Women Know What Duty Is, Says Miss Billie Burke. Cynthia Grey's Replies.

WHAT EVERY WOMAN WANTS TO KNOW

Seen in London's Stores. Baby Billie—His Story. Variety of Home Hints.

Daily Healthogram

MOUTH BREATHING is the stepping-stone from minor diseases and obstructions in the nose to more serious disease of the chest. It is rarely due to habit alone. Investigate.

MOTHER and BABY and Doctor Helen MacMurchy

BILLY STEVENS--His Story

XXII.—Billy Needs a Home.

(Copyright.)

He has never had a home and he has not one now. But he is not hungry or cold, and he is getting to look happier in the crib in the corner of the big white ward in the Sky Ward. But his big black eyes, out from under the canopy that the nurses made by a judicous use of a white sheet and safety pins are looking for his Mother-To-Be. He has come to the time when he could recognize you, O Mother-To-Be. It is an open question among the world of people who see Billy every day—patients, visitors, students, nurses, doctors, whether Billy does not recognize the head nurse. That eminent and hard-worked authority (who has to have talents for discipline that would have won her no inferior place in the British army if it had not been for the accident that she was born a woman), can still afford the luxury of a woman's heart and has a place in it for Billy. But she says that Billy needs a private home with a small "h" and Mother-To-Be and a Father-To-Be. When the Mother-To-Be comes into the ward (references required because the head nurse will act as Billy's reference, and you cannot deceive her), and Billy sees her and knows her it will be a great moment for all the patients all the visitors, all the students, all the nurses and all the doctors, who are all friends of Billy's. Billy weighs only about eleven pounds. Mother-To-Be, you are the one to carry him. You can look him all over and see that he is all there. The hospital saved his life for you. O Mother-To-Be. Then won't you please write to Miss Holman, Head Worker Social Service Department, Toronto General Hospital, and tell her your name and address for Billy is looking for YOU.

LENTEN DISHES

Pilaf.

Take three or four tomatoes, a half-pound rice, one or two ounces butter, pepper and salt for this dish. Boil the tomatoes with a little water until they are quite soft. Then mash, adding a little salt, return to the water in which they were cooked, then add the rice. When all the water has been absorbed and the rice is done, place the kettle where it will keep hot, then brown a tablespoon of butter in a fryingpan and mix with the cooked rice. Season, and serve very hot garnished with parsley.

Stuffed Cauliflower.

Take a medium-sized cauliflower, a teaspoonful of capers, one ounce of bread crumbs, two mushrooms, salt, grated cheese, pepper and salt to taste and a gill of white sauce. Boil the cauliflower in salted water till nearly cooked. Take it up and drain carefully, then lay on a fireproof dish (on which it will be served later). Remove the thick stalk and fill the hole with this mixture: The bread crumbs, chopped capers, mushrooms, salt and cayenne and cheese. After putting the stuffing into the hole, press the cauliflower into as compact shape as possible. Make the white sauce, pour over and scatter cheese on it. Place in the oven for 15 or 20 minutes, until a nice brown and serve.

Haddock With Egg Sauce.

Take cold cooked haddock, a half pint egg sauce, mashed potato, one ounce butter, cayenne pepper and salt. Pull the fish to pieces with forks and season somewhat highly. Put the fish into a half-pint egg sauce and cook over a slow fire until well heated. Serve with a border of hot mashed potatoes formed into a wall. Garnish with tufts of parsley.

Quality in tea may mean to you flavor or strength or fragrant richness. Red Rose Tea is blended with such nicety that it is the combination of all three points of merit. Will you try a package.

RED ROSE TEA "It's good tea"

NEVER SOLD IN BULK 301

Please Stop Preaching to Women About Her 'Duty'

URGES BILLIE BURKE.

You cannot pick up a paper or magazine nowadays without reading some foolishness about the duties of a woman. The average writer does not feel called upon to explain just what a man's are, but he has very well defined ideas that a woman's duties cluster about the home first, last and all the time.

It seems as though both men and women might realize that nature recognizes no difference between the sexes. The child is born just a human being, endowed with more or less brain and more or less physique, as the case may be, but from the time the baby is put into its mother's arms, its sex determines its education and environment.

CONVENTION SAYS TO THE WOMAN, "ACT"; TO THE MAN, "BE."

A girl must not do this and she must do that, not because it is or is not sensible, but because it is considered the conventional womanly thing to do. She must be taught to simulate the accepted idea of modesty, while if a mother rightly understood her life's work, she would know that real modesty cannot be taught; it is an instinct that comes from the instilling of high principals, and these are as great a necessity for a man as for a woman.

