

## Editorial Notices and Answers to Correspondents.

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The editor begs to state that PUBLIC HEALTH magazine is not a publication of party or of prejudice, but of progress, and as such its pages are thrown open to all who wish to contribute to the common stock of sanitary knowledge. We must not be considered as holding the same views as every article not from our own pen. We would esteem it a favor if all who wish to further sanitary science would forward us, as early as possible, reports, pamphlets and newspapers containing information on sanitary subjects. Contributions are invited upon any subject allied to hygiene or public health. Gentlemen sending newspapers are requested to mark any matter that they wish our attention drawn to.

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SMOKERS, BEWARE.—We have received your communication, and will notice it in our next number.

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KINDERGARTEN.—We will answer your communication upon the opening of the September term of schooling.

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A. B.—We have received your letter on a small-pox hospital, and will bring the matter before the public next issue.

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SICK NURSE.—The nicest preparation for the extract of beef is that recommended by Dr. Tanner. "Take one pound of rump steak, mince it like sausage meat, and mix it with one pint of cold water. Place it in a pot by the side of the fire, to heat very slowly. It may stand for two or three hours before it is allowed to simmer, and then let it boil gently for fifteen minutes. Skim and serve. The addition of a small tablespoonful of cream to a teacupful of this beef tea renders it richer and more nourishing. Sometimes it is preferred when thickened by a little flour or arrowroot."

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THE amount of the subscription to this Magazine will be \$2 00 per annum, post-paid. Remittances are only to be made to the EDITOR PUBLIC HEALTH MAGAZINE, P. O. Drawer 25, Montreal Clubs, Reading Rooms, &c., supplied at a liberal discount, if more than one copy is required.