

stated Rosa, with tears in her eyes. "Yes, but you sold your fruit first," argued Frank.

Rosa looked up at him with eyes filled with wonder.

"How did you find out so quickly? How, do you know that I have sold my fruit?"

Frank smiled and taking her arm pulled her farther beneath the large tree where they were standing.

"I know because I was at Goldberg's when they called you up. You see, I just had to have you win, somehow."

## The Upward Look

### Our Influence

THEM that were entering in, ye hindered.—Luke XI:52.

What a terrible arraignment that was, with which Christ accused the lawyers of his day. This also is the key-note of one of Fogazzaro's latest books, what Elena kept repeating over and over, that she must never do anything that would impede or hinder in any way, the best welfare of the one she loved most.

May it also be a powerful incentive in our lives. This thought of what Christ may do through us for others, represents a grand opportunity, and at the same time a most solemn obligation.

Just as Christ was so searching in His rebuke of those lawyers, so may He be of us, if we are not abiding in Him. Indeed we will be held accountable for far more, because, we of to-day understand more clearly the meaning of Christ's mission on earth, and of what He now offers to do for us. His grace for He has said "My grace is sufficient for thee, for my strength is made perfect in weakness."

There are many different ways in which our influence is exerted. These include our reputation, actions, words, expression and thoughts, the last being the motive factor of all. Every one that we fall through slightly, Christ, it makes it easier for some one else to be the same. Each cross word of ours may mean that some one else will exercise less self-control. A gloomy look may cast a shade over the joy of someone else.

Many a time when we sin, we may know who may have been influenced by our transgression, but again, there are just as many times when we have no knowledge of how many others have been affected. But the most solemn self-question of all is, what does Christ think of our failures when He offers to give us continual victory? Our example, also, may hinder others from confessing their allegiance to our Master, and from becoming His loyal and faithful followers? When we yield our lives to Him and permit Him to work out His miracles in us, then we will have no fear of results as He is perfect in all His works and offers to give us continual victory if we will but let Him do it all.—J. H. N.

### Solina Institute Aids Fire Sufferers

TWO-THIRDS of a carload of goods for the fire sufferers of New Ontario shipped from one small country station; that was the achievement of the Women's Institute workers in and around Solina, in Durham Co., Ont., this fall. To the Institute of Solina belongs the credit of organizing the work, though contributions were received from many of the surrounding districts, including Oshawa.

The car, which was supplied free of charge by the Canadian Northern Railway, was destined for Matheson. It contained amongst other things, 12 beds, with mattresses and springs, 30 quilts, a churn, a washing machine, a cradle, four stoves, several boxes of pillows and other bedding,

several men's overcoats, three women's astrachan coats, 60 quarts of fruit and many other articles in which the need of the fire sufferers was anticipated by the thoughtfulness of the women who had the matter in charge. The car was shipped on Nov. 2nd, and would reach its destination just about the time the severe weather set in. It is easy to imagine how much the articles provided through the efforts of these instinctive workers would be appreciated by those who had lost their all in the terrible conflagration that swept through part of New Ontario last summer.

### Let Your Lights Shine With the Household Editor.

EVERYWHERE one goes nowadays and the question of the high cost of living comes up, some one taking part in the conversation is almost sure to remark, "Yes, it's the farmers who are costing the money to-day." We are not saying that this statement is or is not true, but times are considerably better for the farmer now than is sometimes the case. Are we bettering our conditions in any way on the farm as a result of these better times? There are few farm homes not in need of improvement of some nature.

How about our lighting system? The long evenings are now with us, and very early in the evening it is necessary to have the home lighted. After chores have been finished up for the day, the menfolk come in. Father sets his newspaper and probably seats himself at the right angle so that the light from the lamp on the table falls clearly on his paper. But what about the boy who is interested in reading a good book, the children with their home work to do and mother with her sewing or mending? All have their eyes straining to see from the rays of one lamp. If neighboring young folks come over to enjoy a musical evening, they crowd around the piano and vainly endeavor to see off the book on the piano, while one of the party holds the lamp in different positions until his arms ache.

The comfort of the farm family demands good lighting in the home. Who knows how much of family unity is won by the clear, steady light in the living room, where the family gathers on winter evenings? On the other hand, who knows how much of this unity and family contentment may be lost because the home is poorly lighted? An article on the subject of better lighting which appeared in one of our United States contemporaries throws out some practical suggestions, and we quote a few of them as follows:

"Perhaps if more farmers studied the question of why their boys, and girls too, for that matter, prefer city life to good pure country life, they would find that all youth love light and the city gives it to them. Light spells safety and cheer, and while the candle does throw its beam as does the good deed of olden days, it takes the best light there is to hold the youth under its beams. Good light there are a plenty now-a-days, no matter how far one may be from electric poles or gas mains, and the care of them is small in proportion to the benefit and pleasure derived from their use. Let your lights shine and may each farm home soon see at least one sitting room, with light enough shining through its windows to tempt the wayfarer in, and to give the needed help in making an evening at home a pleasure to our farm girls and boys."

It has been computed that a pair of eyeglasses would, if unchecked, produce enough blindness in eight years to destroy all the foliage in the United States.

### The Ideal Girl

SHE is still among us though we rarely see her picture in the paper. She does not care for that kind of thing, and possibly, she does not earn a place in the columns of the daily press. For her ambition is not to be known as a star swimmer, or a champion athlete, or a jumper or baseball player. She shines in the home. Her gentle word soothes father; her ready service saves mother many a step; and her wise, kind advice to the younger children prevents many a squabble. The big brother thinks she is second only to mother, and often her quiet "I wouldn't do it if I were you" induces him to give up a project or prank that might make trouble; or perhaps she sets him thinking so earnestly that he sees the right way open before him and follows it readily.

Being gentle doesn't mean being weak or uncertain. It is surprising how firm the quiet, gentle girl can be when a question of right and wrong is raised. Her tranquil eyes see clearly, and her words make plain that there can be but one course—she is one that conscience whispers "follow."

We need the gentle girl to-day more than ever. May she be found in more homes, to give them joy and content, and to bring a blessing on all lives that touch hers. The boisterous girl, the athletic girl, the social success, have their day, but if they have no other recommendations of favor, it is only a day. The clamorous, boastful girl soon loses a vogue; a better swimmer or jumper, may retire the athletic girl even in one brief contest; and the social success may after all be only the most plausible kind of failure. But the gentle, home-girl endures. She is the type of true womanhood whose exemplar is Mary, the Maid in Nazareth.—Selected.



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