Women are not of any finer clay than men. There are good men and good women and there are bad men and bad women.

Human nature is just the same in either feminine or masculine form, and there are women that are no more fitted to be mothers and homemakers than are some men to know the constraint of wife and child.

Women need no more advice and admonition on the business of living than do men. They generally find their level, and the physical ability to bear children does not assure the attainment of real motherhood.

One woman may make a botch of bringing up the large family she brings into the world, while another woman, whose barren arms clasp only empty air, would mother with love divine the whole suffering universe.

KATHERINE LESLIE'S HOME CHAT

CRESTED AND INITIALLED NOTEPAPER

It is the smart thing for women to decorate their note paper with a crest or a coat of arms. This is placed at the upped left hand of the note paper, or directly in the middle of the sheet at the top. And it is—shall I say instructive—to see how general is the use of these devices of heraldry to indicate aristocratic descent. It is a sure sign of the increase of wealth, and luxury and ease, when women begin to feel the necessity to their happiness of a crest or a coat of arms with which to adorn their correspondence paper, their carriage or motor car panels. And the multiplicity of crests and heraldic family devices in use may be taken as a clear indication of the growth and spreading out of the leisured classes amongst us. It is true that not every woman who uses a crest has a right to it. But what would you have No one takes it seriously, and she has her reward. Those little feminine vanities and affectations but add to the piquancy and gaiety of our daily life. They are part of the comedy of our days that we can ill spare. But women who have no credit of their own, and who would scorn to appropriate one, are not left inconsolable in the matter of decorative heading for their note paper. A well-designed monogram, embossed from a finely-cut die, makes almost as good a device at the head of a sheet of paper as a crest. It may not be quite as stunning as a crest; it may be a poor thing in comparison with rampant beasts or mailed gloves, but it will be your own. And it will be quite as fashionable. Then, still for the woman who refuses to be pretentious there remains the embossed address of her residence, with the name of her residence, which is placed at the upper right-hand corner of the paper, or across the middle at the top. Especially good syle is the address done into the paper without coloring ink in clear Roman lettering. Royal blue letters in these addresses are very smart, and black is also used effectively. The oblong envelope, large and small, continues in favor with women, while the large square envelope seems to have passed into the hands of men for their personal correspondence.

Vegetable Scrambled Eggs.

Take for this a half ounce butter, half a sliced onion, one large tomato, three eggs, cold potato, pepper and salt. Put the butter into a small stewpan, and when hot fry the onion and tomato and potato cut into slices. When all are slightly browned and warmed through, add the lightly-beaten eggs and scramble together. Season highly and serve at once in ramekins. A tablespoon milk is a good addition.

Splendid Showing

Of Millinery now on at Madame Allenby's Millinery Parlors, 619 Richmond street. Open evenings.

Problems of the Fair Sex Solved by Cynthia Grey

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn as they are received. No letters can be answered privately.]

Darky Has Troubles, Too.

Dear Miss Grey: I would esteem it a favor if you would answer the following queries:

1. My nose is greasy and the pores are open. Could you give me some remedy?
2. Also could you give me a remedy for blackheads? DARKY.

A.—1. Purchase some witch-hazel at a druggist's. Saturate a bit of cotton with the fluid several times a day and hold it on the most affected parts. Witch-hazel has been found invaluable for closing the pores.

2. May I ask you to turn to Friday's issue and study my answer to "Silver Bell"? This will save me repeating the method. You are quite willing? Thanks.

The Writer of "Sherlock Holmes."

Dear Miss Grey: Kindly answer the following question, if you can?

1. Is A. Conan Doyle, the author, still living?
2. What is his address?
3. What do you think of my writing?

Thanking you in advance, yours truly, H. A.

A.—1. Yes.

2. Residence, Windlesham, Crowborough, Sussex, England. Club address, The Athenaeum, London, England.

3. It possesses medium qualities.

A Spanish Word.

Dear Miss Grey—1. Could you please tell me the meaning of the word "Chiquita"?

2. What do you think of my handwriting? Yours sincerely,

A GRAY-EYED MISS.

A.—1. It is from the Spanish, meaning "little" or "small."

2. It is very neat, easy to read, and I like it.

No Reply Necessary.

Dear Miss Grey—I have always admired your very sensible answers to all inquiries, so am coming to trouble you.

1. Is it customary to answer a private wedding announcement? If so, what is the best form of acknowledgment?

2. Is it a breach of etiquette for a lady to shake hands with her glove on?

With many thanks for your trouble. Yours, JUDY.

A.—It is not at all necessary to reply when announcement cards are received. It is customary, however, to call on the bride upon one of her first receiving days.

