be bought. Her old clothes can be brushed up or mended to last a little longer, for does she not stay at home most of the time? She denies herself little comforts and femininities that cost money in order that something more useful may be bought, or the bank account look more prosperous. She often splits the wood, but she does not mind the fire, does a man's work in feeding the animals, and for what reward? True, as a rule, she gets plenty of food, and she has a lot of fresh air exercise. But is not one of the chief needs of agricultural life nowadays a larger consideration for the fact that the farmer's wife is a woman, even though she seems defeminized?

Is it any wonder that boys and girls on the farm rush to the cities when they see what such conditions produce? City wisecracks ponder long on the attraction of city life to the country youth.

Will the conditions matter to the woman on the farm and her needs are practically neglected?

HAPPY GATHERING AT WEST LONDON HOME.
On Wednesday evening about thirty of the young people from Smallman & Ingram's gathered at the home of Miss Ethel Bone, 25 Albany street, to spend a social evening. The guest of honor being Miss Myrtle Clark, of Petrolia, Ont.

The evening was spent in games and music, after which all retired to the dining room where a sumptuous table was spread. After the guests had all been justice to the dainties and told many stories of happy times at Smallman's they departed in the wee hours of the morning.

A friend whom you have been gaining during your whole life, you ought not to be displeased with in a moment. A stone is many years becoming a ruby; take care that you do not destroy it in an instant against another stone.—Saadi.

Advertiser Patterns



9860-9849—A Popular and Stylish Dress.

Composed of Ladies' Waist Pattern 9860 and Ladies' Skirt Pattern 9849.

The waist is made with an inserted vest, over which the fronts open in revers style and meet a neat collar. The deep tucks give width to the shoulders. The waist is finished in close style and with a shaped peplum. The skirt is jaunty and smart, with a strapped belt over the back near the lower edge, this belt may be omitted. The skirt may be finished in normal or raised waistline. The Waist Pattern is cut in six sizes: 32, 34, 36, 38, 40 and 42 inches, bust measure. The Skirt in five sizes: 22, 24, 26, 28 and 30 inches, waist measure. It requires 6 yards of 40-inch material for a medium size.

This illustration calls for TWO separate patterns, which will be mailed to any address on receipt of 10c FOR EACH pattern, in silver or stamps.

PATTERN DEPARTMENT OF THE ADVERTISER.
Please send above mentioned pattern, as per directions given below, to:

Name

Town

Province

Age (if child's or misses' patterns).....

Measurement—Bust..... Waist.....

CAUTION.—Be careful to inclose above illustration, and send size of pattern wanted. When the pattern is bust measure, you need only mark 32, 34, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "yards." Patterns cannot reach you in less than one week from the date of or Presbyterian Church, performed the service. The price of each pattern is 10 cents in cash or in postage stamps.

Nightgowns of pink and blue batiste are in great favor.

Satins, it is promised, will retain their vogue for spring.

Baroque pearls ornamented with jeweled wreaths make charming hatpins.

MINARD'S LINIMENT CURES GARGET IN COWS.

Mrs. Winslow's Soothing Syrup Has been used for over SIXTY YEARS by MILLIONS OF MOTHERS for their CHILDREN WHILE TEething, with PERFECT SUCCESS. IT SOOTHES THE CHILD, SOFTENS THE GUMS, ALLAYS ALL PAIN, CURES COLIC, and is the best remedy for diarrhoea.

DRINK FRY'S COCOA

PANSHINE KITCHEN MAGIC CLEANSER Large Sifter Top Tin 10c

Kingsmills

FEBRUARY Carpet and Rug SALE

Have You Made Your Selection Yet?

You can save a good bit of money if you select your Carpets and Rugs during our February Sale. You may have them stored free of charge till you need them, but it is necessary that you make your selection now, for at no other time during the year are prices so low. Buy now!

\$2.00 and \$1.75 Yd. Imperial Axminster Carpets for \$1.25

Not our entire stock, but a good range of patterns, and a variety wide enough to make selection a pleasure.

Many have borders to match Our standard imported Axminster Carpets. Were \$1.75 and \$2.00 yard, February Sale \$1.25

Kingsmills

H. Wolf & Sons

Greatest Midwinter Furniture Sale

Everything is going at from 20 per cent to 40 per cent off and going quickly.

See the big specials in wool and all-felt mattresses.

H. Wolf & Sons

263-265 Dundas St., near Wellington.

All Dirt

Is infested with disease germs and poison-breeding microbes.

By our modern scientific method of laundering everything menacing your health

VANISHES

leaving our washes as clean and pure as the pine-scented air of the mountain forest.

Parisian Laundry

Phones 558-559 J. Chiera, Mgr. ywt

Ladies' Attention

The Parisian Ladies' Tailoring Company have opened a new store. Their cutter spent years in the best shops of Paris. Why don't you try them? Corner Ridout and King. Phone 4505. F. FURANNA, PROPRIETOR.

We Express Parcels

to any point in Canada. Goods called for and delivered to any point in city.

AMERICAN DRY CLEANING AND DYE WORKS,

755 Dundas Street. ywt Phone 1959.

SPECIAL IMPORTATIONS in Dress Lengths only of exclusive materials,

beautifully designed and draped, give our dresses that distinctive appearance.

GOWNS

440 PARK AVENUE

Mlle. WIGHTMAN and Mlle. VON SCHILDROTH wty

1000 TUBES

Thymol Tooth Paste

Have pleased our patrons. Use it and have healthy teeth.

W. R. LUTZ

NORTH END DRUGGIST. ywt

Eat More Bread

It is the most nutritious and most economical of all foods. The best bread is made with

Fleischmann's Yeast

Old friends and new friends unite in saying
Red Rose Tea "is good tea"