whose torn sides and scarred rocks coming right down to the water's edge present a fine opportunity for the camerist.

Beyond Spillimachene the prospect again changes, the mountains becoming more dome-shaped and distant, while towering clay banks, through which the river in ages gone by has cut its way, close up on the right, with long stretches of valley land toward the Selkirk side. Near Sinclair landing are one or two Hot Springs, whose curative powers have been recognized for some years by the prospector and settler, and which will in the near future, when more thoroughly known, become prominent among the medicinal springs of the world. They are easily reached, and there are one or two small cabins close by where camping parties can find shelter, and where they could thoroughly enjoy themselves for several days

> "Amid the tall Canadian pines Whose floating fragrance fills the air, Where rocks are green with tangled vines And ferns are waving everywhere."

We advise most strongly a visit to these Hot Springs and Sinclair Pass, as the scenery from this elevation is grand in the extreme, and the effects of the rising sun on the Selkirks far across the river is best described in the words of an English traveller who camped on this spot :—

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