2. It is, perhaps, considered better form to extend the bare hand, but if one is wearing kid gloves this is practically impossible.

Who Knows Where Alice Is?

Dear Miss Grey—Can you give me through your column the words of the song, "Where Art Thou Alice?" Yours truly, ALICE.

A.—I have not been able to obtain the song for you, Alice, and refer the query to friends of the column.

SELECTING VISITING CARDS

You drop into a stationer's and ask in a casual tone for new visiting cards. The salesman inquires, "What kind, madam?" Hundreds of cards are whirled at you. You are informed that Mrs. Murray-Lothrop never uses the old English lettering; you are assured that Mrs. Rutlege-Harmon prefers her cards to read with three names; those of her husband and herself and of her debutante daughter. Your husband does not wish to use his middle name in full, but the man across the counter lifts his eyebrows and tells you that initials may have been in tyle when George Washington was the first gentleman of America, but they are not used now by anyone who pretends to know social conventions.

When you have decided on the entirely correct thing which is a thin, square bit of white pasteboard, with your name in full, engraved in black letters, shaded, with the address beneath in the corner, then you will instantly wonder if it would not have been wiser to have ordered shaded old English lettering, which has now taken the place of plain old English. The public will answer that question by saying that block letters are neater, cleaner and easier to read.

What about your husband's cards, asks the man across the counter. Your first impulse is to wonder why your husband cannot attend to his own cards, but when you are reminded that it is in better taste for the cards of the family to correspond in size and lettering you turn to the task with more confidence. You choose an oblong bit of pasteboard with his name in full preceded by Mr. and followed in the lower corner with his address. You sigh, This task is done for the year, you think. At the moment of relief the man across the counter asks whether all of your husband's cards shall bear the name of his club. Now this is the one question for him to decide. There is also the question of the bill—it is a wise plan to let him decide on paying that, too—as his share of the bargain.

CHILDREN'S COLORED DRESSES.

Gingham, percale, chambray and many other cotton tissues are being employed for colored dresses for children, says the Drygoods Economist. Combinations of plaids and stripes, with plain colors, are also desirable. For example, a dress of plaid gingham will have the collar, revers, belt and cuffs in a plain color, while a dress of percale will have trimmings of plaid. The vogue of colored ratine has extended to the children's wear field. Manufacturers of high-class goods are beginning to use them to a considerable extent, both in solid colors and in stripes and checks. Colored crepes and eponges are also considered smart and make up into very attractive garments.

Shopping Hints

I hope that you are one of the lucky women who have a few dollars at command just now to purchase some of the attractive cotton materials at present being exhibited in the Dundas street windows. For if the housewife and mother can arrange to have her house-frocks, aprons, shirtwaists and the children's dresses made now, and in readiness when the warm months come, she will be spared a great deal of anxiety and nervous haste later on.

In spite of what people say about the fascination a "bargain" and "remnants" have for the fair sex, the average woman delights in getting her dress fabrics before "things are picked over by everybody else." There is a pleasure about possessing clean, crisp goods just out of their paper wrappings, that is not at all associated with materials tossed over and over on the bargain counter.

* * *

For the utilitarian shirtwaist, the white linon, costing about 20 cents a yard, bids fair to be a popular fabric this season. It is a good width, is much cheaper than linen, and launders beautifully. For the girl who delights to put "hand-work" upon her blouses, this material adapts itself most pleasingly. It may be embroidered in eyelet, solid, or shadow, to excellent advantage. I saw a simple but pretty waist the other day which commended itself to me exceedingly. The front opening was scalloped and buttonholed in blue, at the pocket on the left side was also worked in blue across the top, the sleeves were made elbow-length with jaunty turn-back cuffs, also scalloped and edged in blue, and the soft turn-down collar was finished in the same way. It was quite simple and inexpensive, but carried with it an air that would suggest an outlay three times as great as the actual cost.

* * *

Many new fabrics are coming to the fore with the opening of the spring goods. Among these are the two-toned bedfords, extremely dainty in their pink and white, and blue and white combinations, and whipcord ratine, a weave which much resembles cotton crepe. Foulards are also holding their own, in spite of the appearance of newer materials, but in the specimens shown the patterns are much smaller, less aggressive, and blend more charmingly into the background, than was the case last season.

* * *

But this was not exactly meant to be a "fashion talk," and, to turn to more prosaic things than dainty wearing apparel, now is an excellent time, O Housewife, to replenish your housecleaning equipment of stovepipe varnishes, polishes for furniture and linoleum, brushes of various kinds, packages of tacks and other fasteners, and so on. Too early, you say? Not a bit, and it is such a satisfaction to have a store of these articles on hand at the beginning of housecleaning. Any woman will agree with me, who has had to cease her labors in the midst of her morning's cleaning, to make a trip uptown for a forgotten bottle of floor varnish or some similar article.

