

WHY WOMEN WRITE LETTERS

To Lydia E. Pinkham Medicine Co.

Women who are well often ask "Are the letters which the Lydia E. Pinkham Medicine Co. are continually publishing, genuine?" "Are they truthful?" "Why do women write such letters?"

In answer we say that never have we published a fictitious letter or name. Never, knowingly, have we published an untruthful letter, or one without the full and written consent of the woman who wrote it.

The reason that thousands of women from all parts of the country write such grateful letters to the Lydia E. Pinkham Medicine Co. is that Lydia E. Pinkham's Vegetable Compound has brought health and happiness into their lives, once burdened with pain and suffering.

It has relieved women from some of the worst forms of female ills, from displacements, inflammation, ulceration, irregularities, nervousness, weakness, stomach troubles and from the blues.

It is impossible for any woman who is well and who has never suffered to realize how these poor, suffering women feel when restored to health; their keen desire to help other women who are suffering as they did.



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HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.

WATFORD, MARCH 17, 1916

NOTE AND COMMENT

Turkey and Bulgaria are said to be seeking peace. Germany is no longer in a position to help them.

The monthly payments of assigned pay and separation allowances to relatives or dependents of the men at the front now aggregate more than \$2,000,000.

The British debt March 1 will be close to \$11,000,000,000. Terrible! Almost \$240 per capita! At this rate it will soon reach the gross debt of New York City, which was nearly \$300 per capita June 30, if reckoned from the last general census in the same manner.

The great American game of Note writing is now switched on to Great Britain. We, it appears, are in the habit of seizing mails in our own waters. The German, on the other hand, prefer the killing of females in foreign waters.

Ottawa Citizen:—Senator Choquette last Thursday pointed out a handsome nest egg of one million dollars—at present without any owner to claim it. The million dollars is made up of unclaimed bank balances: \$1,000,000 in sums large

HOW THIS MOTHER

Got Strength To Do Her Work

Fair Haven, Vt.—"I was so nervous and run down that I could not do my housework for my little family of three. I had doctored for nearly two years without help. One day I read about Vinol, and thanks to it, my health has been restored so I am doing all my housework once more. I am telling all my friends what Vinol has done for me."—Mrs. JAMES H. EDDY.

Vinol is a delicious cod liver and iron tonic which creates a healthy appetite, aids digestion and makes pure blood.

Taylor & Son, Druggists, Watford.

and small left in the banks of Canada, and apparently likely to remain there, without known owners.

The Salvation Army is said to be contemplating a scheme under which widows and orphans of fallen soldiers shall be brought over to Canada in large numbers both now and after the war and settled here. This plan should be most carefully examined before any attempt of the kind is permitted. In the first place the pensions which the widows would enjoy would be quite insufficient to meet the prices that obtain in the Dominion. They were devised with a view to the much smaller prices of necessities that are found in Great Britain. They would therefore have to eke out their pensions with outside work and thus would be likely to congest the crowded market for unskilled labor. Further, charity undoubtedly in these cases begins at home and it is much more our duty to look after the widows and orphans of our own soldiers before we consider the possible advantage of those of Great Britain.

When the attacks of the enemy on the British mercantile marine are reckoned up they are seen to be of very slight moment as a factor in the war, and it is evident that the war risk has not unduly increased the general danger of marine traffic. The British wrecks for February are announced as 69, of which 42 were steamers and 27 sailing vessels. Of these 69 exactly one-third, or 23 were lost to the enemy. Ten steamers were sunk by enemy war ships, five by mines, one by a mine or submarine, and one by a zeppelin bomb. Six sailing vessels were sunk by enemy war ships, which may mean submarines. The lives lost numbered 420. Of these 233 were lost from steamers sunk by enemy operations. The lives lost from sailing vessels are not detailed. That the risk of war should be only one-half as much greater than in peace is a remarkable tribute to the British navy, which "looks after the life of poor Jack." The Germans have alleged that they have not been doing their worst at sea recently. It will be seen at the end of March, which is usually as stormy a month as February, whether they have added anything more to the terrors of the deep. Britain, we may be thankful, has yet had no such colossal tragedy as that of the Province, but none can say what terrible blows may yet be struck before the war is ended.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.

F. J. CHENEY & CO., Toledo, Ohio.
Sold by Druggists, 75c.
Take Hall's Family Pills for constipation.

Forest Protection in Canada

According to press reports, Sweden proposes to cut off the export of chemical pulp to Great Britain. Naturally, all eyes are immediately turned to Canada to supply the threatened deficiency.

The Commission of Conservation has just issued a report on "Forest Protection in Canada, 1913-1914," which is of particular interest in this connection. It contains much information respecting the work of the provincial forest services and of the federal departments intrusted with the care of our forests.

Forest fire protection is assuming a large place in public attention. It is obvious that, if Canada is to continue as a wood-producing country, she must conserve her resources of this natural product. The report treats exhaustively of the fire protection of forest lands along railway rights-of-way. Through co-operation action, great headway has been made in securing the reduction of forest losses through fires traceable to railway causes.

The forests of British Columbia and on Dominion lands in the West have been dealt with in reports containing the results of special studies conducted by Dr. C. D. Howe and Mr. J. H. White. The Trent watershed in Ontario, has also received especial attention, in a report of an investigation by Dr. C. D. Howe in the townships of Burleigh and Methuen. This district is important in that, while of very little value as an agricultural area, it is being repeatedly overrun by forest fires and the little remaining merchantable timber destroyed. It is suggested that the area be placed under the control of the Dominion Forestry Branch for protection from fires and for reforestation.

