

When Drugs Fail to Cure Constipation

Thousands of sufferers from Constipation and all its attendant ills, strive along from day to day, vainly endeavoring to shake off their affliction by the use of drugs. In the end they are still sufferers and what is more they are slaves to the drug habit. If only these people could learn for themselves how truly efficient Dr. Charles A. Tyrrell's J.B.L. Cascade treatment is for afflictions of this kind they would shorten their sufferings by many days and soon know again the joy of stalwart, perfect health.

If one of these sufferers who has been cured by the Cascade could speak to you personally he would in the greatest enthusiasm talk to you as Mr. E. Nighswander, of Green River, Ontario, writes: "For years I have been troubled with constipation, ulcers in the bowels and piles, which all the money and doctors only seemed to relieve temporarily. The J.B.L. Cascade has completely cured these troubles and I feel it a duty I owe to my fellowmen to endorse the Cascade in the very highest terms. No amount of money could estimate the value it has been to me. No home should be without a Cascade."

Over 300,000 people now use the J.B.L. Cascade. Write Dr. Tyrrell to-day. He will be glad to send you his free book, "Why Man of To-day is Only 50 Per Cent. Efficient," and full particulars if you will address him Charles A. Tyrrell, M.D., Room 521-8, 280 College St., Toronto, Ont.

people were kind enough to put me up."

Witham laughed. "I have been taken for another man before. Would you like anything to drink, or a smoke before you turn in, trooper?"

"No, sir," said the lad. "If you'll sign my docket to show I've been here, I'll get some sleep. I've sixty miles to ride to-morrow."

Witham did as he was asked, and the trooper withdrew, while when they sat down to a last cigar it seemed to Dane that his companion's face was graver than usual.

"Did you notice the lad's astonishment when you came in?" he asked. "He looked very much as if he had seen a ghost."

Witham smiled. "I believe he fancied he had. There was a man in the district he came from whom some folks considered resembled me. In reality, I was by no means like him and he's dead now."

"Likenesses are curious things, and it's stranger still how folks alter," said Dane. "Now, they've a photograph at Barrington's of you as a boy, and while there is a resemblance in the face, nobody with any discernment would have fancied that lad would grow into a man like you. Still, that's of no great moment, and I want to know just how you spotted the gambler. I had a tolerably expensive tuition in most games of chance in my callow days, and haven't forgotten completely what I was taught then, but though I watched the game I saw nothing that led me to suspect crooked play."

Witham laughed. "I watched his face, and what I saw there decided me to try a bluff, but it was not until he turned the table over I knew I was right."

"Well," said Dane dryly, "you don't need your nerves toning up. With only a suspicion to go upon, it was a tolerably risky game. Still, of course, you had advantages."

"I have played a more risky one, but I don't know that I have cause to be very grateful, for anything I acquired in the past," said Witham with a curious smile.

Dane stood up and flung his cigar away. "It's time I was asleep," he said. "Still, since our talk has turned in this direction, I want to tell you that, as you have doubtless seen, there is something about you that puzzles me occasionally. I don't ask your confidence until you are ready to give it me—but if ever you want anybody to stand behind you in a difficulty, you'll find me rather more than willing."

He went out, and Witham sat still very grave in face for at least another hour. (To be continued.)

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Notes on Music

THE choir of St. Paul's Presbyterian Church in Montreal gave the "Elijah" oratorio a few days ago. This choir, conducted by Mr. F. H. Blair, has for some time had the reputation of being the best church choral body in Montreal—at least among Protestant churches. The successful performance of the whole oratorio "Elijah" should be a proof of this. Has any other church choir in Canada ever done successfully a work of such magnitude? The "Star" critic evidently appreciated the work—for he criticized it. He says:

"To 'get away' with an oratorio like 'Elijah,' a work fairly draped with tradition, is no light task; and Mr. Blair is to be congratulated both on his zeal and on his success. There is excellent material in the choir. Mr. Blair has instilled a lively appreciation of rhythm into his singers, and has taught them to pronounce their words clearly and to sing in tune; niceties, overlooked by choir-masters at times. Even when the scanty players from the Boston Festival Orchestra slipped, the choir maintained its balance remarkably well; and slight uncertainties in entry were not serious. Finer shading was needed in many passages, however. The 'Baal' choruses were not springy enough, although delivered with robust tone; and the fullest dramatic values were lost through lack of contrast in expression. This was not surprising, since the primary function of a church choir is to sing church music and 'Elijah' does not belong in this category."

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