Baily Planet

W FirdT

NENTS VIEW.

Ferguson and Pardo have the sup-port and good will of the school book monopolists. Why?

Whitney will win, and the size of Dr. Hall's majority may affect his claims for a pertfolio. So everybody vote for him. The west is entitled to a portfolio. It never got one from Mowat or Hardy.

Householders who have been deprived of a municipal vote for the paint two or three years, and who have been put to the troub' new of registering to get a manify of suffrage rote, can thank Hardy & Jo. is municipal act for it.

Sit down and waste our time trying to solve the problem of what excuse

There ought to be some law in this country to prevent aliens from coming over here and meddling in our elections for their own ends. The people of Ontario are quite capable of managing their own elections without any sesistance from the agents of Michigan number firms.

She Feared for Sim.

Once Prof. Sylvester bought a new pair of thousers and wore them to the university. His wife, who was well aware of his absent-minded habits, knew nothing of the purchase. An hour or so after Prof. Sylvester's arrival at the university is streament of the professors, she inquired hashiy and antionsly. "Have you seen Prof. Sylvester's arrival at the university his wife was seen rushing breathfossly down the stream with a pactage under her arm. Meeting one of the professors, she inquired hashiy and antionsly: "Have you seen Prof. Sylvester's "Yes," asswored, the astonished professor, "Yell, is he hall right—to everythingful right? asked his antions specific." "Yell, is he hall right—to everythingful right? asked his antions specific." "Well, is an him but a few moments ago." "But, I mean," said the almost frensied weman, "did you nostice anything peculiar about him? Did he look as he ought to look? Oh, did he—did he—"Just then Professor Sylvester strolled around the corner with the new tronsers on, to the intense relief of both his wife and the other professor.

The Irea Duke.

It is not generally known that the "Iron" Buke of Wellington was immensely fond of the game of draughts. Such, however, was no. After he had gained all the sword could give, the quiet game often afforded him that inward pleasure experienced only by those who are victors in the strife. It is recorded in a recent review of his life that a son of Kendal, the Duke's valet, was gending his holidays with his father at Apaley House, and was in due course university houghs in the strife. It is recorded in a recent review of his life that a son of Kendal, the Duke's valet, was gending his holidays with his father at Apaley House, and was in due course university had been a son boy; and the Duke won. They played a second game—the Duke won again. "I really thoughs I should have besten him the second game," and the first ser of the professor Poyt.

Boen't Be Discerzeged.

He who possesses but little strength, and who mee that litt

BREAKS UP

Prevents Pneumonia.

error of refraction, and under most conditions the accommodative power of the eye as strong enough to overfrome the error. But under such atmospheric or elimitic conditions as I have mentioned the accommodation is lessened, and the accommodation is lessened, and the aye campt find relief except by the use of glasses. They should generally be convex.

Having mentioned those lesses of visual acuteness due to natural causes, next in order are classes produced by civilization. At the outset I will say that if the patient were to change his occupation and take planty of fresh air and exercise the opticiant's sewices might never-be needed, but these "ifs" are in the way and war not to be not rid of by the average individual.

Take a boy from the country, bring him to town and place him at clerical work, writing perhaps all day and into the night. Put him behind a counter and let him stand all day with an hour free out of 12, or more, or let him sit as a workbonch, following a trade that keeps his eyes fixed steadily hour after hour 12 to 18 inches in frond of him. Take this same youth with hitherto good gyes and hid him use these day in and day out, reading for a profession, or let him socupy his time in a dimly lighted room, or bend over a deek to-neath artificial light all the time. I might go on, giving instance after instance, without particularizing any celling as more harmful than others to the eyes.

Is it a wonder that the children of

ing an more harmful than others to the eyes.

Is it a wonder that the children of this generation, are wearing glasses along with their grandstres? Old age is no longer the reason for wearing glasses. In nine cases out of ten the young man needs a convex glass to assist his overtaxed eyes in fulfilling their duties.

In addition to these causes of weakened vision it is hardly necessary to mention the common evils of tobacco and alcoholic stimulants. Again, it the strong constitution of a boy cannot save his eyes from their thousand and one need how control woman extage. The ever increasing army of woman workers in shops and offices and the new avenues of employment opening to them swell the number of spectacle wearers. It has been my purpose to point out that it is not the serious and very plain errors of refraction that cause the most of an opticion's patronaga, and he must often attribute the loss of visual acuteness to other causes.—Dr. H Ruth in Jewelers' Weekly.

effects, but simply nature's own remedy—ELECTRICITY, DRAINS, NIGHT LOSSES
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