

**DEN TOOLS.**

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Wright Bros., Limited.

ware Department

**AMERICAN AGENCY**

Wholesale Indents promptly executed at lowest cash rates for all kinds of British and Continental goods, including: Stationery, Shoes and Leather, Hats and Druggists' Sundries, Hardware and Glassware, Motors and Accessories, Millinery and Piece Goods, Goods and Perfumery, Sewing Machines and Metals, Plates and Watches, Graphic and Optical Goods, and Gilman's Stores, etc., etc. Discount 2 1/2 per cent. to 5 per cent. Quotations on Demand. Cases from £10 upwards. Imports of Produce Sold on Account.

(Established 1814.)

**WILSON & SONS,** address "ANNUAIRE LONDON" Church Lane, London E. C.

**Fresh Fruit, Fresh Poultry, New Vegetables.**

**WILLIS & CO., Ltd.** 203 Water Street.

Fresh New York Turkeys, Fresh New York Chicken, Fresh N. Y. Corned Beef, Fresh New York Ducks.

**New Artichokes.**

New Asparagus, New California Celery, New Florida Cabbage, New Green Peas, New Spring Beans, Fresh Tomatoes.

**New Cucumbers.**

Navel Oranges, Palermo Lemons, Dessert Apples, Russet and Baldwin Apples, Bananas, Pine Apples, Grape Fruit.

**New Rhubarb.**

"Nairn's" celebrated Oat Cakes, Hubbard's Rusks, Holland Rusks, Sliced Ox Tongue, per lb., Sliced Pressed Brisket Beef, per lb.

Remember Our Telephone, No. 482 & 786.

**LIPTON'S ESSENCE of COFFEE & CHICORY**

THE FIRST of its kind, and still remains FIRST in its kind.



Four Reasons for its popularity are:

- 1--High Quality.
- 2--Delicacy of Flavour.
- 3--Simplicity of Making.
- 4--Low Price.

A trial will convince anyone who may not have previously used it.



**HENRY BLAIR.**

Wholesale and Retail Agent for Lipton, Limited.

**SLATTERY'S**

WE OFFER to our Customers, the Trade in the City and Outports, this Spring, the finest assortment of

Regular Dry Goods,—English and American, of all kinds, specially selected.

We also have a very complete assortment of **POUNDS and REMNANTS** that will satisfy all classes of Customers. We invite the Outport Trader to Inspect the Stocks. PRICES are set with the view of giving our Customers a chance of doing good business.

SEE our Stock of Muslins, Embroideries, Dress Goods, Fleece Underwear and Overalls, Pants and Jackets.

**W. A. SLATTERY, Slattery Building,** Duckworth and George's Streets.

Phone—522. P. O. Box—236.

**The High Cost of Living**

Makes it imperative that every man should study the CLOTHES question. Why pay \$20 to \$30 for a Suit? You can obtain from any reliable dealer our new American Cut Suits well fitting and carefully tailored For Less than Half the above Prices.

Ask for our registered Brands. Fitreform, Truefit, Americus, Progress, Stilenfit, Etc. Wholesale only.

**Newfoundland Clothing Co.'y, Ltd.,** DUCKWORTH STREET.

**CABBAGE PLANTS, CABBAGE PLANTS**

To arrive ex "Stephano," Friday, 10,000 Choice Canadian PLANTS—Early and Late. Also, 50 crates Choice GREEN CABBAGE, 50 bunches BANANAS.

This is our first shipment of Plants. We are now booking orders, so come along to avoid disappointment.

**BURT & LAWRENCE,** 14 New Gower Street. Phone 759. Box 245.

**FUSSELL'S FULL CREAM CONDENSED MILK IS THE CREAM OF MILKS**



**Big Interest From Small Investment.**

BY RUTH CAMERON.



A woman came home from a shopping expedition to a house full of work dog tired.

"It seems as if I simply must lie down and rest two or three hours," she said wearily.

"Why don't you?" asked her neighbour.

"How can I?" said the woman. "Look at all I've got to do before dinner. I never ought to have gone off and left my work, but I felt as if I must take advantage of that sale."

"Well, lie down and rest ten minutes," said the neighbour.

"I can't spare ten minutes," said the woman doggedly, and she donned her apron and went wearily to work.

Whereby she proved that, like most women, she was ignorant of the tremendous interest which a small investment in relaxation at just the right moment will pay.

The value of little rests and relaxations is something the average woman does not seem to understand. If she cannot rest an hour or two, she will not rest at all. She looks out and sees that it is a beautiful morning and feels that she would like to go off for an outing, but it never occurs to her that half an hour's walk would freshen her up and make life much more livable.

If you finish some task and find you are tired out, before you face the next, throw yourself on the couch and absolutely relax for ten or fifteen minutes. You will not lose those minutes; on the contrary, you will get

them back with interest in your greater facility.

If you have brain work to do and your brain is confused or excited, lay your task aside, and pick up some "easy" book, and read for fifteen minutes or a half hour.