* * *

If you intend to do a little graining or staining of wood in your home it is wise to visit one or more art stores or hardware, which carry various preparations, and learn how to apply them correctly. It never pays to attempt staining or varnishing without first having a fair knowledge of both your wood and your varnish.

This is indeed the time a study of these things, and to write out a list of one's needs for convenience when you make your next shopping tour.

The Nomad

THE LAW OF NATURE.

The law of nature is that a certain quantity of work is necessary to produce a certain quantity of good of any kind whatever. If you want knowledge you must toil for it, and if pleasure you must toil for it.—Ruskin.

The Birthday Calendar

FEBRUARY 25

IF THIS IS YOUR BIRTHDAY

Travels or removals are not favorable. A steady course will gain you better fortune. If you are employed you will be advanced.

Those born today will have great talent, obscured by carelessness and indifference. Pride in the accomplishment of a purpose should be taught them, for when once aroused to their own abilities they will go rapidly forward.

No Deterioration

The tone of the Martin-Orme Piano is faultless to begin with. Every piece of wood used in its construction is "mellow." There will be no warping or shrinking. The sounding board is convex and is kept that way by a special "violoform" method of construction peculiar to the Martin-Orme.

Callaghan's
613 Wellington Street
N.B.—First Door North of Victoria Park.

MILADY'S MIRROR

Castile soap and orris root in equal parts make a cleansing and fragrant tooth powder.

To make a grandmother's gargle for sore throat, ake a half pint of very strong sage tea, two tablespoonfuls each of stained honey, common salt and strong vinegar; one rounded teaspoonful of cayenne (pulverized), steeping the cayenne with the sage. Strain, mix and bottle for use, gargling four or five times daily, according to the severity of the case.

For those who suffer during the cold weather with overly dry hands that get soiled continuously, the following remedy is recommended: First, wash the hands in warm water and plenty of soap, and dry thoroughly; then give them a bath in olive oil, rubbing the oil well into every part of the hands until the skin can hold no more. Finally wipe off the surplus oil with a soft cloth, so that the hands are quie dry again. This treatment applied every day or two during the cold weather will be found very beneficial.

Home Dyeing

Is the way to Save Money and Dress Well. It's Clean and as Simple as "A.B.C." if you use

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The Celebrated "ONE DYE for All kinds of Goods." Mistakes are Impossible. Don't fail to send for Color Card and Booklets.

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This brand is known as *"Silver Plate that Wears"* and is made in the heaviest grade of plate. Famous for over 60 years for its durability and beauty.

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DO YOUR RUBBING WITH SCOURING SCRUBBING

Old Dutch Cleanser

HAS NO EQUAL FOR CLEANING METAL & WOOD

MANY USES & FULL DIRECTIONS ON LARGE SIFTER-CAN 10¢

Vapo Cresolene

CURES COUGHS AND COLDS

Kingsmills

Last Three Days February

Carpet Sale

Anticipate your Floor Covering and Curtain wants for all 1913 right now.

THE FEBRUARY CARPET SALE ENDS FRIDAY.

A deposit now will hold any Rug or Carpet at sale prices, for future delivery. You'll save money if you buy NOW.

$1.75 yard Axminster Carpets $1.25
$1.75 yard Wiltons, at a yard $1.25
Highest grade Brussels, yard $1.00
60c Tapestry, yd... 39¢
Ingrain Union Carpets, a yard ..... 30¢
7 pieces Hemp Carpets, a yard ..... 15¢
30c and 40c Mattings... ..... 19¢
$6.00 Curtains... $3.75
$3.00 Curtains (soiled).. ..... $1.50
60c Furniture Coverings ..... 40¢

Room Rugs

A great many bargains, but in such a variety of sizes and qualities that it is impossible to list sizes, prices, etc. But come tomorrow for bargains.

70c Axminster Door Mats ..... 50¢

Carpet Store—Carling Street.

Kingsmills

FRY'S Nut Milk Chocolate

Nourishing and of Enticing Flavor.

Comfort Soap

"It's All Right"

Faultless—Or Worthless

There can be no halfway standards in the Drug Business. If the service you receive is not faultless, it is worthless, or nearly so.

We ask your special attention to the minute details of service in which the P., L. and O. Stores excel.

Little in themselves, but very important in relation to our work for you.

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L — LISTER, Wortley Road, cor. Craig, Phone 1920.
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9