

GER LURKS IN  
RY ONE OF US

re As Full of Deadly  
isons As A Germ  
Laboratory.

D-INTOXICATION  
SELF-POISONING

A-TIVES" Absolutely Pre-  
This Dangerous Condition.

Chief cause of poor health is  
fect of the bowels. Waste  
instead of passing from the  
estine regularly every day,  
to remain there, generating  
which are absorbed by the

er words, a person who is  
y constipated, is poisoning  
y. We know now that *Auto-*  
*toxin*, due to non-action of the  
is directly responsible for  
Bladder Troubles,  
psets the Stomach, causes  
on, Loss of Appetite and  
ness; that chronic Rheum-  
nt, Pain In The Back, are  
s soon as the bowels become  
and that Pimples, Rashs,  
and other Skin Affections  
when "Fruit-a-tives" are  
correct Constipation.  
"Fruit-a-tives" will protect you  
Auto-intoxication because  
erful fruit medicine acts  
n all the eliminating organs,  
ex, 6 for \$2.50, trial size 25c.  
sers or sent on receipt of  
ruit-a-tives Limited, Ottawa.

s been appointed to con-  
problems which will arise  
on with currency and  
change during the period  
uction and report on the  
ired to bring about the  
of normal conditions in  
Lord Cunliffe represents  
of England on this con-

FOR SHIP WORKERS  
on, Feb. 16.—More than  
great number of shipyard  
eded to carry out the  
erchant marine program,  
secured in the first half  
week of the national en-  
ampaign by the United  
Reserves.  
onal drive will be con-  
week, however, and  
n every state whose quota  
at the end of the cam-

REGISTRATION  
SCHEME WILL  
BE KNOWN SOON

Compulsory Census To Be  
Taken of all Over Sixteen  
Years of Age

By Courier Leased Wire  
Ottawa, Feb. 15.—It is under-  
stood that the government's plan  
to secure registration of the man  
and woman power of Canada, is well  
matured and that the general sche-  
me will soon be known. As an-  
nounced the inventory will be se-  
cured by a system of compulsory  
registration applicable to persons  
over sixteen years of age.

It is authoritatively explained  
that the government's statement in  
regard to its policy as to labor, does  
not cover all the matters dealt with  
at the conference between the war  
committee of the cabinet and the  
representatives of labor. Only some  
of the most important and urgent of  
the proposals made by labor are  
dealt with therein, and the remain-  
ing proposals will not be unveiled  
by the government.

The labor men urged that "the  
further industrial development of  
women should be accompanied by  
political equality." The extension  
of the franchise to women, it is ex-  
plained, is already the established  
policy of the government, and it is  
certain that woman suffrage will be  
an established fact in Canada at  
least before another general election  
comes around.

The labor men also suggested  
that the question of allowing light  
beers to be sold in Canada should  
be dealt with as a social measure,  
and not under the war measures act.  
The government's attitude in re-  
gard to this proposal it is stated was  
defined by Hon. N. W. Rowell in  
his recent Ottawa address, when he  
announced that it is the intention  
of the government to stand by its  
prohibition policy.

EVERY SUGAR MAPLE  
SHOULD BE TAPPED

Interesting and Profitable  
Facts About Canada's  
Sugar-Making Process

(From "Conservation")  
Canada's dependence on imported  
sugar, now a scarce commodity, can  
be materially lessened by increased  
production of maple sugar this  
spring. Recent in-farm homes in  
Quebec where it is used on the table,  
maple sugar has been regarded as a  
luxury. This should not be so, as it  
can now be produced on a small  
scale where no additional help has  
to be paid for, at a somewhat lower  
cost than the present retail price of  
the sugar ordinarily used.

Every pound of granulated sugar  
that can be expected is needed over-  
seas, and Canadian farmers should  
increase the production of maple  
sugar and syrup this spring by tap-  
ping every maple tree that is large  
enough. The sap runs at a time  
when farm work is at a minimum  
and no increase in the labour sup-  
ply is therefore needed.

