

"isms" which have wrought disastrously against the doctrine of holiness. "Search the Scriptures; for in them ye think ye have eternal life."

"Blessed Bible ! how I love it !  
How it doth my bosom cheer !  
What hath earth like this to covet ?  
O what stores of wealth are here !

"Yes, sweet Bible ! I will hide thee  
Deep,—yes, deeper in this heart ;  
Thou through all my life wilt guide me,  
And in death we will not part."

9. Redeem your time. Imitate the example of Christ; rise early in the morning, and while others are slumbering around you, pray, "search the Scriptures," and commune with God. Make every day, hour, moment tell upon your best interests and the cause of God. "Redeeming the time, because the days are evil."

10. Acquire the habit of constantly watching against sin. The tempter is a vigilant and insidious foe, ever on the alert, and full of artifice. In an unguarded moment you may lose what has cost you years of toil, and what you may never be able to regain. "Therefore let us not sleep, as do others; but let us watch and be sober."

11. You must absolutely refuse to comply with temptation, under any circumstances or to any degree. In the greatest temptations a resolute "No !" and a single look to Christ will suffice to overcome the wicked one. In the strength of God you must say "No !" to the tempter every time. Be careful and distinguish between temptation and sin.

(1.) A sinful impression or suggestion, resisted till it disappears, is temptation, and only temptation—not sin.

(2.) A sinful suggestion, courted or tolerated, or at length complied with, is sin. "Resist the devil, and he will flee from you."

12. Endeavour to preserve a perfect consistency between your profession and practice. Your profession will raise reasonable expectations, which you must meet. Be exemplary in all things. Be careful about small matters, and "abstain from all appearance of evil." Mr. Wesley says, "He that neglects little things shall fall little by little." "I, therefore, the prisoner of the Lord, beseech you that ye walk worthy of the vocation wherewith ye are called."

13. Be sure that your profession of holiness is vindicated in your life by all "the fruit of the Spirit." As it cannot be taken simply upon its own strength, it will go for nothing without "the fruit of the Spirit." "The fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance."

14. Be careful how you consider impulses and impressions as the teachings of the Spirit. We are to be "led by the Spirit," but it is principally by its illuminations. The man who is "led by the Spirit" is filled, not with impulses and impressions, but with light. At least, never allow any impulse to lead you to any course not in perfect harmony with the Bible. Mr. Wesley says: "Some charge their own imaginations on the will of God, and that not written, but impressed on their hearts. If these impressions be received as the rule of action, instead of the written Word, I know nothing so wicked or absurd but that we may fall into, and that without remedy." "For as many as are led by the Spirit of God, they are the sons of God."