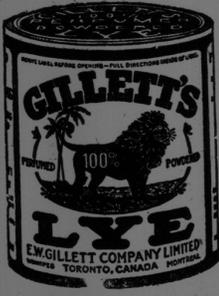


AERIAL MESSAGE TO AWAY GIVEN A DRESS REHEARSAL

British Battleship Agamemnon Target for Dummy Bombs—Steered by Wireless.



Portsmouth Aug. 30.—(By mail) The aerial menace to the navy was given a full dress rehearsal recently, when the old battleship Agamemnon was attacked by four different types of airplanes.

One of the wonders of the demonstration was the behavior of the Agamemnon herself. She was under wireless control, directed from a destroyer. Without a human being on board she twisted and turned at a speed varying from six to fifteen knots.

The attacks at point-blank range were very spectacular and exciting. Four "snipers," flying at 120 miles an hour, dived at the Agamemnon one after another until they were about 150 feet above the sea, and dropped bombs in pairs.

The attack gave a vivid impression of the danger that would beset a battleship that had no means of defense against attacks from the air.

The "snipers" were followed by six "mech" machines of similar dimensions that swooped down on the Agamemnon, and when at a height of 100 feet started peppering her with machine-gun fire.

According to experts, if the test did not prove that a battleship was entirely at the mercy of attacks from the air, it did show the necessity of providing an ample force of anti-aircraft bombing machines to defend the fleet from such attacks.

During the experiments the deck of the light cruiser Canterbury, carrying foreign naval attaches, naval experts and newspaper men, became temporarily the floor of an animated debating society.

It was one point on which every one appeared to be agreed, that the development of the airplane would not make naval warfare cheaper by leading to the abolition of the battleship, but would make it more expensive by adding to its complexity.

That was the general view. The subject was covered by a naval officer who said: "As far as the navy is concerned the development of the airplane is merely a repetition of the development of the submarine. In both cases there is quick development and then a halt. The battleship confronts another menial step to be taken to meet it.

"No doubt the thickness of the deck will be increased and personnel will be better protected from attack from above. No doubt, too, the airplane, like the submarine, will see success as an occasional battleship will be sunk. It is suggested that the airplane can do the battleship's job—indeed, the raid the taxpayer can look for no relief in that direction."

COLONIZATION IN QUEBEC

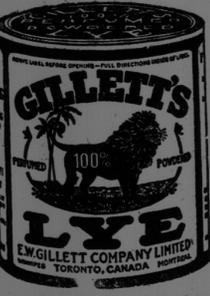
Province to Expend \$5,000,000 on Farms for New-comers.

The Province of Quebec last year set aside \$5,000,000 for colonization purposes, and now is using the money for farm and other improvements to induce newcomers to come there and settle. Millions of acres of farm lands have been set aside for the use of farming here which the government will sell from 20 cents to 60 cents an acre.

Conditions are imposed on the new settlers to insure the cultivation of the land. It must be cultivated according to approved lines and to insure this the government has established schools, agricultural, co-operative societies, dental stations, demonstration farms and farmers' clubs, and has expended about \$1,000,000 in agricultural aid.

A new colonization project, however, further than this, according to a statement by the Canadian Pacific describing the plan. "It has been decided to colonize the Cantons of Langis, in the Lapida Valley, in the Gaspé Peninsula, just north of the territory of New Brunswick. The valley of the Matapédia, a river which flows from a lake of the same name near the St. Lawrence, into the Baie des Chaleurs, is one of surpassing beauty and fertility, and has already become famous for its fishermen of the Eastern United States, who come there each year and establish clubs there. Now an attempt is being made to develop it agriculturally. The Matapédia may be one of the greatest valleys, and a region of fine meadows and high mountains, which the river winds its way through, in the Canton of Langis, a certain number of colonization lots have been surveyed and mapped out. It is at work this summer clearing ten lots on each lot and erecting on each lot a small house costing about \$1,000 and a barn at a somewhat lower cost. As it is not intended to place settlers on these lands until the year of 1923, and the work is merely preparatory, it has not been determined the exact cost to the settler will be, but on the authority of the Provincial Minister of Colonization the settler will receive a farm at actual cost and the payments expected of him will be extended over thirty years. The province will safeguard itself against possible loss and achieve the greatest amount of benefit for the province, by carefully selecting its colonists and placing them on the land with the best possible assurance of success.

Quebec is receiving a steady little stream of new colonists in spite of the rush to newer opened areas, and she is making a bid for more in an endeavor to bring under cultivation the millions of fertile acres which she still possesses in a virgin state. The agricultural production of the province in 1921 accounted for a value of \$1,288,814,000, and included practically every farm crop imaginable, horses and cattle, sheep, swine, poultry, bees, field crops, potatoes and root crops, orchard and small fruits, dairy products, wool, eggs, tobacco and maple sugar and syrup. An endeavor is being made to lure back to the old home the French-Canadian population which was drawn away in less prosperous times, and at the same time attract the British and United States immigrant. Quebec's agricultural value has been proved by many years of farming which stands as a sure guarantee of its future of new colonization tracts.



