BEWARE! AN ALLEGORY. A goat on a river was dancing, A minnew swam slyly about; A trout had his eye on the minnow, An angler look'd after the trout.

'O, dear Master Gnat,' said Miss Min-I love you! why won't you come 'Because," said the gnat, 'I have scruples---

O, durling Miss Minnow, I want Come hither, my love!' said the trout.

Said the minnow, 'Excuse me, good neighbor, You want me for dinner, no doubt.

'O, fair Mister Trout,' said the an-I could see you much better close

Of course,' said the trout; 'but, Sir Angler, You look just a little too sly.'

The goat went on dancing and sing-

The minnow kept wagging her tail, The trout sailing backwards and forwards,

The angler was biting his nail.

But the minnow, the trout, and the angler

Centinued to coax and allure: And it never is safe in temptation To think ourselves wholly secure.

Of the guat, all his Canger forget-

The minnow soon made a good tea: The treut had the minnow for supper.

The angler walked off with the three.

Boys would do well to bear in mind and profit by the advice contained in an editorial of last week's "True Witness," entitled the "Cigarette Plague." Boys should exercise their will power in order to overcome this vicious and injurious habit, and show that they possess determination. As a result of repeated warnings unheeded, we continually read of and witness the sad and serious consequences of the nicotine peisoning upon the systems of our logs and young men. However, as the matter was treated fully last week. I will merely quote an example of one of the latest victims to cigarette smok-

The following appeared in an Ameriany general topic. can journal:---

John H. Jordan, the twenty-one year old son of William Jordan of 205 Park Avenue, Hoboken, was committed to the Hudson county jail by Recorder tim of the cigarette habit, and it is dred cigarettes a day. He worked as a printer in this city. On Wednesday night, while walking along Willow Avenue with two friends, he suddenly began to talk incoherently. He began to shout also, and then, leaving his companions, he started on a run down the street. His friends overtook him, and, with the assistance of a policeman, took him to the police headquarters. He raied and shouted in the cell there ad night.

Why are so many young people nowa-days not very successful in making a start in life? Why do they not succeed in many of their undertakings, and why are they so easily discouraged? I believe that lack of determination, and the fact of having no particular aim in life are the principal causes that we can safely attribute to this state of affairs. If so, cannot an effective remedy be found by purchasing and encouraging a healthy spirit of emulation among our boys and girls. It is claimed by many that our young men and women are not ambitious enough, being too easily contented with minor positions in life, and not sufficiently desirous of advancing themselves in order to be placed on a level with their Protestant fellow-citizens.

Our boys, who will be the future men of our Dominion, should not give people even the shadow of a cause to make such assertions. Let them be progressive and diligent, and remember

the old saying:---If at first you don't succeed

Try, try, try again. Read the biographs of our great men and women, and you will find that

they had many difficulties to undergo before they were successful. Boys and girls have heard of Demos-

thenes, the great orator of ancient times, and the physical disadvantages under which he labored in his younger days. He stammered so badly, that he could not utter correctly two words in succession. In order to overcome this defect, it is said that he would go down to the sea-shore and putting in his mouth a few pebbles, would shout at the top of his voice and endeavor to eclipse the roar of the sea. By perseverance he mastered the difficulties that obstructed his road to fame; today he is looked upon as one of the greatest orators either of ancient or

modern history. A member of the English parliament once attempted to address that body, but utterly failed and received the were with him and one boy accidentalscorn and ridicule of the other mem ly pushed him off into the deep water.
bers. As, he sat down, he said: 'I Prince was on shore, and seeing his

masterly and eloquently as to stir his whole audience.

Likewise, let us look around and study the careers of our foremost business men of to-day and we will find that their success is due to their own individual and persevering efforts to advance themselves.

Had they given up when their first attempts were failures, they would not have become the men they did. So it should be with our boys, who pride themselves upon their religion and nationality. They should never lose sight of their aim in life, and determine to take the best means to attain it.

"If a person," says a writer in the 'Catholic News," were to stand fifteen minutes at the door of almost any of our churches on a Sunday morning, and look at the motions gone through by not a few of those who enter, he would be safe in concluding that if they were reproduced on paper they might as readily be taken for a Chinese manuscript as for anything else; but it would require a stretch of the imagination to see in many of them what they were intended to represent. It may be seriously doubted whether such careless persons receive the graces or gain the indulgence attached to a proper use of this sacred sign. It is indeed true that there is a tendency to do mechanically what a person has to do often; but for that very reason, if for no other, particular attention should be bestowed on such things, A careful examination of the manner in which they make the sign of the Cross would be productive of good many persons."

This carelessness on the part of many is unhappily too true; even am no our boys and girls. They, more particularly, should learn to make the sign of the Cross well. Because if the good habit is formed when one is young, it will be practiced during life.

