# Constipation

Constipation is caused by the eating of indigestible food, irregular habits, the use of stimulants, spices and astringent food, and strong drastic purgatives, which destroy the tone of the stomach and the contractile of the lower bowel; therefore, when the liver is inactive, and failing to secrete bile in sufficient quantity, constipation is sure to follow, and after constipation come piles, one of the most annoying troubles one can have.

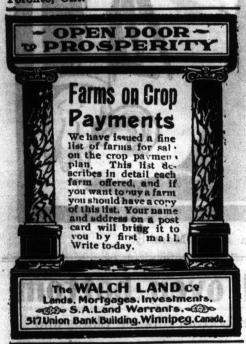
### MILBURN'S LAXA-LIVER PILLS

cure all troubles arising from the liver. Miss Mary Burgoyne, Kingsclear, N.B., writes:—"I have used Milburn's Laxa-Liver Pills for constipation and have found them to be an excellent remedy for

found them to be an excellent remedy for the complaint."

Miss Annie Mingo, Onslow, N.B., writes:—"A friend advised me to use Milburn's Laxa-Liver Pills for constipation. I used three and a half vials and am completely cured."

Price 25 cents per vial, or 5 for \$1.00, at all dealers or mailed direct on receipt of price by The Milburn Co., Limited, Toronto, Ont.



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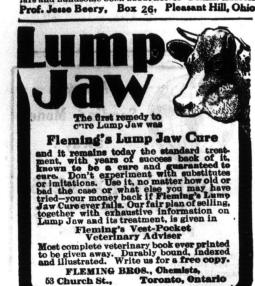
Prof. Beery, King of Horse Tamers and Trainers, has retired from the Arena and will teach his wonderful system to a limited number, by mail. **\$1200 to \$3000 a Year** 



broken to harness. A good trainer can always keep his stable full of horses.

If you love travel, here is a chance to see the world, giving exhibitions and making large profits. You will be surprised to learn how little it co.s. to get into the Horse-Training profession.

Write and Prof. Beery will send you full particulars and handsome book about horses—FREE. Address



### About the Farm.

Chaff.

"Now, who is that," asked a dignified

"That chicken in white and gray? She's very well dressed, but whence did

And her ancestors, who are they?" 'She never can move in our set, my Said the old hens' friend to her lat-

"I've just found out, you'll be shocked

to hear, She was hatched in an incubator!"

#### Eggs in Commerce.

A poultry farm, whether ducks, geese, chickens or turkys be the speciality, accumulates a large and malodorous surplus of eggs that refuse to develop into fowl. The average person would suppose that if there is anything on earth that is utterly worthless it is a stale egg. Millions of stale eggs are used every year in preparing leather dressing for gloves and bookbinding—an in-dustry that is largely carried on in the foreign tenement houses of New York and other large cities. They are also used in manufacturing disinfectants and in the preparation of shoe-blacking, and even the shells are made into fertilizers. The eggs that have not yet lost their virtue also have other uses besides the more common ones for culinary purposes. It is estimated that fully 55,000,000 dozen are used by wine clarifiers, dye manufacturers, and in the preparation of photographers' dry plates.

#### Poultry Diseases.

Apoplexy.—This trouble is caused by a rupture of a blood vessel in the brain. It is generally due to too high feeding, but may be caused by a sudden fright, violent exertion or straining when lay-ing eggs. About the only remedy is to open a blood vein under the wing to relieve the pressure on the brain. The trouble may be prevented by correct feeding and making the bird take plenty of exercise.

Catarrh.—This disease is very common at this time of the year, especially when the weather has been very changeable. It is caused by a prolonged period of wet weather, exposure to sudden changes, or to extreme cold for a great length of time, even if the bird is accustomed to roosting in the open. It may be told by a watery discharge from the nose, which later becomes thick and sticky. Treatment consists in placing the birds in warm quarters. Drop three drops of kerosene in the nostrils once each day for three days. Allow the bird to rest two days and then repeat. Boil a few onions in milk and mix this with enough cornmeal and bran to take up the moissure and feed the bird all it will eat of the mixture ence each day. In extreme cases make the bird inhale once each day, the fumes of camphor gum placed on a hot stove or iron.

A lazy man will have lazy fowls. There is less profit in half-starved hens than in those too fat.

Don't tolerate loafers. A hen that won't work will get into mischief. It is said that a newspaper burned in

the coop before putting in the chicks will drive out dampness. Do not allow your temper to rise at every short-coming or every time mat-

ters seem contrary.

The greatest art in poultry culture is to increase the egg record without crippling the vitality of the stock.

The broom that is cast aside by the housewife, will be just the thing to use in the henhouse. By all means use a

The Single Comb White Leghorns are grand layers, producing a large, white egg, and while they are great foragers they thrive remarkably well in confined quarters. In New York City White Leghorns command a premium over the regular market rate. There are probably more White Leghorns bred for practical purposes than all the other varieties of that class combined.

