

unction of grace and charity, sweetens the bitterness of penance, and brings consolations in the midst of sufferings and labours.

9.

Those whose talents are of the ordinary kind, are in general more suitable instruments in the hands of God, for procuring the salvation of his people, because they have less confidence in themselves; they recur to God with more humility, and to him alone they attribute the success of all their labours.

10.

Murmurs are ravenous wolves, which destroy the flock into which they penetrate.

11.

As carnal prudence and dissimulation have an extensive empire, it is necessary to combat and subdue those vices with the spirit of Jesus Christ, that is by candour and simplicity; never using either duplicity or artifice, and never relying on the deceit and policy of men.

12.

In religious societies, union and peace should be preferred to every other good.

13.

If two ways lead to the same end, it is of little importance which we select; but to submit our own to our neighbour's will is no indifferent matter.

14.

As we take the bitterest medicines to recover or preserve the health of the

body, we should cheerfully endure sufferings, no matter how repugnant to nature, and look upon them as efficacious remedies which God employs to purify the soul, and conduct it to the perfection to which he has called it.

15.

The glory of God, and the salvation of souls, are the only two objects which a superior should have in view; he cannot procure them more efficaciously, than by humility and meekness.

16.

Sinners require to be encouraged, and their confidence strengthened. The devil generally makes use of the rigour and severity of certain persons, to afflict souls with the most violent anguish.

17.

The most assured means of succeeding in any enterprise, is a total abandonment of one's self to Divine Providence, and an entire dependence on his arrangements.

17.

He that has placed his whole confidence in God, may be certain that if the entire universe should arise against him, nothing contrary to the will of God shall happen him.

19.

There is nothing more holy, nothing more eminently perfect than resignation to the will of God, which confirms us in an entire detachment from ourselves, and a perfect indifference for every condition in which we may be placed.