Money in Mexico

You can buy a square meal in Mexico for a few hundred dollars. Here are the items from a Pullman menu mailed home recently by a Yankee traveler:

Chicken soup.....	\$100
Corned beef hash.....	120
Two hard eggs.....	100
Cold beef.....	160
Sandwiches.....	60
Bread and butter.....	40
Coffee.....	40
Tea.....	60
Ginger.....	100
Cigars, 10 for.....	100

These prices, of course, are in Mexican currency. They show to what a stupor extent Mexican paper has depreciated. Even the standard paper dollar, which is normally worth nearly 50 cents in our money, is now worth at about 5 cents. Vast quantities of banknotes printed by various revolutionary leaders are worth less than one cent in the dollar.

To safeguard the child from damage that worms cause, use Miller's Worm Powders. These medicine pills are for children. These powders will clear the system of worms, will regulate and stimulate the organs injuriously affected by worms, and will encourage healthy operation of the digestive processes. As a vermifuge it cannot be surpassed in effectiveness.

The German Budget

The next German Budget will have to cover a sum of 1,100 million dollars, and is, like that of every other belligerent nation, the largest in its history. There seems to be no way of meeting it save by the imposition of new taxes to the amount of \$600,000,000. With the strict enforcement of the blockade, this cannot be done by way of customs and excise duties, and there is nothing for it but direct taxation. Taxation of necessities are out of the question. As we showed last week, the limit has been reached of high prices, and already there is evident dangerous and growing discontent throughout the Empire. Furthermore the wealthy merchants and nobles of Germany are sending vast sums for investment in the United States, and these investments have increased enormously of late. Altogether the signs point to final bankruptcy in a few months.

What He Thought He Was Getting

The Sunday School teacher had explained very carefully how Eve was created out of one of Adam's ribs and made the wife of Adam. Little Bobby was deeply impressed with the story, and when he went home he related it to his parents. The next day, after running around a good deal, a pain developed in his side, and when his mother found him he was lying on the bed, sobbing bitterly. "Why, what's the matter with my little boy?" she asked. "Oh, dear," was the response, "I'm getting a wife."

A Made-in-Canada Kiddie

Four-year-old Helen, who lives on the Upper Level in Westmount was greatly perturbed.

"Mother," she said as she was being bathed, "Look and see if it is on my back, and if it is rub it off."

"What do you think is on your back, dear?" asked the wondering mother.

"Made in Germany," cried the child.

He Knew of Two

At a Sunday school one afternoon the teacher started talking about the heathens who worshipped images of wood and stone.

"You know, children," she went on solemnly, "these poor, ignorant people call their images idols. Now, Freddy, have we any idols in this country?"

Freddy thought hard for a moment; then his little face brightened.

"Oh, yes, miss," he replied; "my dad's idol and so's my Uncle Jim, too!"

Mignonette will not grow in soil deficient in lime.

Sight improves, for distant objects, with old age.

A patent has been granted for an egg substitute made chiefly from, thoroughly cooked yams.

Natives of Sumatra make drinking cups of rhinoceros horn, believing it a cure for poison.

More than 600,000 tons of lead were mined in the United States last year, a record quantity.

Denmark has followed the lead of Russia, Sweden and Norway in officially adopting 24-hour time.

Corns cripple the feet and make walking a torture, yet sure relief in the shape of Holloway's Corn Cure is within reach of all.

TAKAKE

(Trade Mark Registered)

60c AT ALL DRUGGISTS, or by mail from
GEORGIAN MFG. CO., COLLINGWOOD, ONT.

The Harmless but Efficient remedy for Headache, Neuralgia, Anemia, Sleeplessness, Nervous Exhaustion, &c.

HOUSEKEEPING LABOR SAVERS

Don't grab all the labor saving machinery. Give the lady who gets your meals a chance.

Home Washer - \$12.00
Excell All Washer - 10.00
Bonnie Washer - 6.50
Wringers - \$3.00 to 4.50
Carpet Sweepers, \$3.00 to \$4.00.
Vacuum Cleaner and Sweeper combined - \$6.00



The
N.B. Howden Est.

What are Your Roofing Requirements for This Year?

Is it a new roof or a coating for the old one? No matter what it is we sell it.

For a new roof we sell Ready Roofings—Wood Shingles, Asphalt Slate Shingles, Metal Shingles, Corrugated Iron, Corrugated Crimp Roofing. For old roofs we sell Roof Coating—the Coating with Life, also Arco Sealit which will stop a leak instantly Once and Forever.

See Our Asphalt Slate Shingles, best quality \$4.75 per square. This is the yard for good values.

G. CHAMBERS.

EST. 1870.

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry Full Stock of

INTERNATIONAL STOCK FOOD
FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL
AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE
Crapping and Rolling Done While You Wait
PHONE 39

HANDSOME, LUXURIOUS FURNITURE

Buffets	Extension Tables	Brass Beds	Iron Beds
Sideboard	Parlor Tables	Walnut Beds	Oak Beds
China Cabinet	Card Tables	Pedestals	Dresser
Chiffonier	Magazine Stands	Child's Rockers	Book Cases
Dressing Table	Jardinere Stands	Bed-Room Chair	Secretaries
Hall Seats	Umbrella Stands	Rocking Chairs	Desks
Morris Chairs	Hall Mirrors	Kitchen Cabinets	Hall Racks
Music Cabinets	Living Room Chairs	Felt Mattresses	Dining Chairs
Parlor Sets	Library tables	Couches	Pictures
Davenport, and anything kept in a first-class furniture store.			

MASON & RISCH PIANOS

Agents for Mason & Risch Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, &c., and all kinds of repairs. New and second hand sewing machines and all supplies.

HARPER BROS.

PHONE 31.

FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

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