

Rotary Club

WEEKLY MEETING.

Rotarian "Jim" McKay acted as Chairman of the Rotary Luncheon, held at Sterling Restaurant on Thursday, and introduced the speaker, Dr. "Tim" Mitchell, who gave a very practical address on matters affecting the health of the community. Our death rate is 18 to the thousand. Our birth rate, with the exception of Quebec, is better than any other part of the British Empire. The per centage of cripples in the city is from one-half to one per cent, which compares with that of Great Britain. The percentage of children with defective teeth is about ten per cent, with an

additional three per cent. for re-treatment. Our city streets to-day, whilst not all that could be desired, are cleaner than they were some years ago, but in many sections, the people, themselves, appear to be indifferent and careless with regard to ordinary cleanliness and sanitation. Many of the houses are unfit for habitation, and the environments such as develop and encourage immorality. Flies, rats and vermin are large carriers of disease and much unnecessary suffering is caused by the indifference of people to these germ carriers. Where flies suddenly congregate in large numbers there must be some cause, and the matter should be investigated. Whilst treating a pneu-

monia patient a short time ago, myriads of flies suddenly entered the open windows. Investigating the cause, he found that a load of hides had been dumped off a cart, in close proximity. Flies contaminate food, and cooking does not always destroy the germs. Extreme care should be taken as to the quality of fruits that are usually handed around to children. Apples and oranges of the wind-fall variety are dangerous; becoming over-ripe and dropping to the ground they become contaminated with the ova or worms; children often contract intestinal troubles from this source. The rigid inspection of meats by competent officials should be strictly adhered to.

Milk, the most important diet of children, is not given the serious attention it deserves. Some time ago the Newfoundland Medical Association passed a resolution in which each householder was requested to have his milk supplier furnish him with a certificate from the Veterinary as to the health of his cattle. Very little interest was taken in the matter, but as the health of the children is at stake, the furnishing of this certificate should be insisted upon. It is understood that the City Council tests milk supplies at intervals, but the grave trouble seems to be that our Government Veterinary is not given sufficient powers or authority. At present, it appears, he cannot even upon a man's property and inspect his cattle, without being invited to do so. Only a short time ago, a farmer was found to be supplying milk to the city, which was obtained from a cow badly diseased with tuberculous ulcers. Milk containers in small shops, and the frequent use of the measure, when selling, are also sources of milk contamination, which are not sufficiently safeguarded.

The medical service of the community is also inadequate. The number of doctors is insufficient to meet the requirements of the people; and, owing to the low earning power in certain sections, many are unable to afford efficient medical service. The cost of medical supplies is also excessive. Whilst ten years ago a prescription might be filled for thirty-five cents, the same prescription to-day would cost one dollar to one dollar and twenty cents. This is a matter which is deserving of consideration by the Government.

Our Hospital requirements are also inadequate. Space and facilities for the treatment of children should be provided. Constantly overcrowded, our hospital is unable to take care of the number of acute cases continually awaiting entrance.

Workshops and factories should also be inspected with regard to proper sanitation, ventilation, light, and safety devices.

The Child Welfare Association is doing splendid work for the community, and should have the active support of every citizen. Combined effort and co-operation on the part of our people, are, however, necessary, if we are to eliminate many of the evils which affect the health of our community.

Dr. Mitchell's closing words are particularly deserving of serious contention:—

"I am firmly convinced that effective teaching of hygiene in each school, and in each class, is of the first importance as a means to remedy this state of affairs. If, for eight or nine years, the child is taught of what personal and public health really consists, immense good will result. Children and young adults have got to be trained in the way of health and physical efficiency. This training must not be hindered by the spectacle of school premises with closed windows, defective illumination, lack of fresh air and obsolete and unclean lavatory and sanitary conveniences. The teacher must be equipped in the subject. The instruction must be adequate. It should not only be informative, but directive, continuous and practical. Every week some definite guidance should be given and repeated until habits are formed. Until hygiene is a habit, and a way of life, it is of little avail."

