

## The Sunday School

### BIBLE LESSON

Abridged from Peloubeta's Notes.

First Quarter.

JESUS AND CAIAPHAS.

Lesson X. March 10. Matthew 26: 57-68.

GOLDEN TEXT.

Thou art the Christ, the Son of the living God.—Matt. 16: 16.

EXPLANATORY.

I. JESUS BEFORE THE SANHEDRIM.—V. 57. This verse forms the connection between this lesson and that of last week. After the betrayal and arrest Jesus was taken before Annas, ex-high priest. "It is apparent from Josephus, as well as from the Evangelists, that he was for many years a man of great influence, and virtually the ecclesiastical head of the nation. It is in this personal reputation and authority that we find the explanation of the fact that Jesus was taken to him first."

II. JESUS WITNESSED AGAINST.—Vs. 59-61. 59. ALL THE COUNCIL. Nicodemus and Joseph of Arimathea were probably absent (Luke 23: 50, 51). This is known as the Sanhedrim, which is a Hebrew transliteration from the Greek word "Synhedrion," which means "council." This was the great Sanhedrim of seventy-one members (hence called the Seventy), the supreme council of the Jews. SOUGHT, repeatedly sought. FALSE WITNESS AGAINST JESUS, because there was no reputable witness that could testify against him. At least two witnesses were necessary (Deu. 35: 30; Deut. 17: 6; 19: 15). TO PUT HIM TO DEATH. They had already decided what their sentence was to be, and all their energies were directed toward the carrying out of their desire. Note in this lesson and in the next one what a travesty on justice was the whole proceeding.

61. THIS FELLOW, note the R. V. "This man." "Fellow" is not expressed in the Greek, but the translation is a good one, nevertheless, as the single word for "this" is evidently contemptuous. I AM ABLE. Jesus really did say, "Destroy this temple, and in three days I will raise it up." (John 2: 19). According to Mark (14: 58) there was a different testimony given. The explanation is, "And not even so did their witness agree together."

III. JESUS QUESTIONED.—Vs. 62, 63. According to John (18: 19-23) Jesus had been questioned by Annas concerning his disciples and doctrine. He had refused to answer because his teachings had ever been in places of public resort. He therefore referred Annas to those who had heard him teach.

62. THE HIGH PRIEST. Caiaphas. AROSE. "With a show of holy horror," ANSWERED THOU NOTHING? Jesus had treated the testimony with silent contempt. It was not worth replying to.

63. JESUS HELD HIS PEACE. See Isa. 53: 7 and 1 Peter 2: 23. I ADJURE THEE BY THE LIVING GOD. This was the Jewish method of putting one under oath, so that his "yes" or "no" was given as an

oath. Note particularly the words, TELL US WHETHER THOU BE THE CHRIST, THE SON OF GOD. This question is in accord with the claims of Jesus to be the Son of God, equal with God. See John 5: 18; 10: 33.

IV. JESUS PROCLAIMS HIMSELF CHRIST THE SON OF GOD.—V. 64. THOU HAST SAID. This is equivalent to saying, I am. This is a calm declaration, made under oath, of his divinity. There are those who hold that the divinity of Christ was an invention of the early Christians. This statement of Jesus, together with a similar one made a few hours later (Luke 22: 67-70), shows how untrue to the fact is such teaching. NEVERTHELESS. In addition to this. HEREAFTER. In the future, the time is not definitely stated. SHALL YE SEE. "Christ's glorification began as soon as their proceedings against him were finished, and in such a way as to make the Jewish people see his power." SITTING ON THE RIGHT HAND OF POWER. "He was not standing as a criminal, but then he should sit in his glory, as Lord of lords and King of kings, at the right hand of Omnipotence, sharing and exercising sovereign supremacy." COMING IN THE CLOUDS. He, who is now on trial, is one day to come as judge. At the very crisis of his history, when denial would have saved his life, he asserts his claim to be much more than this, to be all that the most devout Christians have ever believed him to be.

V. JESUS CONDEMNED.—Vs. 65, 66. 65. THE HIGH PRIEST. "Here is one who is at once accuser and judge, and he presents the disgraceful spectacle of a judge in a rage. He demands a verdict of condemnation based upon the words of the prisoner, as those words are interpreted by himself. All was contrary to well-established Hebrew law. RENT HIS CLOTHES. His "simla," or upper garment, torn to express his indignation at what he termed blasphemy. HE HATH SPOKEN BLASPHEMY. Any other conclusion but the one which admits his divinity makes him a blasphemer. WHAT FURTHER NEED HAVE WE OF WITNESSES? The charge of having made himself equal with God is admitted by the accused.

