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A good gargle for sore throat is composed of two teaspoonfuls of glycerine, one tablespoonful of lime water and one teaspoonful of paregoric.

To clean marble, use common dry salt, which requires no preparation, but may be rubbed directly on the soiled surface, leaving the marble beautifully clean.

When the hands are dirty with household work they may be thoroughly cleansed by using a mixture of salt and vaseline, which must be well rubbed in and then washed off with ordinary soap.

Put new flannel into clean cold water and let it remain for a week, changing the water frequently. Wash well in warm water frequently. Wash well in warm water, using a little soap to remove the oil. Flannel thus washed never hardens or shrinks.

Persons who are accustomed to use tea leaves for sweeping their carpets, and find they leave stains, will do well to employ freshly cut grass instead. It is better than the tea leaves and gives a brighter and fresher look.

Egg sauce is made by beating one raw egg into the hot drawn butter, or by pouring it over two hard boiled eggs cut fine. Cream sauce is made like drawn butter, using milk instead of water, and allowing a half pint of ml k to a tablespoonful of flour.

Raisin Pie.—One pound of raisins, chopped, two eggs, one lemon, one and one-half cups sugar, tablespoonful flour, butter half the size of an egg.

Graham Rolls.—One egg, one pint of milk, one tablespoonful of molasses, one-half teaspoonful of saleratus, graham enough to make a stiff batter; bake in round

Hermits.-Two eggs, one cup butter, one and one-half cups sugar, one cup stoned raisins chopped, one teaspoonful all kinds of spice, one teaspoonful soda dissolved in two tablespoonfuls milk, flour enough to roil. Cut like cookies.

Floating Island.—Bail one pint of milk, beat the yolks of two eggs, three table-spoonfuls sugar, one tablespoonful of corn starch, pour into the boiling milk. Take the white of the eggs, beat to a stiff froth and pour on the first, brown in oven, season with lemon.

Spring Chicken Dressed as Terrapin.-Boll a young chicken, cut in pieces and put in a stewpan with soup stock to cover. Stir in a quarter of a pound of butter and one beaten egg. Season with salt, pepper and thyme; add two hard-boiled eggs cut up, and the juice of a lemon. Boil and serve with wild grape jelly.

Spring Chicken and Okra (Southern Gumbo).—Cut up a Spring chicken, roll in flour, and fry in boiling lard; add a sliced onion. Pour two cups of boiling water over, and let simmer ten minutes, add a pod of red pepper, let boil thick, season with salt and a tablespoonful of butter. Dish and serve with boiled rice.

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