

STATISTICS IN MEDICINE

OLD REMEDIES RETAIN THEIR POPULARITY

Investigations of French Physicians Show that Large Production of Synthetic Medicines is Not Crowding Out the Old Favorites.

A late despatch from Paris says:—Prof. Grimbart presented a notable paper before the Academy of Medicine on therapeutic tendencies in the last ten years. Basing his figures on medicines furnished to 219 large asylums and hospitals by the State Pharmacy, he finds that the old-fashioned medicines retain their popularity.

An expert authority on being interviewed states that the tendencies of the medical profession in Canada are along exactly the same lines. He gives the following old-fashioned vegetable mixture as the safest and best treatment for all stomach and liver troubles, constipation, disorder of the kidneys and bladder, and states that many of the leading physicians use these ingredients in some form, often by some fancy and expensive name: Fluid Extract Cassia, 1/2 oz.; Compound Syrup of Marshmallows, 1 oz.; Fluid Extract Carrianna Compound, 1 oz.; Compound Syrup Sarsaparilla, 5 oz. Take one teaspoonful after each meal and at bedtime.

This acts in a pleasant way, and is free from the bad effects of strong purgatives and synthetics.

We advise all our readers to cut this valuable formula out and use it. Any druggist can supply these ingredients at a small expense. You can mix them at home if you prefer.

Country Builders

"Brains," a weekly journal for merchants devoted to the art of advertising, asks some pointed questions and talks sound common sense in its current issue in an article entitled "Newspaper Advertising." Although addressed particularly to merchants possibly it may be applied in some degree to municipalities as a whole. At any rate we pass it on:

If a member of your family died, would you print the resolutions on a billboard?

If your wife entertained, would you send an account of it to the theatre programme man?

If you were going to enlarge your business, would you advertise it in a hotel register?

You would send such items to a newspaper, wouldn't you?

Then why don't you put your advertisements in a newspaper?

Every man who uses the billboard is adding to nature's faking.

Every dollar spent in a theatre programme, in a register, in a directory, or in a handbill, is a legitimate dollar taken away from the newspapers of your town.

The newspapers build your town; why not help build up the newspapers. There is no better advertisement in the world for a town than a good newspaper. A newspaper is the barometer of the town's industry. Show us a good newspaper full of advertising and we will show you a good town, full of live merchants.

Billboards are an eyecore; handbills are a nuisance; theatre programmes are worthless; hotel registers, from an advertising standpoint, are ridiculous.

Newspapers are town builders, town advertisers, fortune-makers, news disseminators, sermon deliverers, prosperity-forecasters—they are a necessity, not a luxury; they must be maintained. Without them we would regress to the mediaeval days.

Don't patronize them from a charitable standpoint—patronize them because they deliver the goods—that is, if they are the right kind.

Cut out the foolishness and work for the upbuilding of your town and State by building up your newspapers.

"The Lord's Day" is man's saving bank; into it he gathers the resources upon which to draw all the week. The man who breaks the Lord's Day robs his own heart, his own muscle, his own brain, his own bones. Every gland and pore and cell demand the weekly day of rest."

SUNLIGHT SOAP

THIS IS IT! The soap that saves you work, and saves you money without injury to hands or article.

Sunlight Soap turns wash-tub drudgery into pleasure.

Get a bar of Sunlight to-day and try.

Follow Directions.

Men do not complain of the sixth commandment, which protects their persons, nor of the eighth, which protects their property; why, then, should they complain of the fourth, which protects their rightful heritage, a weekly day of rest?—Eugene Stock.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

Profitable Bee Keeping

"Bee keeping is my side line," said the wife of a Connecticut farmer. "I have 100 hives and count on making \$5 a hive every season. Sometimes I make a few cents more and other years a few cents less, but \$5 is a good average."

"When I was beginning—I mean during the first five years of my experience as a bee keeper, I had great difficulty in getting new colonies into the hives. To begin with, they would always swarm at the most inconvenient moment, and to prevent escape I had to put down everything and attend to them. Now they swarm when they please and wait until I am ready to present them with their new house."

"This change is accomplished by the simple method of clipping the wings of every queen in my yard. When this is done the bees swarm when they feel inclined to set up housekeeping for themselves, but their queen being unable to join them they do not fly very far."

