Miss Burke Talks to Men. Home Hints and Recipes. Women's Music Club Meets Women's Music Club Meets White Talks to Men. Women's Music Club Meets

Problems of the Fair Sex

Solved by Cynthia Grey

[Correspondents are requested to make

their inquiries as brief as possible, and to

write on one side of the paper only. It is mpossible to give replies within a stated

time, as all letters have to be answered

In turn as they are received. No letters

Use Alcohol.

Dear Miss Grey: Kindly tell me as

A.—It is said that to rub them over

with alcohol proves an effective means

On the Right Road.

Would you tell the girls, or would you

A .- I think I'd tell one of the girls

jority agree that a new frock is of

greater acquisition to their club than

right road; stay there; never wear any-

Stuffing Peppers.

Dear Miss Grey,—Being a constant ender of The Advertiser and much in-

terested in your column, would you oblige me by publishing a recipe for stuffed

spoonfuls of butter in a saucepan, stir in two tablespoonfuls of flour, and add half a cupful of stock or water. Cook

eppers? Hoping to see it

you yourself, do not put yourself in

Dear Miss Grey: I am a schoolgirl,

BLONDY.

BEATRICE M.

soon as convenient what can be put on

windows to keep the frost off the inside of them, and greatly oblige.

can be answered privately.]

An Interesting Interview With Mrs. (Pres.) Wilson. Read Cynthia Grey Today.



Dillie Durke TALKS TO MEN

The First Word-Most of My Rules of Beauty Can Be Used by Men With as Great Advantage as by Women.

Many men have done me the honor of saying that they read my little sermons on common sense in comeliness with pleasure, and they say that they are surprised to find them so full of helpful hints and sane ideas upon the subject of beauty.

Sometimes I think that men like to think down in their hearts that women have no common sense. Their whole attitude toward anything sensible that a woman says or does seems to bear this out.

If a woman be beautiful, they like to think that she is so because a benign Creator made her so. They think that science and art can improve everything else but a woman. They object to the following of any sane measure which will and we are forming a little pleasure improve her health and beauty, and yet they insist upon her club. The girls say we must all wear being attractive to the eye as well as having the strength and new frocks and I cannot afford one. endurance that only perfect health can give.

I have a friend whose husband is always very much perturbed if she takes on the least bit overweight, but when he in my club the truth of the matter finds that she is going into a rigorous diet and exercises, he Tell her that you will stay away, but makes a great deal of fuss over it, says that he cannot eat reason why. This will leave an opening with any enjoyment if she is not eating and insists that he for them to insist upon your taking wants her to sit down by the fire and talk to him when she part in their pleasures. If the mawould rather be out doors walking.

You men are funny creatures, and when I talk with my married friends I come to the conclusion that they know just the position of being an unwelcome as little about you after they have married and lived with guest. And, little girl, you are on the you for a long while as we do who have no husbands.

You are not at all backward in telling us that you do not thing that you cannot afford. like our clothes, the way we wear our hair, or of any other little idiosyncrasy that does not meet with your approbation. Yet you feel personally insulted if a woman suggests that she might be able to pick out better locking ties than most men me by

You follow fashion just as blindly as we do—notice the steady increase of moustaches lately, because Dame Fashion has whispered that they are the thing. Now, I do not believe has whispered that they are the thing. Now, I do not believe following stuffings, cover with bread-crumbs and arrange in a buttered dish. Tomato Stuffing for Peppers—Mix one cupful of tomato pulp with half a cupful of fine bread-crumbs. Melt two tablespoonfuls of butter in a saucere that there are any more women who like moustaches on the faces of men than there are men who like too much rouge on the faces of women. Moustaches are unclean, microbe-catching traps; they cover one of the features which is usually the best in the face, but you see them budding on all the young chaps about town who aspire to follow the English fashions. I do not think, however, that many men over 40 will wear them, as they add years to the face.

Just one last word-Women Are Beginning to Use Common Sense in Their Beauty Culture: Men Should Do the Same.

Millie / Junke

WOMEN'S MUSIC CLUB

Arthur White: second vice-president

Miss Burwell; third vice-president

Mrs. E. B. Smith; treasurer, Miss H.

Weld; assistant, Miss Armstrong; secretary, Miss E. Chapman; assist-

that Miss Raymond be convener of

evening concert to be held in the near

future, was also talked of, but final

After some discussion it was decided

ant, Miss Olive Weld.

on since his marriage has lived on intimated their willingness to aid her

of cooked, chopped meat, three table-spoonfuls of chopped tomatoes, salt, pepper, a grate of nutmeg, and three table-spoonfuls of fine bread-crumbs. Allow to get hot; then remove from the fire and stir in the beaten yolk of one egg. Fill the peppers with the mixture, put on the tops and bake.

as it sounds. If the child has plenty of milk—at least a quart a day—a number of the needs will be supplied. Part of this milk can be made into ding or junket.

