To be Healthy-Watch your Kidneys

The kidneys play a vitally important part in your bodily health. They are the filters of your body—the purifiers of the blood

If the kidneys are clogged with impurities, the blood becomes poisoned and, in turn, poisons the whole system.

Unless the trouble is checked, serious kidney and bladder derangements, often requiring the surgeon's knife, may result.

Avoid kidney trouble! Take Gin Pills. They will cleanse the kidneys, restore them to normal action, and bring you back to good health. Gin Pills rarely fail. Get a box to-day.

At all Druggists 50c. a box

tional Drug & Chemical Co., Canada, Limited, Toronto,





It's Different!

Try a tin of Fry's Pure Breakfast Cocoa - to-day. You will enjoy that delicious chocolate flavour so much that you will not want to go back to any other cocoa. It's different.

Everybody likes Fry's, from the children to the old folk. And it is really good for all-rich in nourishment, invigor ating, strengthening, sustaining. True, it ought to be good-it has been continually improved for nearly 200 years.



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Advertise in The Evening Telegram.

PEPYS BEHIND THE SCENES

Nov. 1st.-Up very betimes, being

alled by Povey who comes with a

lessage from our office and orders us

to take a journey to the north where

there are some matters to engage our

attention. This a matter of the great-

est annoyance to me being that there

are divers entertainments in the city

green, mighty pretty.

crowd there, among them Mr. Mac-

farlane, Mr. Leg ngham, Mr. Byrne

are joined by Mr. Bradley and Mr.

divers matters of publick import. So

the time passes and at 9 of the clock

and indeed, 'twas little we did get

with the train rolling on the tracks

like a ship in a great sea. Anon, ris-

ing, and find it is 2 of the morning

so I to get my baggage together and

until we reach Notre Dame, which

we do at 3 of the clock. So to get

aboard the train for Lewisporte but is filled with men come from the

Humber and no room anywhere save

arrive at Lew'sporte. Poor Povey

journey with albeit high time he

and to turn in for a few hours sleep.

Nov. 3rd.-Up very betimes and by

Lord, coming to Northern Harbor, I

home where he would have us stay

while we are in Exploits. Anon Po-

vey and I to walk about the place,

and are much amused by the actions of a girl whose hat blowing off, and

Povey running after her to give it

back, she takes to her heels and runs,

and is, methinks, that Povey's face

is more than she can stand, not being

Nov. 4th.-Lay long, but rising at noon, to have our breakfast and go

abroad, where Povey, seeing a motor

boat, would have me go for a run up

the harbor with him. This I am fool-

ish enough to do, but Lord, the en-

gine stopping when we are halfway

out, Povey knows not what to do with

it, and we are compelled to fly dis-

tress signals and seek a tow back to

Exploits. So, I shall trust myself to

him no longer being a worse dolt

than I did take him for, and yet was

pefore such a fool that I did believe

Nov. 5th. Slept the most of

here could be no worse one.

used to it as I am

to wait in the smoking compartment

English Remedy for Coughs and Colds Cau's Compound Spistered LINSEE D COMPOUND Trook A

This famous old

day, being a high wind and cold, and

next se'ennight that I would go to, yet must do my duty by the office. But Lord, what a time of the yeare I in no mind to go abroad. to send a man on such a trip and am Nov. 6th.—Called early, since Mr not drown before I return. Going day to Bridgeport. The weather grown abroad, I meet Squibbs who tells me mighty cold and a thick fall of snow, strange tale of certain ladies of this but we aboard the Caribou, and J. the early morning and is, methinks, ploits. But Lord, no sooner are we that they may decrease their we ght. desire among women nowadays for a where, and being without a compass many articles of food that she likes may. Poor Povey becoming very sea- ness. well, fearing that they do have a ten- sick, we stow him away in the tent dency to make her stout. But Lord, on the boat, where he begs us piteoustwould take more than the fear of ly to take him out and drown him. increasing in weight that would make And, indeed, were it not for the fact me forego foodstuffs that I have a that he sometimes lends me money great liking for. This night to the would have done it for I am growing Strollers Halloween Dance in the new tired of him as a travelling companoffices of the Tobacco Company, where ion. After much sailing about in the a merry party assembled and have sleet, and our faces raw with the exthe pleasantest evening possible. The posure, we come to an island which floor a splendid one for dancing and we find on enquiry is Sampson's Iseverywhere the greatest jollity. So land. There a lone fisherman that Nov. 2nd.-Up very betimes, and Povey calling for me shortly after noon, we by motor coach to the Rail-

