This and That 12

NICELY CAUGHT

A prominent Scottish M. P. when adressing a large audience recently, touched on the subject of labor, and advocated that a more kindly bond of feeling should exist between employer and employee. Just then a mana political opponent, to all appearance-rose up in the middle of the hall, and in a loud, scoffing voice cried

'How do you treat your own workmen ?--long hours and short pay. I should know, for I was one of them

For a moment the M P., was nonplused by the suddenness of his charge, while the au-dience eagerly awaited developments. Then looking hard at his interrupter, he inquired, amid a breathless silence

Were you employed in my Glasgow works

Yes, I was,' retorted the other, defiantly, 'Then allow me to inform you and the andience,' came the quiet reply, 'that I had never had works either in or within fifty miles of Glasgow.

The cheers which greeted this explanation showed that the M. P. had scored in no uncertain fashion.

IN GOOD OULD IRISH.

At a concert held at a certain town a soldier of the Black Water occupied a seat in front of a private of an irish regiment, and his sweetheart. The latter was very much inter-ested in the Highlander's uniform, and scanne ed the regimental hedge on his cap and collar particularly. This badge is the figure and cro of St. Andrew, with the motio. 'Nemo impine lacessit.' (No one annoys me. w.th impresity.)

"Phwat does that writin' mane, Patsy?" asked the girl. "Phwy," replied Pat, 'it's Latin, but I've forgotten the English av it. But in good ould Oirish it manes, "Thread on the tail av me coat if ye dare !" '--Tit Bits."

SALOON FIENDS.

And now it is discovered that drunkenness is reponsible for most of the crimes of lynch-Whiskey fir s ignite the fires at the stake ing. Leslie's Weekly expressed the belief that "investigation would establish the fact that no lynching affair was ever led by sober men, or in a community where no saloons were allowed to exist." In every case where the lynch-ing has occurred, the authorities have at once found it necessary to order the saloous closed

ABOUT FEAR.

Often Comes From Lack of Right Food.

* Napoleon said that the best fed soldiers were his best soldiers, for fear and nervousness come quickly when the stomach is not nourished. Nervous fear is a sure sign that the body is not supplied with the right food.

A Connecticut lady says : "For many years I had been a sufferer from indigestion and heart trouble and in almost constant fear of sudden death, the most acute suffering possible. Dieting brought on weakness, emaciation and nervous exhaustion and I was a complete wreck physically and almost a wreck mentally

'I tried many foods but could not avoid the terrible nausea followed by vomiting that came after eating until 1 tried Grape Nuts. This food agreed with my palate and stomach from the start. This was about Nuts. a year ago. Steadily and surely a change from sickness to health came until now I have no symptoms of dyspepsia and can walk to miles a day without being greatly fatigued. I have not taken a drop of medi-cine since I began the use of Grape-Nuts and people say I look many years younger than I really am.

"My poor old sick body has been made over and I feel as though my head has been too. Life is worth living new and I expect to enjoy it for many years to come if I can keep away from bad foods and have Grape-Nuts.' Name given by Postum Co., Battle Creek, Mich.

There's a reason

Look in each packake for a copy of the famous little book, "The Road to Wellvil le."

until peace and order were restored. Where saloons abound there can be no permanent peace and order, and when men of evil pas-sions are full of whiskey they are ready for any offence against order. No doubt most of the Southern negroes who commit heinous crimes are drunken negroes, just'as the white men of the North who commit such crimes are generally drunken. Drunkenness makes brutes and fiends out of bad-tempered men, no matter what their color. Keep whiskey out of bad men, and you will keep nost bad men out of hideous crimes. Sober men in lust and greed and frenzy may sometimes break the laws, shed blood and do nameless wrong, but these are the exceptions. Write it down that as a rule the colored fiend is a drunkard, and the hends that lynch the fiend are drunkards also.—Michigan Christian Ad-vocate. crimes are drunken negroes, just'as the white

MAKING SUNSHINE.

When you rise in the morning, form a resolution to make the day a happy one to a fellow creature. It is easily done, a left off garment to the woman who needs it, a kind word to the sorrowful, an encouraging expression to the striving, trifles in _themselves light as air, will do it, at least for twenty four hours; and if you are young, depend upon it, it will tell when you are old; and if you are old; it will send you gently and happily down the stream of human time to eternity. By the most simple arithmetical sum, look at the result: You send one person, only one, happily through the day —that is three hundred and sixty five dur-ing the course of the year; and suppose you live only for forty years after you commence that kind of medicine, you have made four-teen thousand six hundred human beings happy, at all events for a time. Now, is not this simple? It is too short for a ser-mon, too homely for ethics, too easily ac-complished for you to say: "I would if I could."—Sydney Smith. upon it, it will tell when you are old; and

SILENCE REIGNED.

They had been talking as they walked. She had remarked parenthetically: "Oh, it must be terrible to a man to be rejected by a Indeed, it must,' was the response

Then, after a while, with sympathetic disingenuousness, she exclaimed : I don't think that I could ever have the heart to do it. And there came a silence between them as

he thought it over.

A farmer seeing an artist painting his fields, asked him what he would charge to paint his farm with himself standing at the door. "Five guineas," said the artist. "Done!" said the farmer. "Come to morrow. In due course the painting was finished. But, alas, the careless artist had forgotten to But, alas, the careless artist had forgotten to paint in the worthy farmer! "Yes, I like it, said the farmer; but where's me?" The error he had made flashed across the artist, but he tried to pass it off with a joke. "Oh," he said. "You've gone inside to get my five guineas!" "Oh, have I?" said the old chap nettled. "Praps I'll be coming out soon, and, if I do, I'll pay you—in the meantime we'll hang it up and wait !"

The children were playing funeral, and four-year-old Johnnie was chosen as the one to be buried. He was placed in a hammock and taken to the supposed grave on the cnildren's shoulders. Grouped about the spot. the children began to sing. Johnny joined in lustily.

'Stop !' said Mary ; 'you must not sing. You are dead.'

'Oh no l' was Johnnie's answer, 'I'm an angel up in heaven.'-'Lippincott's Magazine

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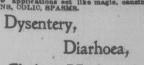
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