If you come home from some expedition tired out and have work awaiting you, spend five minutes bathing your face in hot water and ten minutes just relaxing, then drink a little warm milk or eat some other simple lunch, and see how different the world looks.

Five minutes' complete rest before eating when you are very tired will double the nutritive value of your meal.

You have probably heard of the new science of scientific management which aims to so improve working conditions that a much larger output per man will be possible. An experiment was made with a man who was leading pig iron. He was offered large wages to do a certain task. But he was not left to himself to do it. If he had been, the investigator points out, "he would have kept so steadily at his work that his muscles would not have had the proper periods of rest absolutely needed for recuperation, and he would have been completely exhausted early in the day."

To prevent this, a man who understood the law of rest stood over him and told him when to work and when to rest. As a result of this schedule the man loaded 47 1/2 tons a day as against 12 1/2 under the old system—a gain of approximately 400 per cent.

That is one example of the value of little rests at the right moment. Verbum sapienti.

Ruth Cameron

**For The Nervous Woman,**

Or the woman who experiences hot flashes nothing is so good to soothe, quiet and calm the nervous system as a pure glyceric extract of native medicinal plants, and made without alcohol, which has been sold by druggists for the past forty years, and most favorably known as **Dr. Pierce's Favorite Prescription.** In younger years some women suffer from dizziness, or fainting spells, hysteria, headache, hearing-down feelings and pain. All these symptoms of irregularity and female disturbance are relieved by the use of this famous "Prescription" of Dr. Pierce.

As a powerful, invigorating tonic "Favorite Prescription" imparts strength to the whole system, and in particular to the organs distinctly feminine. For over-worked, "worn-out," "run-down," debilitated teachers, milliners, dressmakers, seamstresses, "shop-girls," house-keepers, nursing mothers, and feeble women generally, it is an excellent appetizing cordial and restorative tonic.

"My disease was called retroversion," writes Mrs. Lydia McDONALD, ALD. of Meosita, Mich., Route 1. "I had nervous chills and numb spells and my system was very weak. Then I had inflammation and the doctor said I had a floating kidney. I doctored seven months with out result. He said I must have an operation. Then I stopped taking his medicine. After taking three bottles of Dr. Pierce's medicine I have not had any nervous chills or weak spells. I am better than for years."

"My daughter is now taking the 'Prescription' and Dr. Pierce's Golden Medical Discovery, she has the 'Belt' for nervousness and weak, tired feeling. These remedies have helped her ever so much in a short time. We have great faith in your medicines for female troubles."

Dr. Pierce's Pleasant Pellets induce mild natural bowel movement.

**The Bungalow.**

BY H. L. RANN.



houses which are equipped with a spare bedroom, and wake up in later years to find themselves saddled with a very tenacious brand of company. The bungalow makes an irresistible appeal to women who wish to be emancipated from the accursed bondage of the vacuum cleaner and the irritating presence of the dusting rag, as a man and his wife can keep house in one for years without any kitchen utensils except a can opener and a set of Emerson's essays. This is why the bungalow is making the brown stone front look about as popular as an inquisitive insurgent in the United States senate. The average bungalow is one-third living room and two-thirds porch, although occasionally a humble apology for a kitchen is tacked on. The bungalow kitchen is usually mislaid by the architect until the last minute, and is invariably so choked for room that the lady of the house has to back out into the garden in order to turn around. The bungalow is sometimes derisively called a summer cottage, and people who have lived in one during a wet summer, surrounded by open-pored screening and the monotonous chant of the male bullfrog, are generally willing to make a resposable discount for cash.

The bungalow is an open fireplace entirely surrounded by leg room and weather-stained shingles. It represents a style of architecture that is highly popular with people who have grown tired of furnishing free pasturage to relatives who never knew when to let go. The original bungalow was an adaptation of the sectional bookcase, and was generally packed away in the woodshed until the arrival of the heated term, when it was loaded into a wheelbarrow and set up in some mossy retreat, where the automatic stinger of the lake mosquito would not be interfered with by anything except cobweb hose. The modern bungalow, however, is set into the ground, within easy reach of a hot-air furnace, and when surrounded by army tents will accommodate an entire family in perfect comfort. Some people who are not able to look ahead and see into the future build bungalows.

The local train from Carbonar reached the city at 10 o'clock last night. Among the passengers there came Hon. J. A. Robinson, Dr. and Mrs. Cowperthwaite, R. McGrath, J. A. Peyton, J. B. Fatten and J. A. Craig.

The Bruce express, which left here Tuesday evening, arrived at Port aux Basques at 4 a.m. to-day, having made a good run across country.

Special Evening Telegram. CAPE RACE, To-Day. Wind west, strong, weather fine. The steamers Progress and Empress of Britain passed west; schr. Nellie Louise and bart. Atilla passed in sight this morning owing to the N. E. gale that raged yesterday. Five icebergs are in sight off Cape Ballard. Bar. 29.72, ther. 46.