66. WHAT THINK YE? This question was addressed to the Sanhedrim in order to have their vote on it. HE IS GUILTY OF DEATH. See Lev. 24: 16. "If he had not been God Incarnate, he would have been guilty of blasphemy, and would have deserved to die. By the law of Moses, a blasphemer was to be stoned to death."

VI. JESUS MALTREATED.—Vs. 67, 68. 67. SPIT. . . . BUFFETED. . . . SMOTE. Studying the four accounts we find that Jesus was—

1. Mocked by the Jewish officials, by their servants, and by the soldiers.
2. Spit upon.
3. Buffeted, struck with the fists; smote, struck with rods.

68. PROPHECY. . . . THOU CHRIST. This was in mockery of the claim he has just made. Imagine, if possible, this picture: The Son of man blindfolded, and these revilers running up and striking him, and then after each blow asking him to tell who gave it.

### SURPRISED.

Flavor of Food Won Her.

When the landlady told me that the new dish at my plate was the much talked of food, Grape-Nuts, I tasted it languidly expecting the usual tasteless, insipid compound posing under some one of the various names of 'breakfast foods.'

"I am a school teacher and board. Have usually been in robust health, but last spring I had the much dreaded symptoms of spring fever set in with great severity. I could hardly keep at my work and headaches were almost constant. Food had become nauseating and I only partook of any sort of food from a sense of duty."

"My nights were spent in distress. The first taste of Grape-Nuts yielded a flavor that was new and attracted me at once. I arose from the table satisfied, having enjoyed my meal as I had not done for weeks. So I had Grape-Nuts food for breakfast every day, and soon found other reasons besides my taste for continuing the food."

All of the spring fever symptoms disappeared, the headaches left, my complexion cleared up, and after a supper of Grape-Nuts I found myself able to sleep like a baby, in spite of a hard day and hard evening's work. The food has never palled on my appetite nor failed in furnishing a perfect meal, full of strength and vigor. I know from my own experience, of the value of this food for any one who feels strength lagging under the strain of work, and it is evident that the claim made by the makers that it is a brain food is well taken. Please omit my name if you publish this. The lady lives in Hanover, Ind. Name supplied by Postum Cereal Co., Ltd., Battle Creek, Mich.

### Slightly Mixed.

Jim Webster was being tried for bribing a colored witness, Sam Johnson, to testify falsely. "You say the defendant offered you fifty dollars to testify in his behalf?" asked the lawyer of Sam. "Yes, sah." "Now repeat what he said, using his exact words." "He said he would give me fifty dollars if I—" "He didn't speak in the third person, did he?" "No, sah; he tuck good care dat dar were no third person 'round; dar was only two—us two." "I know that, but he spoke to you in the first person, didn't he?" "I was de fust person myself, sah." "You don't understand me. When he was talking to you did he say: 'I will pay you fifty dollars?'" "No, sah; he didn't say nothin' 'bout you payin' me fifty dollars. Your name wasn't mentioned, 'ceptin he told me ef eber I got into a scrape you was de best lawyer in San 'Atone, to fool de judge and de jury—in fac', you was de best in town to cover up realkity." For one brief, breathless moment the trial was suspended.—Detroit Free Press.

"Now that you are married," said her intimate friend, "do you intend to hyphenate your name and call yourself Mrs. Plumb-Duff?" "No," replied the loving bride, with a shy glance at her fond and proud young husband. "This is not a consolidation. It's an absorption."—Chicago Tribune.

"As I understand it," said a gentleman known to the Detroit Free Press, "oleomargarine is made of beef fat." "You are undoubtedly right, said his companion, "I should think that the manufacturers would make it of goat fat." "Why?" "Because the goat is a natural butter."

Lettice.

BY FLORENCE WILKINSON.

In the vale of the Cornwallis  
Lettice lies asleep,  
And the tides forever moving  
All about her creep.  
And the five sea-rivers flowing  
Day and night, keep coming, going.  
But they rouse not little Lettice  
From her sleep.

Through the marshes of Cornwallis,  
Through the rusty red,  
Slips the sea his shining fingers  
All about her bed.  
And the zigzag birds are stringing  
Up above the bleak Cornwallis,  
And the sad brown grasses stinging  
Round her head.