Boys and girls in selecting their reading matter should acquire the habit of reading those books only that will afford them instruction as well as pleasure. They should also have a note-book in which they can make a memorandum when reading of any choice or pleasing expression; important facts; and words, the meaning of which they do not understand. They thus obtain a knowledge of quite a range of subjects.

Among the most important acquisitions, which a young man or woman starting out in life, can make, is that of a well-mastered v-cabulary; also the capability of conversing fluently upon

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Why do we enjoy the conversation of some persons more than others. although the former had as much and sometimes more education than the latter. There may be many other reasons. McDonough yesterday morning to be but one of the chief ches, is that some examined as to his sanity. He is a vicalways use the right word in the right said, smoked from eighty to one hun- place. Words, they say, are the machinery by the use of which we convey our ideas to each other; and it is always more agreeable to see machinery which runs smoothly and does its work well than that of which the different parts do not do the work for which they were made. Therefore, an important opportunity for success lies in the correct use of words: and young folks should take the proper means to cultivate an extensive vocabulary.

> Last week we had a talk upon kindness to animals and pets. Below is an illustration of the attachment and devotion that dumb animals, especially man's companion -- the dog, often show for those that treat them kindly.

> Harry Kincaid was a little boy of ten years. He lived with his parents on the outskirts of the quaint town of Gordonville. One day, after school had been dismissed for the day, Harry was walking home, when he saw a poor dog hobbling on three feet down the street. Some cruel boys had tied a tin can to his tail. The dog barked pitifully, and hobbled with great rain to Harry, who immediately cut the string with his

> Then he took the poor, bleeding creature, stopped the flow of blood with his handkerchief, and ran with the dag in his arms, till he reached home.

> His father and mother were sitting on the piazza.

> "Look, father," he cried, "; found this poor dog. His leg is broken, Won't you set it?"

"Come into the kitchen." answered his father, 'and Jane will bathe him.' " Harry followed his father into the kitchen, where the dog was bathed, his leg set and bandaged, and then put on a bed of straw behind the stove.

As the days went by, the dog's leg healed. He was fat and sleek and loved Harry. Harry was very fend of him and named him Prince. Prince went to meet Harry every night at the close

All this happened in May. It was now July and vacation began.

Mr. and Mrs. Kincaid and Harry went to the sea-shore in August. Of course Prince went, because Harry could not get on without him. They had fine sport romping and playing on the beach.

Harry went in bathing in the ocean every day the weather would permit. One day he was jumping in the water from off a pier. Some other children

shall ait down this time, but I shall young master struggling in the water, speak again and you shall hear me." I umped in and swam out to him. Har-When he spoke here timethe did it so by had sunk the third time and was

MRS. J. H. WOOD.

She Was Sick 18 Years, and at Last Was Confined to Her Bed—Doctors Could Do Nothing to Help Her—She Tells How She Got Well and Strong Again.

Here is a short story written by a woman. It is a truthful story, and is addressed to other women. Between the lines you can read many words that are not written. You can imagine the prolonged suffering that was endured for eighteen years. You can understand how happy, how thankful, how joyous the writer must feel now that periect health is restored to her.

Mrs. J. H. Wood, of St. Paul, Minn., writes as follows: "I strongly believe in Dr. Coderre's Red Pills. I was sick eighteen years with womb trouble, caused by the birth of a child, at which time there was great loss of blood. If tried several doctors; sometimes they helped me a little. Last winter the doctors failed to help me any more. I had to go to bed; I could not stand the least exposure to cold weather. In Webruary, I wrote a description of my ease to the specialist of the Franco-American Chemical Co., who answered me at length, and gave me full advice free of charge. I strictly followed his advice, and today I am perfectly well afficiencies, one has body does thus, wen My husband is a sheemaker, and is eral need need very grateful for what Dr. Coderre's ses. What see Red Fills and the speculists have done were for me. Today I am siron a and healths, length have a good complexion, and, of course. Pale am very happy."

(Sioned.) Mrs. J. H. Wooth,

(Sioned.) Mrs. J. H. Wooth,

174 Thomas St., St. Path. Mine. Athere of When Mirs. Wood speaks of Twomb They to trouble" there are a dozen other things "the that go with it. There are leucortheca, earnervousness, loss of appetite, headache. Basbackache, sideache, cold hands and feet, The control loss of flesh, bad complexion, stomach ights, and

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eaught him and swimming as fast as

His mother was on the beach, but

had not noticed the accident until she

show devotion to his young master af-

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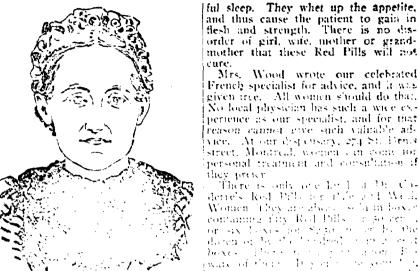
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