A mature, thrifty maple will  
yield about 12 gallons of sap, com-  
posed of about 95 per cent water and  
3 per cent sugar, with a resi-  
duum of mineral matter. Large,  
crowned trees or trees grown in the  
open bush, with long trunks, pro-  
duce the most sap. The ideal weath-  
er conditions for sap flow are  
moderately warm days and freezing  
nights.

To tap a tree, bore a half-inch  
upward-sloping hole one inch deep,  
on the sunny side of the tree. There  
are many varieties of sap spouts  
available. The best sap pails are  
made of tin or galvanized iron, with  
covers. The sap is gathered at least  
daily, and boiled down in the boiling  
house, or in the farm kitchen. The

DON'T BE BILIOUS  
HEADACHY, SICK  
OR CONSTIPATED

Enjoy life! Live your liver and  
bowels to-night and feel  
great.

Wake up with head clear, stomach  
sweet, breath right, cold  
gone.



Take one or two Cascarets to-  
night and enjoy the nicest, gentlest  
liver and bowel cleansing you ever  
experienced. Wake up feeling grand,  
your head will be clear, your tongue  
clean, breath sweet, stomach regu-  
lated and you liver and thirty feet  
of bowels active. Get a box at any  
drug store now and get straight-  
ened up by morning. Stop the  
headache, biliousness, bad colds and  
bad days. Feel fit and ready for  
work or play. Cascarets do not  
gripe, sicken or inconvenience you  
the next day like salts, pills or  
calomel. They're fine!

Mothers should give a whole Cas-  
caret any time to cross, sick, bilious  
or feverish children because it will  
act thoroughly and cannot injure.

process is simply one of evaporating  
the water contents until the sap be-  
comes of the consistency of syrup,  
or of a weight of 11 pounds to the  
gallon. The syrup should be strain-  
ed through flannel, which leaves the  
product perfectly clear.

In making sugar, the syrup  
should be re-boiled until it begins  
to crystallize, or "sugar-off." This  
point may be determined by pour-  
ing a little into ice-water or on the  
snow. If the syrup becomes waxy,  
it has been boiled sufficiently. It  
is best to reduce the syrup to sugar  
in small quantities. Before pouring  
it into moulds, stir slowly to reduce  
the temperature, and thus avoid  
granulation.

Where production is undertaken  
on a large scale, much more elab-  
orate equipment is necessary.

BIBLE STUDENTS RAIDED.

By Courier Leased Wire  
Vancouver, Feb. 15.—Headquar-  
ters of the International Bible Stud-  
ents Association fell under the dis-  
pleasure of the authorities yesterday  
as well as three private residences  
and a number of copies of the ban-  
ned publications "The Finnish Mys-  
tery" and "War—What for?" were  
seized. The forbidden volumes  
weighed about 700 pounds. No ar-  
rests were made.

TWO BOYS DROWNED.

By Courier Leased Wire  
Kamloops B.C., Feb. 15.—The  
two five-year old sons of Provincial  
Constable George Adams and W. E.  
Dodd, Canadian Pacific Railway en-  
gineer, were found drowned in the  
Thompson River yesterday after-  
noon. The children had been play-  
ing on the ice between drift logs  
and the river bank. Constable  
Adams made the discovery after the  
children had been missing most of  
the day from home.

Call 1386  
CAHILL'S  
FOR GOOD  
DRY CLEANING  
29 1/2 KING ST. BRANTFORD

MISS' REDINGOTE.

By Anabel Worthington.



The side plaited tunic is enough to win  
the heart of any young girl, but when it  
is combined with a close fitting waist  
having one of the new shawl collars the  
effect is irresistible. The tunic is open  
at the front to show the skirt underneath.  
The redingote may be worn with a narrow  
two-piece skirt of the same or contrasting  
color. The waist closes in surplice effect.  
The shawl collar is a very graceful  
shape. A draped girdele of silk is finished  
with a buckle at the side front closing.  
The sleeves are full length and they may  
be made with or without the deep cuffs.  
The miss' redingote pattern, No. 8588  
is cut in three sizes—16, 18 and 20 years.  
As on the figure the 18-year size requires  
4 yards 3/8 inch or 2 1/2 yards 5/8 inch mat-  
erial, with one-half yard 3/8 inch organdie  
for collar and one-half yard 3/8 inch silk.

