

W. C. T. U. Notes.

Woman's Christian Temperance Union first organized in 1874. AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law. Motto—For God and home and Native Land. Badge—A knot of White Ribbon. Watchword—Agitate, educate, organize. Let us not therefore judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way. RM. 14-31. Business meeting of the W. C. T. U. the last Monday of every month. OFFICERS OF WOLFVILLE UNION. President—Mrs. B. O. Davidson. 1st Vice President—Mrs. G. W. Miller. 2nd Vice President—Mrs. J. G. Elderkin. Recording Sec'y—Mrs. Ernest Redden. Cor. Secretary—Mrs. W. O. Taylor. Treasurer—Mrs. H. Pineo. SUPERINTENDENTS. Evangelistic—Mrs. J. G. Elderkin. Parlor Meetings—Mrs. D. G. Widden. Labrador Work—Mrs. J. W. Vaughan. Fisherman and Lumbermen—Mrs. W. E. Fielding. Loyal Temperance Legion—Mrs. W. O. Taylor. Flower, Fruit and Delicacies—Mrs. A. W. Bleakney. Press and Willard Hall—Mrs. M. P. Freeman. White Ribbon Bulletin—Mrs. Hutchinson. Temperance in Sabbath-schools—Mr. C. A. Patriquin.

"Your Teeth"

BY REA PROCTOR MCGEE, M. D., D. D. S., PITTSBURGH, PA.

SOME DO AND SOME DON'T

There are two classes of people in the world, those who do brush their teeth and those who don't. If you are a member of the "dons" now is your chance to join the "doos." Nearly all of the people who believe in soap, believe also in the tooth brush.

There are many kinds and shapes of tooth brushes, so many in fact, that the average citizen usually walks into the neighborhood drug store, whispers his secret to the clerk, and takes any brush that renders the largest margin of profit to the business.

There are people who become very much attached to their tooth brushes; they are not so much attached to the principal of brushing their teeth as they are to the individual brush. This is a good idea if it isn't carried too far. It is no longer good form to use the tooth brush as an heirloom. An heirloom to be successful is supposed to be used with gratifying results by successive generations. Each generation is expected to have its own tooth brush, in fact in the best families, a tooth brush should retire from active duty in about three months, or less.

When you select a brush, get a medium or a small size so that you will have enough room in your mouth to move it around. The bristles should be set a little distance apart and should be cut wedge-shaped at the brushing end. This makes the brush more lively and it will do far better work than a smooth cut brush with the bristles set close together.

Brush your teeth with an up-and-down movement, inside and out and on the occlusal or biting surfaces. But, don't forget to brush your gums. Brush your gums with a circular movement and go after your cheeks and tongue. Instead of directing people to brush their teeth we should say "brush your whole mouth." Be one of the "doos"; the taste is remembered long after the cost is forgotten.

Owners of automobiles in New Zealand are required to pass an examination in driving to show that they are capable of operating their machines before a license is granted.

The speed limit for automobiles in Japan is from 20 to 30 miles an hour.

Ask for Minard's and take no other.

Wedded at Greenwich

The Greenwich Methodist church was the scene of a pretty wedding, which was the first one since the new church was built, on Wednesday afternoon, June 23rd, at 3, when Dorothy Alice, daughter of Mr. and Mrs. Charles C. Brown, became the bride of Arthur Leslie, Supervisor of the Nova Scotia Hospital, Dartmouth. The bride, who was given away by her father, was becomingly attired in a tailor made suit of navy serge, white crepe-de-chine waist, black picture hat faced with Copenhagen blue georgette, and carried a beautiful bouquet of white carnations and sweet peas.

The church was beautifully trimmed with sprays of bridal wreath, daisies and potted plants, and was filled with friends and relatives of the contracting parties, who were ushered to their places by the Misses Annie Pearson and Rena Cox, who looked winsome in dainty dresses of white, and the wedding march was beautifully rendered by Miss Gladys Newcombe, of Port Williams. After the ceremony was performed by Rev. W. Henry Watts, Wolfville, the bridal couple were driven to the station, and amidst showers of confetti and rice they left on the express train for Dartmouth where they will in future reside.

The many presents received showed the high esteem of countless friends, and on their arrival home they were presented with a beautiful fumed oak rocker from the male staff of the hospital. The groom's gift to the bride was a set of furs, and to the organist a dainty brooch. The bride was given a miscellaneous shower on June 15th, at the home of Mrs. Fred Forsyth.

