THE HOME THE WORLD

NEWS OF SPECIAL INTEREST

THE MOVIES THE PLAYERS

Here are Related Facts and Fancies Concerning the Activities of Individuals and Organizations, the Home, Fashions and Other Matters.

MARGUERITE'S WEEKLY TALK

DO YOUR BEST.

In a Toronto paper recently was this remark: "Don't do your bit, do your best." It has been asked by many people if we Canadians are doing our best in the way of food conservation. The food pledge cards were signed and for a while the promises were kept but today it seems a reminder is badly needed.

Never in the history of the nation has there been so serious a crisis, and yet to see some people, one would never think there was a war on. Money will be necessary to help others and yet it is being spent as almost never before on clothes and expensive modes of living. Hundreds of poor people are economizing because they have to, with the prices soaring as they are, but there can be no denying the fact that others are living just as extravagantly as ever.

In England the King and Queen have set the example of most rigid economy, the latest news being that they are not using their motors so as to conserve gasoline. Surely it should be the style and the very best form for everyone to cultivate simplicity. If we must have entertainments let them be held for the pleasure of friend meeting friend and not for the cakes and ices served. Dinners or luncheons are necessary meals and it adds to the joy of life to extend hospitality but elaborate menus are the height of vulgarity in the face of national needs.

Members of patriotic societies should be the first to realize that they have a promise and a pledge to live up to and that they are criticized when they fall short of that pledge.

It seems a small way to help one's country—just to do with as little white flour or the other staple articles asked for by the Allies. Are we Canadian women who set the world an example of bravery in the manner in which we parted with our glorious soldiers, going to fail now in a mere matter of food? It would indeed be an anti-climax.

Let us take the thing very seriously to heart and frown upon all useless expenditure so that at least we will not have the reproach to bear in the long hard days to come—that we did not listen to the call to conserve and save in order that others might be helped in their time of need.

Some people if they owned the coat illustrated would wear it inside out to display the richness of the lining, which is a brocade of goregeous shades mingled in just the right way. The garment itself is decidedly smart yet dignified in line. The fringed buttons are a new note.

WAR MENUS

How to save wheat, beef and bacon for the men at the front. Issued from the office of the food controller for Canada.

Menu for Tuesday.

Breakfast.
Oranges. Scrambled Eggs. Toast.
Coffee.
Dinner.
Bake White Fish.
Mashed Potatoes. Creamed Celery.
Steamed Suet Pudding.
Lemon Sauce.
Supper.
Black Bean Soup. Scotch Oat Cake.
Buckwheat Pancakes.
Brown Sugar Syrup. Tea.

The recipe for Black Bean Soup, mentioned above, is as follows:

Black Bean Soup—
1 cup cooked black soy beans.
4 cups of cold water.
½ onion.
1 stalk celery.
1 level teaspoon salt.
½ level teaspoon pepper.
⅛ level teaspoon mustard.
1 level tablespoon fat.

Cook onion in fat. Add beans, water and seasonings. Simmer 1 hour. Serve hot.

(Wheat and meat saving recipes by domestic science experts on the staff of the food controller's office.)

WOMAN CAPTAIN

Paris, Feb. 2.—(Correspondence of The Associated Press)—Italy claims the first woman to qualify as a captain of a merchant vessel in the ocean-going trade. She is Miss Elsie Belluomini, a young woman of Viareggio, Italy, who has just passed her final examinations and is awaiting an assignment to active service.

Born and reared among a sea-faring folk, Miss Belluomini developed in follow the sea for a career. She communicated her ambition to her relatives and friends, but they laughed at her. A woman sailor! It was impossible, they told her.

The young woman was not to be swayed from her purpose, however, and she finally found a sympathetic friend in a retired sea captain who told her of having seen women navigators in the coastwise trade of the Hawaiian Islands. The girl's remarkable knowledge of the sea surprised the old captain who gave her every encouragement and finally recommended her to the maritime authorities of Livourne.

Some months later Miss Belluomini was, by special decree, allowed to take a course in the Nautical Institute of Viareggio. Her progress was astonishing. The ease and facility with which she mastered the difficult nautical problems submitted to her won the admiration and respect of her professors and fellow students, who aided her in every way possible.