To obtain this pattern send 15c.  
to The Courier, Brantford; any  
two for 25 cents.



Sir Cecil Spring-Rice on Last Visit to Toronto.  
This photo was taken on the visit of the former British Ambassador  
in Toronto, a few months ago. Sir Cecil is stepping from the carriage, with  
him are Mr. P. W. Ellis, on the readers left, and Sir John Hendrie.

SIDE TALKS

HOW MUCH TIME DOES IT TAKE?

is managing a house with two or  
three servants to do the actual work.  
But it does seem to me that if this  
enough of a job to take practically  
all a woman's time?

That question came upon the tap-  
is the other day.  
I said I did not think it should  
be, and was thoroughly snubbed by  
a woman who thought otherwise.  
But I was like all women con-  
vinced against their will.

I think the woman who has a  
large house, several children and  
only one servant and who keeps  
that house neat and attractive and  
attends to her children's mental and  
spiritual wants as well as their phys-  
ical, has good reason to claim that  
she has about all she can handle.  
I call such a woman a Genius.

As for the woman without any  
maid and with several children who  
keeps things anyway decent, real-  
ly tries to bring up her children,—  
she is what I call a genius. I know  
few men who have any job as exact-  
ing as hers.  
But it does not seem to me that  
the management of a household  
with two or more servants to do the  
bulk of the work, should absorb all  
a woman's time. I realize that  
the planning and managing and buy-  
ing is a responsibility. Also I know  
that there are innumerable things  
that a wife and mother has to attend  
to that cannot be included in a ser-  
vant's routine.

Of Course There are Many Things  
The House Motehr Must Do.  
For instance, putting away the fall  
clothes, cleaning out closets, taking

PEACH CROP UNHARMED.

By Courier Leased Wire  
St. Catharines, Feb. 15.—W. A.  
McCubbin, in charge of the field  
laboratory of plant pathology, who  
has made an extensive examination  
of peach buds taken from various  
sections of the Niagara district to  
determine possible damage by the  
recent record cold wave, this morn-  
ing, announced his finding:  
"While the buds are fewer than  
normal and not nearly as large or  
well developed, comparatively little  
damage has been done by the frost,"  
he stated. "Whatever the remainder  
of the season may bring the pros-  
pects so far are not all discourag-  
ing."

ORDERS COMMITTEE.

By Courier Leased Wire  
Toronto, Feb. 15.—When the  
standing orders committee of the  
Legislature met for organization  
this morning, Hon. Dr. Preston was  
elected chairman in succession to  
Major J. I. Harri. The committee  
recommended an extension of one  
week in the time for receiving peti-  
tions from the 15th to the 22nd,  
and a similar extension for intro-  
ducing private bills, from the 22nd  
to the 29th.

ADJUSTMENT REACHED.

