

brood. To make sure that none of the companies coming afterwards should stumble upon the nest, these tender-hearted soldiers placed a guard of sticks around it and went on.

Everywhere we need to look out for the weak and defenseless that need protection. Poorly-clad boys and girls whose lips tremble at the word lightly spoken or the sidelong glance which calls attention to their humble garments, need our care and kind words and helpful smiles. We should try to keep from doing anything to wound those who are less fortunate in life than ourselves.

Some hearts are very quick to feel the sting of unfavorable circumstances. They shrink from the world with the feeling that somehow the kind Father's hand is against them. By all the means in our power, let us try to save these from being hurt.

ADVERTISING CANADA.

Grand Trunk Railway Travelling Picture Exhibit a Strong Factor in Bringing Tourists to Canada. Thousands of People Being Educated to the Beauties of the Northern Resorts.

The Grand Trunk Railway's travelling picture exhibit which is meeting with such a favourable reception in all the cities at which it is being displayed, is also receiving eulogistic words of praise in the press of the Southern and Middle States. The Springfield (Ohio), "Sun" of April 22nd, in speaking of this collection, says: "The exhibit establishes a precedent in railroad advertising, possessing sufficient merit in itself to justify anyone in taking the time to make an inspection of it." The Springfield "Gazette," in commenting upon this exhibit, says: "It is one of the finest exhibitons of art ever given in this city." While all the newspapers in the other cities visited are profuse in their favourable comments regarding the display.

The collection has been shown this year at fifteen different cities, and up to the present time nearly 40,000 people have viewed the display. It is one of the best advertisements that Canada has ever had for her summer resorts, and it is expected that the results will justify all the good words that have been spoken of it. A heavy influx of tourists into Canada the coming season is assured. The exhibit is composed of over 100 large photographic views 40 x 50 inches, in addition to one of the finest collections of stuffed and mounted fish, including specimens of the gamey species of the finny tribe native to the Canadian waters, and including maskinonge, black bass, pike-perch (Dore), brook trout, land locked salmon and other specimens; as well as reproductions of many of the wonderful engineering feats that are located on the Grand Trunk System in the way of tunnels and bridges.

INVESTMENTS.

As the investment of money is a matter of much importance to those having surplus funds, so the question of security and rate of interest is an

She Gained Eleven Pounds

And Was Brought Back From Nervous Prostration to Health and Strength by Using

DR. CHASE'S NERVE FOOD.

There is no faith cure about Dr. Chase's Nerve Food. You do not need to imagine it is doing good. You can prove it by keeping a record of your weight. This food cure acts in a perfectly natural way. In fact it is nature's own cure, and is composed of the most powerful restoratives and invigoratives that science has yet discovered.

Take the case of Mrs. West, as described in her letter quoted below. She was pale, weak and run down in health. Her blood was thin and watery, and her nerves so starved and exhausted that she was prostrated. Dr. Chase's Nerve Food cured her, and added new, firm flesh to her body to the extent of eleven pounds. You will find her letter interesting.

Mrs. S. W. West, Drayton, Wellington County, Ont., writes: "About two years ago I got terribly run down, and finally became a victim of nervous prostration. I had no appetite, seemed to lose interest and ambition and could scarcely drag myself about. Hearing of good results from the use of Dr. Chase's Nerve Food, I used three boxes with great benefit. In a short time I gained eleven pounds, and as I was very thin when I began to use the remedy, I was very proud of the increase of weight.

"Then the following spring I became rather poorly, and they again built me up, and gave me such a good appetite that I wanted to eat nearly half the time. I was so pleased with the cure the Nerve Food brought about that I recommended it to others, and they have told me of the benefits they had obtained from this preparation. You may use this testimonial in order that others may learn of the good there is in Dr. Chase's Nerve Food."

If you have been affected as Mrs. West has, if you are not feeling real strong and well, you will be surprised at the good that Dr. Chase's Nerve Food will do you. It puts colour in the cheeks, rounds out angular and wasted forms, and brings new hopes, new confidence and new life to take the place of despondency, weakness and disease. 50 cents a box, 6 boxes for \$2.50, at all dealers, or Edmanson, Bates & Co., Toronto.

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important one. As will be seen by advertisement in another column of this paper, the Sun Savings and Loan Company of Ontario appears to have solved the question for investors. Moneys placed with them, either by way of stock purchased, debentures, or on deposit, bring a good rate of dividend or interest, and the security is unquestionably good. Correspondence with the Head Office, Toronto, will receive prompt attention. Make enquiries here before investing elsewhere.

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