**Feed The Children, Says Rugby Doctor.** London, May 16.—The members of the National Food Reform Association and others met in conference at the Guild Hall yesterday to discuss the question of diet for school children. The physician at Rugby, Dr. Luke, said there was undoubtedly need of better feeding in girls' schools. Girls from 11 to 16, he said, grew and broadened to an amazing extent, passing the boys in the race by several inches; but here, at this age, the stinging of food to the girls amounted to positive cruelty. While adults should arise from the table hungry, said the doctor, children should reach the sense of repletion. All boys will agree with Dr. Luke's dictum, that besides a substantial breakfast and dinner, the tea should include eggs, jam, fish, potted meats, cakes, treacle and honey. The girls are not likely to disagree with this.

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**Well, Well!** THIS is a HOME DYE that ANYONE can use. I dyed ALL these DIFFERENT KINDS of Goods with the SAME Dye. I used **DYOLA** ONE DYE FOR ALL KINDS OF GOODS. No Change of Mixtures. Simple and Easy. Free Color Cards and Booklet. THE JOHNSON CO., Limited, Montreal, Can.

**DODD'S KIDNEY PILLS** CURES RHEUMATISM, BRONCHITIS, DIABETES, BACKACHE, GRAVEL, NEURALGIA, MIGRAINE, HEADACHE, AND ALL KIDNEY DISEASES. PREPARED BY DR. J. C. DODD, 23 THE PRINCE OF WELLES STREET, LONDON, E.C.

**Martindale's Liniment Cures Distemper**

**POTATOES!**

100 bags Irish Potatoes. Just landed, and in splendid order. Dry as Meal.

**Onions!**

40 bags Small, Silver Peel Onions. Good sound stock.

**Eggs!**

10 cases Fresh Country Eggs. By Train to-day.

**On Retail!**

Good Local Turnips, Cape Cod Cranberries, Fresh Salmon.

**Soper & Moore**

**Western Banks Fishery.**

It is expected that the fishery on the Western Banks this season will be the worst for many years. All the fishing vessels have left there and gone to Quero Bank where cod is plentiful this year. Around Rose Blanche, Burgeo and vicinity where handliners are being used fish is very scarce, and when they do strike in the weather is too stormy for boatmen to get out.

There are only about twenty sail of schooters now on the Cape St. Mary's grounds all the rest are at Placentia trying to procure bait.

**Clean-Up Day.**

To-day is clean up day with the Municipal Council and the people of the city rose to the emergency. Back yards, stables, outhouses, etc., were cleaned up by their owners, the rubbish being placed on the streets where horses took it away. Very few horses, we learn, have been offered the Council by citizens, but each member of the Board provided a team. The work was done thoroughly and will and should have a good effect generally.

**Fire Alarm.**

The Central and Western Companies were called out yesterday afternoon for an alarm of fire from box 64 Alexander Street. The firemen hurried quickly to the scene but their services were not required as the blaze was only slight. Defective stove piping caused the alarm.

**Damaged by Ice.**

Yesterday morning the little schr. Nellie N., Skipper Pat Nagle, arrived from Bay Bulls. As she was beating in the Narrows she struck a "growler" and took the jibboom and headgear out of the vessel. She is now being given repairs.

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**Room Papers!**

We will open up about Thursday **TWO Thousand Dollars Worth** of Canadian Room Papers with

**Borderings to Match**

Wait for them--they are exceptional.

**ROBERT TEMPLETON.**



We can show you THE GOODS, can give you THE CUT and STYLE and THE EXPERT WORKMANSHIP. The largest stock of

**TAILORING GOODS**

in the city All goods UP-TO-DATE. Mail orders given prompt attention. Samples and self-measuring cards sent to any address.

**JOHN MAUNDER,**

Tailor and Clothier, 281-283 Duckworth Street. ag2, eod

**Serravallo's Tonic**

(Bark Iron and Wine)

Gives Health and Strength.

Sold by Druggists throughout the Island, and



**HAYWARD & CO.,** Distributing Agents.

**New Series of History and Biography.**

The Life of Lord Beaconsfield, by T. P. O'Connor. Life of Richard Cobden, by Lord Morley. Life and Aims of Savonarola, by Professor Villari. Lives of Robert and Mary Moffatt, by John Smith Moffatt. History of Florence, Villari. English Wayfaring Life in the XIVth Century, by J. J. Jusserand. Rome and Pompeii (Archaeological Rambles), by Gaston Bossier. Life of Holyoake—Sixty years of an agitator's life. Life of Sir Walter Raleigh, by M. A. S. Hume. These books were originally published at \$2.00 to \$3.00 per vol. Our price, 75c.

**GARLAND'S BOOKSTORES—177 and 353 Water Street, St. John's.**

**ENGLISH BICYCLES!**



New, with Detachable Tires, best value ever imported.

**Price: \$30.00--Cash.**

We are now booking orders for these Bicycles. A sample may be seen at our store.

**MARTIN Hardware Co.'y.**

Advertise in the TELEGRAM