

## **Breaking Up The Home!**



You can hardly blame this man for what he is doing, as he is evidently suffering from an attack of Indigestion. It would be much cheaper for him to purchase

### Stafford's Prescription A

would certainly help this man, and any other who would feel like doing the same thing.

The usual symptoms of Indigestion or Nervous Dyspepsia are as follows: Uncomfortable feeling about Stomach after eating, Headache, Nausea, Acid and Bitter Eructations, Langour and Depression of spirits, Irritability of Temper, Tenderness over Pit of Stom ach, Bad Taste, Loss of Appetite, Constipation, etc. ou have any of the above symptoms try a Bottle STAFFORD'S PRESCRIPTION A, and we are cerwill cure you. You can purchase a trial bottle

30 Cents—5 cents extra for postage. or large bottle (about three times as large) for 60 Cents-10 cents extra for postage. AT ALL GENERAL STORES, OR

Phone: 640.

## Inclaimed Letters List G.P.O

H., 503 River Ave. LeD., Gear St. s. Sarah, Bethseda Mission

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co Gen. Delivery Bannerman St. ircular Road Gorman Lane

ert, clo G. P. Office Coronation St. Pleasant St rtha, clo Gen. Delivery

co East End Post Office

Beaumont St s., Beaumont St. A., 2 Long's Hill

M., Cuddihy St.

Vin., Allandale Road Miss B., Hutchins St. John, James' St

LeMarchant Road Miss, Codner's Lane Waldegrave St.

W., Young St. . Duckworth St. e, Miss Minnie, clo Gen. Deliver; Well, Mrs. Wm.. George's St. ggelt. Mrs. A., Waldegrave St.

ellett, Mr. Pat, South Side assey, Mrs. Geo., Flower Hill obbs, Miss B., Circular Road

Allan, General Delivery Mrs. Jas., General Delivery

Mr. Wm., Steward Ave. ason, Mr. and Mrs. Paul, late Bermuda

rivan, Mrs. Mayy. Hamilton St.

as, Miss M., Springdale St., Mr. H. J., Pennywell Road Mr. Peter. Steward Ave.

Leonard, P. J., late Deer Lake Liddy, Mrs. C. J., George's St. Lynch, Mr. P., Sanatorium

Morgan, Mr., South Side Moakler, Mr. Thos., late Deer Lake Morgan, T. L., Bambrick St. Mullett, Miss Susie, Blue Puttee Murphy, Mr. Ronald J., Queen's St.

Northcott. Miss Mary, Cochrane St. Norman, Miss Maggie, Flower Hill Noonan, Miss Lucy G., Duckworth St.

O'Bradey, M., Brien St. Owen, Mr. John, clo Gen. Delivery

Olivious, Mrs. Sadie, clo G. P. Office Parsons, James, St. John's Peddle, Mr. Thos., Spencer St. Peddle, Miss H., King's Bridge Road Pear, Mrs. Fred, cor. Patrick and Water Sts. Power, Mrs. E., New Gower St.

Ryal, Mrs. M., Prince's St. Ryan, Miss Maud (R.C.), St. John's Ryan, Mrs. Mary E., Prescott St. Ryan, Miss Mary, late Southcott Hospital Rose, Mr. and Mrs. W. H.,

late Montrea Sampson, Mrs. E., Lime St.
Stapleton, Mrs. John, King's Road
Sheppard. Mrs. J., Bannerman St.
Seward, Mrs. B., 42 (?)
Sweetapple, Mrs., Newtown Road
Simms, Miss J., New Gower St.
Smith, Miss (Wood Hall), St. John's
Smith, Mr. H., St. John's
Smith, Mr. H., St. John's
Smith, Mrs. A., St. John's
Simpson, A., Belvidere St.
Somerton, Mrs. Edgar, Spencer St.
Short, Miss L., Hamilton St.
Spooner, Mr. A., Waldegfave St.
Strong, Mrs. P., Hamilton St.
Squires, Miss Triffie, clo Mrs. McGrath
T

Taylor, Mr. S., South Side Tilley, Mrs. D., Gilbert St.

Wall, N. (card), St. John's
Warran, Miss L. Sanatorium
Whelau, Mrs. Lawrence, St. John's
Wellon, Mr. Stewart, New Gower St.
Withcrs. Mr. G. F., St. John's
Williams, Miss N., Brazil's Square
Wite, Mrs. Jos., Cabot St.
Willia, Mrs. Thos., Flower Hill

#### Dr. Campbell Morgan's Addresses

During the week, Dr. Campbell Morgan will deliver a series of ad-3.30 in the afternoons. The subjects Monday-The Recorders and Their

Wednesday-The Son of

Servant, (St. Mark). St. Luke).

