

For the Effects of La Grippe. One of our sisters suffered from weakness of the nerves in the head since she had a grippe four years ago. She didn't sleep more than half or one hour, and sometimes not at all at night; she had also difficulty to breath so that she didn't expect to live; to head different medicines for about a year without any relief, but after she took Pastor Koenig's Nerve Tonic her health was restored and she enjoys good sleep again.

SISTER OF ST. CLARE.

Chatawa, Misa, March, 1883.
We used Pastor Ecenig's Nerve Tonic for pervousness, for which it gave great relief and refreshing sleep.
SISTERS OF NOTRE DAME.

A Valuable Book on Nervous Dis enses and a sample bottle to any at dress. Poor patients also get the med-leme free. If has been prepared by the Rev. Father fort Wayne, Ind... : noe 1876, and is now rection by the

KCENIQ MED. CO., Chicago, III. 49 S. Franklin Street Sold by Druggists at \$1 per Bott'e. 6 for \$5. Large Size, \$1.75. 6 Bottles for \$8.

In Montreal by E. LEONARD, 113 St Lawrence street, and by LAVIOLETTE & NELSON, 1605 Notre Dame street.

"KINDLY LIGHT"

BY ROBERT B. MAY,

Author of Thorpe Castle" and 'Bell Place. Some five years ago, our town of Shep-

herds Vale awoke to new life and energy. The toot-toot of the engine did it all. When the South Eastern Railway Company discovered that in our neighborhood were superior facilities for the manufac-ture of straw goods, they straightway constructed a branch line and placed a station conveniently in our midst. From that time, we steadily increased in numbers and importance.

The little town, too, was in a somewhat singular position (offering strong contrast to some other places I have heard of in England), namely, that it was built upon and formed a part of the estate of the Marquis of ----, who, as everyone knows, is a staunch Catholic member of the no-

Well, at the time I speak of, things had progressed wonderfully,—or boomed, I think they call it in America,-until at last we had developed from a simple village into a real town, and were, even then, about to elect our first Mayor. This astirant was no less a person than my uncle Tobias Wobbles, who claimed the proud position by right of money. brains, and work-all devoted to the service of the people and the electors of Shepherds Vale in particular. As there was no opposition, however, I need not dwell upon this, except to say that he made a strong point about having the name of the place changed to one more in keeping with the new state of affairs. I know also that he heartily wished he could change his own at the same time. So he was a busy man in those days, and

ward, he having been left guardian at the death of my parents—with a very handsome bequeathment towards my keep and education. The other members of the family were his daughter Mary and Mrs. Croft-a widow, and sister to his late wife. As became a man of means, the domestic staff was large and effi-

Uncle Tobias was a non-Conformist Protestant of a somewhat pugnacious type, while gentle Mrs. Croft was a Catholic. We two, Alice and I, as in duty bound then, marched behind the father of the home to Ebeneazar.

I remember very well how he would, at times, delight to favor us with a long theological discourse. Such an occasion would be, perhaps, some winter evening when we gathered around the table in the snug sitting-room, the curtains drawn close and the fire burning brightly in The grate, the elder lady busy with some mysterious task in wool work, which bye and bye was destined to adorn and comfort some cottage home; and Alice, as usual, at her drawing,—this was her best and favorite accomplishment. Her subjects were strange, perhaps, for a young girl to select—mostly copies of Saints' heads, or her own ideal studies of the same. This time, it might be a sketch of the "Last Supper," taken from a valuable proof engraving which hung upon the wall before her.

To us, then, would enter Uncle Tobias fresh from a Town Council meeting, they having between them successfully adjusted the affairs of the town for one or more week. Dismissing all recollection of business with an expressive flick of his handkerchief across his brow, he sits down next to his daughter, pulling out a folio of completed drawings before him.

"Upon my word, very well done, my dear. Now, this face here—who is it you say ?-always reminds me of Father Bennett. By the way, I met him just now. Said he was going on a sick call five miles—didn't know how long he might be away, so would have no company. Asked who it was, that young hussy Nancy Flint, — u know her, Mrs. Croft, much good you've done her between you,—and how he's tramping five miles, maybe only to find her maudlin' from drink. Of all

And then, of course, we were in for a good sound lecture. His remarks to Mrs. Croft were always very pointed and severe, though never absolutely unkind. And for this reason, in his own abrupt and stujid way of putting it (an example followed by them hetter,) his sister-in-law had turned Catholic. She, the sister of his lamented louisa, had dared to marry a Catholic,my more-had dared to be happy in the union. So that, at last, when the true source of such joy became revealed, when

her gently away.

and society, and current events are about the same as I have hinted here. One circustance, however, and occur with us, which had a strong and lasting influence upon all those of whom I write. Let me tell it as quietly and as calmly as I may.