New difficulties presented themselves, however, after she had passed the required examinations at the Institute. The Mariner's Union refused at first to break its traditional policy by admitting a woman into its membership. The girl's perseverance finally triumphed over all obstacles and she received the coveted master's license in the ocean-going trade. Concerning her plans, Miss Belluomini said:

"I enter sea service at a troubled period when each day one risks their life at sea but I will attempt to demonstrate to my sailors that a woman may be just as courageous as a man. If I should be unfortunate enough to have my boat torpedoed, I shall follow the traditional ploicy of the sea and see that the crew is saved first. I shall be the last to leave the boat that has been confided in my care. My life I am ready to sacrifice it. I am today at the service of my country and of her dear noble sisters, France, America and England."

KING AND QUEEN SET GOOD EXAMPLE

London, Feb. 2.—To avoid the use of gasoline needed for war work, the Queen and other members of the royal family have stored their motor cars and are using horse-drawn vehicles.

TROUBLED With CONSTIPATION From 16 to 20

Constipation is one of the commonest ills of mankind, and one too often allowed to go unlooked after until some serious complication sets in.

If the bowels are properly looked after there will be no constipation, jaundice, sick or bilious headaches, heartburn, coated tongue, sour stomach, floating specks before the eyes, etc.

Milburn's Laxa-Liver Pills will keep your bowels so regulated that in no time the constipation will disappear entirely.

Miss Emma E. Melanson, Halifax, N. S., writes: "I am now 20 years of age, and since I was 16 I have been greatly troubled with constipation, so much so that at times I would be in bed 3 or 4 days a month. I tried all the old fashioned remedies, castor oil, cascara, etc., with only temporary relief until my sister-in-law gave me some of Milburn's Laxa-Liver Pills. From the first they seemed beneficial and I gave them a fair trial. This was two years ago and with an occasional dose I have kept entirely free from constipation for the period mentioned."

Milburn's Laxa-Liver Pills are 25c. a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

"HEART SONGS" COUPON PRESENTED BY THIS PAPER TO YOU

THE ST. JOHN STANDARD

Monday, February 4, 1918.

Clip Three of these Coupons bearing consecutive dates, and present them together with our advertised price of 98c., at our office and receive your copy of Heart Songs.

3 COUPONS AND 98c SECURES IT.

Mail Orders Will Be Filled Immediatey on Arrival of Shipment.

ADD FOR POSTAGE
In Mar. Provinces ... 18c.
In Quebec ... 22c.
Ontario ... 28c.

EXECUTIVE MEETING OF WOMEN'S CANADIAN CLUB.

An executive meeting of the Women's Canadian Club was held at the residence of Mrs. H. A. Powell Saturday afternoon.

The committee in charge of the lectures announced that they had arranged for three lectures, two to take place in March. It is hoped to have Carter Troop, who will speak upon "The Soul of Russia," and Dr. Wilfred Grenfell. The first lecture in February will be given by Madam Laura de Gozdawa Turczynowicz, the author of "When the Prussians Came to Poland."

A letter was read from Mrs. Kuhring. An appeal was read signed by the Duchess of Marlborough and a number of titled ladies in England, asking for assistance in the work of building rest huts for the V.A.D.'s, the nurses and women ambulance drivers in France. It is hoped that many of the larger cities will take up the idea and build huts, so that for instance, there might be a St. John hut where the workers from this city could go when on leave. A Toronto hut and others.

Mrs. James Mooney reported on the entertainment of the men at the Armories. The canteen at the Red Triangle Club is to be looked after by the Young Men's Patriotic Association for this week and later other societies will be asked to take charge for a week at a time.

MARY BOYLE O'REILLY

Miss Mary Boyle O'Reilly left Saturday evening for Boston. She was obliged to decline invitations to speak before the Ashburnham branch of the Red Cross at Fredericton and the Women's Canadian Club at Moncton. Her lecture held in the Agricultural Hall at Sussex, under the auspices of the Sussex Red Cross Society, was well attended.

Take not that vision from my ken—
Oh whatsoe'er may spoil or speed.
Help me to need no aid from men
That I may help such men as need.
—Rudyard Kipling.

PANTRY SALE

The ways and means committee of the Queen Square Methodist church held a pantry sale in the store of Charles L. Bustin, on Germain street, Saturday afternoon. The result was very satisfactory, the sum of $90 being realized for the Ladies' Aid of the church.

Mrs. R. D. Smith was convenor of the sale and those assisting were Mrs. J. Taylor, Mrs. J. Copp, Mrs. Robb, Mrs. Carlos, Mrs. Sabiston, Mrs. A. B. Gilmour and Mrs. F. E. Williams.

