

# OUR HOME PAGE

## Your Home and You

By HELEN KENDALL.

### THE ORCHID NEGLIGEE.

Sometimes I wonder if we home women do not get too prosaic, practical, and matter-of-fact in our attitude toward ourselves and our homes—an attitude that makes us live in little warm, navy serge house dresses, devoid of beauty, and that makes us wear spotty, lavender blanket bathrobes and gray comfy bedroom slippers. The worst of this tendency is that that family is apt to adopt this same attitude towards us. Our husbands and children grow up to regard us as homely, comfortable, practical old things, and for Christmas they give us homely, practical, comfortable gifts.

I know a woman whose whole life was made over by a chiffon negligee and a pair of foolish boudoir slippers. The negligee was sent to her from Paris by an extravagant nephew who hadn't seen her for years. It was of orchid chiffon over palest rose chiffon cloth, and it had the texture and weight and solidity of a summer cloud. There was a silver tassel hanging down its back, and it was accompanied by a pair of silly silver slippers, with no backs to them—just French heels.

She handled them with awe and a sort of rapture. "But when would I wear such things as these?" she expostulated. "Why not begin now?" suggested her husband. So she put the pretty things on, and the entire family clustered round, admiring her. It was a new sensation. It was a new sensation, too, when her young daughter said, a few days later:

"Mother, Muriel's coming to dinner. When you go up to change your dress, won't you put on the orchid negligee and can I bring her in a minute?"

After that she wore the orchid negligee often—when her splendid son wanted to talk things over with her, when her husband came in while she was getting ready for the theatre, and often (by request) when she went in to tuck her seven-year-old in for the night. They all began to notice how she looked, and to bring her pretty things to wear—a bunch of violets from Dad, a pale orchid handkerchief from her son, even a transparent flesh-colored bit of lingerie from the young daughter. "Mother just loves exquisite dainty things!" she heard the last named saying to a girl friend.

Well—let's all get orchid chiffon negligees, even if we go without pyrex baking dishes and use the old linoleum in the back hall. A mother should mean inspiration, not mere efficiency.

### LABORITES TO OPPOSE IMMIGRATION SCHEME

A report that delegates to a trade union conference had decided to start a campaign against immigration was called to the attention of the Government in the House of Commons by S. W. Jacobs, Liberal member for George Etienne Cartier, Montreal. Mr. Jacobs said that the campaign was directed against the immigration of farmer settlers as well as against city dwellers. Hon. Chas. Stewart, Minister of Immigration, replied that he had no information on the subject except that published in the press.



This woman, Miss Parnell, of Chelsea, London, England, is said to earn \$10,000 a year by modeling.

## The Homekeepers' Column of Everyday Recipes

By JEANNETTE YOUNG NORTON

### FOUR NEW RECIPES FOR TEMPTING CHEESE DISHES.

Cheese dishes are generally liked, and they can be made to fill out many a slim dinner acceptably. About the best cheese for general cooking purposes is the round Edam cheese from Holland, which looks like a big red apple. It is rich enough to melt smoothly, yet sharp enough to hold its flavor, and it is good down to the last grating. So-called "store cheese" varies in different localities and therefore it is difficult to give a recipe that will turn out the same in all hands with this product.

**CHEESE FONDUE.**  
Melt a tablespoonful of butter and stir in two tablespoonfuls of flour and a half cupful of milk. Stir these ingredients gently until they boil smoothly, then cool them slightly. Stir in two beaten egg yolks, a half cupful of grated cheese, salt and a little red pepper, and blend in the stiffly beaten whites of two eggs. Pour this mixture into a buttered soufflé tin and bake it twenty minutes in a brick oven. Serve the fondue at once in the tin. Fold a napkin around the tin and place it on a serving dish.

**CHEESE AND POTATO SCALLOP.**  
Pare and slice four good sized potatoes thin and let them stand in cold water for three hours. Mince a small onion very fine with a few sprays of parsley. Grate cheese enough to make a half cupful. Butter a baking dish and drain the potatoes dry, then place a layer of potatoes in the bottom, dust them with a little cheese, pepper, salt and a half teaspoonful of sugar, and sprinkle them with some of the onion mixture. Continue until all the ingredients are used, then add a dusting of flour, dot with butter and pour over all three-quarters of a cupful of rich milk. Bake about a half-hour in a steady oven. This is excellent with chops or any of the broiled meats.

**CURRIED TOMATO RABBIT.**  
Put the contents of a small can of tomatoes into a saucepan with a sliced

onion, a little cut up celery, parsley, a quarter bud of garlic, a half teaspoonful of curry powder, salt, pepper, tablespoonful of sugar and a quarter of a bay leaf. Let these ingredients simmer slowly for a half-hour, then cool, strain, and set aside. There should be about a cupful.

Grate a cupful and a half of good cheese. Melt a scant half-cupful of butter in a small double boiler or a chafing dish, add two tablespoonfuls of flour, then three quarters of a cupful of light cream, and stir them together as the mixture thickens. Have ready the tomato mixture, to which add a half teaspoonful of soda. When it is hot, turn it into the cream mixture, and add two lightly beaten eggs and the cheese, stirring steadily until all is smooth and thick.

Have ready toast rounds on as many dishes as are needed, turn the rabbit on them, and serve at once. This is a tricky dish to make, but it is excellent for luncheon if curry is liked. A little more seasoning in the way of pepper and salt may be added if needed.

**MEXICAN CHEESE STEW.**  
Peel and slice three large tomatoes and put them to stew with a minced onion and a minced bell pepper. When they are cooked thick, set them aside. Slice very thinly a pound of dairy cheese and put it into the chafing dish with a tablespoonful of butter, two tablespoonfuls of cream, a heaping teaspoonful of made mustard, a little salt, a few drops of tobacco sauce, and a teaspoonful of sugar. When the mixture is melted smooth, pour it into the tomatoes, and stir until all the ingredients are mixed, then pour on to sliced buttered cornbread and garnish it with broiled bacon.

