

The Upward Look

The Meaning of Christmas.

And the angel said unto them, Fear not; for behold I bring you good tidings of great joy, which shall be to all people. For unto you is born this day

a Saviour, which is Christ the Lord.—St. Luke 2:10, 11.

The joyous Christmas season is with us once more, with all its sacred, inspiring memories, and its promptings to the accomplishment of better things. Throughout the world wherever the love of God and of His only begotten Son Jesus Christ is known, the hearts of humanity rejoice at this season as during no other period of the year. It brings to our memory the greatest and most wonderful evidence of love the world has ever known, and in proportion as our hearts catch and radiate the inspiration it conveys do we rejoice in and enjoy the Christmas tide.

The beauty and the glory of the Christmas spirit lies in the fact that it is no respecter of persons. It may be found in all its beauty and fullness of power in the hearts of the rich and the mighty as well as in the hearts of the poor and the apparently forsaken, for no one is forsaken who is conscious of God's love. The spirit of Christmas is the product and manifestation of the spirit of love, and can be found only where love abounds. And just as the poor have the same capacity to love and the same desire to be loved that all classes in the community have, so the Christmas spirit may be found in their homes as surely as anywhere else where love abides.

Much to be pitied are those who think that the spirit of Christmas consists only in the giving and in the receiving of gifts. The deepest parts of our being recoil from anything that partakes of hypocrisy and sham. Gifts that are bestowed with any other motive than a desire to manifest the giver's love for the receiver are shams, it matters not how costly they may be. In the words of St. Paul, "Though I bestow all my goods to feed the poor, and though I give my body to be burned, and have not love, it profiteth me nothing." There is an intercommunion of spirits which we cannot see but which is very real. It enables us to pierce through every disguise and to discern the real and worthy motive as well as to detect the false and the counterfeit.

"Love," St. Paul told us, in his great epistle to the Corinthians (13th chapter) "seeketh not her own." It does not worry itself wondering what others are going to do for it. It has no time or inclination for such thoughts. Instead, it is occupied to the full with its desire to manifest its love for others even if this can be done in no other way than by means of kind words, helpful deeds or encouraging smiles.

Love cannot be bought. All the wealth in the world does not enable a man to purchase true love. He must first be worthy to receive it. It is because we feel this instinctively that the loving words of a true friend, even when unaccompanied by a gift, have the power to warm our hearts and shed joy along our pathway, as nothing else can.

Therefore, if we be not as happy at this Christmas season as we feel we should be, we must look for the reason in our own hearts. Are our hearts full of joy and gladness, and of loving gratitude to God because of his great gift to us? Do we desire that others shall share our rejoicing, and are we doing all that we can, even if it be in but the simplest of ways, to help them to do so? Jesus Himself told us that it is more blessed to give than to receive. In proportion as we remember this saving and loving gift from a loving heart, the best that our means afford, will this Christmas season bring joy and gladness to our hearts and to the hearts and lives of others.—I. H. G.

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FARM AND DAIRY, PETERBORO, ONT.

A Christmas Carol

God rest you merry gentlemen,
Let nothing you dismay,
For Jesus Christ our Saviour
Was born upon this day,
To save us all from Satan's power,
When we were gone astray,
O tidings of comfort and joy
For Jesus Christ our Saviour
Was born on Christmas day.

In Bethlehem in Jewry

This blessed Babe was born
And laid within a manger
Until this blessed morn;
The which has made us men,
Nothing did take in scorn.

O tidings, etc.

From God our heavenly father

A blessed angel came,
And unto certain shepherds,
Brought tidings of the same,
How that in Bethlehem was born,
The Son of God by name.

O tidings, etc.

Fear not, then, said the angel,

Let nothing you afright,
This day is born a Saviour
Of virtue, power and might;
So frequently to vanquish all,
The friends of Satan quite.

O tidings, etc.

The shepherds at those tidings,

Rejoiced much in mind,
And left their flocks a-feeding
In tempest, storm and wind,
And went to Bethlehem straight way,
This blessed Babe to find.