WHAT SHALL WE DO WITH IT NEXT.

Down in New York they tell of a food demonstrator who patiently explained to a class of patriotic young women how by using certain conservation recipes a pint of milk a day could be saved in the average kitchen. She made her method so clear that the next day one of the members of the class called her over the telephone and said: "This is Mrs. Blank. I attended your lecture yesterday and I've saved a pint of milk by using your recipes; now, what shall I do with it?"—Toronto Saturday Evening Telegram.

WOODSTOCK

Woodstock, Feb. 1.—Mrs. Thane M. Jones entertained informally at the tea hour on Thursday afternoon in honor of her guest, Mrs. J. S. Addy, of St. John. Mrs. Jones was assisted in serving by Mrs. F. C. Morrell and Miss Cassie Hay.

Pte. Neville Tompkins, youngest son of Lt. Col. Tompkins of Woodstock, now with the Fighting 26th Battalion in France, is among a list of those mentioned in the despatches by Gen. Sir Douglas Haig. Neville has come through some desperate encounters since going to France, including Vimy Ridge and his many friends will be glad to hear that he is "doing his bit" to the satisfaction of the higher command.

Mr. Charles Clare of Prince Albert is visiting his mother, Mrs. Charles Clare of Broadway.

Mr. J. S. Addy of St. John was the guest of his sister, Mrs. T. M. Jones, on Saturday and Sunday.

The moon light nights were very delightful last week and several jolly snowshoe tramps were given. Miss Marjorie Rankin gave a very enjoyable snowshoe tramp to a few of her girl friends on Saturday evening, after which her guests were served with dainty refreshments at her home.

Mrs. S. L. Lynott's friends will be glad to learn that she is making a good recovery from her rather serious illness.

Mr. J. Rankine Brown is confined to his house with a cold.

Rev. J. J. Ryan arrived home on Friday night from a visit to Fredericton and Kingsclear.

Mr. E. L. Hagerman left on Monday evening for Ontario.

Miss Winnifred McCunn gave a very enjoyable snowshoe tramp on Wednesday evening. Mrs. G. C. Campbell and Mrs. G. Fred Clarke were the chaperones. Very delicious refreshments were served at her home after the tramp.

Mr. A. D. Holyoke arrived home on Friday night from an attendance at the automobile show in Montreal.

The death took place on Monday morning at 8 o'clock of Mrs. William Loane. She is survived by her husband, three sons, Wm. of the Okanagon Valley, B.C., Gordon of Vancouver, and Woodside of Washburn, Me., and an adopted daughter, Bessie. The funeral took place Wednesday at 2.30 p. m.

Miss Mabel Phillipps of Houlton, Me., is a guest at Carleton Hall.

Miss Evelyn MacMullin, of Skiff Lake, is the guest of her sister, Mrs. Harry Dunbar.

On Wednesday evening about twenty young people drove to Smith's lumber camp and had a very pleasant time with music and dancing. At eleven o'clock a very delicious supper was served. They returned in the wee sma' hours of the morning.

Miss Thelma Blake has returned home after spending two weeks in St. Stephen, the guest of Miss Hazel Smith.

Mrs. Charles Tuttle and little son, of Boston, are the guests of Mrs. Tuttle's mother, Mrs. James Woolverton.

Miss Flora Jones returned Wednesday from Montreal, where she has been the guest of her sister, Mrs. J. F. L. Brown.

Misses Annie and Jean Reardon were the guests of their sister, Mrs. John Swift of Fredericton, this week.

The many friends of Mrs. E. Kenneth Connell will be glad to learn that she is recovering from her illness.

Mrs. Sydney Hughes and children and Miss Sadie Weeks, who have spent the past eight months in Moose Jaw, Sask., have returned home.

Mr. P. Bradley has returned from Boston where he was attending the funeral of his brother.

Lieut. F. L. Phillipps, 42nd Highlanders, and Mrs. Phillipps, have returned from a visit with friends in Fredericton and Gagetown. Lieut. Phillipps has recently returned from overseas.

Mrs. George Gabel was called to Boston last week on account of the death of her sister-in-law. The body was brought to Fredericton on Monday for burial.

"COMIN' THRO' THE RYE."

Words and Music of This Famous Song.

"Comin' Through the Rye," as now printed and sung, is usually ascribed to Robert Burns, the great Scotch farmer-poet, but as a matter of fact, only the first four lines are by Burns, the remainder having been added by John Walter, an Edinburgh musician and music-seller, who later removed to London.