Oatmeal and other cereals are of-MEET TO REORGANIZE Mrs. Jerdon Elected President for the Ensuing Year. Sis' Sorrow.

A meeting of the Women's Music Club was held yesterday afternoon for the purpose of electing officers and arranging plans for the ensuing year. The election of officers showed the following result: President, Mrs. A. he finger nails? E. Jerdon: first vice-president, Mrs.

Thanking you very much in advance. A.-1. I think you will gain some help from my answer to "Fat One" in Mon-day's issue. I told her that it is surely better to consult a physician before adopting any extremes of diet or exer-

2. Poor circulation and bruises cause the white spots to appear. LITTLE FASHIONS.

the program and music committee. An All sorts of odd effects in ostrich Art School until her marriage. Then matter to select in these days when she gave up her painting for a more home dressmaking is so easy."

what to wear and clothes are an easy arrangements left to the program arrangements left to the program. novelties are being made for trimmings, including wings, buckles, appointed convener of the membership feather dusters, shaving brushes. But speaking of food, "Yes, Mr. Wil- committee, and all the ladies present trees, fringes, etc.

outhern cooking. You see we have in every way to build up a strong or-lways had cooks from the south, or ganization. Further announcements black patent leather and white kid. those who were southern-born, and regarding the proposed concert will The buckle and clasps are of

PASTE THESE CRANBERRY RECIPES IN YOU COOK-BOOK.

Mrs. Wilson said that in her home Rome, Georgia, she was taught omething of cooking as a girl, but went in for cooking with a vengeance. the more susceptible of variation than generally supposed, and are more

Cranberry Syrup. sugar and water and drop into the find that I combined the practical whole uncooked berries, simmering

Cranberry Compote. Make a heavy syrup as for cranberry syrup and place in this while boiling a quart of cranberries which have been pricked with a coarse needle (twice). Cook the berries and syrup together till syrup is very thick. Then

remove and serve cold. Cranberry Short Cake, This is one of the most delicious cranberry dishes. The cake for the layers should be very simple and much

Pick over and wash the cranberries to be used for filling, adding 11/2 cups

This is excellent served with whip-

Cranberry Bombe.

la melen mold. Or, freeze the herries

Steamed Cranberry Pudding. Make a simple batter pudding, adding a cup or more of chopped cooked cranberries and flour enough to make Make a syrup of a pint each of rather stiff. Steam for two hours diet for a 10-year-old child:

To Keep Cranberries. Cranberries may be cried, or may be bottled, filling up with cold water, then corked and placed in a cool dry

The ingredients are 1 quart of cranberries, 2 cups of water, 2 cups of sugar and the juice of 2 lemons. Cook dish. cranberries and water 8 minutes, then force through a sieve. Add sugar and using equal parts of ice and water.

Frozen Cranberries. Pick over and wash 4 cups of cran-

half a century ago was to possess a real Cashmere shawl. It was in France Rub through a sieve, cool, and pour that the hair of the Cashmere goat was first esteemed for the making of shawls, the silky substance of which allied to their exquisite drapery possibilities, was their great fascination. White hair of the common Italian goal is imported for carpet manufacture. There is also imported white hats of Full length knitted coats of worst- the Siberian goat, the shorter lengths ed with a vari-colored border and of which are used in carpet making

Beauty Behind the Web of Fashion: Art of Drapery Adapted to the Veil



Is the VEIL a preservative equal to shrimps and raw eggs? Recently it was reported that the "divine Sarah" had attributed the wonderful preservation of her looks partly to a diet of shrimps and raw eggs. Though she staunchly denied the allegation, the rumor has raised the quesion on the value of different articles of food as beauty-preservatives, and

with it the moot question of the veil.

