

rare in Canada—ought not to play Lacrosse or Football. Men who cannot bear a blow with good grace; who resent with their fists even premeditated roughness, ought to be ignobly expelled from the ranks of respectable players. The honour of the club and the game ought to be far above a wound. If a professional must not hit below the belt, surely an amateur should not.

The whole remedy rest with the referee and the public. The laws are not known or digested by ten players out of twelve; and no wonder, for they have been tinkered at and tampered with, largely by delegates who never handled a lacrosse stick. How absurd it would be for a barrister to attempt to defend a law he has never studied. Yet it is no more absurd than for an athlete to play in a competitive game, the rules of which he imperfectly understands. We have always maintained that the original rule on rough and foul play was as explicit and as full as it could possibly be made; but to this day, players will not bother themselves to analyze it. If the players will not, let the public do it. Let us have the perfection of play, with perfect fair play. To secure this, players must be thoroughly up in the rules, and disposed to follow them; referees must get more power and not be weak-kneed; the public must openly say whether or not it prefers the letter of the law which restrains foul play, or the modern interpretation where roughness verges on rowdiness.

W. G. B.

In days of old the physician's mission was held to be the cure of disease; he now recognizes his worthier work to consist in its prevention. The conditions of health are now his study, quite as much as remedies when health is lost. Preventive medicine not only prescribes diet, prohibits intemperance, recommends exercise and enquires into systems of building, drainage and ventilation, but has important scope in dealing with the somewhat extensive class who through inheritance, ignorance or folly are predisposed to some special disease. Thousands of lives are saved every year, and thousands more could be saved, by consulting a physician as to the best means of staying off an enemy who may assail one's constitution at a weak point. "I wish you had come to me before," is often the exclamation of a physician, when his patient presents a case of disease well confirmed in its stronghold. "You have been living very imprudently for one predisposed to lung-trouble," is perhaps the next remark. No duty and interest can be plainer than those which should lead every man who comes of stock affected by transmissible ailment, or who feels the approach of other disease, to be periodically examined by his physician, that his life may be so ordered as to lengthen and better it. In athletics, certain forms of sport are prohibited by medical authorities to those of weak lungs, or having irregular action of the heart. One of the

chief benefits of exercise, intelligently taken, is to combat natural infirmities and strengthen weak points in the physical system. It is to aid in both these objects that advisory medical examiners are connected with the leading modern gymnasiums.

OBIT.

It is with deep regret that we chronicle the death of Mr. Ernest Glackmeyer, at Lachine, on Saturday, the 16th instant. Mr. Glackmeyer was highly appreciated by all who had the advantage of his acquaintance; genial in manner and amiable and obliging in disposition, he possessed to a high degree all the sterling qualities which so deservedly earned for him the reputation of being a good fellow. He always took a great interest in sporting matters, and was a leading member of the Lachine Boating Club. He was one of last year's crew, and proved himself a most worthy representative. His death, which was rather unexpected, has caused much sorrow among his numerous friends; and many are the expressions of sympathy that have been tendered to his bereaved parents; for among his many qualities, Ernest was essentially a devoted son. The Lachine Boating Club at a special meeting, passed resolutions of condolence which have been forwarded to his family, and we tender them our deepest sympathy in their sore bereavement.

NOTE AND COMMENT.

If any subscriber, who has not received his copy, will kindly communicate with the manager, same will be mailed at once, and the mistake rectified for the future.

The Canadian Lacrosse team of 1876 who played before Her Majesty the Queen at Windsor Castle, on the 26th June, 1876, have regularly every year since commemorated the event by a quiet little dinner among their noble selves. This year will be the 10th anniversary, and Mr. Thos. Hodgson, one of the team, takes his turn in giving the dinner.

The Montreal Rifle Club had their opening competition at Point St. Charles on Saturday. The weather was too boisterous to admit of any good scoring, and a heavy downpour of rain put a stop to the firing, after some very poor shooting at the 700 targets. The meeting has been postponed until next month.

The Montreal Tennis Club held the formal opening of their Courts on Tuesday afternoon. Tea and cake were served to a large attendance of ladies who witnessed the games. The grass is still a little sparse, but the courts are rapidly assuming their pretty summer appearance.

