# It's Better To Change

From coffee to

# **POSTUM**

NOW

Than to wish you had after Coffee has done its work—

### "There's a Reason"

Instant Postum—made in the cup with hot water—is a soluble form of the original Postum Cereal. Both are delicious and cost about the same per cup.

#### A TOILET TREASURE



# Murray & Lanman's FLORIDA WATER

Without exception the best and most popular Toilet Perfume made

IN the Bath it is cooling and reviving; on the Handkerchief and for general Tollet use it is delightful; after Shaving it is simply the very best thing to use.

Ask your Druggist for It
Accept no Substitute!

#### CONSULT THOSE WHO KNOW

If you have any doubts as to the merits of O-Cedar, ask your neighbor.

## O-Cdar Polish

(MADE IN CANADA

First removes all dirt and scum from furniture, floors and woodwork and then puts on a hard, dry, lasting lustre. It will lighten your housework, give better results and at small expense. Try a bottle to-day.

From your dealer

25c. to \$3.00



Channell Chemical Co., Ltd., Toronto, Can.



The Original and only Genuine

Beware of Imitations Sold on the Merits

MINARD'S LINIMENT