You will remember that I said our town was exceptionally situated. Owing to this, the Catholic towns people formed no mean number in the population. So much, indeed, was this the case, that for a long time back the Church of St. Mary's, over which Father Bennet was Rector, had proved all too small. Consequently a new and handsome edifice had for some years been in course of erection. It was now almost finished. Many elever artists had been engaged;—among them. Mr. John Merton irom London. He it was who had designed, and in part personally executed the beautiful relief paintings upon the in-terior of the dome. From the floor of the church, looking up to that immense height, the effect was grand in the ex-

Needless to say, that during the many months of his enforced residence amongst us, he had become well-known and greatly

As I expressed then, in my boyish fashion, "he was a gentleman all round." One young lady certainly shared this orinion—my cousin Alice. You may be sure he had not been long in finding her,first, of course, through her father, who, as mayor, had cordially welcomed him and entertained him as a guest; next through the ever power.ul sympathy of Art; and next (but a iong time after, mind you,) through the still stronger prompting of the heart. What a splendid addition he was to our "Evenings at Home," to be

Mrs. Croft absolutely grew young again, and fairly beamed upon him, I write now as the hobbledehoy I was then,—I can't help it. My uncle seemed to be quite indifferent; the only hint I got as to his view of affairs was, after a vain attempt to draw him into argument, a muttered remark to me, "the fellow's got no religion at all." But I doubted this.

So time passed on, and the early days of June were upon us. Then the trio exchanged the parlor for the summer-house. We had a magnificent garden. There they would sit and talk, and watch the evening shadows close around them. Once, when I was near at hand. repairing a vine which the rain had beaten down, Mrs. Croft was saying:

"And so, my dears, I have told you all,—in my case, a peaceful leading to wards The Light; in others, a violent arrest-a miracle, like Saul of old. May you, sweet hearts, follow the promit ings of the Spirit, and quench it not. Nay, wear these for my sike, at least,they are blessed and holy, and can and will avert danger from within and from without. And now, children, say goodnight, and may Peace be with you unti we meet again.'

Next day was the great event. The formal uncovering of the completed fra-coes in the new church. We had all been looking forward to the occasion,many of us, I fear, not so much for the love of the beautiful but for the element of danger which seemed to surround the operation. I am no builder. his household affairs were left pretty much | but understand experts to say that the o their own devices.

I was not only his nephew, but also his and he having how here the structures is more difficult than their erection, especially, as in this case, where sheets and canvas have to be re-

moved at the same tin e. For this and many other good reasons Father Bennett had decided to celebrate Mass for all who wished to atten ', but chiefly for those Catholic workmen who had toiled so long and faith ully, and who wire now about, humanly speaking, to take their lives in their

The little place was crowded (of cours I speak of the old chapel), and all (y.s were turned towards the door, watching for the men who were to arrive in a

If was well understood that Mr. Merton had r solved to ascend and personally conduct the ceremony, for such in fact

Many, also, were curious to see if he would be present at the service. Mrs. Croft, Alice and myself occurred a seat commanding a good view. Uncle Tobias, he it understood, strictly in his efficial capacity, stood in the centre aisle.

I could not help watching my cousin. If ever I saw a saint on earth, I saw one that day. At last they came: a steady tramp, tramp, mingling with their voices in the chant. They formed a double line, through which Father Bennett, in full canonicals, passed up

to the High Altar.
The Deacon, Sub-Deacon and Acolytes were already in their places. The scene was simple yet so touching. God bles our working men! say I. There was a brief silence, during which the corr

opened once again. Slowly he, Merton, advanced and took a place next Alice. There standing, all eyes fixed upon him, a glad light shining on his face, he reverently made that sign which pledged him in the sight of God and man a follower of the Christian

The service being over, a general move was made to the new building. As the pews were not yet placed, only a limited number of seats were to be had. However, people who had been together kept together as well as they could. Without delay, the men scrambled up the ladders to their various positions, then Merton, only he taking a rope which hung from the topmost scaffold, travelled up hand-over-hand in magnificent style. Then the work be-

The method is almost too technical for me to describe. As fast as he withdrew the canvas from before a painting it was gradually rolled up by two others many whose education ought to teach and then lowered to the ground by means of a cord. Then Merton would advance to the next. Meantime another gang busily destroyed the platform upon which

from the ground.

