## Make yourself strong

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ICE

TING 12 EST LIFE ¥

People with strong constitutions escape most of the minor ills that make life miserable for others. Don't you eney the friend who does not know what a headache is, whose digestion is per'ect, and who sleeps soundly at night? How far do you come from this description? Have you ever made an earnest effort to strengthen your constitution, to shild up your system to ward off discomfort and disease? Unless you have an organic disease it is generally possible to so improve your physical condition that perfect kealth will be yours. The first thina to be flone is to build up your blood as poor blood is the source of physical weakness. To be flo up the blood Dr. Williams Pin Pills is just the medicine you need. Every dose helps to make new blood which reaches every nerve and every part of the body, bringing color to the cheeks, brightness to the eyes, a steadiness to the hands, a good appetite and splendid energy. Thousands throughout the country whose condition once when Jean Hatfield MacGregor, who does not know what headachein, who obees not know what headachein, who obees not know what headachein, who obees not know also also headaches in which was a constitution, the property of t

kenzie 17 Linden Street Toronto.
The marriage took place of Miss
Merle Chipman, of Canning, N. S.
and Corpl. Keith L. Porter of the Royal Air Force Long Branch Camp, Ont. formerly of Hebron, Yarmouth, Co. N. S.

FORSYTH-MacNEIL

At the Methodist Parsonage, Digby N. S. on July 24th. 1918, by the Rev. I. W. Crott, Chesley Forsyth, of Greenwich, to Mil-dred E. Mac Neil of North

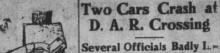
ot Mrs.J. W. Turner.

### Weddings

The friends of the Rev. G. W.
Beck will be pleased to learn that he has now the rank of Lieut, and is in Edinburgh in the Y. M. C. A.
Bureau there. He assists the Canadian soldiers when on leave arranging for their entertainment. CAR FOR SALE—35 Stude-baker, first class condition. Apply H. P. Wood, North Mountain 3 ins.

Mrs Russell, who was standing by —A dispatch from Quebec says that the steamer Celtic Prince, that went the steamer Celtic Prince, that went ceived quite a severe shock. The table was shattered to pieces. True-man Russell, who also because in growth for their entertainment in Scot-man Russell, who also because it is in Edinburgh in the Y. M. C. A. a table was knocked down and restricted the steamer Celtic Prince, that went the steamer Celtic Prince, that went the steamer Celtic Prince, that went shore near Father Point on July 8, was successfully floated Tuesday to mine to a successfully floated Tuesday to man Russell. dian soldiers when on leave arranging for their entertainment in Scottish Homes and for seeking places be in the path of this terrible visitor ashore near Father Point on July 8, vitation?"

"O Sir, that's just a trade ruse of was successfully floated Tuesday to mine to give a natural, interested exquebec. She is not badly damaged pression to the face."—New York Sun Miss McLellan of Halifax, is of interest in Scotlan J. Lieut. Beck received a slight shock. spending her vacation in town guest has recovered from the serious effects of the warfare in the trenches.



jured Near Bridgetown-Electric Storm Felt in Nova Scotia.

British Cabinet Affirms Scheme Submitted by Committee, Announcement by Col-onial Secretary.

Metapedia, P. Q.

Mr. and Mrs. Brenton Beach, of

South Alton, paid a flying visit here

We are sorry to report Mrs. Leslie

Mrs. Joseph Lockhart, who has been spending some time in New Ross has returned home.

Miss Emma MacGarry, has re-

turned to Kentville, after spending some time at her home here.

A Sunday School, has been or

large number of children in ou

Miss Myrtle Jarvis, and Mrs. Mc-Harrie spent Sunday at Woodside,

Mrs. Walter Russell, we under

stand intends to visit Amherst in the

on Tuesday, last.

be a success.

near future.

at Stillwater.

Butter, on the sick list,

Aug. 31 st, 1908.

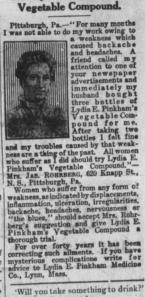
ed, according to Walter Hume Long, secretary of state for the colonies, who spoke here today.

—A dispatch from Quebec says that the steamer Celtic Prince, that went the steamer Celtic Prince, that went vitation?"

Will you take something to drink? "Will you take something to drink?"

Will you take something to drink? "With pleasure," the sitter replied. The photograph was taken and the sitter said: "But what about that little invitation?"





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garized here under the leadership of Mr. George Johns. Owing to the vicinity we hope this movement will Mr. David Costley, our veteran hunter is 'doing his bit' for increased production by hoeing and hay mak-Mr. Thomas Lockhart, spent Sunday with friends in New Ross' Miss Myra McIvor returned Saturday f om spending a few weeks Wheat Saving Recipes Mailed Free Keep Minard's Liniment in the house.