

ters constitute the great key to health in all Liver or Biliary Complaints.

Boils, Blotched Face, Pimples and Eruptive Diseases of the Skin

Are caused by impure blood, errors in diet, want of cleanliness, neglect of keeping the pores of the skin open, etc. The general health should be attended to, proper bathing, careful diet, avoiding greasy food, and keeping the bowels, skin, and kidneys in their proper functions, are the great auxiliaries to health. Burdock Blood Bitters is the best blood purifier known, eliminating all foul poisonous humors from the system. This great KEY TO HEALTH unlocks all the clogged secretions of liver, bowels, kidneys and skin.

Erysipelas

Is a blood disease commonly affecting the face, neck, etc., known by burning inflammatory redness of the skin, with puffy swelling, shivering, languor, headache, nausea, etc., caused by debility, too free use of stimulants, bad air, exposure to cold, improper food, etc. Treatment: Burdock Blood Bitters to cleanse the blood. For a local application, a thin paste of starch, applied cold, or a poultice of cranberries, excludes the air and is very cooling and grateful to the sufferer. In deep seated or Phlegmonous Erysipelas, painting with Tincture Iodine is curative and prevents spreading of eruption. The bowels must be kept free and the diet light and cooling. Malignant Erysipelas is a very dangerous disease, and medical skill should be consulted.

Salt Rheum, Ringworm, Tetter, Eczema, Scald Head, etc.,

Are troublesome diseases of the skin and blood, and are curable even in their most obstinate form by our Burdock Blood Bitters and the local application of Burdock Ointment.

Constipation

Is an effect rather than a disease—the result of irregularity in the system, error of habit, or diet. Still, a torpid condition of the bowels should never be suffered. When the bowels become clogged with fecal matter the general health is sure to be seriously impaired, giving rise to impure blood, headache, piles, fistula, and many serious disturbances. An inactive state of the liver is sure to lead to costiveness. The bowels, in connection with the skin and the kidneys, constitute the grand outlets for impurities of the system and the channels by which diseases are expelled. All strong drastic and repeated purgatives should be avoided, as they tend to debilitate the already weakened condition of the bowels. Injections of tepid water, with a little castile soap, or molasses, or oil, may prove beneficial, but Burdock Blood Bitters is the true remedy, acting upon the bowels and giving them tone without a reacting constipation. Careful attention to diet should be observed—Graham

bread, ripe fruits, rice, oatmeal, etc., are most serviceable. Food that sours on the stomach or requires a long time to digest should never be tolerated. Burdock Blood Bitters is the key to unlock the clogged secretions and bring health to the sufferer. Over-indulgence in eating while the bowels are inactive is a prolific source of serious diseases.

Coughs, Colds, Catarrh, Croup, Consumption.

A cough, however slight, should never be neglected. "Only a trifling cold," has been the lullaby song of many a victim to their last long sleep. Bad air, close apartments, damp clothing, neglect of wearing flannel and thick-soled shoes, sitting in crowded, hot rooms, sudden exposure to cold draughts of air, allowing the body to cool too quickly after exercise, has marked many a victim for its own on the long death roll of Consumption. A cough should be loosened as speedily as possible, and all irritation allayed before it settles upon the lungs; for if the system be weak the blood tainted with Scrofula, Catarrh or Consumption is sure to follow. At the very outset of a cold equalize the circulation by warm drinks, or a teaspoonful of Hagyard's Pain Remedy should be taken, which, by the aid of perspiration, hot foot baths and warm clothing, will speedily break the cold. Habituating the body to the use of the bath is a good preventive of colds. A cough, however troublesome, soon yields to Hagyard's Pectoral Balsam, which loosens the phlegm and allays irritation.

Catarrh

In its chronic form is essentially a blood disease, and should be treated locally and constitutionally. Catarrh is a chronic cold in the head, known by pain over the forehead or eyebrows, discharge of matter more or less of the nature of corruption, which causes constant blowing of the nose, hawking of phlegm, etc. Allowed to remain, it often destroys the nasal bones, and all sense of smell is dormant; or the matter falling upon the bronchial pipes causes Bronchitis, and often leads to pulmonary Consumption. Cleanse the system with Burdock Blood Bitters, and tone up the general health by the best hygienic means. Two recipes valuable for local treatment of Catarrh will be found in this book.

Consumption.

This disease, the blighting plague of our nation, is, although often induced by colds neglected, in reality a scrofula of the lungs, and therefore strictly speaking a blood disease. Its curability depends upon a prompt treatment with general tonics, blood purifiers, and nutritious remedies. Burdock Blood Bitters will accomplish the first two indications, and our Victoria Compound Syrup of Hypophosphites will be found the true specific for nourishing and revitalizing the system.