



## INTRODUCTION

THE Publishers of The Modern Cook Book for New Brunswick cannot help but feel highly gratified with the reception which the idea of this work has met, both from the women's organizations interested in the sale and on the part of the thrifty housewife who appears to welcome the opportunity of an exchange of tried and tested recipes with neighbors in her own town and with women in other parts of New Brunswick. We believe that the recipes found within the covers of this book will be found practical and economical and are guaranteed to be the best of their kind.

Interest in this volume, however, has not been confined altogether to the women. Mr. Peter Clinch, of St. John, whose camp cooking is said by those who know him best to be nothing short of a delight, submits four recipes which, if properly followed, should produce tasty dishes indeed fit for a king.

Acknowledgment should be made to ladies of St. John, St. Stephen, Fredericton, Moncton, Bathurst and other centres whose names are to be found, in most cases, signed to their recipes. In cases where initials only are given, the town is also mentioned.