Take any little English provincial town and disagreeable. The offender to-day nd society, and current events are about was one Master Holton, who would persist in attempting to swarm the rope upon which Mr. Merton had gone up. Failing this, he began to jush it backwards and torwards after the manner of a swing, which he took care should not fail for want of percect attention.

But want of percect attention.

But want of percect attention.

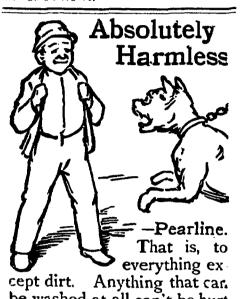
YOUTHS' DEPARTMENT.

But now see the covering is slowly taken from the final painting—a Madona. Oh! the exquisite cunning of man's Art, with such a theme. A rapturous cheer arose. Remember, the place was not yet consecrated. The artist above turned as i. to bow his thanks, one little step and—headlong he dashed—the cover still in hand, down, down. Oh, Heaven, the swaring read. swaying rope! Now may Our Lady guide his waving arms. We yell; we scream. Yes, yes, a touch, a grasp, a heavy thud, it creaks, it strains, but still it holds. We steady it from below, slowly it creeps through his bleeding palms, he touches ground, and then falls fainting in our arms. You blessed, blessed child!

Need I write more. The Light has led us all, yea, as Mrs. Crott has said, though

a miracle were wrought. I stand with Merton and his wife in the same old room, Father Bennett is in the garden racing with Master M.

Mrs. Croit is not here. She has gone where the Light has led, where its brightness and glory shall never die. Neither do I doubt that some celestial ray therefrom gladdens, even now, our happy, happy home.—The anadian Messenger of the 'ac ed Heirt.



be washed at all can't be hurt by it. But that's only one of its merits. Add to its doing no harm, that it saves it, by doing away with the rub, rub, rub that wears things out; that it saves labor, time and money, and costs no more than common soap—then you wonder, not that millions of women do use Pearline, but that there are any who don't.

beware of mits ions. 323 JAMES PYLE, N. T

HOU'E AND HOUSEHOLD

Line a deep aish or mound with sponge cake, cover the cake with sliges of grange. Bent one cup of lemony jedy with one cup of sweetened er am; your over the cake and set on ic v

S VEETBRE 'D SAL' D. To make this ar six people soak three sweetbrads in clear water for an hour-Then boil and rick torrices, removing all gristle and lat. Break up into rath r small rice s Pour ov r this a rich mayonnaise dressing. Lay on the lettuce

THE DIGESTION OF EGGS. Whether a hara or sort-boiled egg is the more easily digested depends much upon the patient. Some persons cannot digest the white of an egg, but can aig st the yolk. The yolk of an egg boiled har t. so that it is mealy, is mer easily digested, as a rule, than a so.t-boiled egg.

ORANGE CUSTARD. To the beaten whites o. six eggs add the juice of four oranges and a cuptur or cold water. Beat again, and set away for an hour. Having kept the yolks of eggs in a cool place, beat with them a cup.u. of sugar, and with the grated rind of an orange add them to the beaten whites. Cook in a small sauce, an set in hot water, stirring constantly, and Louring into small cu, s as it thickens.

SWEET POTATOE PIE. Parboil (we good sweet 1 otators, with-cut peeling. on a cold, peel and grate # # # them. Beat together one ounce of butter and a cup of powdered sugar until light, add the yolks of three eggs and b at the roughly, then gradually add the p statoes, half a ji it of milk, and a sittle powdered cinnamon. Bake with under powdered cinnam on. Bake with under down to the Day-dawn—neverstop ing crust only, for about thirty minutes. White my the ager white a different table. Whip up the egg whites, add two tablespoonals of sugar, put over the pie. Brown in oven. Serve cold.

FASHION AND FANCY.

To harmonize with the flaring skirts and bouffant sleeves, a coiffure las been designed which only beauti ul women should wear. The hair is waved, parted in the middle and then arranged in two fluffy puffs at each side. These wholly cover the ears and are held in place by little ruff combs like those our grandmothers wer. The puffs produce a very broad effect, but they are as trying as

hey are tashionable. The rom; adour has suddenly sprung into favor. Parisian women have a lopted it, and now New York girls with low forcheads are following the fashion. The hair is waved and drawn straight back from the fo chead. The style is severe, but cool and sensible for summer days. Blonds are out of tashion. Black hair is he had so lately stood, leaving nothing the vogue. Titian red is perm's able, but but bare holes to be demonshed later on glossy blue black is most in favor. Such the soul awoke, it were easy, indeed, to follow onward with him even to the end, when Charles Croft died beneath the glory of the Cross—it shone upon two, the living and the dead—and Father Bennett led her gently away.