"When a swarm is reported I wait until it is convenient, then go out with my classes on and looking about in the grass soon discover her majesty floundering about in her efforts to join her devoted subjects. I pick her up, have the hive from which the new swarm has come moved to another spot, and set an empty hive in its place."

"By and by the new swarm, missing their queen, will return in search of her and enter the hive placed to receive them. When a good part of them have gone in I place the queen at the entrance and leave her to do the rest. An hour or so later they will be found busily at work making themselves comfortable in their home. This method does away with handling the bees and of course removes all danger of being stung."

"In May I place extra hives, one at a time, between the brood body and the lid of the hive. These extra bodies contain 24 little wooden frames with thin sheets of beeswax foundation in them. This the bees draw out and fill with honey," reports the New York Sun.

"When this extra body is about half full I slip another under it, so that the bees, having to pass through it to complete their work in the upper boxes, will be induced to continue their work in this once the first forms are completed. In exceptional years I have had colonies fill five of these extra hives, and the honey would all be good."

"As each of the 24 divisions into which these extra bodies are divided contains one pound of honey when it is filled you may make your own calculations about the amount of honey to be expected from a well-kept colony of bees. As soon as the cells are sealed it is best to remove the extra hive, for if it is left the bees crawling back and forth over the white comb will soon discolor it."

"Besides the spring honey which begins in May, and as a rule ends in July, there is usually a late or fall flow of honey during August, and the first part of September. This is, as a rule, darker in color, but I think richer in flavor. It is not so saleable as the lighter colored honey, and for that reason I keep it for home consumption. There is always enough to give our table a bountiful supply. He sides some to sell to the neighbors and the country stores at a reduced price."

"When the hives are opened in the spring, if any are short of food I supply sugar and water syrup until the fruit blossoms make extra feeding unnecessary. It is for these fruit blossoms that I put on the first extra hive."

"Instead of finding my bees as troublesome as chickens, I have found them very much less trouble and almost no expense once they are well hived. They forage for their food and as none of our near neighbors keeps bees they have their range without rivals."

"No, bees have not superseded chickens on our farm. We still raise as much poultry as we can handle, but I do not find that they interfere with each other in the slightest. As I look at it bees take up a material that would otherwise be wasted. Think of the sweetness in our fields that would all go to waste if it were not for the bees."

"All that I have to do is to furnish the bees with a house and keep them from freezing in the winter. All the assistance I get in handling the bees and the honey is from my hired girl and the two hired men. Even if there was not a bee on the place we would still have the same amount of hired help."

Men do not complain of the sixth commandment, which protects their persons, nor of the eighth, which protects their property; why, then, should they complain of the fourth, which protects their rightful heritage, a weekly day of rest?—Eugene Stock.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

NEGLECTED SCALD CAUSED MONTHS OF AGONY

Spent Dollars in vain but Zam-Buk Cured Her.

Following we give the testimony of a lady who if she had known of Zam-Buk earlier would have been saved nine weeks of agony.

Mrs. Frederick Bryant, of 169 Railway Avenue, Stratford, Ont., says:—"I scalded my foot while preparing supper. Next day the skin came off and my foot was in a serious condition. I could not wear my shoe and had to lay up for nine weeks. During this time I used dozens of salves but none did any good, in fact the wound developed into a running sore. I got no rest day or night from the pain. At this point a supply of Zam-Buk was obtained and a few applications had immediate effect in soothing the pain and irritation. A small supply proved sufficient to heal the scald, although I had spent dollars in other remedies. New skin has now formed nicely over the open sore."

"Zam-Buk is the most wonderful and effective remedy I have used, and I advise others to use it."

Zam-Buk is equally effective in curing burns. Mr. Geo. Gilmore, caretaker of the E. Clements Block, Winnipeg, testifies as follows:—"I sustained a series of bad burns while attending to the large furnace which heats the buildings. One burn on my wrist was particularly bad and gave me great pain. I applied some Zam-Buk, and in forty-eight hours all that remained of the burn was a slight scar. Zam-Buk seemed to take the pain away like magic. It is a splendid balm to keep handy, its healing powers being simply marvelous."

There is nothing to equal Zam-Buk as a family balm. Its uses are so wide. It has been proved a sure cure for eczema, ring-worm, ulcers, abscesses, piles, bad leg, suppurating wounds, cuts, bruises, chapped hands, cold cracks, and all skin irritations and cold sores. Rubbed well into the part affected it cures rheumatism, sciatica, neuralgia, etc. All druggists and stores sell at 50c. per box, or post free from Zam-Buk Co., Toronto, on receipt of price.