Publications for Farmers

The new list of publications of the Department of Agriculture at Ottawa contains titles of nearly three hundred and fifty bulletins, circulars, and other pamphlets that deal with agricultural practices. These cover the whole range of agricultural and horticultural pursuits, including dairying, field crops, live stock, orchard and garden crops, poultry, insects and plant disease, farm building construction, farm machinery and many other topics. The subjects are arranged alphabetically under general titles. Not only are the lists themselves available from the Publications Branch of the Department but any of the publications therein contained.

Keep Minard's Liniment in the house.

Guard Baby's Health in the Summer

The summer months are the most dangerous to children. The complaints of that season, which are cholera infantum, colic diarrhoea and dysentery, come on so quickly that often a little one is beyond aid before the mother realizes he is ill. The mother must be on her guard to prevent these troubles, or if they do come on suddenly to banish them. No other medicine is of such aid to mothers during hot weather as is Baby's Own Tablets. They regulate the stomach and bowels and are absolutely safe. Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Don't Be Pessimistic

Don't be pessimistic so far as your home town is concerned. Can't you see that if you go about with a long face bemoaning the miserable fate of your home town, it only pulls it down? Don't say that the town is dead, that its citizens are back numbers, that the population is steadily decreasing and a hundred other evils that probably exist only in your own mind. If you can't say anything good, then keep still. Don't let other people know that you haven't the energy to move away from such a miserable hole as you claim you are living in. If you are a property owner don't tell the whole world that your property is worth just half as much as it was a year ago. It is very possible they may believe you and some day you may want to sell that property and you will be able to get just half its worth. So you see when you talk against your home town it only hurts yourself. Your town has as good a chance as many other towns, of becoming an enterprising city. All it needs is a few good boosters. So put your shoulder to the wheel and boost and the result will richly repay you for your trouble.

Swat Him

Because the fly is small and does not roar like a lion or devour its prey at a mouthful, mankind pays little attention to it. But the fly is as deadly a foe to civilization as any of the pests of more fearsome aspect which man makes it his business to exterminate. The fly's attack is insidious and therefore the more to be guarded against. He buzzes into the houses, drops his deadly disease germs where they will fertilize and buzzes out again to pick up a fresh cargo. Swat him, he is your enemy.

Greenwich News Notes

Mrs. Eliza Wellener, of Aylesford, formerly of this place, is visiting friends here.

Mr. Burpee Bishop and Mr. Hazen Bishop with their "Liz-zie's", and a party of four men to each car, enjoyed a trip of five days recently, going to Yarmouth, then around the South Shore, thence home, making a distance of 400 miles.

Our school is now closed and the teacher, Miss Evelyn Forsyth, has returned to her home, New Minas.

Miss Charlena Pearson returned to her home here recently, having resigned her position in the post-office at Yarmouth.

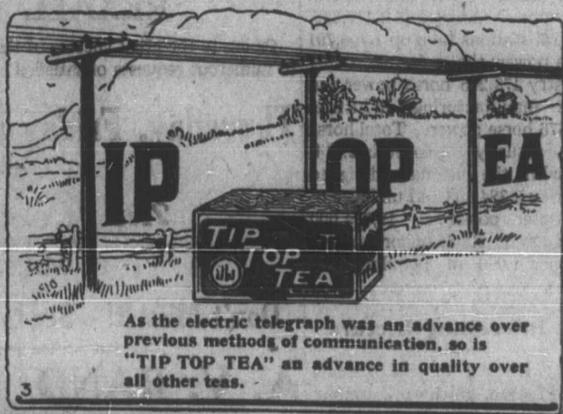
Miss Lillian Bishop, who has been ill and confined to her room the past three weeks, we are glad to state is much better.

Mr. H. H. Marshall, who has been seriously ill, is also much improved.

The many friends in this place of Mrs. Elliott Fuller, of New Minas, were greatly shocked to

hear of her death on Saturday morning, June 26th, after an illness of only one day. Mrs. Fuller was a daughter of Mr. C. C. Brown, recently of this place, and a successful surgical nurse before marriage. Mrs. Fuller was present at the shower given her sister recently, and her company was enjoyed by her friends. She was also present at the wedding on 23rd, going to the station with a host of others to see the wedding party off. Deepest sympathy is extended to all bereaved ones, especially to the husband now left alone.

The Governor-General and party will make a tour of Nova Scotia arriving in Halifax, July 23. Besides their Excellencies, the party will consist of Lady Maude Mackintosh, Lady Rachel Cavendish, Lady Blanche Beresford, Lady Anne Cavendish, two A. D. C's and Lieut. Henderson. They will visit Sydney, Bras d'Or, Canso, Halifax, and Shelburne, Yarmouth and the Annapolis Valley.



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