

## SHE CURED HER HEART DISEASE

When She Cured Her Kidneys With Dodd's Kidney Pills.

Mrs. Henry J. Jacques found a speedy relief for all her troubles, and now enjoys the best of health.

St. Rose du Lac, Man., (Special)—That Heart Disease is one of the results of disordered kidneys, and is consequently easily cured by Dodd's Kidney Pills, is the experience of Mrs. Henry J. Jacques of this place.

"My heart troubled me all the time," said Mrs. Jacques in an interview. "And I knew what terrible results might follow. The fact that my limbs would swell and my back ache led me to believe that I also suffered from Kidney Disease, so I determined to try Dodd's Kidney Pills. I bought four boxes, and before I had finished the third box the swelling was gone, my back was well, and my heart no longer troubled me. I am now in the best of health, and I owe it to Dodd's Kidney Pills."

Heart Disease is one of the troubles that come from unhealthy Kidneys. They fail to strain the impurities out of the blood, and those impurities are bound to affect the heart, which is the engine that propels the blood through the body. To cure Heart Disease cure the Kidneys with Dodd's Kidney Pills; to prevent Heart Disease keep the Kidneys toned up and healthy by using Dodd's Kidney pills.

**Biliousness**  
Torpil Liver, Sour Stomach, Indigestion, Sick Headache — all cured by a regular morning glass of



**Abbey's Effer-Vescent Salt**  
25c and 60c. At dealers.

## Eyeglasses Not Necessary

Eyesight Can Be Strengthened, and Most Forms of Diseased Eyes Successfully Treated Without Cutting or Drugging.

That the eyes can be strengthened so that eye glasses can be dispensed with in many cases has been proven beyond a doubt by the testimony of hundreds of people who publicly claim that their eyesight has been restored by that wonderful little instrument called "Actina."

"Actina" also relieves sore and Granulated Lids, Iritis, etc., and removes Catarracts without cutting or drugging. Over ninety thousand "Actinas" have been sold; therefore the Actina treatment is not an experiment, but is reliable. The following letters are but samples of hundreds we receive.

F. W. Brooks, Baughene, P. O., Canada, writes: "Owing to having severely strained my eyes writing and checking at night, my eyes became very painful, and I could not bear the light. After using 'Actina' less than four months I can read and write as well as ever."

Amanda G. Dumphy, Narhwaak Village, N. B., Canada, writes: "I have used 'Actina' as directed and I can truly say it has done more for my eyes than I expected. I wore glasses for five years and suffered much pain. Since using 'Actina' I can sew or read without glasses and my eyes do not pain me."

John Krähmer, Ricketts, Pa., writes: "Several years ago my eyesight began to fail. Oculists prescribed glasses but I received little benefit from them. After several months' use of 'Actina' I could read and write by almost any kind of light. I would not take one hundred dollars for my 'Actina.'"

"Actina" can be used by old and young with perfect safety. Every member of the family can use the one "Actina" for any form of disease of the Eye, Ear, Throat or Head. One will last for years and is always ready for use. "Actina" will be sent on trial, prepaid.

Send your name and address to the Actina Appliance Co., Dept. 818 811 Walnut Street, Kansas City, Mo., and receive absolutely FREE a valuable book—Professor Wilson's Treatise on Disease.

When writing advertisers please mention The Western Home Monthly.

## In Lighter Vein.

**Natural Phenomena.**—A dandy on shore is disgusting to many, but a swell at sea is apt to sicken everybody.

**Not Enjoyable.**—"Delighted to see you! How did you enjoy your visit to the Riviera?" "Oh, not very much! There wasn't a soul where I was staying except intimate friends."

**A Steady Death-Rate.**—Lady Tourist: "This must be a very healthy village. Now, what may the death-rate be?" Old inhabitant: "Wonderful steady, ma'am, wonderful steady. One death to each person—right along!"

**Wrong Definition.**—"Love," said the poet, "is a mystic influence; it is a message and a response, voluble in a flash of thought; it conquers time and distance, and its exchange requires no medium for transmission." "That's not love," said the practical man; "you're talking about wireless telegraphy now!"

**Trouble in Store.**—Martha, who is contemplating matrimony, is no slender, willowy nymph, and Johnson, her betrothed, actually boasts of his avoirdupois. They are "whispering sweet

prominent citizen of hers whose name is chiefly known in connection with the dry goods trade. During an expedition to Norway the German Emperor visited a ship of the Hamburg-American line, aboard which was Mr. John Wanamaker. He was presented to the Kaiser, and at once grasped the Imperial hand, exclaiming, "I am glad to meet such an enterprising young man; that is just the sort of thing we admire in America." The unconventional greeting seemed greatly to please the Emperor.

### The Whiskered Senator.

It is not often that Senator Depew has his patience taxed as severely as it was one day recently on a Washington road car. The Senator boarded a car in the Capitol grounds. Immediately the occupants fell to nudging one another and whispering, greatly to the amusement of Senator Depew, who, though the subject of both nudgings and whisperings, was not supposed to be conscious of either. At the Baltimore and Ohio station the car was stopped and boarded by a woman with a small boy. The woman seemed fatigued and out of humor; the boy out of humor but not at all fatigued. Senator Depew embraced



A Struggle for Liberty

nothing," when Martha, with an eye to the future, observes, "Yet perhaps we may have a lot to contend with when we are married." "We shall," says Johnson, cheerfully; "we shall have ourselves!"

