flows through an extensive low country of notable fertility, in earlier days the great granary of Canada.

It may be added en pussant that Mount Royal, which gives such distinction and character to our city, represents the basal remnants of a volcanic vent of great antiquity. From its picturesque summit may be seen similar abrupt elevations far off towards the east and south—Montarville, Belœil or St. Hilaire, Mt. Rougemont, with Mt. Yamaska behind it, Mt. Shefford, and the conical Mt. Johnson or Monnoir. The Adirondacks are visible in the distance to the southwest, and the Green Mountains to the south-east.

Included in the Eastern Region is one of the most remarkable geographical features of Canada—the great fresh-water lakes or inland seas, Superior, Huron, Erie, and Ontario, which form the perennial reservoirs of the St. Lawrence. Together with Lake Michigan, which is wholly in the United States, they have an aggregate area of 94,750 square miles, an area larger than that of Great Britain. They stand at four distinct levels above the sea—Ontario 247 feet, Erie 573, Huron 581, and Superior 602. The Niagara Falls, the greatest and most impressive of the natural wonders of our continent, are the direct result of the great height of Lake Erie above Lake Ontario, the river connecting the lakes being only a few miles long. Besides the St. Lawrence, Eastern Canada has several other great rivers, notably the Ottawa, which has a course of 1,800 miles and a basin of nearly 1,000,000 square miles, the St. Maurice, the Saguenay, and the St. John, the glory of New Brunswick, which, together with the Atlantic Slope, has a basin of 50,214 square miles. The Central and Western Regions also have their abundant share of large and small lakes and great rivers, an account of which would fill reams of paper. It should be noted that the Canadian rivers and lakes collectively cover an area of 130,000 square miles, and contain one-half the fresh water on the globe.

I draw special attention to this series of vast lakes and rivers because it exerts an immense and beneficent influence on the climate of Canada. It preserves the mean temperature while the land experiences the extremes. In summer the water is cooler and in winter warmer than the land conditions, which tend to modify the differences and to favour uniformity of climate. Without these waters, too, we should have vast regions of comparatively little value, as in Africa, Asia, and in the United States west of the Mississippi River, where large tracts of land far from water are nothing more than arid wastes. Our climate is more uniform than that of Europe; the meteorological differences are produced by posi-