O tidings, etc.

But when to Bethlehem they came,

Whereas this infant lay,
They found him in a manger,
Where oxen feed on hay,
His mother Mary kneeling,
Unto the Lord did pray.

O tidings, etc.

Now to the Lord sing praises,

All you within this place,
And with true love and brotherhood,
Each other now embrace;
This holy tide of Christmas
All others doth deface.

O tidings, etc.

'Twas the night before Christmas

When all through the house
Not a creature was stirring,—not
even a mouse;
The stockings were hung by the chimney
with care,
In hopes that St. Nicholas soon would
be there.

—Moore.

THE COOK'S CORNER

Recipes for publication are requested. Inquiries regarding cooking, recipes, etc., gladly answered upon request, to Elizabeth B. Miller, Farm and Dairy, Peterboro, Ont.

To Prepare Cranberries

JELLIED CRANBERRY

Wash and look over one quart of berries. Sprinkle over them one pint of sugar and one pint of water. Cook slowly. When they begin to boil cover over a few moments and cook until tender, but do not allow skins to break. Pour into a mold. The juice will be firm, inclosing the berries, which makes an attractive and delicious dinner accompaniment.

THICK CRANBERRY JELLY

Wash one quart of berries, add one pint of water, and boil five minutes. Press through a sieve, return to sugar, and add one pound of sugar. Stir until sugar has dissolved, boil for a minute, and turn into a mold. Stand over night in a cool place before serving.

The Sewing Room

Patterns 10 cents each. Order by number and size. If for children, give age, for adults give bust measure for waist, and waist measure for skirt. Also give orders to the Pattern Department.

CHILD'S PAJAMAS, 7233

Both little boys and girls wear pajamas in these sizes, and they are exactly alike for the two sexes. The pattern is made from any material that is liked for sleeping garments.

For the 4 year size will be needed 2-1/4 yards of material 27, 2-1/2 yards 36 or 2 yards 44 in wide.

This pattern is cut in sizes for children of 2, 4 and 6 years of age.

BOY'S MIDDY SUIT, 7244

The midday suit is one of the newest and latest for small boys. Very charming, very attractive and so suggestive of the sailor that the little lad himself is sure to be very while wearing it.

For the 6 year size will be needed 2-1/4 yards of material 27, 2-1/2 yards 36, 1-1/2 yards 44 inches wide with 1-1/2 yard 31 or 27 for collar and sleeve trimming, and 1-1/2 yards of any width for the shield.

This pattern is cut in sizes for boys of 4, 6 and 8 years of age.

COATLE BLOUSE, 7196

The coatle blouse is exceedingly smart this season and this pattern is especially adapted for many materials. It can be made with the pointed collar, revers or without them and finished with 1-1/2 yards of the pelum is joined on a slightly raised waist line and the blouse is altogether a most satisfactory one.

For the medium size will be required 3-1/4 yards of material 27, 2-1/2 yards 36, 2-1/2 yards 44 inches wide with 1-1/2 yards of all over lace 18 inches wide for the chemise and under-sleeves.

This pattern is cut in sizes 34, 36, 38, 40 and 42 inch bust measure.

SKIRT FOR MISSES AND SMALL WOMEN, 7222

The skirt that is out with this season only is one of the best liked just now. This one includes also the panel feature that is to be noted in the latest models. It gives a straight and narrow effect, yet it is not exaggerated in any way.

For the 16 year size will be required 3 yards of material 27, 2-1/2 yards 36 or 44 inches wide, with 1-1/2 yard of any width for the panels, width of skirt at lower edge 2 yards.

This pattern is cut in sizes for misses of 14, 16 and 18 years of age, and will be mailed to any address by the Fashion Department of this paper on receipt of ten cents.

CARE IN ORDERING PATTERNS

The name and state size, also number of pattern, do not send illustrations or patterns. Order by number and size only.