

sented to try the plan. And behold, when, ten days later, the king's servant came once more to look at all the boys, Daniel and his three friends were healthier and stronger than those who had drunk the wine.

God saw how Daniel and his friends had tried to do right, and now he helped them in their work. How quickly and easily they learned their lessons! You see their heads were not dull and sleepy with the rich food and wines.

And because they did so well, the king by and by chose them to be his trusted officers.



"Sammy Smith would drink and eat  
From morning unto night;  
He filled his mouth so full of meat,  
It was a shameful sight.

"Indeed, he ate and drank so fast,  
And used to stuff and cram,  
The name they called him by at last  
Was often Greedy Sam."

This time Sammy has an apple. It looks very small and green. I hope he won't be sick.

#### TWO VERSES TO LEARN

**"Every man that striveth for the mastery is temperate in all things."**

—I Corinthians 9:25.

**"But Daniel purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank."**

—Daniel 1:8.