Dr. Mitchell also expressed the hope that the necessary facilities would be placed at the disposal of the Normal School to efficiently equip teachers in hygiene.

A hearty vote of thanks was accorded Dr. Mitchell for his very practical address.

Mr. Ed. Lawrence and Mr. L. Cash-in were introduced to the ranks of Rotarian by Rotarian J. F. Meehan.

Amongst the guests were Dr. C. Macpherson, Mr. Frank Robinson, of Halifax; Mr. Ed. Linfield of Twillingate, and Mr. J. Arnaud.

Note—Hygiene is included in the curriculum of many of the schools of the city, and a step far in advance, was taken more than a year ago when the Old Collegians offered to support a Clinic in connection with the Methodist College. For the past twelve months this Clinic, in charge of Nurse Loder—a native of Trinity—has operated with most satisfactory results. Each and every pupil undergoes an examination and a report is sent to the parents every quarter. The nurse not only attends to the personal health of the child at school, but extends that interest beyond by a visit to the home. This Clinic is in operation in every Methodist school in the city.

RICHARD HUDNUT

THE FACE POWDER that is Different
Having the Particularly Desirable
Quality of Adhesiveness and per-
fumed with the Distinctive and
Appealing odor of These Flowers
in All Popular Shades

WEEK-END SPECIALS.

Men's good wearing Pants—
\$2.95 and \$3.25 pair. Men's Wool
Underhairs at \$1.49, \$1.75 to
\$5.00 a garment. Men's good
working Socks for 19c. pair. Buy
from us and save money.

THE WEST END BAZAAR,
51 Water Street West.

MURPHY'S GOOD THINGS

Let's have a heart to heart talk on how much you can get for your money in our store. We want you for a customer and friend; we know the way to do it is to give you your money's worth, and we are prepared to do so. We bought the best goods in the market for you and we are making what we know is the fairest price. You are welcome to a look.



Men's Suits

SUITS FOR FALL ARE READY

Mr. Man, this Fall you can buy a finer suit for less money. Our new suits are splendidly tailored according to the latest styles; the fabrics are the choicest products of foreign mills, but because we have them manufactured to our order and sell them from low rent store, we actually save you one-third on the price. This is a mighty big saving, it is worth coming to our store to investigate.

Smart, New

Fall Hats

Fashioned of fine Lyons Velvet and Silk Velvet; also many smart Silks and Felts, Mushroom Pokes off the face and novelty shapes, Greens, new Browns, Blues, Fawns, Greys and Black. Wonderful styles and Wonderful Values.

each
2.98



Boys' Utility Suits.

For everyday and Sunday. It means more than you might think to make a boy's suit that will look well after hours of strenuous play. That's just the reputation that these suits have earned; they are suits or all-round wear dress, play and school, of durable, firm materials which will not quickly show soil or shine; to fit up to 6 years.

Each \$4.98

Children's Raglans.

Good heavy Kaki colour Raglans to fit boys up to 12 years; real \$10.00 goods.

Our Price \$2.99

Galvanized Bath Tubs.

Our tubs are not to be compared with the cheaper grades. They are leak-proof and rust-resisting. We bought a quantity at an especially low figure and give you the advantage of our saving in this bargain.

Each \$1.25 to \$1.98

Men's Work Trousers.

OUT-OF-THE USUAL VALUES.

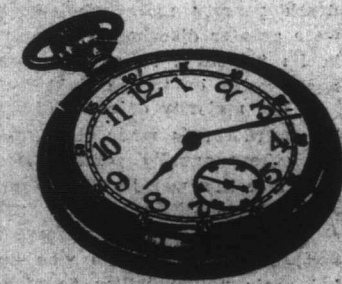
While men frequently comment on the neat appearance of these Work Trousers, the quality most appreciated is the full measure of wear and service which these garments give, of heavy firm weave materials.