Does the veil of intricate and pronounced design enhance or mar the beauty of the wearer? There is only one answer to this when the observer is looking at the clever model pictured, who is wearing a fine mesh veil through which runs a large vine-like figure. She not only shows the veil, but also the nost approved manner of wearing it. It is drawn neatly around the hat and the two upper ends are tied in a small bow at the back of the head on the hat brim. It is an adaptation of the drapery idea which prevails in today's half a cupful of stock or water. Cook for five minutes, and add the tomato pulp and bread-crumbs. Season with salt, paprika, nutmeg and onion juice, and allow to boil; then fill the peppers and ashion world

The rest of the veil is allowed to hang straight down over the face to the chest line, the sides slanting out over the shoulder. The grace and effect

[mal hairs imported is that of the

camel. The camel is commonly of a

dirty brown in color, but parts of its body may be white, as may be streaks

KEEPING BULBS

packing the roots in boxes or barrels of

convenient, provided it is frost proof.

Cannas are difficult to winter well

They almost invariably dry up or decay.

moisture in the atmosphere and decay

time retaining enough moisture to pre-

Do not break dahlia roots apart at dig-

ding time. Put them away in a bunch,

Tips to Housewives

To remove stains from a vinegar

white lead, and then left to harden thoroughly, the piece will be actually

piece to hold it firmly in place.

board than on a cold one.

ent their shrivelling.

The Children's Diet

proceed as above.

Chicken Stuffing—Prepare in the same way as tomato stuffing, substituting cooked chicken for the tomato pulp.

Macaroni Stuffing—Cook one cupful of macaroni in boiling, salted water until tender; then drain and chop finely. Add two tablespoonfuls of finely-chopped red several things should be kept congraphed mushrooms and two tablespoonfuls of melted butter. Season with salt,
pepper and paprika.

Rice Stuffing Wash and believe the salt of their muscles. Several things should be kept congraphing should be k Rice Stuffing—Wash and boil one cupful of rice; when soft, drain until dry.
Mix with seven chopped and peeled tomatoes and add half a teaspoonful of
salt and one finely-chopped onion. Mix

of fluids for the same purpose. Moreof fluids for the same purpose. Morewell.

Meat Stuffing—In a saucepan, melt one

tablespoonful of butter; when hot, brown in it one chopped onion. Add one cupful of cooked, chopped meat, three tableas it sounds. If the child has plenty

ten distasteful to children; but an Eben E. Rexford. It is of the utmost im-Dear Miss Grey.—I have received much help by reading your column, and am now coming myself for a few answers.

1. I am twenty-one, five feet six inches tall, and weigh one hundred and sixty-seven pounds. What will reduce my superfluous flesh? Kindly prescribe.

2. What causes white-looking spots on the finger pails? great if large quantities of sugar are sure to set in. Another way that works stirred through the hot mush will suspended from the ceiling. often tempt children to eat it and so help to establish in them the habit of eating it. If cereals and milk are the proof. Or you can pack the corms in less run-down condition regular foundation of the meals, a sawdust or buckwheat meal, if you pre-

good start has been made. The question of how much meat children should have is a debatable one, but most physicians and dietitians agree that very young children should have freshly expressed beef juice-not beef tea-and older ones a slice of roast beef or lamb, or a small piece of broiled steak once a day. If, hat in addition to this meat, a fresh egg is eaten every morning, the child's

> uilding materials. Fruit and vegetables are needed for the blood. Very young children should have orange juice or prune juice daily, and older ones ripe bananas, baked apples, stewed figs or dates and other ripe fruits. Vegetables should be well cooked. and do the dividing in spring when you

Fats thre very important, and should are ready to plant them. be given in the form of top milk, fresh butter, bacon or olive oil. Greasy food or any fried food should never

be permitted. The matter of desserts is hard to manage, for a proper amount of sugar is important if the child's stomach is to be kept in good order, and at the same time allowance must be made cruet, fill with grated raw potato and for the fact that most children crave let stand. Then rinse with clear water. too much. Simple puddings or a little pure candy make the best des-

Breakfast-Rolled wheat porridge, 2 z. uncooked cereal; top milk, 8 oz.; coddled eggs, one egg; toasted bread, saucepan when put on to boil. This

potato; mashed carrots, a large spoon- the milk. ful; bread and butter, 2 slices; tapi oca custard, 1 cupful. Supper-Milk toast, 2 slices of bread; ginger cookies, 2 cookies; milk to

drink, 1 cupful; apple sauce, a small till dry. It is better if you can leave If that does not satisfy the appetite, give bread and butter, and not it for a whole year, although six or lemon juice and freeze to a mush, sweets, which destroy the appetite for

Clothes Made of Hair

will gain them the friends necessary to colors, bring to mind the dandies of and add a pint of whipped cream. knitted cap to match are popular cold and the longer for various purposes.

Sweeten more heavily and freeze in weather outfits.