KEEP BALANCE; LIVE 200 YEARS

Just a Question of Correct Ratio Between Food, Exercise and Rest, Says A. W. Lawson—The "Law of Penetrability."

Every man and woman should live at least 200 years if they can solve the correct ratio between nourishment, exercise and rest. This is the belief of Alfred W. Lawson, who heretofore has won considerable recognition in the field of aeronautics and now turns his attention to science and long life.

Mr. Lawson, who built and navigated a twenty-six passenger airplane from Milwaukee to New York and return, is the key to perpetual movement, not perpetual motion in the common understanding of the word. Everything in the universe moves according to that law, says Mr. Lawson. It is whether it is a blood corpuscle or the solar system, and that law determines the life of man.

Mr. Lawson has been working over that law for thirty years, and says only recently he has found how it can be applied by any man, woman or child to check decomposing elements and increase the length of life of a person many times over. A man, for instance, who ordinarily would live fifty or sixty years can lengthen his life to at least 200 years.

To accomplish this, no medicine, monkey glands or fountain of youth is needed, according to Mr. Lawson. It is only a matter of understanding the natural law which permits him to live and move and apply it to himself. Explains His Theory.

Following is the way Mr. Lawson explains his theory: "Since this interview, I regret to say, has been sought through the best working theory will lengthen life, I will admit at the outset that I believe that to be the case. However, I am more interested in myself and I feel that the thinking world may be, in the Law of Penetrability and in a few avenues which one must necessarily follow during the process of making clear that life can be materially lengthened.

"The principle which causes perpetual movement is penetrability. Everything in the universe is in a perpetual state of movement. This perpetual movement is caused through the ability of one substance of a lesser density penetrating another substance of a greater density.

"We have light, a lesser density, which penetrates air; which penetrates water, less easily, and penetrates steel not at all. So we see that there are some substances which penetrate and some which do not. A hand penetrates the air when we move it, but it cannot cause displacement and it causes two factors, namely suction and pressure.

"Now the earth is formed by suction and pressure as well as the solar system. When we fill our lungs we suck in air. When we exhale we press it out. The heart works exactly the same way as the lungs, although the authorities will take issue with me in this statement. The heart presses the blood out through the arteries and sucks it back, very much as a pump, through the veins.

The physiologists talk about the circulation of blood. They claim that the blood is pumped by the heart's one action. I claim that the heart has two actions—the pump and suction. This is easily proven. It is a known fact that blood, leaving the heart, goes slower through the arteries until it reaches the extremities, as, for example, the feet. New blood, on the return trip to the heart, goes slowly at first, then faster and faster as it reaches the heart. I claim that this is proof that the heart sucks back the blood.

The Way We Are Built. "We are built up by the suction movement. We are torn down by the pressure movement. As long as we can keep building up the suction movement as fast as the pressure movement breaks down, we do not age. The suction causes formation and the pressure deformation.

"Now there is a certain balance, a medium. It is this balance which I term 'lost pause,' which I have been working on for the last thirty years. I have lately come to realize that a person can stay at his maturity and live more or less indefinitely if he only keeps up this balance or 'lost pause.' If you can keep yourself at that point where suction balances pressure you can live longer, how much longer I am not prepared to state, because it varies, naturally, with individuals.

"When one organ does not synchronize with other organs one begins to lose his 'lost pause.' One's heart, kidneys, liver, lungs and all must work in unison, and it is in this unison that health is found.

"There are three ways to bring about perfect unison—exercise, nourishment and rest. The perfect balance between these three is the secret.

"Edison says he sleeps but four hours. If this is so he rests enough to make up for his few hours of sleep. One must learn exactly how much sleep and rest one requires. It varies, but the average person's heart takes a fraction of a second's rest after every beat. These rests figure up to approximately eleven hours in every twenty-four. Now we must regulate our own rest according to our own systems, based on our heart action, respiration, etcetera.

"Exercise also should be regulated according to the individual. Each person should find how much exercise is best for him, and when this is discovered he should keep up this exercise, not take much one day and little the next.

"Nourishment is merely a matter of bringing into your system that which your system requires. Now this nourishment must be balanced exercise. If one day one takes more exercise, one must take more rest and nourishment to offset it. One must learn to absolutely synchronize these three.

"No one can tell you how to do this. Every one must learn to be his own physician. You can not learn this by reading books. This is a study to learn the perfect balance. But we all can learn it, and it is worth learning for it brings health, happiness and a long life. It takes time and study to learn the perfect balance which is called health."

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Poor Eyes; Poor Work

Bed eyes cause jumpy nerves and a restless feeling that makes concentration impossible. Poor work is the natural result. If you have responsibilities do not allow yourself to be handicapped by poor eyesight. See the Optometrist.

When renewal time comes; when your old lenses do not measure up to your present need; when you lack in concentration or are afflicted with sleeplessness, nervousness or ill health—it may be only your eyes that are troubling you.