Friday-The Son of God St. John) Saturday-The Last Unveiling. relations) The subjects in the evenings will

leal with the Bible, some reconsideraions and are as follows:-Monday-Has the National Life er Stone," offerings for the building Outgrown the Bible?

Tuesday-Is the Church Fulfilling assembled. The ceremony was closer responsibility for the Bible? Wednesday-How shall we keep he old Bible and the New Child to- Famous Recipes for Thursday-The Romance and Study

the English Bible. Friday-The Harmony of the Tes-Saturday-The Finality of the Au-

### An Explanation of What Chiropractic Is

OR THOSE WHO DO NOT UNDER-STAND ITS TRUE MEANING.

By WM. H. MacPHERSON. fall occurs in many ways. The fall is a small thing, it happens stairway is a small thing, t happens to thousands. A slip small thing, it happens to thousands, tins in hot oven twenty to twenty-five A strain or wrench occurs in various ways. The strain or wrench is a small thing, it happens to thousands.

The fall or trumble, the slip, the strain or wrench produces a subluxation. The sub-luxation is a small thing. The sub-luxation produces a pressure on a nerve, the pressure cuts off the flow of mental impulses (life is due to a Chinese named Ts'ai-lun force). That is a small thing. That decreased flowing of the life force pro- sheet of paper from the bark of a duces a diseased body and brain. That | mulberry tree.

is a big thing to that man. WHAT WELL MEN MEAN.

tumble, the slip, the strain or wrench, rags instead of mulberry bark. to control thoughts and actions of a the market.

man is a small thing. This man gives generally, over 400 varieties of wood an adjustment, and the adjustment is and grasses have been called into replaces the subluxation, and that is a used only in the making of the finest small way. The adjusted subluxation notepaper. replaces pressure upon nerves, and Of the paper now manufactured, 99 that is a small thing. The released per cent. is machine made. pressure restores health to a man,

and that is a big thing to that man. Multiply that well man by hundreds and you step up the physical and mental welfare of a city. Multiply that well man by thousands and you increase the efficiency of a country. and you have produced a healthy and better race for posterity. Multiply one Chiropractor'by a sufficient numher to adjust all the subluxations and

you have made sane all the insane; made well all the sick.

CRYING FOR ADJUSTMENTS. Every disease is crying out for an adjustment. Every adjustment demands the Chiropractor. It makes no difference whether that subluxation occurs in, and the adjustment be given to a male or female, young or old, white or black, on the mountain top or in the valley, in the desert or on a ship, at the North Pole or the Equa-

The Chiropractic message is for the body what the God given message is for the soul. A gospel for the multitudes, for all people, for all colors for all countries, for all conditions. It brings life easier, it makes life easier.

It adds years to life and life to years. NEEDS OF CHIROPRACTIC. Chiropractic needs followers who

have the vision to see the rebuilding and reconstruction of the human race, the right of the sick to get well unrestricted and with the exercise of his own rights. The right of Chiropractic to be handed down throughout the generations in its purity for posterity, that the adjustment of a subluxated verteba, multiplied means a far more sept15,m,tf

DANCE! DANCE! DANCE —Princes Orchestra are preparing a special programme for the Big Dance Wednesday night, Sept. 17th. Be-wise and follow the crowd.—sept15,11

#### Corner Stone of New Church Laid in Torbay

Yesterday witnessed the first step towards the erection of a new Church dresses in the Canon Wood Hall at which the Church of England people of Torbay have been working towards for a long time, when the corner stone was laid with all due ceremony by Sir Joseph Outerbridge. His Lordship the Bishop, attended by Bev. Canon Bolt, Rev. A. W. Tulk of Portugal Cove, Rev. Andrew Tulk of Pouch Cove was present and among the many visitors were Sir Michael and Lady Cashin and Mr. H. Saunders. The service opened with the hymn "O Lord of Hosts whose glory Fills" and was followed by the scripture lessons. The stone having been laid, a stirring address was delivered

### Home Cooking

ed by the Bishop with the Blessing.

by Bishop White. During the sing-

ing of the hymn "Christ is our Corn-

fund were laid on the stone by those

BLUEBERRY MUFFINS. (Delightfully light and fluffy-with the berries whole.)

4 cupful Crisco 14 cupful sugar

1 cupful milk

1/2 cupfuls flour 4 teaspoonfuls baking powder 1 teaspoonful salt.

