ment, as the new commandment itself is a development or fulfilment of the fifth commandment.

"Love your enemies," a still further development of the same principle, reaches the seeming impossible when we are called upon to bless them that curse us, to do good to them that hate us, and pray for them that despitefully use us and persecute us. The daily exercise of patience and forgiveness, with Christ's example before us, forms the habit of a Christian walk and conversation.

The exercise of the highest Christian morality is further enjoined in the three precepts: (1) "Be ye merciful as your Father also is merciful," (2) "Blessed are the peace-makers, for they shall be called the children of God;" and (3) "Resist not evil."

## THE GOLDEN RULE: Whatsoever ye would that men should do to you, do ye even so to them.

The keeping of this rule, Christ says, is a general guidance in the keeping of all the commandments of the second table of the law, and is but another form of the new commandment, the essence of the secret of Christ.

HINTS. After the reading of that portion of the Sermon on the Mount beginning with "Ye have heard that it hath been said, An eye for an eye and a tooth for a tooth," a lesson should be given on the forbearance of Christ, illustrated by some of the events of his life. The spirit of forgiveness may be illustrated by an everyday event in which the golden