GIANT TOMATOES.

When E. M. Wiggin, of 2000 North Valley street, Kansas City, wishes to recharge his winter larder with car-sun he does not go forth in the spring and plant a vineyard of the luscious "love apples," necessary to its composition. Instead, he takes two or more of the tiny dislike seeds, buries them in a certain mysterious manner and waits for the harvest.

How does Wiggin, who is an ordinary brick mason, plant the seed in order to produce skyscrapers of vegetable life? It is very simple and easy, he says, but neighbors who have tried his system, as he explains it, with indifferent results, think he is holding something back. Their vines have no fruition when over three feet in height.

Last year Wiggin had three vines. Two of them were more than 11 feet high and contained just 34 tomatoes apiece. The tomatoes nearest the ground weighed from 2 1/2 to 3 pounds each.

The way Wiggin explains his process of giant tomato culture follows: About the middle of April he plants the seed in holes eighteen inches or two feet deep. As the plant grows he tramps earth mixed with stable refuse about the stalk until the hole is completely filled.

The tomato, Wiggin explains, is a product of South America, where it grows to the height of 20 feet in the damp and warm morasses along the Amazon river.

"Any one can grow enormous tomatoes," says Wiggin. "If he will take an encyclopedia and look up the word and then try to imitate the conditions the book says were enjoyed by the original plant. That was the way I did, and these are the results."

STOMACH DISTRESS.

Every family here ought to keep some Diapiesin in the house, as any one of you may have an attack of indigestion or stomach trouble at any time, day or night.

This harmless preparation will digest anything you eat and overcome a sour stomach five minutes afterwards.

If your meals don't tempt you, or what little you do eat seems to fill your stomach, or if you have heartburn, that is a sign of indigestion.

Ask your pharmacist for a 50-cent case of Pape's Diapiesin and take one triangle after supper to-night. There will be no sour risings, no belching of undigested food mixed with acid, no stomach gas or heartburn, fullness or heavy feeling in the stomach, Nausea, Debilitating Headaches, Dizziness or Intestinal Cramping. This will all go, and, besides, there will be no sour food left over in the stomach to poison your breath with nauseous odors.

Pape's Diapiesin is a certain cure for all stomach misery, because it will take hold of your food and digest it just the same as if your stomach wasn't there.

Actual, prompt relief for all your stomach misery is at your pharmacist, waiting for you.

These large 50-cent cases contain more than sufficient to cure a case of Dyspepsia or Indigestion.

A HYSTERICAL NOVEL

(continued from page 3.)

band mischievously. "See, John! Everybody on the train is reading Dom Pedro!"

It was so, and every reader's face was on a broad grin as if the story was giving unlimited enjoyment.

In a few minutes the man who sells books on the train came along. He stopped at the section of the young Kansas author, and, resting his pile of books on an arm of the seat, said:

"Sell you a book to-day, sir, madam? I have a full list of all the historical novels, the big ones: 'The Lions of the Lord,' 'The Crisis,' 'The Captain,' 'Richard Carvel,' 'Maid of Paradise,' the whole lot of 'em. And say! Here's the best one of the pile, 'Dom Pedro.' Now there's a story that just simply runs up a score of sixty-five yards, run down the field and a touch-down and a goal two minutes after the ball is put into play. Everybody is reading it. See 'em? Right here. Just the same in all the coaches and the smoker. The first part of the story is slow. It lacks snap and go, but the second half just naturally hurdles along; and I'll bet you fifty cents, sir you can't begin, say, at chapter six and lay the book down, not even when the first call for dinner comes. I've got a girl living at Osage City, and on this run I'm always on the lookout for her. She lives close by the track, and I always go out, and wave my hand, and throw her a kiss. But, sir, coming up last week, I got hold of 'Dom Pedro,' and was reading that passage about the court wedding when Mrs. Nation walked in on the obsequies; and, sir, the train halted by Osage City, and I never looked up. The girl was mad, and on the return trip she never came to the door to see me. When I lay over at Kansas City, I sent her a copy of 'Dom Pedro' as a sort of make-up, you know; and today, as we went through Osage, there she sat, on the steps of the house reading that novel and she was so interested she never once looked up when No. 6 went by. Yes, sir; that's the gospel truth. And if you don't believe it, read the book. You can begin most anywhere after the sixth chapter, and—"