home and to bedd, wearing a new lives on that side of the island, takes bedd suit with stripes of purple and us to his home, where we have an excellent meal and dry our clothes before his fire. So borrowing a compass, we again leave port and try to make The authors who were handing out our destination. I am now in the yarns of people killed possessed no greatest possible discomfort, having decent standing in any writers' guild way Station and leave by the express sat in a pool of water, and the seat of But we have progressed further than for Notre Dame Junction. A pleasant my breeches soaked through so that I had our dads, I guess, and tales of may sit down only with the greatest bloody murder come recking from difficulty. Povey, however, is in much the press. And not by outcast blightagain reach land, but this time find their true gait in these ferocious Russell, the Minister of Works, with ourselves on Cottle's Island, and there whom I did have discourse concerning find that our compass is 2 points out and has been misdirecting us. Anon terview the warden of every gloomy Povey and I turn in for a little sleep, we are nigh blinded with sleet, we come to Bridgeport and Paul Small takes us to his shop where we dry bells, and with a smile that's winning curselves about his fire. Anon, being his grisly tale he tells. With bones in somewhat dried, we walk to Moreton's Harbour, through the snow, and my feet soaked through. But what maddens me most is Povey, he complaining all the time of the cold, and and grab unpleansant gain, they res-Moreton's Hr., we separate, Povey and on the brakes where I do stay till we I going to our Inn and change our cloathes. Anon, going by invitation to half asleep all the time, and groaning Fred Osmond's home, we make merry most miserably. Indeed he is the there all the evening. His little sons poorest traveller that ever I did make play the pianoforte for us and do

motor boat to Exploits, the weather the walking very sloppy so I wear my fine, and late in the season as it is long rubber boots, which being worn not yet too late to appreciate the cause me to slip a great deal. So to beauties of the scenery about me. get through our business and then by Indeed, the long arm of Lewisporte boat to Tizzard's Harbour, where we Harbor and the myriad islands cov- are mighty well entertained by Mr. Time was I flung across the field ered with trees that are tinted with Boyd. I do learn this day by despatchthe russet of autumn, are the prettiest es out of St. John's how there do be a sights that ever I have seen. But great strike there of longshoremen and truckmen and nothing moving And I could run with flying feet and it a yet prettier place such as I about the street, which is a sad connever thought could exist and am dition of affairs at a time when the minded to spend all my next summer country is once more getting on its there, if I may get away that long feet. This night to dine with Mr. Boyd from my wife. Mr. Manuel joining off some fine tirs which are sea birds us there, we to Exploits and coming akin to the ptarmigan and the most there, he takes Povey and me to his delicious eating, so much so that I ate more than ever I did in my life before. So to play at cards awhile and

amaze us mightily by their skill. Anon

Child's Boots; sizes 6, 7, 8, 9 and 10, only \$2.00 per pair, at F. SMALLWOOD'S-nov15,tf

The Family Medicine Chest. The best remedy for pains,



laths for New York, failed to reach her destination owing to head winds and rough seas, and was compelled to Schr. Benevolence, Capt. Burke, return to port again yesterday. The which left this port three weeks ago vessel though badly buffeted about Boots fitted with Rubbers, at

New Cross Bars fitted in broken weed chains at McKIN-

Only \$3.75 purchases a pair of

Wedding Bells

FIELD-DOWDEN.

A very pretty wedding was solemnized at St. Thomas's Church, on November 12th, by Rev. J. B. Elliott, when Mr. Donald Dowden led to the alter Miss Mabel Field, daughter of Mr. and Mrs. P. Field, Torbay Road. The bride, who was prettily attired in a fawn costume with hat to match and fox fur, was given away by her brother, W. V. Field, and was attended by her sister, Miss Laura Field. who was attired in a blue costume with hat to match and fox fur. The groom was ably supported by Mr. W Cook. After the ceremony the wedding like to catch my death of cold if I do Manuel and Mr. Osmond take us this party motored around Quidi Vidi Lake thence to the home of the bride's parents, where the wedding supper was held, after which the bride and city who do daily go for a walk in Ellis with us also, and to leave Ex- groom left for their future home Logy Bay Road. The bride was the re outside the harbour than it becomes cipient of many valuable and useful Indeed, there do seem to be a great so thick that we can see no land any- presents, testifying to the esteem in slimmer figure, and my wife forgoes are forced to find our way as best we Mrs. Dowden many years of happi