1 cupful blueberries Cream Crisco with sugar. Add beaten egg and milk. Sift dry in gredients, reserving one-fourth cupful flour for berries. Add alternately with the milk. To keep the berries perfectly whole roll first in the sugar then in the flour, stir in last with a on the icy roadway in winter is a fork. Bake in well-Criscoed muffin

Who Made

The credit for making the first pape In A.D. 75 he made the first hand

the First Paper?

Before this leaves of trees and various barks used in crude form had been good enough for the Egyptians, Multiply that sick man by hundreds Romans, and other nations. The and you control the physical and men- Chinese, however, did not use the tal welfare of a city. Multiply that crude inner bark of the tree as the man by thousands and you shape the final material on which to make his physical and mental destiny of a coun-records. He used the bark merely as try. Multiply that one vertebral a raw material upon which he pro-(spinal) column by all of them in the duced a finished sheet of paper by a world, and you can see the master series of processes which, primitive key to the same or insame thoughts as they seem to us now, were the for-

and healthy or sick actions of the bears of paper manufacture to-day. China monopolized the art of paper Every man, woman and child living making for about 800 years, until the has a backbone. Every backbone has secret was learned from her by the subluxations. Every subluxation is Arabs, who improved upon the Chinproducing a disease, so the fall or ese process by using linen or cotton

the subluxation, pressure flow of men- Soon after 1800 the first paper to tal impulses and disease is hig enough be made with wood pulp came into

Nowadays, to meet the enormous Now comes a man-and any one demands of the press and commerce small thing. The adjustment re- quisition. Linen and cotton rags are



## The

flavour of Luxura Orange Pekoe Tea will instantly appeal to you. Its superior quality is apparent from the very first sip.

After using Luxura, you will pronounce it Simply Delicious. 1 lb. and ½ lb. packages. At all grocers.

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es, read and loved by million

EXTRA!

dapted by Hope Loring and Louis D. Lighton From the novel and play by Owen Wister and Kirke La Shelle

Miss Ryan, Pianist,

EXTRA!
Miss Morris, Violinist.

EXTRA! Mr. J. Cronan, Drums & Effects.

Also

**Larry Semon** 

The

Comedian

Gomedians

**NAGGERS** 

NEIGHBORS

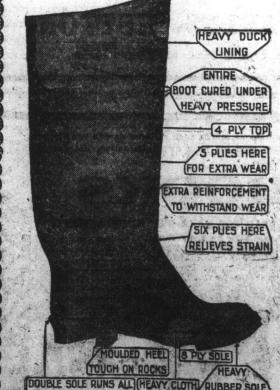
NOTE:—At the Matinees on Tuesday, Wednesday and Thursday, at 3.30, for Parents and Children, a film in connection with Child Welfare Week will be exhibited.

# Pears Soap!

For 135 Years the Favourite Soap of Ladies and Gentlemen.

## BEST FOR BABIES.

sept15,61



## EXCEL Long Rubbers

THE FISHERMAN'S FRIEND

FOR MEN & BOYS are made on a particular shape of last. which gives the foot more room and prevents slipping at the heel and instep. A heavy cloth insole made under a new

nicely fitted in to add extra comfort for the wearer. ASK YOUR DEALER FOR "EXCEL" BOOTS.

process which absorbs all moisture, is

all reliable dealers from coast Distributed by

Parker & Monroe.

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Best Quality Daffodils, Tulips, Hyacinths, Freesia and Mixed Gladioli.

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WHO WILL **GET YOUR LIFE** INSURANCE MONEY.

Statistics prove that 90 per cent. of Cash Estates of \$5,000 .-00 and upwards are lost in seven

years. 65 per cent. of Widows lose their all in five years. A widow generally has no experience in making investments, and is liable-through bad advice to

dissipate her whole capital. Make Your Life Insurance Payable to The Eastern Trust Co.

n Trust for your wife and children. This will assure them of a permanent Income from these

DO IT NOW.

The Eastern Trust Co., Head Office Halifax, Nova Scotia. Nfld. Branch Pitts' Building. St. John's

Prince of Wales' Rink.

Special summer rate for Garden Party Dances, Boxing, Wrestling, etc. \$25 per night. (N. B. — "Regatta Night" is gone). Bookings may be made with the Royal Stationery Co., 180 Water Street, or with P. E. Outerbridge, Sec.-Treas., St. John's Skating Rink Co.,

LETE'S REMEDY.