

Random Notes For Busy Households.

The London Universe has the following very encouraging piece of information and reasoning:

Boys as washerwomen! Why not? For several years women have been going in for their rights to such an extent as to threaten to invade and carry by storm the rights of men.

sleep does not touch one's eyelids, and the sweet boon of consciousness evades one's grasp.

MARRIAGE CUSTOMS.—In Siberia a bride, on entering her husband's house, must be prepared to show her skill in cooking.

There is another land where thrift is expected of the young folks. In Holland a girl is bound to ask her future husband if he can afford to pay the wedding fees.

In Norway, however, things are not quite so promising. The Norwegians are always trying to put the best foot foremost and they do it in reference to marriage as well as in reference to other matters.

It is said that a young man once went out to seek a wife and came to a farmhouse where there was more wit than money.

"Pray take a seat," he said hospitably. "But this room is shockingly dusty," and so saying he went about wiping tables and benches with his new sleeve.

His wife possessed one new shoe, and one only, but she made the most of it by pushing the furniture in place with it and keeping the other hidden beneath her skirts.

"Then they called the daughter to come and put things to rights. But the only new thing she possessed was a cap. So she kept putting her head in at the door and nodding and nodding.

"For my part," she said, "I can't be everywhere at once."

Thus they tried to make the young man believe that the household was well-to-do.

One cannot but think that the methods of Siberia and Holland are most likely to lead to happiness in the end.—Exchange.

MRS. A. SCOTT.

She Publishes This Letter So That Others Suffering From Female Weakness Can Benefit by Her Experience—A Story Telling Things All Women Ought to Know.

Have you ever noticed how quickly a woman loses her good looks and attractiveness? She will have a fair face, beautiful complexion and well-rounded figure.



Dr. Coderre's Red Pills for Pale and Weak Women are a medicine for women and girls alone. It is not meant for men.

and mother well and strong. It helps the girl go through the narrow gate of womanhood in perfect safety. Nothing equals it for prospective mothers.

INSOMNIA. So many people suffer from insomnia nowadays that it is a wonder that they do not adopt the time honored custom of French Kings and, indeed, of our ancestors generally.

WEATHER AND THE NERVES.

We clip the following from an American exchange: Professor Edwin Grant Dexter, of the Colorado State Normal College, after several years' study, has arrived at some interesting conclusions about heat and cold on the human system.

elaborate article. We know very little about the professor's scientific researches, nor about the principles upon which he bases his conclusions.

"Temperature and humidity," he says, "are not the only conditions that have an effect on the feelings and actions of people. The barometer and wind, clouds and sunshine have a strong influence also."

Records of deaths during the past week prove that the Irish have a long-lived race. At St. Catharines, Ont., Mrs. O'Connor passed away at the age of 106 at Southview, Ontario.

"Through statistics gathered in New York, he finds that suicides are more numerous on bright days than on cloudy or rainy days. This is quite contrary to the usual impression that it is the dull, cloudy, misty day that is the most conducive to self-destruction.

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CHATS WITH THE FARMERS.

CO-OPERATIVE DAIRYING. — A correspondent from an Irish exchange writes:

14d per gallon for cartage, and the amount of this charge worked out in this particular case at exactly £2 10s. or 12s 6d per cow.

On the first of the present month I paid an official visit to a Co-operative Creamery, and spent a considerable time in an investigation of the returns of individual suppliers.

During the first seven months of the current year this same gentleman received £17 6s 10d for the milk of the same number of cows, but he explains that some of his cows were not at their best during the season.

This gentleman supplied milk during the whole of 1898, and the number of milk cows kept on his farm was four. He reared four splendid calves, and fed these animals on the whole new milk, of their dams until they were five, and in one case six, weeks old.

I was careful to inquire whether such results were general in the district, and was informed that in some cases they were even better and in no case was there any complaint from a supplier.

IRISH CENTENARIANS

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A hearty appetite does not always indicate a healthy condition. It is not the quantity of food which is assimilated, which determines the actual value of the food consumed.

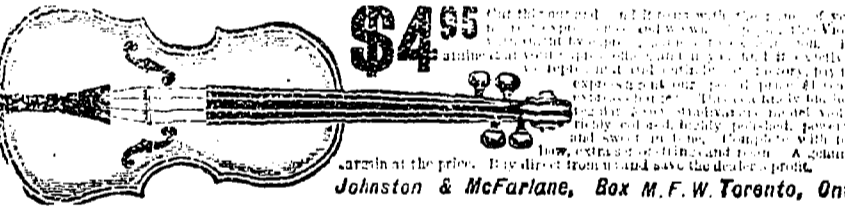
Striking as has been the advance of women in the medical profession in England, it has been even more so in the United States.

Some women who have encountered life's vicissitudes never speak lightly of money; it means relief to many a headache, a shield against many a pain.

I means rich blood, strong nerves and sound digestion. It means prosperity and growth to the young. It means good color and mental vigor.

From all over Canada come letters telling us of the great benefits derived from the use of The D. & L. Men-thol Plasters in cases of neuralgia, rheumatism, lame back, etc.

Advertisement for Bristol's Pills. For torpid liver, A poor digestion, Flatulence, Constipation, Biliousness and Sick Head-Ache. TAKE BRISTOL'S PILLS. They are Safe, Mild, Quick-acting, Painless, do not weaken, And always give satisfaction.



Advertisement for Abbey's Effervescent Salt. Perfect Health. Few human beings are in a state of natural, perfect health. The little ills that bother many of us are often overlooked, on account of their smallness. But these little ills grow—the more you neglect them the harder they are to shake off.

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Society Meetings. Ancient Order of Hibernians LADIES' AUXILIARY. Meets in St. Patrick's Hall, 92 St. Alexander Street, on the first Sunday of each month.

A.O.H.—Division No. 2. Meets in lower vestry of St. Gabriel New Church, corner Centre and Laurier streets, on the 2nd and 4th Friday of each month.

A.O.H.—Division No. 3. Meets on the first and third Wednesdays of each month at No. 180, Notre-Dame street, near Metcalfe.

A.O.H.—Division No. 4. President, H. T. Keane, No. 32 Delorimier Ave. Vice-President, J. P. O'Hara, Recording Secretary, P. J. Finn, etc.

C.M.B.A. of Canada, Branch 26. (ORGANIZED, 13th November, 1893.) Branch 26 meets at St. Patrick's Hall, 92 St. Alexander Street, on every Monday of each month.

Young Irishmen's L. & B. Association. Organized, April 1874. Incorporated, Dec. 1875. Regular monthly meeting held in its hall, 15 Dundas Street, first Wednesday of every month at 8 o'clock, P.M.

St. Ann's Young Men's Society. Organized 1885. Meets in its hall, 157 Ottawa Street, on the first Sunday of each month, at 2:30 P.M.

Catholic Order of Foresters. St. Patrick's Court, No. 95, C.O.F. Meets in St. Ann's Hall, 157 Ottawa Street, every first and third Monday, at 8 P.M.

Total Abstinence Societies. ST. PATRICK'S T. A. & B. SOCIETY. ESTABLISHED 1841. Meets on the second Sunday of every month in St. Patrick's Hall, 92 St. Alexander Street.

St. Ann's T. A. & B. Society. ESTABLISHED 1865. Rev. Director, REV. FATHER FLYNN, President, JOHN KILFEATHER, Secretary, JAMES BRADY, etc.