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al and spiritual, meet to minister grace to the hearers.
He measured his words so well that he spoke no more than
was necessary to make himself understood, and he never
exaggerated anything.

His patience and humility shone with great resplendency.
Although he frequently suffered great pain at his stomach,
and violent colics, he never made any complaint, nor in-
deed any show of them. While he was at St. Foy he had
the toothache for almost a year together, but it was not
perceived by any outward sign, only that twice he used
some herbs which he knew to be good for it, and that
sometimes it was so violent that he could not eat.

He desired to be despised like his Master. He studied
to forget all temporal things, and thought only of seeking
God and serving him. He received, with constant patience,
all that could befall him, without seeking any satisfaction,
not finding any, even in his virtues, but as they contributed
to the glory of God, to whom alone his heart was attached,
forgetting all things else. "I knew a man," said he on
one occasion, by whom undoubtedly he meant himself,
who, for six and thirty years, never discontinued, for one
single moment, to make with all his strength, an act of
pure love to God." But although this servant of God was
continually employed in this act of love to God and his
neighbor, yet he had likewise other ways of praying, which
did not hinder, but increased his union with God.

When he had any great conflicts, he rejoiced to sustain
them for the love of God; and, after he had conquered, he
offered all that he had suffered as a sacrifice to him. He
offered him not only the spoils won from his enemies, but
the gifts and graces which he had given him, joined with
 fervent prayer, and an unspeakable sense of his obligations
to the Giver of every good gift; so that when he received