**Pat on Swordsmanship.**—A good story is told of an Irishman, more patriotic than clever, who enlisted in one of the smart cavalry regiments. The fencing instructor had experienced a rather difficult job in the matter of explaining to him the various ways of using the sword. "Now," he said, "how would you use the sword if your opponent feinted?" "Bedad," said Pat, with gleaming eyes, "I'd just tickle him with the point to see if he was shamming!"

**They Wouldn't Get Their Hair Cut.**—The prosecutor looked indeed a pitiable object as, with his head swathed in bandages, he gave evidence against the man who had knocked him about. When he had finished the magistrate turned to the prisoner. "Why did you assault this man?" he asked. "I will tell you how it was," replied the prisoner affably. "You see, I'm a barber." "Well?" "And this man sells pianos and spoils my trade." "How's that?" "Why, he gets people to be musicians, and then they leave off getting their hair cut!"

**The Kaiser Astonished.**—Philadelphia has been delighted with a story about a

the new arrivals in his all-pervading smile. The woman looked her surprise; the boy expressed his. "What," he asked, "is that man laffin' at, ma?" "I don't know." "He ain't laffin' at me, is he?" "Oh, keep still!" The boy stared at Senator Depew's carefully trimmed mutton-chop whiskers. He had evidently never seen such hirsute adornment. "Ma!" "Well?" "What's the matter with that man's whiskers? Do you think they grow that way natural?" "Willy, I wish you'd hush." "Why ain't pa's that way?" "If you don't hush, I'll beat you!" Senator Depew's smile was gradually dying from his face. "Ma, don't you think he puts anything on 'em?" "I don't know." "Why does he have so much hair on his face?" "How do I know?" "Mebbe it's because he ain't got any on his head." "Willie!" "Do you think they stay like that all the time? At nights, too?" "Oh, hush!" The boy quieted down for a moment, but only for a moment. "Ma, do you think there's any chance of 'em growing on to me when I'm a man?" "Will, you must not talk any more! Look at that little pony and cart passing by—ain't they cute?" "Yes, ma. But, ma, I'd hate to rub my face up against his'n, wouldn't you?" "Conductor," exclaimed the distinguished New Yorker, "for heaven's sake stop this car! If this idiotic young interrogation point remains on I get off, for I should hate to commit infanticide on such a beautiful day!"

## Caught a Cold Which Ended in a Severe Attack of Pneumonia.

Too much stress cannot be laid on the fact that when a person catches cold it must be attended to immediately, or serious results are liable to follow.

Bronchitis, Pneumonia and Consumption are all caused by neglecting to cure the simple cold.

Mrs. G. W. Bowman, Pattullo, Ont., writes:—"Three years ago I caught a cold which ended in a severe attack of Pneumonia. Since that time at the beginning of each winter I seem to catch cold very easily. I have been so hoarse I was unable to speak loud enough to be heard across the room. Last winter, however, a friend advised me to try Dr. Wood's Norway Pine Syrup, saying it had helped her. I bought a bottle and before it was half used I was completely cured. I also find it a good medicine for the children when they have colds."

Beware of the many imitations of Dr. Wood's Norway Pine Syrup.

Ask for "Dr. Wood's," and insist on getting what you ask for.

It is put up in a yellow wrapper; three pine trees the trade mark; the price, 25 cents. Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

## Druggist Praises D. D. D.

"Your D. D. D. Prescription is the best thing we have ever handled, and is giving good satisfaction with our customers.—Spur Stevenson Drug Co., Birtle, Man.

"I have had Eczema on and off for about three years and nothing I tried has done so much good as D. D. D. It will stop that irritation in a few minutes. I can do my washing and if I have D. D. D. on hand it will ease it at once," writes Mrs. A. J. Squires, Coleman, Ont.

These are just samples of letters we are receiving every day from grateful patients all over the country.

"Worth its weight in gold." "All my pimples washed away by D. D. D." "I found instant relief." D. D. D. is little short of miraculous. These are the words of others in describing the great skin remedy, D. D. D.

Proven by thousands of cures, for ten years, to be absolutely harmless and reliable in every case of skin trouble, no matter what it is.

Write to-day for free bottle to the D. D. D. Laboratories, Dept. M. 49 Colborne St., Toronto.

(For sale by all Druggists.)

## Don't Wear a Truss

**FREE** SPURTS' PLAS-TR-PADS are different from the painful truss, being made self-adhesive purposely to hold the rupture in place without straps, buckles or springs—cannot slide, so cannot chafe or compress against the pelvic bone. The most obstinate cases cured in the privacy of the home. Thousands have successfully treated themselves without hindrance from work. Soft as velvet—easy to apply—inexpensive. Process of cure is natural, so no further use for trusses. We prove what we say by sending you trial of Plapao absolutely FREE. Write TODAY. Address—PLAPAO LABORATORIES, Block 231 St. Louis, Mo.

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