The most costly of all the white ani-

Kingsmills

SPECIALS

FLANNELETTE — 34-inch Striped Flannelette, in gray, blue or pink; will wash and wear well. Special, yd ... 9¢

UMBRELLAS-We've just received a little lot of highgrade Umbrellas, ladies' and gentlemen's, silk and wool covers, rolled gold and sterling silver handles. Regular \$4.00 values, for.....\$3.00

CORSETS - Our standard \$2.00 Corsets, high or low bust. Made of French coutil, duplex rustproof steels, four hose supporters. Week-End Special \$1.69

DRESS GOODS-Our. 75c and 85c Tweeds are best, 54inch, all-wool. This week-end we sell them at50¢

DRESS GOODS-Our \$1.50 Tweeds, at yard....\$1.00

WOMEN'S UNDERWEAR - Fine Union Vests and Drawers, in gray or white. excellent winter weight. 50¢

WOMEN'S HOSE - Allwool cashmere, in all sizes, stainless black, seamless, soft, durable, warm. Very special, per pair 25¢

\$12 and \$15 Suits for .. \$10 \$25 and \$30 value for ... \$20 Coats at little prices.

If You're Sighing Open a Window

[By a Physician.] Sighing is often an audible expression perfectly dry sawdust or sand, writes of some emotion. But often it is an involuntary inspiration and respiration portance that there should be no moisture caused by insufficient oxygen in the

in whatever is packed between the tub- body. ers. If there is decay will be almost Sighing is, then, a health barometer, In such cases it is merely another

eaten with it. On the other hand, a well in cellars that are dry is to spread name for oxygen starvation. And it few chopped dates or figs or raising the roots out on shelves of wire netting should be taken as a warning. Often the person who has become sub-The gladioli I would put into paper ject to the sighing habit will find, on bags and hang in a closet that is frost | self-examination, that he is in a more or

The remedy is frequently the rearfer to, and store the boxes containing rangement of conditions which will make them anywhere that happens to be most it possible to have more air-more free, resh air to breathe.

If you are a "sigher," index the air facilities and ventilation in the place or Drying up results from lack of sufficient places in which you customarily work

or live. from too much of it. Aim to strike the If you are sighing and don't know any "happy medium." I find it a good plan good reason for the action, get up and to wrap these roots in several thicknesses open a window; go through a few simple of thick paper and put them in a room exercises; move around briskly; get some muscles are sure of getting good in which there is no fire heat. The paper more air into your lungs and wrappings seem to keep the roots at as back to the occupation of the hour. You nearly the right temperature as it is will probably find your sighing tendency possible for the amateur to attain and diminishing and finally disappearing alprevents their drying out, at the same together.

FASHION AND COMFORT

The old maxim that it is necessary to suffer in order to be beautiful is ruled out of court nowadays. Modern femininity insists upon being beautiful, but she will not consent to suf-

One very interesting proof of this fact is afforded by the new figure, which is not to be constrained in any way. The designers have tried to bring a smaller waist measurement into fashion. They have directed the attention of their clients to the beauty When polishing knives it is a good of the "hinge."

plan to hold the board to the fire a few But all that happens is that it is The following menus will give an minutes before beginning, as knives now decided that the figure is to be idea of an inexpensive and wholesome obtain a greater brilliancy with a warm as lissom as ever and molded upon the classical lines of the old Greek statues, which means that corsets of the Milk is apt to burn and damage the utmost comfort will be worn.

It is the same with gloves and slices; milk, 6 oz. may be prevented by rinsing the sauce-boots. Loose gloves are modish, and Dinner—Roast beef, 1 slice; baked pan with cold water before putting in footgear is made of the most supple and easy-producing fabrics, such as the softest leather, velvet, damask and If broken china is mended with satin.

Don't put simple milk puddings in as strong as when new. The entire a very hot oven, or the milk will secret is to let the article mended set curdle.

Don't throw away old stockingseight months will do very well. Rub- fold them a great many times and use ber bands should be put around the for holders. Or put them in a mop

handle for a mop dry.

Atomizers

If you have cold in the head or throat irritation, you'll do well to secure one of these atomizers.

For use with heavy or light liquids. Bulb of generous size, and good rubber assures a continuous spray. One dollar.

PERCIVAL. Richmond Cor. Central Phone 1261.

LISTER. Wortley Road, cor. Craig

CMOND, 468 Dundas St. Phone 1429.

THE PROGRESSIVE DRUGGISTS.