CRIME BOOKS.



fascination of crime is manifest in hooks that swamp the nation-t h e i printers n e v e r rest. Time was when novels grey were looked upon as trash; the boy who read a story

times; from chronicles of Newgate they dig forgotten crimes. They inpen, and poor old Lizzie Borden is featured once again; the hangman urrect the slayer and disinter the

slain. The old historic killers come grinning from the tomb, and we are swamped with thrillers that deal in blood and doom. And it is sad that writers who might be penning tracts must hand us tales of fighters and gore in cataracts.

should be used to it. So to the hotel home and to bedd feeling mighty Just Folks.

By EDGAR GUEST. *0*0*0*0*0*0*0*0*0*0*0*0

THE COMING YOUTH. A ball with certain aim and true, But now to younger arms I yield

The thrill of sport which once And fling myself to reach the base Spurred by the zest for victory sweet, But now a younger has my place.

And called the signal: "twelve, six, And held the ball against my breast Endeavoring to break the line; I, too, have shared the battle's thrill And tasted of the stirring chase, But now my years are soft and still

Time was in leather I have dressed

Ay, there's a youngster in my place! The field is his, the grand stand could not keep the rapid pace,

Nor longer hold the battle line; ttle I dreamed, in days of old,
That somewhere was a babe new

should make way for and behold Wearing the uniform I'd worn

My place! How feebly do we cling To glory and the strength we boast Always there lies the shadowing Of one who soon shall take

Behind us he is pressing on Although we never see his face, That eager, younger, stronger one Destined some day to take our

Get your Weed Chains now at McKINLAY'S. No extra charges for putting them on .- nov17,61 for Jackson's Arm, White Bay to load during the trip received no damages. SMALLWOOD'S .- nov15,tf

A New Way to lighten cloudy teeth -and without bleaching or harsh grit The way foremost dentists now are urging

DULL teeth, dingy teeth, teeth that lack gleam and luster—modern science has discovered a new way to correct them.

In a short time you can work a transformation. In ten days you can have whiter, more gleaming teeth than you ever thought you could This offers you free a 10-day test. Simply

Why teeth lose color, how combating the film works wonders-note results in 10 days Look at your teeth. If dull, cloudy, run your tongue across them. You will feel a film. That's

the cause of the trouble. You must remove it, Film is that viscous coat that you feel. clings to teeth, gets into crevices and stays. It hides the natural luster of your teeth. It also holds food substance which ferments and causes acid. In contact with teeth, this acid invites decay. Millions of germs breed in it. And they, with tartar, are the chief cause of

Ordinary tooth pastes were unable to cope ade-

Pepsodent disintegrates the film, then

removes it with an agent far softer than enamel. Never use a film com-

batant which contains harsh grit.

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combat it. Harsh grit tended to injure the enamel. Soap and chalk were inadequate. Now modern dental science has found two new combatants. Their action is to curdle film and then harmlessly remove it. They are embodied in a new type tooth paste called Pepsodent— a scientific method that is changing the tooth cleansing habits of some 50 different nations. Don't you think it worth while to try it for 10 days; then to note results yourself?

Make the test

nember, every time you eat, food clings to teeth. Film is constantly forming. The that ruins teeth: that mars their luster. makes them look dingy and dull.

This new way will remove and constantly It will polish your teeth; give them a new beauty that will delight you.

Make the test today. Clip the coupon for a free 10-day tube. Why follow old methods when world's dental authorities urge a better way?

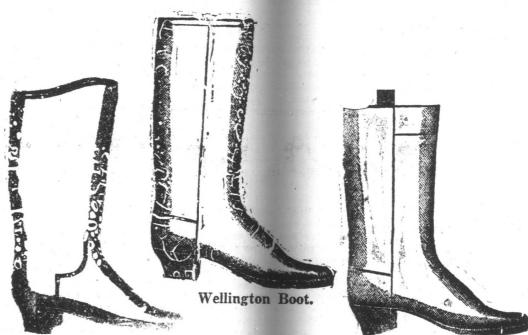
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