Burns did write a complete song, to an ancient Scottish lay, but the words became coarser and more suggestive with each verse, and although it may be found in Johnson's "Museum" it soon fell into "innocuous desuetude." The air to which it is now sung, is an old melody, "The Miller's Daughter," modified by Walter.

People generally, and the artist and author, have largely followed suit, and have taken it for granted that the song referred to traversing a path leading through a field of rye. It is strongly claimed, however, that it refers to the fording of the River Rye, where certain stepping-stones allowed the barefooted Highland lassies to cross, none the worse for the shallow water that swirled about their ankles. It may well be imagined that Burns and his "ne'er-do-well" cronies were not averse to happening along when certain of the local beauties came up the "Fords of Rye" on their way to kirk or market.

This song is to be found on page 113, of "Heart Songs"—along with many others just as famous. The distribution of this unrivalled song book

Montreal, Feb. 1—The output of the Nova Scotia Steel and Coal Co. for three months ended Dec. 31, 1917, amounted to 135,273 tons of coal, 36,111 tons of ore, 19,513 tons of limestone, 28,850 tons of coke, 21,304 tons of pig iron and 25,199 tons of finished steel and forgings.

London, Feb. 1—News has reached Kiev from Minsk that the Polish legion has declared war against the Bolsheviki, a Reuter despatch from Petrograd says.

Both the German and Russian armies divisions are made up of Poles. The Germans had organized a Polish legion but it was disbanded several months ago to make way for a Polish national army. Minsk is behind the Russian lines, which would indicate that the Poles in the Russian army have revolted against the Bolsheviki.

OPERA HOUSE VAUDEVILLE

TODAY
Afternoon, 2.30
Evening 7.30 and 9

All New Program
5 GOOD ACTS
AND
FINAL CHAPTER
The GRAY GHOST

MUSICALE and Moving Pictures
Germain Street Institute
THIS EVENING
At 8 o'clock
Tickets 25 Cents

IMPERIAL

Adolph Zukor presents Pauline FREDERICK in "The HUNGRY HEART" by DAVID GRAHAM PHILLIPS, Screened by CHARLES MAIGNE, Directed by ROBERT G. VIGNOLA. A Paramount Picture.

The Inevitable Result—an unhappy home, a busy man and his loving young wife. Vital story handled with delicate skill by the Bernhardt of the screen, supported by Howard Hall.

Harry Bennett—The Jolly Scot
In Harry Lauder Songs—Old and New.

Annie Laurie Leonard—Contralto
Famous Songs and Musical Comedy Hits.

SCENIC—The Gorges of the Tarn in France.
Quaint Restful Keswick in England
Mr. and Mrs. Sidney Drew in Comedy.
Pathe's British Gazette and War News.

LYRIC—THE BIGGEST NOVELTY THE SCREEN HAS YET PRESENTED

A Sub-Sea Romance by J. Ernest Williamson

"THE SUBMARINE EYE"

A WONDERFUL THEME—THRILLS GALORE.

Depicting the Strange Unknown No Man's Land at the Bottom of the Sea

3 DAYS ONLY—MON., TUES., WED.
Matinees 3 o'clock—Evenings, 7 and 8.45.

—SPECIAL SALE PRICE—
MATINEES—Children, 10c.; Adults, 15c.
EVENINGS—Balcony, 15c.; Lower Floor, 25c.

See 'The Submarine Eye' | STARTING THURSDAY "DAMAGED GOODS"

UNIQUE DEPARTS FROM A SET POLICY TO OFFER SOMETHING VERY SPECIAL

TODAY — TUESDAY — WEDNESDAY

MARY MILES MINTER
In An Absorbing 5 Act Drama
"The Mate of the Sally Ann"

YOU WILL BE TICKLED ALL TO PIECES
WITH THIS DELIGHTFUL OFFERING

THE PATHE NEWS—YOU KNOW IT'S ALWAYS O. K.

THURS. FRI. SAT. Second Chapter—THE HIDDEN HAND
CHARLIE CHAPLIN COMEDY

FIVE CENTS THE NICKEL FIVE CENTS
Queen Square Theatre
—MONDAY AND TUESDAY—
MARGARITA FISHER in MISS JACKIE OF THE ARMY.
A Photo-drama in Five Parts
MISS BILLIE RHODES IN LITTLE MISS FIXER.

Bringing Up Father