climbs the mountain of Spiritual-Mindedness. He breakfasts every morning on Spiritual Prayer, and sups every evening on the same. He has meat to eat which the world knows not of, and his drink is the sincere milk of the Word. Thus happy he lives and happy he dies.

Happy is he who has the gospel submission in his will; due order in his affections; sound peace in his conscience; sanctifying grace in his soul; real divinity in his breast; true humility in his heart; the Redeemer's yoke on his neck; a vain world under his feet; and a crown of glory over his head. Happy is the life of such an one. In order to attain which, pray fervently; believe firmly; wait patiently; work abundantly; live holy; die daily; watch your heart; guide your senses; redeem your time; love Christ, and long for eternity.

Che Sabbath School.

LESSONS FOR JUNE.

FIRST SABBATH.

SUBJECT:—Samuel the Judge, 1st Sam 75-12. Golden Text, Prov. 11, 11. Paralle passages, Gen. 18, 26. Job 12, 8. James 515-16.

In verses 5 6 we have the account of a day of fasting and humiliation. We read nothing of Samuel till this time from the beginning of Chap. 4th, but we may suppose that he had been labouring incessantly to turn his countrymen from their idolatry, and probably preaching repentance and reformation in all parts of the land. The Spirit blessed his eftorts, and in v. 4th we are told that the Israelites forsook their idols and turned again to the Lord. A national feast was proclaimedfrom all parts of the land the people assembled at Mizpeh-and Samuel, as their mouth piece. confessed their sins and prayed for pardon and acceptance. The drawing and pouring out of water seems to have indicated their sense of national corruption, of their need of that purification of which water is an emblem, and of their need to pour out their hearts in repen-tance before God. From the statement that Samuel judged Israel in Mizpeh, we may infer that he was at this time installed as chief ruler, and that he commenced his administration by a general reform of all public abuses.

In verse 7th we have an alarm of war. The Philistines, hearing that the Israelites had as sembled, and dreading an attack, determined to anticipate them. and to assault them in their own land. They who are themselves conscious of evil designs, are ever ready to

suspect others. The Israelites, having met for religious worship, were not prepared for war, and were greatly alarmed. It would seem strange to them that this great trouble should overtake them when they were returning to God, but thus he often tries his people. But troubles are blessings in disguise. Evil here seemed to come out of good, but good really came out of the evil. This attack led to a victory on the part of Israel, which gave peace and prosperity to them, and weakened their generates for many years.

their enemies for many years.

In verses 8 and 9 we have the best national defence. Unprepared with arms, they were otherwise, though they knew it not, well prepared. They had fasted and humbled themselves before God. Their previous experience had taught them that arms, courage, and discipline, were of no avail without God's favour. So they call on Samuel to pray for them, and he cried to the Lord and offered sacrifice, thousands of hearts, we doubt not, being poured out in private supplication. Note their obcdience to Samuel, and their reliance on him. So ought we, in national and private trouble, to trust in Christ, and seek His intercession. His love, wisdom, and power with God, are greater than those of Samuel; and he intercedes on the ground of a more precious

and all prevailing sacrifice.

In verses 10th and 11th we have a glorious victory. God accepted their sacrifice and answered their prayer. When the battle began, He sent a terrible thunder storm; and we cannot doubt that the lightnings flashed annidst the host of the Philistines in such a way as to terrify and bewilder them, and to encourage and stimulate the Israelites. So great was the slaughter that the Philistines were rendered powerless during the whole period of Samuel's rule. Contrast with this the result of the battles described in Chaptle. The Ark of God was then in the camp but the love of God and of his laws was not in their hearts. Then Rituslism prevailed—now they were moved by principles and emotions truly religious In each case respectively the defeat and the victory were certain.

Lastly, in verse 12th we have the grateful celebration of God's wonderful goodness. A stone is set up, to testify to future generations that "hitherto the Lord hath helped us."

We learn 'roon this lesson, first, that national reformation brings national blessings; secondly, that God's favour is the best defence against national calamities.

SECOND SABBATH.

SUBJECT: - A King desired, 1 Sam. 8: 4-9. Golden Text, Psalm 118: 9.

In connection with the lesson read Deut. 17: 14-20, and 1 Sam. 11: 4-15.

Samuel's two sons, Joel and Abiah, were judges in Israel, but they were unjust judges (v. 3) perverting judgment to satisfy their own cupidity. As might have been expected, the people were dissatisfied with their conduct, and through the elders they expressed their dissatisfaction to Samuel at Ramah. But they go further: they suggest, may they ask