Wise Sayings.

Lack of business brings on liver complaint in hens, just as it does in men. Poultry brings returns as quickly as any investment that can be made.

It is not enough to clean out under the roosts and think you have done a good job. Take out everything movable and don't bring anything back till you have made it as clean as you possibly can.

Laying hens should not be too fat. Think of this when making up your ra-

Stoppy mashes are not half so good as those which are a bit crumbly. Don't get them too wet.

Bright red is the fashionable color with the combs of healthy hens. When they begin to look dark and purplish, look out.

#### Starting Cuttings.

Cuttings from petunias should be six inches long, with any buds and all lower leaves removed; insert in clean, sharp sand about four inches, place over the cuttings a glass, tumbler, or glass dish and keep in shade; admit air daily, but the cutting must not be allowed to wither, as few cuttings strike root if allowed to wither. Keep the cuttings in the shade when rooting.

Make cutting of mature branches of Peristrophe and insert in sand during tne hot months, keep close in the shade for a while at first; they start tardily. Cuttings of Begonia semperflorens should be taken from a plant in full bloom, with the wood fully ripened, and inserted in moist sand in a shady place.

Soft, tender branches are apt to damp off, or rot.

Scented geraniums and ivy geraniums are most successfully rooted by inserting the cuttings in the soil under the old plant, keeping it moist at all times; or, it does well if the cuttings are put into the soil in some shady place and

kept moist, or under a bell-glass or tumbler. For nearly all soft-wooded plants, a shallow dish of clean, sharp sand, with water enough to keep the sand well moist, but not sloppy, a warm, light place, and protection from the wind, is all that is required for successful rooting of slips or cuttings. Some will

cuttings will root in time. Many hardwooded plants will root under these

be slower to root than others, but if

the moisture is not allowed to stagnate,

or the sand dry out, nearly all slips or

The following is an old-fashioned remedy for caked udder: Rub soft soap on the affected part until a lather is formed. Repeat several times or until the hardness disappears.

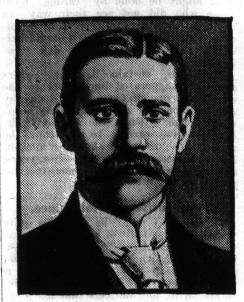
Where ticks are found on cattle, a sure way to get rid of them is to go over the cattle with a sponge well moistened with crude petroleum; repeat when necessary until all ticks are destroyed.

When the norse picks up a nail, be sure to cut out a funnel-shaped cavity as deep as the wound and make it blee! all it possibly will. Then use a wash of water that is strongly scented with carbolic acid, several times, and keep the foot packed with oakum.

When sores on cows' teats turn to pustules and crusts, the presence of cowpox or bovine variola is indicated. It is especially prevalent on newly-calved heifers. Give a mild Epsom salts laxative, and it will be well thoroughly to fumigate the stables with sulphur fumes and to disinfect with formaldehyde. Sometimes it may be necessary to use tubes in milking affected cows.

Bloody or reddish milk may be caused by blows on the udder, or by inflammation from other causes, and is not uncommon in summer when a sudden accession of rich food may induce local congestion, with increased flow of milk. Law says, "If the discolored milk is caused by congestion, a saline laxative followed with nitre, a restricted diet, and frequent bathing of the udder with very cold water is useful."

## **Recommended As An Ideal Remedy**



W. S. BOND, Esc.

Lloydtown, Ont., March 19th, 1909. "For some years I have been greatly troubled with headaches and indigestion, brought on by stomach disorders, constipation and biliousness. I had tried many remedies with only indifferent success, until "Fruit-a-tives" came to my notice. Being a general storekeeper, I was selling a good many "Fruit-a-tives" to my customers and, remarking how pleased they were with the results obtained from using "Fruita-tives," I decided to try them and, I might say, the effects were almost magical. Headaches and biliousness disappeared and to-day I recommend "Fruit-a-tives" to my customers as 'An ideal remedy.'

"I might also add that about three years ago I was laid up with LUM-BAGO AND SCIATICA—couldn't get out of bed or lift one foot over the other. A good treatment of "Fruit-atives" cured me of these pains and banished the Sciatica and Lumbago so that to-day I am as well as ever and can "ift anything necessary."

(Signed) W. S. BOND.

### Foley's Superba **Chocolates**



#### "The Chocolates with the Whipped Cream Centres."

Both our "Superbas" and "Canadian Girl" Chocolates are famous for their rich, delicious "Whipped Cream Centres."

Description won't describe them. You must taste them for yourself.

All Foley's Chocolates please the palate and are good for you. Ask for Foley's wherever Best Candy is Kept.

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