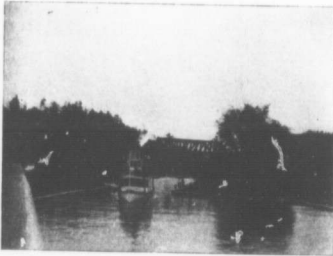


Number Six.

Political organizations and, in fact, all bodies that believe in progress have learned that it is well to come together occasionally to compare notes and gather inspiration for the work yet to be done. The Sun Life of Canada six years ago felt that it would be well for the officials and the agency force to meet face to face and discuss matters pertinent to the advancement of the Company's interests. The wisdom of the course is shown in the enthusiasm and *esprit de corps* of the agency force. Number Six was equal to, if not more enjoyable, than any of the others. The points of interest visited were more varied than in former years, and the itinerary selected was among the most beautiful spots of picturesque Canada.



Str. "Victoria," passing through Kingston Mill's Locks.

The starting point was at Kingston, where, on Tuesday morning, Aug. 20th, the different members of the contingent congregated. After breakfasting at Hotel Frontenac, the party embarked for a day's sail through the Rideau lakes. We will not attempt to describe the beauty of the trip, for we are reminded of the man down East who visited the World's Fair in Chicago, and, on his return home, attempted to give, in an address before a church society, a description of what he had seen. His start was promising, but at times the force

of the subject overcame him, and he exclaimed, "Oh! you ought to have been there!" So the beauties of the Rideau trip have to be seen to be appreciated.

The Rideau is not an ordinary canal, but a waterway between Kingston and Ottawa, made by connecting a large number of the most beautiful lakes on the continent. The actual canal which is comparatively short, was constructed by the British Government as a military work, in 1830, at a cost of five million dollars. If, in the time of war, the navigation of the St. Lawrence were interrupted this canal, in conjunction with the Ottawa river, would furnish direct communication between Montreal and the great lakes. The thoroughness of the work impressed the visitors. Although over seventy years old the masonry of the locks is in as good state of preservation as when first constructed.

It is hard to specify any particular spot along the route, but perhaps Jones' Falls received more attention than any other place. The Falls, the ponderous wall of masonry for the damming of the water for the use of the locks, together with the superb natural scenery, are attractions that demanded much longer time than could be given. At six o'clock the party arrived at Newboro, where a special train was in waiting for Athens, the objective point of the outing. At Athens the hospitable citizens received the visitors with open arms. The Gamble and Armstrong Houses were ready for as hungry a crowd as perhaps ever arrived in this charming village.

The Athens Reporter gives the following interesting report of the evening entertainment:

After supper, which was served as soon as possible, all repaired to the High