It consists of three puffs arranged crosswing and the dead—and Father Bennett led her gently away.

It consists of three puffs arranged crosswing and the dead—and Father Bennett led her gently away.

It consists of three puffs arranged crosswing and the dead—and Father Bennett led her gently away. a quantity of hair is worn that headaches gone down, until Merton was left alone is heavy, though fashionable. It may upon a little perch but a few feet be worn when the hair is dressed high or square. I think now I have given you some square.

| I w. When high the 100 s of low | square.
| Adea, very briefly, it is true, of how | Meantime we below had watched with | stand up some distance from the head | cally:

matters stood in our little community. breathless interest and admiration. Still, and have a large Spanish comb for a "Kinchin! It's you as brought the Fill up the outlines for yourselves, as is usual at most gatherings, the irre-background. The bow knot arranged for luck to the old man. Now, look here, ned close to the head just above the it does! centre in the back. The ends of the bow are coiled together, terminating at the

A MINER'S LUCK-PENNY. 1872.

It is Saturday nig toon an Australian gold field. The bar of the "Jolly Diggers" is crowded.

News has gone abroad that "Dog" Kellarey has broken out again, and as he always takes care to have his little bouts remembered a crowd soon collects. On this particular Saturday he has set himself to try conclusions with "Kangaroo Jack" of the Midas Claim. It is a gor-geous struggle—even old "Wall-Eyed Bill," who is exacting in such matters, is compelled to admit that. They fight anyhow and everywhere, under tables and under chairs—while the lamps flare, the dogs bark and the crowd expresses its a limitation in language full of picturesque detail.

Then when "Dog" Kellarey counts his broken finger every one suddenly remembers the unguarded state of his test and vanishes into the Jarkness, not to reappear until the sound of the coachh rn is hear I on Portugee Hill.

The arrival f the weekly coach, bearing Her Majesty's mails, is an occasion of great importance, and ranks even before New Finds or Warden's decisions.

About eleven o'clock the coach creaks and groans up the s reet, to pull up before the flaming lights of the "Jolly Diggers." It is a curious, lumbering old construction, riding on leather springs and drawn by five strong horses—a sort of badly brought-up cross between an antique mourning coach and a dilapidated

The driver, to whom is intrusted the lives and hereafters of the half-dozen rassengers, travels the two hundred and forty miles between the gold fields and civilization twice weekly, and is always preternaturally thirsty. Custem, however, forbids his leaving the box before he has seen his horses unharnessed and led away, and exchanged the usual pleasantries with his own particular admirers. When in due time he does dese and, passengers, diggers, loafers and dogs escort him into the hotel, and in an hour the excitement is ever.

On this occasion, however, it is destined to last longer. "Dog" Kellarey, advancing, invites the driver to take some r efreshment.

After complying with the request, that individual gets out to the vehicle, to return with a bundle. Then, unwrapping the shawls, he places on the table a baby girl. She cannot be more than two years old, and is tast asleep, her little read and its pretty curls pillewed on one iav arm.

Every one presses round to look, with the exception of "Dog" Kellarey, who has no curiosity in the matter of babies. Then questions pour in thick and fast: "Whose is it?" "Where'd ye get the kiddy, mater?" "Whose youngster is it.

Any other man would be bewilderednot so Bill Burns. The says slowly govern solemnly, as if aware of his unique importance, "For Pog Kellar y P"

"What!" should that y unique in that's a lie, you Bill! Who says the leids for many?"

"I do!" replies the driver. "Poll Waites, of Wild Dog, shoved it aboard, along with its duds, for yer. The little 'un's father regged out on Saturday— 'Flash Dick' of Wild Dog Creek, 'Is Ls' words was, 'Sen' the kid to ny old mate, 'Dog' Kellarey; an' so I fetched it along, and the passengers made up the fare among 'em, so there's nothin' to pay

"Old Dick pegged out!" the "Dog" mumbles slowly—"old Dick pegged out, an' sent 'is kid to me!" The crowd is so tickled with the idea

that it ventures upon a laugh. The laugh decides him, and stepping up alongside the sleeping child, he sings out, "The kid's mine, an' the man as laughs agin 'er laughs agin me. Now let's see 'im as is game to grin !"