IF THIS IS YOUR BIRTHDAY in money matters is in store for you. Those born today will be natural, vola-

Talented Daughters. ncludes chicken, southern style, rice This talent for painting has been and candied sweet potatoes, with beans inherited by Eleanor Randolph Wiland corn, fruit and a sala son, one of the daughters of Mrs Wilson, and she is at present study ing art at the National Arts Club and one day hopes to become a great artist. Another daughter, Margaret Woodrow Wilson, has a voice of unusual beauty, a high soprano. Jessie, the youngest daughter, has

press interview the entire Wilson fam-

ily even weeks ago, that there would

seem little fresh to put in the inevit-

able articles on the President's fam-

ily that will now appear in the maga-

zines from across the border. For in

the next few months we must expect

to be confronted at every turn of the

pages of these journals with likenesses

of Mrs. Woodrow Wilson and her three

draughters. That they are an interest-

ing group will help some. Mrs. Wil-

Rome, Georgia, the latest "First Lady

of the Land" attended the New York

when her daughters began to grow up,

good, in fact, is her work, that the

Macbeths, art dealers, have taken sev-

eral of her canvases for exhibition.

They say that they are good enough!

to enter any national exhibition and

shown at the Art Exhibition in Chi-

next month one of them will

took up her brush again, and so

specialized in social centre work and practical philanthropy, and is the youngest member serving on the National Board of the Young Women's Christian Association, acting on the

The Birthday Calendar



Talks Informally About Her Daughters and Her Husband's Fondness

At the pretty home in Seagirt, N. J.

which the Wilsons had rented furnished for the winter, Mrs. Wilson told

of her husband's fondness for southern

ood during the course of a delightful-

She wore a simple wine-shaded one-

iece gown with a lace yoke and chif-

fon, veiling a bit of color beneath, and there was no evidence of "extrav-

agance in dress," of which she was

"Cothes should consume a part of

any thoughtful woman's time," she

sense of the artistic knows intuitively

what to wear and clothes are an easy

ter than anybody in the world, he

thinks. He would rather have chicken

southern style than a foreign-cooked

My husband's idea of a fine dinner

Cooking as an Art.

"I never do things by halves," add-

cooking as an art and learned to cook

from Mrs. Rogers in Philadelphia.

When I married he afterward told me

the pleasantest surprise in his life was

ne, 'even if you didn't have all these

"but too much stress should not

they know how to cook chicken bet- be made later.

informal conversation.

for Chicken.

So thoroughly did the American | committee of colleges and schools.

son herself is an artist of no mean said, "but too much stress should not ability as a portrait painter. Born in be put upon them. A woman with any

banquet.

she gave up her painting for a more practical form of art—the art of housekeeping. But eight years ago,

[Special to The Advertiser.] New York, Nov. 13 .- "Robespierre is to be the slogan of the dressmakers this winter, according to the latest as that made for a strawberry short Paris advices. The new fashions, it is cake. Make a sweet biscuit dough, decreed, are all to be modelled on the rolling out an inch thick. cosiumes which were in vogue dur- with butter and bake. ing the reign of terror.

The newest tailor-made costumes, according to the fashion experts, will of water, and stewing slowly about an Illness threatens you. Be sure to take coats are frogged with heavy braid, the right way to keep well. Good fortune after Robespierre, while the striped ped cream or a meringue. trousers of the revolutionary period are recalled by the striped skirts, tile and passionate, but superior distile and passionate, but superior dispattern of the coat. Picturesque adding a tablespoon of dissolved overcoats, in black, with a short cape gelatin, then cool and add a pint of and their natural attractive personalities and low-cut waistcoats, in brilliant whiped white of egg, cr omit gelatin

Some Cranberry Uses. Cranberries make an excellent roly (cooled) partially, then line the mold poly or may be spiced or used as jam with the mixture and fill the centre that when she married Mr. Wilson she adjunct or the syrup in drinks. They with the whipped egg or cream.

ed Mrs. Wilson, "and so I took up wholesome than any other tart juice.

lomestic sense with my artistic until clear and tender. Ireamy nature. 'But it wouldn't have nade any difference at all,' he told Cranberry Com

and serve with cranberry sauce.

Cranberry Frappe.

berries. Add 11/2 cups of boiling water and 21/4 cups of sugar. Cook 10 minutes, skimming during the cooking. be tight-fitting in the chest and cut away at the waist, with long tails. The adding sugar, generously.

Rub through a sieve, cool, and pour into 1-pound baking powder boxes.

Pack in salt and ice using equal Pack in salt and ice, using equal parts, and let stand 4 hours. If there is not sufficient mixture to fill 2 boxes, add water to make up the desired quantity. Serve as a substitute for cranberry sauce or jelly.