The chafing dish should be wiped well with a cut bud of garlic before putting in the cheese mixture. In Mexico the stew is eaten with tortillas, but corn bread or corn pancakes are the nearest substitute available in Canada.

## Good Night Stories

### MR. BARN OWL HELPS THE LITTLE OWL BOYS.

One evening as Mr. Barn Owl was about to start on his evening walk—or rather flight—he spied a great crowd of winged creatures under a street lamp.

"That looks like a fight as sure as I'm alive," mused old Mr. Barn Owl. "But whom are they picking on?"

He tip toed to the end of the branch on which he had been sitting enjoying the evening, and glanced down just in time to see a poor little boy owl struggling with a night hawk.

"Who, who, who," he cried at the top of his voice. "Who, who, who do you think you are at?" But Mr. Night Hawk paid no attention and made another dash at Little Boy Owl.

This was too much for Mr. Barn Owl, and he made a sudden swoop, bumped against Mr. Night Hawk, and upset him, and the little boy owl went home.

Old Mr. Barn Owl followed him, and knocked at Mother Owl's doorway just after Little Boy Owl fell in on the floor crying.

"Who's there?" cried Mother Owl. After Mr. Barn Owl had convinced her he was a friend she opened the



She Flung the Door Open.

door a wee bit and peeked out. Seeing who their caller was, she flung the door open wide and invited Mr. Barn Owl into her parlor.

"You see, at first I thought it was Night Hawk coming after my baby. He is such a mean thing to jump on a

little, unprotected owl boy." Mother Owl explained, as she bathed Little Boy Owl with a cool cloth. "Whenever he ventures out that old night hawk flies at him."

"That's just why I followed Little Boy Owl home," said old Mr. Barn Owl. "I'm going to teach him, not how to fight—for that would be very wrong—but how to defend himself when attacked. Will you let me do that?"

Of course, Mama Owl consented, and the next evening Little Boy Owl and several young owls in the neighbourhood gathered at old Mr. Barn Owl's house.

"In the first place keep your eyes open and don't let him slip up on you," said old Mr. Barn Owl. "You have it all over Mr. Night Hawk when it comes to seeing. Your eyes have round rings around them so the feathers stay away from them. Has a hawk eyes like that? No, of course not. Therefore that ring around your eyes acts as a slit, and you can see in all directions at once. If you're wide awake, he'll never get you."

"But in case a night hawk does slip up on you, sometime, do this," Over Mr. Barn Owl flopped, right on his back, with his sharp claws extended to their utmost. These he thrashed through the air wildly, much to the amusement of the little owl boys.

"Of course, laugh," he said, getting onto his feet again. "I know it looks funny, but it's the only way for an owl to defend himself. Don't fight unless you're forced to. Then do what you've seen me do and most likely you'll scare Mr. Night Hawk away."

The little boys thought it great sport and lay on their backs kicking the air with their sharp claws. The next evening when Mr. Barn Owl went calling he saw Little Boy Owl on his back, fighting Mr. Night Hawk, who, taken unawares, soon flew away. Little Boy Owl was too much for him, and you may believe it or not, Mr. Barn Owl was very proud of his pupil.

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## HERE ARE SOME DRESS 'POINTERS' TO HELP TO ENHANCE YOUR BEAUTY

By LUCREZIA BORI, the Famous Spanish Prima Donna.  
A world famous connoisseur on the subject of clothes recently said that to his mind the American woman is rapidly becoming, if she has not already become the best dressed woman in the world.

Do you know why? It is because the American woman is learning the secret of looking her best at all times. She is learning it because she is taking the time and energy to make a study of her personality, and to choose clothes which accent this personality. She is learning it because she spares no effort to make her health and beauty 100 per cent effective.

She has acquired the knowledge that it takes a clear insight into her inner self, and she has done everything possible to profit by that insight. The new freedom for woman is very evident in her choice of clothes. No longer does every woman choose a certain type of dress or hat because her neighbour is wearing it, and because that's the best kind that's being shown.

Many kinds are shown and many kinds are chosen. Woman is exercising her freedom of thought activity along this line, proving that she possesses no sheep-like qualities where the choosing of things to wear is concerned. She wears what she knows will enhance her charm.

I know a woman who is most painstaking in her choice of a hat for a certain day. If she feels that her complexion isn't at its best she favors a small becoming hat she has, which she always wears with a veil. If she feels particularly well, she has a perky little off-the-face hat that

seems to express her buoyant mood. She doesn't wear big hats, because she isn't very tall.

This brings up another point. No matter how well you may like a big, floppy hat, if you aren't tall enough and slim enough, don't wear it. Many small people look well in large hats, if they had their right one—but if you haven't found your right one, don't fall for a big hat just because Mabel is stunning in hers!

An intelligent study of the tints of your complexion and of your hair will tell you what colors suit you best. Shades are also most important.

If you have blue eyes you should wear a shade of blue lighter than your eyes, so they will be the high spots of color. The rule holds true for the brown eyes too—and, in fact, for eyes of any color.

The shade which is good with your eyes is usually the one which helps bring out the lovely glints of light in your hair. For your hair and eyes are usually related somewhat in their color.

You probably have some one color which you wear a great deal, and which you consider your favorite color because you look well in it.

I do not advise sticking to one color to the exclusion of others. It is always well, I think, to allow yourself variety in color. There must be two or three which you can wear, and there are bound to be several to suit your different moods. One day brown may be your color, and the next day blue. Let your color choice be guided by your moods and your personality.