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ancient xeuses. All of a fine peel potatoes and wash dist shave crub pots this year, but when tes and through this three-times-a-day ta ou get into the hands and nails a little sk, rub cream from a jar that ought to be cept lright over the kitchen sink. Then wipe

Of course no one attempts to cut their cuticle any more. It was never done successfully at home, always leaving ragged edges, which meant hang-nails and consequent annoyance. Nowadays you use a cuticle remever. You simply wrap a piece of absorbent cotton about an orange stick, dip it in this liquid and in a few minutes you can rub away all the excess cuticle which has grown about the base of the nail.

After The War--What?

(Continued from page 4.)

man and each woman go to make up the mass. So the question of recon-struction becomes intensely personal, and the question of what ideals Canada should have may be put in the first person and asked by each reader: "What is my ideal of reconstruction for my-self, taking myself as a type of what a Canadian—and hence what Canadians as a people—should be?" Such a question should be fruitful of good and great results. It would make the reader a real, earnest reconstructionist, to start with—and that would be an immense gain for the cause of reconstruction, because it would mean that the problems were being pondered, read about, planned for, talked about, and urged on others by the reader. Thus the reader would become a magnetic centre, attracting others of like mind; also a dynamic centre radiating vibrations to those in his or her little group of in-timates, and gradually widening out to the community. If we could have such dynamic centres scattered all over Canada, what a large mass of sentiment in favor of reconstruction could be developed! The thinking, talking, writing, planning and actual doing of reconstruction work would prepare the minds of the masses of the people for changes many and radical.

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