Some of the members of the Lachine Boating Club have already started work for the Spring trials which come off early in June. Every afternoon and evening crews are out for a spin in the club boats, and from present indications some first class rowing may be looked for during the coming summer. Should the Association Regatta be held in Lachine, the club will most probably enter a senior and junior four, and possibly make a try for the single scull. The junior four ought to be good; a team composed of T. Stewart, Duggan, C. Howard, with W. Robertson as stroke ought to make it hot for any junior combination. Of the seniors no opinion can as yet be formed; in all probability, C. Shaw will be the only one of last year's crew. Nothing definite can be known until after the spring trials, and from the probable large number of entries some excellent material is likely to turn up to form the senior crew. We hear some good local athletes intend taking a hand at the oar, — amongst others, Mr. Harry Shaw and "Archie" McNaughton, the champion snowshoe runner.

Saturday's meeting decided the regatta question finally, and appointed a committee to make arrangements for the great event of which Lachine is thus to be the scene. The club elected the following officers: Mr. Thomas Dawes, hon. president; Mr. H. D. Whitney, president; Mr. Arthur Boyer, M. P. P., first vice and Mr. A. J. Dawes, second vice; Mr. H. T. Wilgress, secretary-treasurer; Mr. J. G. Monk, captain, and Messrs. D. Robertson, sen., and D. Robertson, jun., Shaw, Lamothe, Cassils, W. de Blaquiere, J. R. Harper, A. Morris, C. D. Monk and G. B. Crump, committee.

The annual meeting of the Lachine Boating Club was held last Saturday in the boat house, there being about 75 members present. The report of the secretary-treasurer shows the club to be financially in a most satisfactory condition, and the progress of the club during the past year leaves it in a good position to accomplish much during the coming season. The officers elected were: Thomas Dawes, hon. president, (re-elected) H. D. Whitney, president; A. Boyer, M. P. P., 1st. vice; A. J. Dawes, 2nd. vice; H. T. Wilgress, hon. secretary-treasurer; F. G. Monk, captain. Committee, Messrs. J. R. Harper, D. Robertson, sr., D. Robertson, jr., Chas. Cassils, C. S. Shaw, A. Morris, Wm. de Blaquiere, G. D. Crump, Chas. D. Monk and Chas. La Motte. These names form a strong combination, and ought to manage things well for the club. It has been decided to hold the Association Regatta at Lachine. A strong regatta committee has been appointed with Mr. C. R. Christie as secretary, and without a doubt every effort will be used to make the enterprise a thorough success. Lachine is the only club in Lower Canada that has ever undertaken the organizing of this event, and certainly deserves great credit for thus encouraging and furthering the interests of aquatic in this Province. It is to be hoped that all other clubs and the public in general, will give all the help and assistance in their power.

The list for the spring trials is now open, and already some 30 members have entered. These races will come off early in June, and ought to be well contested; eight or nine crews will probably compete, and the boys have already got to work. Certainly the prospects of the club never looked brighter, the membership is increasing rapidly, 40 new names have already been put through at last meeting, and others are being proposed every day; there ought to be some good metal among these new members to form crews for the Association Regatta—time will tell.

Nothing in the habits of Woodsworth—that model of excellent habits—can be better as an example to men of letters than his love of pedestrian excursions. Wherever he happened to be, he explored the whole neighbourhood on foot, looking into every nook and cranny of it, and not merely the immediate neighbourhood, but extended tracts of country; and in this way he met with much of his best material. Scott was both a pedestrian and an equestrian traveler, having often, as he tells us, walked thirty miles or ridden a hundred in those rich and beautiful districts which afterwards proved to him such a mine of literary wealth. Goethe took a wild delight in all sorts of physical exercise—swimming in the Ilm by moonlight, skating with the merry little Weimar court on the Schwansee, riding about the country on horseback, and becoming at times quite outrageous in the rich exuberance of his energy. Alexander Humboldt was delicate in his youth, but the longing for great enterprises made him dread the hindrances of physical insufficiency. So he accustomed his body to exercise and fatigue, and prepared himself for those wonderful explorations which opened his great career. Here are intellectual lives which were forwarded in their special aims by habits of physical exercise; and in an earlier age, have we not also the example of the greatest intellect of a great epoch, the astonishing Leonardo da Vinci, who took such a delight in horsemanship that although as Vasari tells us, poverty visited him often, he never could sell his horses or dismiss his groom.—PHILIP GILBERT HAMERTON.