Pair \$2.98

Gillette Razor Blades.

To fit any Gillette Razor, highest grade razor steel, edges that last, 1-2 dozen in pack.

Per Pack 49c.



Watches.

WATCHES RELIABLE AND LOW PRICE.

The demand for reliable and popularly priced watches is constantly increasing. The rapid strides in watch manufacturing have made it possible to secure these good time-keepers at remarkably low price.

Each \$1.98

"Auto Stop" Blades.

Finest steel, each blade in moistureproof wrapper. 5 blades in package.

Each Per Pack 55c.

PHIL MURPHY

317 Water Street

Store open every night and Holidays

Sweaters

Popular novelty Sweaters, from our beautiful new showing and the satisfaction which present prices bring. We realize how successful have been our efforts to add the cleverest and newest of styles to our stocks.

Each \$2.98 to \$6.49

New Furs

We have just received 50 Neck Furs and Muffs, in Black Fox skin. These furs were selling at \$25.00 each, we bought them at a very low price and now offer them to you for only—

Each \$2.98

Ladies' Costumes.

Only two left, one serge and one cloth, regular \$20.00 costumes.

Now Only \$4.98

BIG SALE Latest Style RATTAN DRESSES

During this sale we are making the most sensational offer of the year. Only \$7.98 for this lovely Rattan Dress, the very newest style now all the rage in every city. You must see it to appreciate the charming beauty, quality and extraordinary value.

Each \$7.98

Ladies' Smocks of Crepe de Chine.

Paris sent us these exquisite Overblouses of the finest Crepe de Chine, elaborately handbeaded, every stitch hand sewn, in Navy, Black, Sky, Peach, Pink, Beige, Pearl White, Green and Sponge, beaded in colored beads. They are veritable masterpieces of French artistry of design and fine workmanship.

Each \$4.98



Cuticura Talcum Powder.

One of the best powders made. You'll find this talcum powder refreshing.

Per Tin 39c.

New Office

H. B. Thomson, O.D., Optometrist and Optician, has just recently moved into his new office, over T. J. Duley & Co's. Jewellery Store, 216 Water Street. The office is equipped with the very latest optical instruments for testing and examining the human eye. A full assortment of frames, lenses and mounts, etc., is kept on hand, including all the new and latest styles of eye glasses and spectacles. Glasses can be made up at very short notice. Entrance to H. B. Thomson's office is through T. J. Duley's Store during day time, at

night by the side door. Office hours from 10 a.m. to 6.30 p.m.; night from 7 to 8 p.m.

If you wish to use evaporated milk add two-thirds of a cupful of cold water and a teaspoonful of vinegar, and proceed as usual.

BEECHAM'S PILLS

The Safest and Best Family Medicine

Household Notes.

A loop of narrow elastic should be sewn in the back of each child's school coat, to hang their garments on hooks.

Color half of a clear jellied soup with tomato juice, and serve cubes of both the clear and the red jelly in the same cup.

A great deal of wear can be had from rather shabby white sneakers if they are coated with dark brown house paint.

If marshmallows have become dry, freshen them by placing them in a

closed drawer, or box with a cut loaf of bread.

Stiff?

Minard's linbers up stiff joints and sore muscles. Splendid for rheumatism and backache.



IN OUR MANTLE ROOM

Direct from the English
Fashion Centres

LADIES' COATS AND COSTUMES

Featuring the very newest
models, made of lovely soft
fabrics tastefully trimmed,
appealing to good taste.

Ayre & Sons
LIMITED

oct3,21,f,m

KNOWLING'S

Just Received Another Shipment

MEN'S BROWN CREPE SOLE SHOES,

Blucher and Bal styles; no greater comfort in Footwear can be had, and the soles and heels have a reputation of outwearing the uppers. War-ranted to out-last any three pairs of Leather Soles.

These are classy Dress Shoes—Moderately Priced.

9.00

THE PAIR.

G. Knowling, Ltd.

oct3,7,9