"Give me two copies," interrupted Mr. John Sterling, looking straight ahead, while his wife looked out of the window and tried to look tragic. "Sorry, I find I haven't got but one copy. All sold out. Wait; I'll trade with some one before we get through; going through to St. Louis? Ah, yes. Lots of couples making the trip this summer. \$1.50. Thank you. You'll find 'Dom Pedro' just the thing if you're inclined to be dyspeptic or gloomy. It'll make you feel happy for a week. Everybody in it has such a good time except the Sultan of Turkey, alive at the last. Well, I must amble on."

Late that afternoon, just before the porter had lighted up the sleeper, Mrs. John Sterling nestled up to her husband, and said in a whisper:

"It is better to make people laugh than cry; isn't it, dear John?"

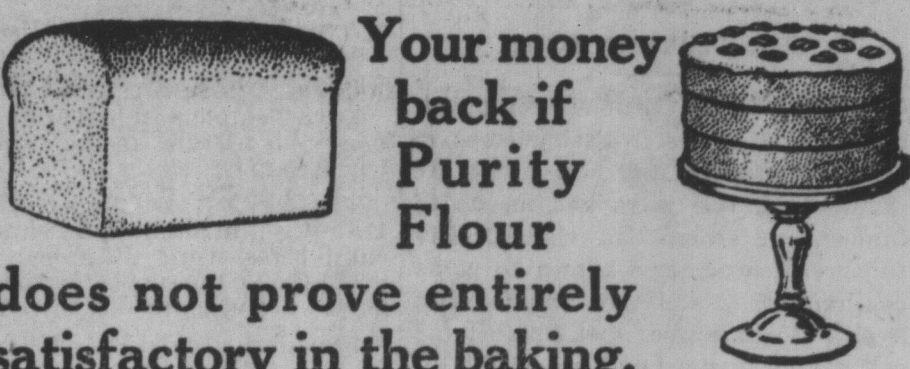
And John, as he felt the wad of bills in his breast pocket on one side and the fair head of his hysterical novel-writing little wife on the other, agreed with her that it certainly was.

Don't Do It

In a recent issue of one of the American newspapers we noticed the following news item: "The barn and carriage house of A. J. Burns, at Newport, N. S., with most of the contents, were burned this morning at an early hour. Mr. Burns went to the barn with a lighted lantern, which he set on a barrel. In some manner the lantern got upset and exploded, the flames spreading with the oil and the barn was soon a mass of flames. He succeeded in saving his cows and horses but his winter supply of hay and grain and other contents were completely destroyed. The fire spread to the carriage house adjoining, and it, with all his carriages, sleighs and harness were burned."

It is unfortunate that accidents of the kind, which might be avoided, occasionally occur. In the course of an address before the Dairy School students at the Provincial Dairy School, Sussex, R. Robertson, Superintendent of the Experimental Farm, Nappan, N. S., strongly urged upon his hearers the importance of following a hard and fast rule in regard to the use of the lantern in the stable.

"There are two things," said he, "that should never be set down on the stable floor, viz., a lighted lantern and a pail of milk." We agree with Mr. Robertson in this matter and we have repeatedly sounded his warning through these columns. You may have set down your lighted lantern a thousand times and you have been fortunate enough in not meeting with any loss by fire. You are liable to get reckless in the matter and too over confident because you have not been scorched at any time. Don't persist in the act, if you do, you will rue it some day. Better stretch a wire tight overhead behind your cows and horses in the barn, put snags or hooks on these wires and when it is necessary to use a lantern hang it up on one of these hooks and slide it down to the required position. Do it now.



Your money back if Purity Flour does not prove entirely satisfactory in the baking.

DON'T simply buy flour from the dollar and cent side of it. Buy high-quality flour. That means PURITY FLOUR. The first little extra cost is more than made up by the extra number of loaves of bread it makes—by the superiority of the bread and pastry in sweetness of flavor and nourishing qualities. Buying Purity Flour is a safe investment. You get large returns, not only on account of Purity's ability to produce more, but because Purity contains the greater nutriment and the vim of a strong hard wheat flour. Food made from Purity Flour gives the consumer health, snap and force, which cannot be gained from the use of the weaker soft wheat flour.

