

the Provincial Government for the continuance of the yearly grant of \$100.00 to the Association, which grant for 1903 was voted to the Hospital. As there was no business of importance during the past year, no meeting of the Association directors had been held.

PRACTICE

By Dr. Pretch

INJURIES, BRUISES, CONTUSIONS

Bathe injured parts with or apply a piece of lint or linen dipped in a lotion composed of one part of Arnica to ten of water.

Rhus tox., one dose every 4 to 6 hours may be taken inwardly if the joints or tendons have suffered.

CUTS, WOUNDS

Cleanse the part thoroughly with a soft sponge dipped in a solution of Arnica Tincture and cold water in the proportions of one to ten, as directed above. Then unite the edges with strips of Arnica adhesive plaster and keep the injured part perfectly quiet. If the wound is considerable, the bandage has to be renewed and the wound cleaned with the Arnica lotion at least once in twenty-four hours.

Internally take Aconite if fever should set in, or China if faintness ensues from loss of blood. Either medicine may be administered in solution, one teaspoonful every two or three hours.

SPRAINS OR STRAINS

Apply a bandage kept constantly moist with an Arnica lotion and take internally Rhus tox., one dose three times a day.

BURNS AND SCALDS

Use a solution of the Tincture of Cantharidis in the proportion of one part of the tincture to ten or fifteen parts of cold water, or, what is still better, of warm whiskey, and apply this solution by means of lint or pieces of soft linen or muslin. The application of Spirits of Turpentine to the injured part is also very efficacious; so is Glycerine, to which a few drops of Canthar tinct. may be added.

CRAMPS IN THE LEGS

Nux. yom. if it arises from or is connected with indigestion.

Rhus tox., if the attacks occur by day as well as by night.

Veratr. if there is a feeling of being unable to stand the warmth of the bed.

FAINTING

Remove all tight articles of clothing, lay the patient on the floor, dash cold water over the face and let him smell spirits of Camphor. The room must be well ventilated.

GOUT

This disease generally affects the joints and more especially those of the fingers and toes, which become red, hot and swollen with burning pains.

Bryonia, fiery and shining, swelling with shooting pains, worse by moving about.

Pulsatilla when the pains pass rapidly from one part to the other.

Rhus tox. if the disease is caused by working in water, washing, or getting wet in rainy weather.

Dose: One teaspoonful of the solution every two to four hours.—Hom. Envoy.

HINTS.

Calcarea carb. 30 will allay the intense pain of hepatic colic or, what is the same thing, gall-stone colic. This has been repeatedly verified.

Granatum is a remedy to be considered when there is much vertigo.

Dr. Millie J. Chapman finds Gymnocladus a remedy for the torturing headache during or following an attack of influenza.

Insomnia, failure of memory and gradual loss of brain power calls for Kali phos.

Dr. Bowen asserts that Melilotus 1 will cure more cases of headache than any other known remedy.

Dyspepsia with yellow, slimy tongue, foul eructations, distention and goneness of the stomach, has been relieved with Hydrastis.

Teste says that Bryonia is adapted to disorders arising from a flesh diet, and Lycopodium to those following the use of starchy foods.