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NIGHT SCHOOLS FOR BOYS AND GIRLS OPEN MONDAY

Reading, Writing, Spelling and Arithmetic Are Subjects to be Taken up This Season.

The free night schools for boys and girls will open on Monday evening at 7 o'clock in the King Edward school, corner of St. James and Wentworth streets; in the Albert school, West St. John, and in the Centennial school, Prince Edward street.

Reading, writing, spelling and arithmetic will be taught in the King Edward and Albert schools, and instruction in mechanical drawing will be given in the Centennial.

A fee of \$2 will be collected from each pupil upon enrollment. This is returnable on the basis of attendance. The local school board, by providing these schools where free instruction may be obtained, afford an excellent opportunity to ambitious boys and men who are desirous of improving their education. Those who have never attended school will be taught to read, write, spell and will be given instruction in arithmetic.

Rev. J. Cornier will have charge of the classes that attend in the King Edward school and Andrew G. Gunter will conduct the mechanical drawing classes in the Centennial building. For further information regarding these free night schools, prospective pupils may apply to the instructors at the schools mentioned next Monday evening between the hours of 7 and 9.

WEST END SCOUTS ASSEMBLE WITH THEIR FATHERS

The opening of the fall and winter activities of scout troop No. 4 of the First Presbyterian church, west side, took the form of a father and son banquet last night, at which worthy boys and many of their fathers appeared.

The troop, which is under the direction of Scoutmaster Edward Adams, went through the drill in a splendid manner. There are still quite a lot of better class apartment suites for rent, but the next month will, it is claimed, see most of them occupied. The rent asked for most of them is above the line which has been set by some needy ones who are acting on the plan which is not far removed from the strike plan and is quite as effective in some instances.

AUTUMN TEA

A successful autumn tea was held in the Temperance Hall in Murray street on Wednesday evening under the auspices of the Wide-awake Circle of the Dominion Lodge, I. O. G. T., No. 446. The hall and tables were tastefully decorated with autumn leaves and cut flowers. There were more than one hundred present at the tea but they all were carefully looked after by the efficient committee in charge under the supervision of Mrs. T. B. Brown, vice-president of the circle, who acted in the absence of the president, Mrs. McCain. The various committees were: First table, Mrs. E. Chapman and Mrs. B. L. Kirkpatrick, convener, assisted by Mrs. C. E. Fullerton, Mrs. F. Duncan, Miss Elva Chapman and Miss N. Scribner, second table, Mrs. Silliphant and Mrs. W. Edwards, convener, assisted by Mrs. J. Lemmon, Miss Humphrey, Mrs. Woods and Miss M. Cronk; Mrs. C. Cronk and Mrs. J. Armstrong; grab bags, Mrs. G. White; tickets, Mrs. Cunningham. The drawing for the quilt, on which tickets were sold by members of the circle, was held on Tuesday and Mrs. Marshall in Hawthorne avenue proved to be the lucky winner.

CO-EDS LIMIT SOCIAL DATES TO GIVE MEN TRAINING TIME

Chicago, Sept. 29.—Northwestern University co-eds have agreed to have no social engagements with university men Mondays, Tuesdays and Thursdays during the coming year, according to an announcement by Miss Helen Badenoch, President of the Women's Self-Government Association at the institution.

"This pledge is taken because we believe that too many dates interfere with a college man's athletics and we should suffer if the athletes do not have the proper time for training," explained Miss Badenoch.

Final Notice Re Film Stock

The subscription lists for New Brunswick Films, Ltd. shares close tomorrow. The few shares available make it advisable for those intending to take advantage of the opportunity to purchase at par, to make application for terms as early as possible.

Eastern Securities Co., Ltd. J. M. Robinson & Sons, Ltd.

Making Furniture Dreams Come True

So many folks ask us too late for a suite or piece of household beauty we advertised weeks before, and since sold, that we find it hard to tell them they might have had what they set their hearts on just as quickly as anyone if they had taken advantage of

A Charge Account It is the easiest and surest way of obtaining exactly what you need while the opportunity holds good—saving for it while having it.

This week, for instance, our windows give an inkling of some beautiful gift pieces—look and see if you can't make your home a present in this pleasant way.

J. MARCUS 30-36 Dock St.

If You Like Easy Chairs

You will find one to your liking at our store. And if you want rockers we have that kind also. A large variety of chairs and rockers, strongly made and nicely upholstered, etc., to choose from at reduced prices. Dining and Bedroom Suites at bargains. Homes furnished complete. Willow Chairs and Rockers at bargains. See our windows.

AMLAND BROS. Ltd., 19 Waterloo St.

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LUX advertisement for laundry soap, featuring a box of Lux soap and text: 'For all fine laundering', 'Won't Shrink Woollens For Washing Silks-Laces All Fine Fabrics', 'Lever Brothers Limited TORONTO', 'Safe for the daintiest garment—because no free soap will remain to "yellow" it—the LUX wafers are so very thin that they dissolve instantly and completely in hot water.', 'Lux is sold only in sealed packets—dust-proof!'