"MORE BREAD AND BETTER BREAD"

PURITY FLOUR

You can buy as little as a 7 pound cotton bag or in 14, 24, 49, and 98 pound sacks. Also in barrels and half-barrels



Purity may cost a little more than some flours but you'll find it more than worth the difference. To be genuine, must bear the Purity trade mark.

WESTERN CANADA FLOUR MILLS CO., LIMITED
Mills at Winnipeg, Goderich, Brandon

THE sale of MORSE'S TEAS has increased enormously in the last few years.

MORSE'S TEAS

Are the Richest Teas obtainable.

SPRING IS COMING



Our new Spring Suits for Men and Boys are already here. Fit-Rite suits in elegant new patterns and smart styles. Fit-Reform Suits in colorings and designs that are gay to look upon. Reliance Brand Clothing for boys, recognized as the strongest and best clothing in Canada. Our prices as always are the lowest possible considering quality.

Bridgetown Clothing Store
J. HARRY HICKS

Rev. Father Morrissey

Rub It In
And The Pain Comes Out

Pains and aches will come to every household, and the prudent mother keeps a bottle of Father Morrissey's Liniment on hand to meet them. Whether it's cuts or bruises, burns or frost-bites, chapped hands or chilblains, sprains or sore muscles, back ache, toothache, ear ache, rheumatism, sore throat or pain in the chest,

Father Morrissey's Liniment

gives prompt relief.

It "rubs in" quickly and thoroughly, going right to the seat of the pain. Scarcely a trace of it stays on the skin. That is one reason why it is so effective.

With a bottle of Father Morrissey's Liniment in the house you can save yourself and your family hours and hours of needless pain.

"There's ease in every drop."

25c a bottle at your Dealer's.

30

Father Morrissey Medicine Co. Ltd. Chatham, N.S.

When answering advertisements please mention this paper

IF YOU WANT Good Goods AT Best Prices

GIVE US A CALL

J. I. Foster

WANTED.

A LARGE QUANTITY OF

HIDES, PELTS, CALF SKINS & TALLOW

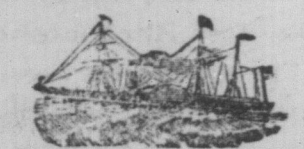
Cash paid at the Highest Market Prices

McKENZIE CROWE & Co., Ltd.

BUILDING MOVER!

I am prepared to move and raise all classes of buildings by land or water. Also

Raising and Moving Vessels. Hoisting Boilers and Engines Out of Steamers.



Have had forty year's experience in the business and am the only practical building mover in the lower provinces.

PRICES RIGHT.

W. A. CHUTE

BEAR RIVER, ANNAPOLIS CO
P. O. Box 104. Telephone 11.

H. & S. W. RAILWAY

Accom.	Time Table in effect	Accom.
Mon. & Fri.	Feb. 7th, 1909	Mon. & Fri.
Read down.	Stations	Read up.
11.45	Lv. Middleton AR.	16.25
12.16	* Clarence	15.54
12.33	Bridgetown	15.36
13.00	* Granville Centre	15.07
13.16	Granville Ferry	14.56
13.34	* Karsdale	14.34
13.55	Ant. Port Wade LV.	14.10

* Flag Stations. Trains stop on signal.

CONNECTIONS AT MIDDLETON WITH ALL POINTS ON H. & S. W. RY. AND D. A. RY.

P. MOONEY

General Freight and Passenger Agent HALIFAX, N. S.

Nova Scotia Fire Insurance Company.

LOWEST RATES consistent with safety. SECURITY FOR POLICY HOLDERS \$40,000.00

STRONGLY REINSURED HEAD OFFICE. HALIFAX JOHN PAYZANT, ARTHUR BAILLE, PRESIDENT. MANAGER.

F. L. Milner, Agent, Bridgetown

Worm Powders.

A sure and positive cure for worms in children and adults.

ATLEE'S WORM POWDERS

Are a sure remedy for worms; our yearly increasing sales and demand for these prove this. They are perfectly harmless being guaranteed under the new Canadian Patent Medicine Act Registered as Number 322. Money refunded if these fail to do the work. Sent by mail to any address on receipt of price 25c per box of 12.

Atlee's Drug & Stationery Store ANNAPOLIS, N. S.

MINARD'S LINIMENT CURES DANDRUFF.

5 cent and 10 cent bundles of newspapers at MONITOR OFFICE.