He has evidently gone home, for no

Sunday morning, and "Dog" Kellar, y's claim is the centre of attraction. The if the arrival or the previous night plays ab ut the tent door. The "Dog" fear ng harm to her .rom his crowd of visitors, corefully defines his boundary, and threatens dire penaltics on the head of

News, news :—great and glorious news! News which runs like wildfire through the field, which flies from tent to tentfrom the police cells on the Hill to Dutch Joe's across the flat, past the Eureka,

" 'Dog" Kellarey's proverbial bad luck has turned at last—he has be tomed on the Lead, the new claim has turned uptrum; s with yengeance."

It i full of gold—specks, specimens and nuggets. Not nuggets as small as peas, but large as teach s. Not here and there, but in a hig deep load a fortune every drive of the pick.

The Luck-penny, who has been sleeping in the shadow of the ten, watches and chuckles at a piece of glittering mica. In his excitement the "Dog" sings out: "Boys! 'tis 'er 'as done it; there's the lass that brought me luck!"

Three P.M. More excitement! A nugget weighing fifty jounds! The monster of the Field, a wender of the country, and a fortune to the finder.

Picks and shovels are thrown down, the roar of cradics and sluice-boxes stops as i. by magic, and the excited crowd starts at a run for the Claim.
On their arrival "Dog" Kel'arcy says

nothing, but for the second time he careully points out his boundary. He places his revolver on the cradle, ready to his hand, and, bless you! the crowd understands what he means by that. The Luck jenny sucks her thumbs

and crows contentedly; womanlike, she knows she is the centre of attraction. When the last visitor has departed the

"Kinchin! It's you as brought the pressible child must make itself naughty a low cofflure shows the two loops pin- three parts of that claim belong to you,

And he meant it.

A TRICK FOR THE BOYS.

Place a chair on the ground so that the front shall rest on the floor, the back and the two hind legs being in the same horizontal plane.

Invite some person to kneel on the rail which crosses between the two hind legs, and while in that position to pick up with his mouth a lump of sugar cesting on the back of the upper rail.

The thing at first sight seems a very easy matter, but if the person who tries the experiment is not careful to bend his knees and draw his body well back so that his center of gravity shall remain in rear of the seat of the chair, it will inevitably tip forward and the victim, like a modern Tantalus, will see the sugar shoot away from him at the very moment when he thinks he has s cured it.

Weak Women

and all mothers who are nursing babies derive great benefit from Scott's Emulsion. This preparation serves two purposes. It gives vital strength to mothers and also enriches their milk and thus makes their babies thrive.

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It is a most valuable preparation, restoring to gray hair its metreat color, making it soft and glossy and giving it an incompreraite lustre. ROBSON'S HAIR RESTORER is far superior to endingry hair tyes, for it does not stain the skin and is mos ment traited One of its most remarkable qualities is the pro party w possesses of preventing the falling out of the hair, promoting its growth and preserving its vitality. - Numerous and verthe tering testimonials from well known PHYSICIANS and other ROBSON'S HAIR RESTORER Lack of space allows us to reproduce only the two following:

festimony of Dr. D. Marsol is,

I nave used several lostics of Roben's Hair Restover, and I cannot up otherwise than higher preserves its original following to the use, the hair preserves its original place and in addition actuit a art incomparable place; and instre. What pleases me most in bit Mestover is a emouth, clouginous substance, controlly calculated to impart nourish neutro the last, preserve its vigor, and stimulate its growth, a substance which replaces the water need by the mainta turns of the grout repart of the Restorers of the day from an economical point of each of the Rostovers of the day from an economical point of the Rostovers of the Rostovers of the day from an economical point of the Rostovers of the day from an economical point of colors of the day from an economical point of colors and article of real value, remanufacturer of Rouson's Reviors is showe all actions to produce an article of real value, regardless of the expense necessary to attain this sud. It is with pleasure that I recommend Boyson's Reviorer in preference to all other proparations of that nature

D. MARSOLAIS, M. D. y within Becomber 1 th. 1885.

Cestimony of Dr G. Desrosiers St. Félix de Valois

I know several persons who have he some years in all Robons a Hair Roburer and are very well satisfied with this proparation, which preserves the origin it color of the hair, as it was ing a h, makes it are easingly soft and glot years much be at the arms time in growth, landwing the principle large dients of Robons's Reprover. I independed perfectly why this proper interests in a mortion to other similar properties. In fact this a notione to which I alluds I known to expresse in a high degree an anothers and softening influence on the hair. It is seed highly marritive for the hair, adapted so gravious its growth, and to creatly prolong the tileday. I therefore such interest adapted where it is growth, and the creatly prolong the tileday. I therefore such interest to those persons where hair is prematurely gray and who was \$1.00 may the large of approaching oil age.

OF OFSTORIERS, M. R. the Malix de Valous, January, 1865 1888

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