Little Lettice was my sister,  
And we used to play  
On the hills and by the beaches,  
In the salt sea-spray.  
Lettice loved the squirrel's chirring  
And the crumpled leaves a-stirring  
In the vale of the Cornwallis  
All the day.

Bushy-Tail is now beside her,  
Hands upon his breast  
As I crossed them when he followed  
Lettice to her rest.  
Soon the young corn will be shooting  
In the vale of the Cornwallis,  
And the white-throats will be fluting  
By their nest.

Soon sea-lavender will purple  
Avon's ready shore,  
And the gray marsh rosemary  
Fill the dikes once more.  
Lettice, Lettice, will you listen  
When the buds begin to gladden  
In the vale of the Cornwallis  
By your door.

Lettice, like the flowers, is sleeping  
Underneath the snow,  
But I think that she will awaken  
When the twin-flowers blow,  
And that we shall roam together  
Through the vale of the Cornwallis  
As we used in sweet blue weather  
Long ago.

—The Independent.

She (sentimentally)—"What poetry there is in a fire!" He (sadly)—"Yes; a great deal of my poetry has gone there."

## What Shall We Eat

To Keep Healthy and Strong?

A healthy appetite and common sense are excellent guides to follow in matters of diet, and a mixed diet of grains, fruits and meats is undoubtedly the best, in spite of the claims made by vegetarians and food cranks generally.

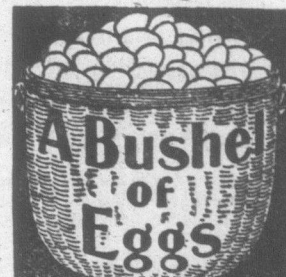
As compared with grains and vegetables, meat furnishes the most nutriment in a highly concentrated form and is digested and assimilated more quickly than vegetables or grains.

Dr. Julius Remuson on this subject says: Nervous persons, people run down in health and of low vitality should eat plenty of meat. If the digestion is too feeble at first it may be easily strengthened by the regular use of Stuart's Dyspepsia Tablets after each meal. Two of these excellent tablets taken after dinner will digest several thousand grains of meat, eggs or other animal food in three or four hours, while the malt diastase also contained in Stuart's Tablets cause the perfect digestion of starchy foods, like potatoes, bread, etc., and no matter how weak the stomach may be, no trouble will be experienced if a regular practice is made of using Stuart's Dyspepsia Tablets because they supply the pepsin and diastase so necessary to perfect digestion, and any form of indigestion and stomach trouble except cancer of the stomach will be overcome by their daily use.

That large class of people who come under the head of nervous dyspeptics should eat plenty of meat and insure its complete digestion by the systematic use of a safe, harmless digestive medicine like Stuart's Dyspepsia Tablets composed of the natural digestive principles, pepsin and diastase, which actually perform the work of digestion and give the abused stomach a chance to rest and to furnish the body and brain with the necessary nutriment. Cheap cathartic medicines masquerading under the name of dyspepsia cures are useless for relief or cure of indigestion because they have absolutely no effect upon the actual digestion of food.

Dyspepsia in all its forms is simply a failure of the stomach to digest food and the sensible way to solve the riddle and cure the indigestion is to make daily use at meal time of a safe preparation which is endorsed by the medical profession and known to contain active digestive principles, and all this can truly be said of Stuart's Dyspepsia Tablets.

All druggists throughout the United States, Canada and Great Britain sell them at the uniform price of fifty cents for full treatment.



In the fall and winter is worth a barrel in hot weather. There's a way that never fails to fetch eggs when they're wanted, and that is to feed, once a day, in a warm mash

### Sheridan's CONDITION Powder

It helps the older hens, makes pullets early layers, makes glossy plumage on prize winners. If you can't get it we send one package, 25 cts.; five, \$1. 2-lb. can, \$1.50; six for \$5. Ex. paid. Sample poultry paper free. I. S. JOHNSON & CO., BOSTON, MASS.

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The farm advertised in this paper during the past month has been sold, but I have several other fine properties to dispose of, in price from one to six thousand dollars. Any one desiring to sell had better send description of property at once, as the spring season is the most favorable for disposal of farms. I have two very nice small places for sale right in the village of Berwick. One contains 14 acres with some four hundred fruit trees, set out from two to four years. Good new house and barn. The other contains about 20 acres, with new house and barn, also good orchard in bearing. For further particulars apply to J. ANDREWS,

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