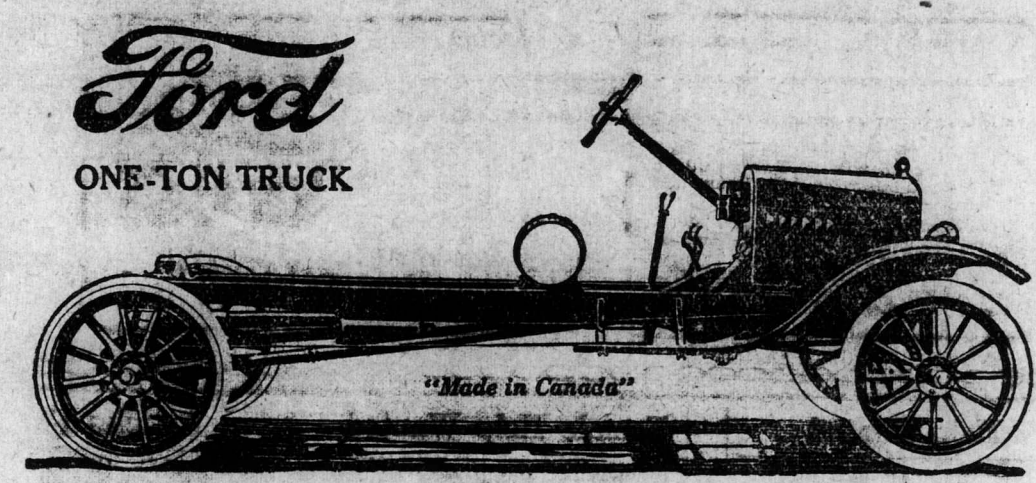
By Courier Leased Wire  
Ottawa, Feb. 15.—A satisfactory  
adjustment of the differences be-  
tween the Grand Trunk Pacific Rail-  
way Company and its maintenance  
of way employees has been effected  
by direct negotiation, according to  
word received by Hon. T. W. Cro-  
wers, minister of labor. The dispute  
between the company and employees  
concerned matters connected with  
wages and working conditions, and  
negotiations have been in progress  
for some weeks. No agreement has  
yet been signed, but it is under-  
stood that the points at issue will  
all be settled shortly.

AUTOMOBILES BURNED.

Ogdensburg, N.Y., Feb. 15.—  
Nearly 100 automobiles were burn-  
ed to-day in a fire which destroyed  
the garage of A. S. Whitney and  
Sons in Gouverneur. The loss was  
estimated at \$125,000. The fire  
was attributed to spontaneous com-  
bustion.

Get behind our Soldiers Sailors  
and our Allies. Send them the most  
food possible in the least shipping  
space. Do it by eating less wheat,  
beef, pork, fats and sugar.

For Ton Trucking Purposes



BUSINESS men everywhere who have hauling or  
delivering problems to consider—whether operating a  
wholesale business, a retail store, or a farm—will wel-  
come the arrival of the Ford One-Ton Truck.

Heretofore, the Ford user who wanted to carry loads  
up to a ton found it necessary to get one of several special  
attachments or extensions which were on the market.  
Now the standard Ford truck is available—a car that can  
withstand the drudgeries of commercial use, and yet  
lacks superfluous weight, and is easily handled.

The truck differs from Ford passenger cars in that it is  
specially designed throughout in proper pattern and  
strength for heavy-duty service. It has a final drive of  
the worm gear type, so that all gears are enclosed. Rear  
wheels are equipped with solid tires. Front tires are  
pneumatic. Standard Ford motor, transmission and  
ignition.

The largest truck and automobile company in the  
British Empire, with an organization of more than 700  
Canadian dealers stands back of every Ford truck  
purchased.

C. J. Mitchell, Dealer - - Brantford  
Roy D. Almas, Dealer - - Scotland  
Bosworth & Churchill, Dealers - Paris

PRICE  
\$750  
F. O. B.  
FORD, ONT.  
Supplied as  
chassis only

Lovely White Skin!  
Strain lemon juice well before  
mixing and massage face,  
neck, arms, hands.

By all means girls prepare a ten-  
on lotion to keep your skin flexible  
and young looking. You will soon  
realize that true loveliness does not  
mean the powder-look of waxen  
complexions of some hot-house flowers,  
it typified by the velvety softness of  
your skin, your peach-like complexion  
and rosy-white hands.  
At the cost of a small jar of or-  
dinary cold cream one can prepare  
a full quarter pint of this sweet-  
ly fragrant lotion and massage it  
daily into the face, neck, arms and  
hands. It should naturally help to  
whiten, soften, freshen and bring  
out the roses and hidden beauty of  
any skin. It is simply marvellous  
to smoothen rough, red hands.

Recollections of Sixty  
Years in Canada

This volume is cloth bound, gilt top,  
and boxed, a regular \$4.00 book. We  
have 50 copies at  
\$1.00 each

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